



Dream Portrait Worksheet

TEACHER GUIDANCE SHEET

Required Material:

- ▶ Pens or Paper
- ▶ The Dream Portrait worksheet

L.O:

- ▶ To be able to identify one of my dreams or ambitions.
- ▶ To feel able to describe it to someone and plan steps towards achieving it.

STARTING ACTIVITY (5mins)

GROUP DISCUSSION – As a group discuss dreams and ambitions, how we can prepare for them, and what we are doing to achieve them.

thoughts surrounding them.

Pair the children up and have them take turns (5 minutes each) to describe their dream or ambition whilst the other one draws it out or summarises it into short notes to make it simpler. Once they are done, have them discuss together some key steps they could each take to work towards their goal.

MAIN TEACHING (10mins)

Tell the children that if our dreams or ambitions are clear in our mind and we have a good idea of what we want to do, then it makes it easier to make the decisions that help us move towards achieving it.

Make sure they know that this dream doesn't have to just be something we want to be or do as a job in the future, it can be something we want to do in the shorter term, a holiday we would like to go on or something we'd like to save for. If we can clearly define it in our mind then it becomes achievable.

Ask for suggestions of different ways that we could work towards our dreams or ambitions, such as saving our pocket money, or learning a new skill.

PLENARY (2mins)

GROUP DISCUSSION – Ask for volunteer pairs to share their dream portraits or descriptions and talk about the key steps they discussed.

MAIN TASK - Dream Portrait (15mins)

Tell the children that to rationalise dreams and ambitions to someone else then having them visualise or relay back to you what you have described in a simplified form, can help to make it clearer in your mind as it means we organise our

DID YOU KNOW!

It is predicted that edible insects will become part of our everyday diet as meat consumption is reduced.



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CHILDREN SHEET

If you share your dreams and ambitions with someone else, then have them draw or describe back to you what you have described in a simplified form, it can help to make it clearer in your mind as it means we organise our thoughts surrounding them.

In pairs take turns (5 minutes each) describing your dream or ambition whilst your partner draws it out or simplifies it into short notes. Once you are done, discuss some key steps you could each take to work towards your goals.

