



TEACHER GUIDANCE SHEET

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### Required Material:

- ▶ The Pros and Cons Worksheet
- ▶ Pens / Pencils

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- ▶ To understand the importance of decision making.
- ▶ To understand the meaning of Pros and Cons.

#### STARTING ACTIVITY (5mins)

**GROUP DISCUSSION -** Discuss a time when you have had to make a tough decision, how you dealt with it and what you think made it a tough decision to make.

#### **MAIN TEACHING (10mins)**

Tell the children that making tough decisions is an important skill to learn. It helps us consider different options and choose what is best for us or any given situation. Tough decisions help us grow. They teach us to think critically and weigh up the pros and cons. When we face difficult choices, we learn to prioritise, make informed decisions, and take responsibility for the outcomes.

Ask the children to suggest why making tough decisions builds confidence. Tell them that when we analyse different options and make choices based on our values and goals, we become more selfassured. We learn to trust ourselves and our ability to navigate challenging situations.

Tell them to remember, making tough decisions is a valuable skill that empowers us to shape our lives positively.

#### MAIN TASK - (15mins)

Here are five examples of tough decisions that the

children can consider when learning about decisionmaking and weighing pros and cons. Explain to the children the meaning of pros and cons and how we can use this exercise to determine the best and worst case scenarios for any decision.

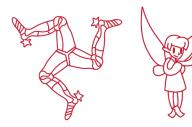
Introduce each one and have the children choose one tough decision, write it on the worksheet, then write a list of all pros and cons they can think of for that tough decision.

- Choosing between two extracurricular activities they enjoy, but can only participate in one due to time constraints.
- Deciding whether to spend their allowance on a new toy or save it for something more significant in the future.
- 3 Selecting between two friends who invite them to different events on the same day.
- Determining whether to study for a test or attend a social gathering with friends.
- 5 Deciding whether to speak up about witnessing someone else's misbehaviour or remaining silent.

### PLENARY (2mins)

**GROUP DISCUSSION –** Ask for volunteers to share their chosen tough decision and list of Pros and Cons and ask the other children to help suggest from the pros and cons what decision should be made and





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## **Pros & Cons Worksheet**

CHILDREN'S SHEET

Choose from the five examples of tough decisions presented to you, write it on the worksheet below, then write a list of all pros and cons you can think of for that tough decision.

Don't forget that pros and cons help us to understand the best and worst case scenarios for a decision, to help us make up our minds. Write as many pros and cons that you can think of.

PROS	CONS