



## THE ISLE OF MAGNIFICENT





## **Know Your Network Worksheet**

**TEACHER GUIDANCE SHEET** 

#### **Required Material:**

- ▶ The Know your Network Worksheet
- ▶ Pens / Pencils

#### L.O:

- ➤ To understand the impact of building a positive network.
- ➤ To build my own network of positive influences.

#### **STARTING ACTIVITY (5mins)**

**GROUP DISCUSSION** – Together talk about building a positive network. What kind of people can have a positive impact on our lives? How do they make us feel? What qualities should we look for in our friends and mentors?

### MAIN TEACHING (10mins)

Tell the children that having a supportive network can greatly influence our happiness and success. Surrounding ourselves with positive individuals can uplift us and help us grow.

Explain that positive people are those who bring out the best in us. They encourage and support us, making us feel valued and loved.

They inspire us to pursue our dreams and help us overcome challenges. Positive influences can be found in our family, friends, teachers, and mentors. Look for individuals who are kind, respectful, and empathetic.

Ask them how they think we could build a positive network. Tell the children that they could actively seek out people who share their values and interests. Join clubs, organisations, or community activities where you can meet like-minded individuals.

### MAIN TASK - (15mins)

Tell the children that they could try and be more open to making new friends and forming meaningful connections.

By surrounding ourselves with positive influences, we create a supportive network that uplifts and inspires us. Let's be mindful of the people we include in our lives and strive to build a network that fosters growth, happiness, and positivity.

Using the template below, have the children think of a person for each section to build their network, that they can refer back to when they need someone for something in particular.

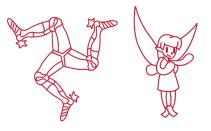
### PLENARY (2mins)

**GROUP DISCUSSION** – Ask for volunteers to share their network and explain why they chose those people for each section.

#### **DID YOU KNOW!**

The I.O.M. has no legal speed limit which is perfect for the annual Tourist Trophy (TT) motorbike road race, dating back to 1907.





# THE ISLE OF MAGNIFICENT



# **Know Your Network Worksheet**

CHILDREN'S SHEET

By surrounding ourselves with positive influences, we create a supportive network that uplifts and inspires us. Let's be mindful of the people we include in our lives and strive to build a network that fosters growth, happiness, and positivity.

Using the template below, think of a person for each section to add to your network that you can refer back to when you need someone for something in particular.

