



Puzzled Pictures Worksheet

TEACHER GUIDANCE SHEET

Required Material:

- ▶ Pens
- ▶ Paper
- ▶ Safe scissors

L.O:

- ▶ To be able to sit quietly for a period of time to draw scenery.
- ▶ To understand the importance of concentration.

STARTING ACTIVITY (5mins)

GROUP DISCUSSION – As a group talk about the things that make concentrating difficult, and how we could help improve our concentration.

MAIN TEACHING (10mins)

Tell the children that we are going to be improving our concentration by sitting quietly and drawing a scene such as the classroom or the view outside the window.

Ask them if they can suggest why working in silence helps with concentration. There could be a number of different reasons why we find it hard to concentrate on a certain task. It could be because we don't enjoy the task, we are thinking about something else or maybe we are tired.

But we can make our environment better for concentration by working in silence, or having some calming music playing in the background, removing screens and other distractions, or making what we are doing even more fun.

MAIN TASK - Puzzled Pictures (15mins)

Tell the children that we are going to be drawing a picture of a scene that is either in the class, outside the window or from our own imagination, but once

we have finished we are going to be cutting that picture up into little bits to make a puzzle for our friends to put back together.

Both exercises, the drawing of the picture and the piecing back together of someone else's puzzle help us practice different types of concentration, i.e. being creative and searching for details, and problem solving.

The children can either use the puzzle template on the Puzzled Pictures worksheet, or just draw on a plain piece of paper and cut it up however they please.

Tell them that they have 10 minutes to draw and cut up their picture, and then another 10 minutes to share with the person next to them, and try to piece each other's picture back together.

This is an activity that the children can try out over the summer holidays, and try to make different puzzles for different people to solve.

PLENARY (5mins)

GROUP DISCUSSION – Ask the class to share what they found easier or harder to concentrate on. The creative task or the problem solving task.



SUMMER



Puzzled Pictures Worksheet

CHILDREN'S SHEET

Choose a scene to draw and spend some time sitting quietly and drawing that scene, making sure to concentrate on capturing as much detail as possible. Once you have finished, cut up your picture in little pieces, like a puzzle, and give it to someone else to solve.

