



MEXICAN MAGNIFICENCE



Together Tower Power Worksheet

TEACHER GUIDANCE SHEET

Required Material:

- ▶ Pack of paper straws
- ▶ Space to build a pencil tower

L.O:

- ▶ To understand why we are sometimes shy.
- ▶ To learn how to build confidence and join in with a group activity.

STARTING ACTIVITY (5mins)

GROUP DISCUSSION – Have the children discuss times when they have felt too shy to participate in an activity and see if they can explain why they think they felt this way.

MAIN TEACHING (10mins)

Leading on from the group discussion tell the children that we can often feel shy when around new people or in situations where we don't feel 100% comfortable. Ask for volunteers to share what they think shyness is, and why people feel it.

Tell them that it often comes from feeling anxious or overwhelmed by being in a new place with new people. Share with them that if they feel nervous about such a situation they can share how they feel with someone they trust, as bringing these feelings out in the open can put them into better context and help us overcome them.

Another way is to join in a group activity with the new people, so then the focus is not on the individual, rather the whole group who are working together to achieve a common goal.

MAIN TASK - (15mins)

In this activity the children are going to work together

to build the biggest paper straw tower they can by taking turns in placing the straw on the pile.

Give each child a handful of straws to build the tower. They do not have to have equal amounts. If one of the children runs out then someone else can offer them a straw so they can place it on the tower.

This activity highlights that good things can come from being part of a group, especially when you help each other.

PLENARY (2mins)

GROUP DISCUSSION – Have the children come up with a name for their tower together and if there is time, create a symbol that represents them as a group.

DID YOU KNOW!

Mexico is situated on the 'Ring of Fire', the most likely place in the world for earthquakes and volcanos, most of which are dormant.



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CHILDREN SHEET

Work together to build the biggest paper straw tower you can by taking turns in placing your straws on the pile. You will all have a different number of straws so must work together to build the tower by sharing them with each other and offering straws

to those that run out so everyone can play their part in building the tower. This activity highlights that good things can come from being part of a group, especially when you help each other.

