

THE ISLE OF MAGNIFICENT

My Purpose Worksheet TEACHER GUIDANCE SHEET



Required Material:

- ▶ The My Purpose Worksheet
- ▶ Pens / Pencils

L.O:

- ▶ To understand the meaning of having a purpose.
- ▶ To think of what my purpose might be and goals I can set for myself.

STARTING ACTIVITY (5mins)

GROUP DISCUSSION – Together talk about purpose, and see if the group can suggest what it may mean to have a purpose in life.

enhances self-confidence.

Tell the children that it's never too early to start discovering who you are and what you want to achieve. Embrace your purpose and pursue your goals with passion and determination!

MAIN TEACHING (10mins)

Leading on from the Group Discussion tell the children that we will explore the concept of recognising our own purpose in life and the benefits of being goal-driven.

Understanding our purpose helps us find meaning and direction, while setting goals empowers us to achieve our dreams and aspirations. Ask for volunteers to suggest what they think the word 'purpose' means?"

List out the following three ways that the children can try to help them find their purpose. But explain that we may not yet know and that is ok.

- 1 Identifying Your Passion:** Discovering what makes you happy and fulfilled is an essential step in finding your purpose.
- 2 Setting Meaningful Goals:** Goals provide a roadmap for achieving your dreams and help you stay focused and motivated.
- 3 Benefits of Goal-Driven Living:** Being goal-driven promotes personal growth, builds resilience, and

MAIN TASK - (15mins)

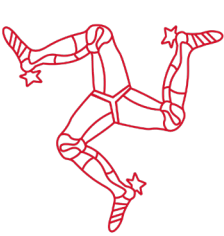
Ask the children to take a few moments to reflect on their passions, interests, and what they value the most.

Using the worksheet that has two sections: "My Purpose" and "My Goals", have students write a short paragraph describing what they believe their purpose in life might be in the Purpose column, and three goals they want to achieve in the near future in the goals column.

Once everyone has completed their worksheet, encourage students to pair up and share their purpose and goals with each other.

PLENARY (2mins)

GROUP DISCUSSION – Ask for volunteers to share their list of purposes and goals and have the other children share positive comments.



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My Purpose Worksheet CHILDREN'S SHEET

Take a moment to think about your passions, interests, and what you value the most in life. Using the worksheet write a short paragraph describing what you believe your purpose in life might be in the Purpose column and three goals you want to achieve in the near future in the Goals column. Once you have completed your worksheet, pair up and share your purpose and goals with each other.

MY PURPOSE

MY GOALS
