



Spoilt for Choice Worksheet

TEACHER GUIDANCE SHEET

Required Material:

- ▶ The Spoilt for Choice worksheet
- ▶ Pens / Pencils

L.O:

- ▶ To understand the importance of decision making.
- ▶ To be able to make quick decisions on the spot.

STARTING ACTIVITY (5mins)

GROUP DISCUSSION – Together discuss decision making, what are easy decisions to make and what are harder. Then ask for volunteers to suggest why the hard decisions are difficult to make.

MAIN TEACHING (10mins)

Tell the children that decision making is a part of everyday life. Tell them that an average adult makes around 35,000 decisions every single day, many without even knowing. Sometimes we have to make tough decisions which could have consequences and require thought, whereas others are easier.

Practicing your decision making can help you to improve your self confidence, become more independent, and practicing on the smaller decisions can help when making those bigger decisions in life.

MAIN TASK - Spoilt for Choice (15mins)

Tell the children that we sometimes need to make quick decisions, with very little time to consider the options and figure out the best choice.

Ask for volunteers to share any quick decisions they have had to make recently, what decision they made and why they made that decision.

Now pair the children up and give them each one of the lists below. Have them take turns in reading out the options and making the quick decisions.

- | | |
|------------------|-------------------|
| ▶ Red or blue | ▶ Write or draw |
| ▶ Dog or cat | ▶ Dance or sing |
| ▶ Happy or sad | ▶ Work or play |
| ▶ Left or right | ▶ Cold or hot |
| ▶ Salty or sweet | ▶ Lunch or dinner |
| ▶ Sun or snow | ▶ Light or dark |

PLENARY (2mins)

GROUP DISCUSSION – Together discuss how easy the children found making quick decisions and if they found it hard, why they think that was.

DID YOU KNOW!

Wild camels used to wander the deserts of Texas.



THE WILD WEST



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CHILDREN SHEET

Sometimes we need to make quick decisions, with very little time to consider the options and figure out the best choice.

With your partner take turns in reading out the following list of mini choices. If you are making the choices you must answer straight away without giving yourself time to think or consider the answers.

- ▶ Red or blue
- ▶ Dog or cat
- ▶ Happy or sad
- ▶ Left or right
- ▶ Salty or sweet
- ▶ Sun or snow
- ▶ Write or draw
- ▶ Dance or sing
- ▶ Work or play
- ▶ Cold or hot
- ▶ Lunch or dinner
- ▶ Light or dark

