



# SIXTIES



## Share the Love Worksheet

### TEACHER GUIDANCE SHEET

#### Required Material:

- ▶ Pens / pencils
- ▶ The Share the Love Worksheet

#### L.O:

- ▶ To understand the meaning of compassion.
- ▶ To be able to keep track of and plan my good deeds.

#### STARTING ACTIVITY (5mins)

**GROUP DISCUSSION** – Together talk about the meaning of Love and Compassion and how the children might show it to other people, and look at why it is important.

Have them think about all the good things they have done in the past month, and plan what they are going to do in the coming month, then note them down on the Share the Love schedule on the worksheet.

#### MAIN TEACHING (10mins)

Leading on from the group discussion tell the children that love can mean so much more than just how you feel for someone. Showing love for others and the world is part of being a good and kind person.

Tell them that compassion is similar to empathy where we can understand how others feel, and therefore make the effort to make them feel good. Being able to understand how others are feeling can help us be more patient, accepting and tolerant, which is important as people work in different ways, sometimes ways that don't match our own.

#### PLENARY (2mins)

**GROUP DISCUSSION** – Ask for volunteers to share their Share the Love schedule with the other children and discuss the good deeds they plan on doing in the near future.

#### MAIN TASK - Share the Love (15mins)

Tell the children that they are going to create a log of all the kind and compassionate things or good deeds they have done or are going to do. Creating such a diary can help them identify their good actions as well as work towards doing more good.

#### DID YOU KNOW!

The Berlin Wall in Germany, 104 miles long, was built to separate West from East and remained for 28 years.



**SIXTIES**



## Share the Love Worksheet

CHILDREN SHEET

Create a log of all the kind and compassionate things or good deeds you have done or are going to do in the near future. Creating such a diary can help you identify your good actions as well as work towards doing more good.

Think about all the good things you have done in the past month, and plan what you are going to do in the coming month then note them down on the Share the Love schedule worksheet.

### GOOD THINGS I HAVE DONE

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### GOOD THINGS I WILL DO

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