

## Smiling Dolphins Worksheet

### TEACHER GUIDANCE SHEET

#### Required Material:

- ▶ Smiling Dolphins Supplementary worksheet
- ▶ Colouring Pens/ Pencil
- ▶ Copy of the Poem: Smiling is infectious by Spike Milligan

#### L.O:

- ▶ To understand the power of a smile and how it boosts our mood.

#### STARTING ACTIVITY (5mins)

Read a short poem- Smiling is infectious by Spike Milligan.

Ask the class to close their eyes and take a moment to think of something that makes them smile. Now ask the pupils to smile at the person sitting next to them and pass the smiles around the room to get as many people smiling as possible.

they should write one nice thing about them that will make them smile. Keep passing them around and write on as many as possible. Nobody needs to know what you have written and you can keep it anonymous.

After a few minutes ask everyone to find their dolphin and return to their seat. Take a moment to allow each person to read the comments on their dolphin and smile.

#### MAIN TEACHING (10mins)

**GROUP DISCUSSION** – Discuss with the class how the fever folk thanked the dolphins with a smile. Discuss how this may have made them both feel at that moment. Talk about the power of a smile and how it makes us feel when somebody smiles at us and how we feel when we are smiling.

#### PLENARY (2mins)

**GROUP DISCUSSION** – As a group discuss how the positive messages your friends wrote about you made you feel. Did you smile when you read them? Tell the class to keep it with them and when they are feeling down, they can take it out and give them a reason to smile.

#### MAIN TASK - Smiling Dolphins (15mins)

For this task the students will each have their own dolphin template. Just like the Fever Folk shared a smile with dolphins to show them that they appreciated them, we too are going to make each other smile.

Tell the students once they have decorated their dolphin and put their name on it, they will be passing it around the classroom and receiving their classmate's dolphins. On their classmate's dolphin,

#### DID YOU KNOW!

That a smile is a universal sign for happiness. So even if you can't talk to someone because you speak a different language you can still communicate through smiling as you will both understand what it means.

## Smiling Dolphins Worksheet

CHILDREN'S SHEET

Dolphins are always smiling, because it's good to smile. This is your dolphin, decorate it how you please and write your name on it. Then pass your dolphin round to your classmates who will write something kind about you on it, as you write something kind about someone else on their dolphin.

**Name:**

