

## To Do Wish List Worksheet

TEACHER GUIDANCE SHEET

### Required Material:

- ▶ To Do Wish List Worksheet
- ▶ Pens or Pencils

### L.O:

- ▶ To feel confident in setting myself targets.
- ▶ To feel able to challenge myself to do something I love.

### STARTING ACTIVITY (5mins)

**GROUP DISCUSSION** – Tell the class that there are lots of different types of pollution in the sea such as plastic, oil, sewage, and rubbish. As a group discuss what people could do to reduce the amount of pollution in the ocean and why it is not too late to make a change.

### MAIN TEACHING (10mins)

Tell the class that we will be talking about the things we wish we had done before, or something we wish we could do now. This could be to try something new, make a new friend, experience different foods or visit someone we haven't seen in a while.

Ask for volunteers to suggest something that they would like to try or do or maybe feel it is too late to try?

Now ask for suggestions as to why it is not too late and how it could be a good thing to do. The reasons could include learning something new, experiencing a new taste, or finding something out about someone which you didn't know before.

Discuss possible reasons as to why it is not too late to do any of these things and that we should always make time to do things we enjoy, or that challenge us, as that is how we grow.

### MAIN TASK - Mindful Thirst (15mins)

Tell the class that we will be writing a To Do List of all the things we can think of that we would like to do in different circumstances. On our own, with a friend, with a family member, at home, somewhere in the world or something out of this world.

These can be things that we have been wanting to do for some time, or we can think of things now. But let the children know that they do not have to stick with this To Do Wish List. They can update it over time, maybe something different will come along that is even more exciting that they would like to do instead of, or as well as something.

### PLENARY (2mins)

**GROUP DISCUSSION** – Ask for a few volunteers to read out their To Do Wish Lists and explain why they chose them as their wishes.

### DID YOU KNOW!

To do lists are great little instruction manuals for our day that help us plan our time. Why not check out the literacy lesson on instruction writing.

## To Do Wish List Worksheet

CHILDREN'S SHEET

Think about all the things that you wish you had done before, would like to do now or in the future. They can be anything you want but remember that your To Do Wish List can change over time, as you grow and change yourself. Your dreams and ambitions will change as you learn new things.

**Write a different wish for each point:**

▶ **On your own**

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.....

▶ **With a friend**

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▶ **With someone you love**

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.....

▶ **Somewhere In the world**

.....  
.....

▶ **Something out of this world**

.....  
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