



Problemo Passwords Worksheet

TEACHER GUIDANCE SHEET

Required Material:

- ▶ Pens / Pencils
- ▶ The Problemo Password worksheet

L.O:

- ▶ To know when someone needs our help.
- ▶ To feel able to let our friends know that we are there for them.

STARTING ACTIVITY (5mins)

GROUP DISCUSSION – As a group talk about the reasons why someone may not want our help and how to spot when they may be uncomfortable with us offering our help.

MAIN TEACHING (10mins)

Tell the children that whilst it is good to offer our help and support, sometimes the people we are offering it to may not want it. Make sure they know that it is not to say because they do not like us, or they don't think we are capable of help them, sometimes people just want to deal with things on their own, or might not feel comfortable accepting help from someone else.

Have the children think about times when they have faced a problem that they wanted to deal with on their own. Ask for volunteers to share these problems and why they didn't want anyone else's help with them.

Now have the children think of ways they could spot if someone is not really keen on accepting help but isn't comfortable just saying no. There are no wrong answers, but you could suggest things such as body language or the tone of their voice.

MAIN TASK - Problemo Passwords (15mins)

Following on from the main teaching, ask the children

to suggest what they could do if someone doesn't want their help. Should we just leave them alone? Or some how let them know we are here for them if they need us? Again, there are no wrong answers but it can be interesting to discover how the children would react to this scenario.

Tell the children that we are going to create Problemo Password slips that we can hand out to our friends and family. That way they know we are here for them if they need us. All they have to do is recite the password on the slip and only you and they know they they are asking for help.

Have the children decorate the Problemo Password slip templates and think of different passwords to write on each one.

PLENARY (2mins)

GROUP DISCUSSION – Have the children discuss who they might hand their Problemo Password slips out to and why. Make sure they keep it anonymous.

DID YOU KNOW!

In the 1500s Nostradamus, an astrologer and physician predicted a number of historical events, including the French Revolution and even the 2020 Coronavirus.



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CHILDREN SHEET

Let others know that you are there for them if they need, with personalised Problemo Passwords. Decorate each slip for specific people who at some point may need our help but may not want to ask for it.

Then write a password that only you and they will know, for them to say to you, to secretly let you know they need your help. Who are you going to give a Problemo Password to?

Problemo Password	Problemo Password	Problemo Password
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