



The Stick Up Soldier Worksheet

TEACHER GUIDANCE SHEET

Required Material:

- ▶ Pens / pencils
- ▶ The Stick Up Soldier worksheet

L.O:

- ▶ To understand the importance of sticking up for other people.
- ▶ To recognise when someone is being bullied or picked on.

STARTING ACTIVITY (5mins)

GROUP DISCUSSION – Have the children talk about times when they saw someone being picked on or bullied. Ask them how it made them feel and what the situation made them want to do.

MAIN TEACHING (10mins)

Following on from the group discussion, if any form of aggression or violence was suggested by the children then highlight that this is not correct. But there are plenty of ways in which we can stick up for someone without being violent.

The best way to meet anger or rudeness is with kindness. A kind act or word that defuses a situation rather than escalates it is the perfect way to stick up for someone. This doesn't mean to compliment the bully or the person who is being rude, but saying or doing something that lets them know what they are doing is wrong, and lets the person who is being picked on know that you are there to support them.

The person you are sticking up for doesn't always have to be someone you know or like, we can help anyone who is in need of support. But tell the children that as with any conflict they must be careful and if they feel they are not able to handle the situation alone to always get a trusted adult to help.

MAIN TASK - The Stick Up Soldier (15mins)

Tell the children that we are going to become a Stick Up Soldier.

Using the Stick Up Soldier worksheet have the children write a note for someone who they would like to stick up for if they are ever in trouble, and design them the Stick Up Soldier, which is going to be them.

Tell them to make sure that the note lets the other person know they are there for them whenever they need and that they will be their very own go-to-hero.

PLENARY (2mins)

GROUP DISCUSSION – If there is time you could have the children act out a situation where they identify someone who is being bullied or harassed, and act out what they would do or say in that situation.

DID YOU KNOW!

Many dinosaur species travelled in herds or packs. Such as the Sauropods. The strongest would lead the pack whilst the smaller, weaker Sauropods would follow.

Find out more about different dinosaurs in the Scale lesson.



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CHILDREN'S SHEET

Write a note for someone who you would like to stick up for if they are ever in trouble and design them the Stick Up Soldier that is you. Make sure the note lets them know that you are there for them whenever they need and that you will be their very own go-to-hero.

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