



In My Shoes Worksheet

TEACHER GUIDANCE SHEET

Required Material:

- ▶ The In My Shoes worksheet
- ▶ The interview questions and scenarios

L.O:

- ▶ To understand what it means to walk in someone else's shoes.
- ▶ To understand why we should find out more about someone before judging them.

STARTING ACTIVITY (5mins)

GROUP DISCUSSION – Introduce the saying ‘walk a mile in someone else’s shoes’ and together discuss what this means and why it is an important quote.

MAIN TEACHING (10mins)

Tell the class that before we judge someone, or make a snap judgement on how we perceive them to be, we must first take a deeper look at who they really are, what they have been through or are going through, how this might be making them feel. And then how that impacts what we may be judging them about in the first place.

We wouldn't be happy ourselves if someone assumed we were a certain way based on a bad day we were having, as we may not have given a true representation of ourselves.

A good practice to judge someone fairly is to think about how we would react or behave should we walk a mile in their shoes, or if we were in their position. Ask the children to suggest ways in which we could do such a thing.

MAIN TASK - In My Shoes (15mins)

Leading on from the previous discussion, tell the class that a good way to learn more about someone is simply by asking them.

For this activity, pair the children up and give them both a persona from the list below. They will then take turns to interview the other person using the questions to learn more about them.

Personas:

- ▶ Someone who is being bullied
- ▶ Someone who has just moved to a new country and doesn't speak the language
- ▶ Someone who lives in an impoverished country
- ▶ Someone who has just joined a new school

Interview Questions:

- ▶ Describe how your situation makes you feel
- ▶ What does a typical day for you look like?
- ▶ What do you hope for your future?
- ▶ Show us how you are feeling right now without using words

PLENARY (2mins)

GROUP DISCUSSION – Ask for volunteers to share what they learned about the other person, and how they could use this activity in real life.

DID YOU KNOW!

The biggest dinosaur foot ever found was from a brachiosaur and measured a massive 1 metre wide.

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CHILDREN'S SHEET

We should always try to find as much out about someone else as possible before we make a judgement about them. In pairs, choose one of the personas from the list below and take turns interviewing each other using the interview questions below to find out more about that person.

Personas:

- ▶ Someone who is being bullied
- ▶ Someone who has just moved to a new country and doesn't speak the language
- ▶ Someone who lives in an impoverished country
- ▶ Someone who has just joined a new school

Interview Questions:

- ▶ Describe how your situation makes you feel
- ▶ What does a typical day for you look like?
- ▶ What do you hope for your future?
- ▶ Show us how you are feeling right now without using words