



Follow Footsteps Worksheet

TEACHER GUIDANCE SHEET

Required Material:

- ▶ Pens / Pencils
- ▶ The Follow Footsteps worksheet

L.O:

- ▶ To recognise the importance of having and being a good role model.
- ▶ To know what makes a good role model.

STARTING ACTIVITY (5mins)

GROUP DISCUSSION – As a group have the children discuss who their role models are, or who they think some of the main role models are in the world today or in history. These can be celebrities, politicians, musicians, family members.

MAIN TEACHING (10mins)

The key question to ask ourselves when looking for a role model is - 'Are they a good one?'. Are they a good person, do they do good things that inspire me to be a better person and also do good? How do we determine what is good and what is bad? It could mean something different to every person.

GROUP DISCUSSION – Have the children discuss what they think the definitions are.

Tell the children that if they look up to someone, ask themselves what qualities attract them to that person. It could be bravery or ambition, strength or talent. Also ask them to now think about what that person contributes to the world, or the people around them, and how they are a benefit to the world, society or just to us. Tell them that using the template on the Follow Footsteps worksheet they can design and write notes about the ideal role model.

Finally, have them think about how they would

be as a role model to someone else, taking into consideration the above. Then using the Follow Footsteps worksheet, list out their qualities, what they think they could offer someone as a role model and how they want to benefit others.

MAIN TASK - Follow Footsteps (15 mins)

GUIDANCE - For this activity the children will need to find a large sandpit, or be on the beach. But you can introduce the game to them to try over the summer break.

Have an adult create a trail of footprints from one place to another, making sure each print is a wide stride apart from the last. Now take turns jumping from one footprint to the next without falling over or stepping too far outside of the print. If you do, you have to start again.

The person who completes the race first, gets to create the next line of footprints for the other to follow.

PLENARY (5 mins)

GROUP DISCUSSION – Ask the group to discuss the meaning of the phrase, "follow in my footsteps", and what that has to do with being a positive role model. Suggest it has something to do with ensuring the people that copy your actions are influenced by the good action.



SUMMER



Follow Footsteps Worksheet

CHILDREN'S SHEET

Think about what makes a person a good role model. What are their qualities, what do you think they might look like, how do they think, speak, move? Then draw and/or write your thoughts on this role model template. You can use this when looking for your own role model or wanting to know if you are a good role model for others.

This is what it takes to be a good role model:

