



Proud of my Pride Worksheet

TEACHER GUIDANCE SHEET

Required Material:

- ▶ Pens / Pencils
- ▶ The Proud of my Pride worksheet

L.O:

- ▶ To understand what it means to be proud.
- ▶ To be able to think of different things I am proud of about myself.

STARTING ACTIVITY (5mins)

GROUP DISCUSSION – Together talk about things that make us proud and what it means to be proud. What makes us proud of our friends or family?

MAIN TEACHING (10mins)

Leading on from the group discussion, tell the children that just like lions, we live in prides. Except our prides are made up of family, friends and other people (or animals) that we care about.

We can feel very proud of our pride, and enjoy telling people the amazing things they do or say as we may feel lucky to know them. However, we can sometimes forget to be proud of ourselves. Ask for volunteers to suggest why we should take note of things to be proud of about ourselves.

Tell them that remembering this can help boost our confidence, lift our mood and let us know the things we are great at, which can also help us to understand how we can best support our own pride with these unique skills.

Ask for volunteers to suggest something that makes them proud of themselves. Give the example of being proud of a talent, or a piece of knowledge.

MAIN TASK - (15mins)

Tell the children that we are going to build our own pride of lions, except each lion is going to be something about ourselves that we are proud of.

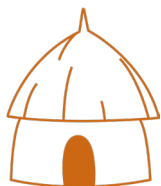
Tell the children that using the lion templates on the worksheet, they are to think of as many different things as possible that make them proud. Then create a pride of the proudest lions that there ever was.

PLENARY (2mins)

GROUP DISCUSSION – Ask for volunteers to share their pride and explain what about each one makes them proud.

DID YOU KNOW!

The highest mountain Africa is Mount Kilimanjaro in Tanzania. It has 3 volcanic cones and the highest peak is called 'Uhuru'.



AWESOME AFRICA



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CHILDREN'S SHEET

We are going to build our own pride of lions, except each lion is going to be something that you are proud of, about yourself.

Using the lion templates on the worksheet, think

of as many different things as possible that make you proud. And create a pride of the proudest lions that there ever was by writing a list of things you are proud around the lions.



Handwriting practice area with ten sets of dashed lines for writing.

