

Pass the Torch Worksheet

TEACHER GUIDANCE SHEET

Required Material:

- ▶ An item to act as a torch (or baton)
- ▶ The Pass the Torch worksheet

L.O:

- ▶ To know that I can't be good at everything and it is ok to ask for help with something.
- ▶ To feel confident asking someone else for help on something I think they'd be better at than me.

STARTING ACTIVITY (5mins)

children to pass around.

GROUP DISCUSSION – Have the children share times when they have asked for help with something that they didn't feel confident to do, because they knew the other person was maybe more suitable for the task.

Have the children sit or stand in a circle. Firstly go around the circle and have each child list a number of things that they are good at (such as playing football, computers, drawing, good with animals etc).

MAIN TEACHING (10mins)

The children may or may not have done this, but tell them that it is ok to admit when something is beyond our capabilities, or if we feel that someone else may do a better job.

If we don't then it can damage our own confidence, and make us feel less able to do other things. Introduce the quote from Albert Einstein "If you judge a fish by its ability to climb a tree, then it will live its life believing it is stupid". Tell the children that this applies to us as well, that we shouldn't feel incapable if we are unable to do something.

Firstly we can maybe learn how to do it, and secondly we cannot be good at everything. But we can always recognise the relevant qualities in others who may be better suited to that job.

Now work through the suggested tasks (or come up with some of your own) and have the children pass the torch to the person they think would be best suited for that task. You (group leader) are to start with the torch.

- ▶ A sports team needs a stand-in to play in the championship final.
- ▶ The Queen is looking for someone to paint her portrait.
- ▶ The local Zoo needs a lion tamer to help calm the new lion pack.
- ▶ The country needs someone to sing the national anthem at the next Olympics.
- ▶ Apple needs someone to design a new computer.
- ▶ The biggest fashion show in history has no clothes and needs someone to design some.
- ▶ A new TV show needs a host.
- ▶ NASA is looking for an Astronaut to go to the Moon.

MAIN TASK - Pass the Torch (15mins)

GUIDANCE – For this activity you are to create a torch or have an item that acts as a torch for the

PLENARY (2mins)

GROUP DISCUSSION – Ask for volunteers to share what they learned from this activity and how they might implement it into their own life.



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CHILDREN'S SHEET

Stand in a circle. Firstly go around the circle and list a number of things that you are good at (such as playing football, computers, drawing, good with animals etc).

Now listen to the tasks and if you are holding the torch but think someone else would be good for that task, pass the torch to that person.

