Tissue Box Guess What Worksheet

TEACHER GUIDANCE SHEET

Required Material:

- ▶ Tissue Box
- ▶ Different objects to hide in tissue box
- ▶ Blindfold

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➤ To understand the importance of looking at things for alternate angles as well as the importance to not rush to conclusions.

STARTING ACTIVITY (5mins)

Introduce the class to Obleek: Obleek is a grumpy toy Beastie. The reason she is grumpy is because she has her round head firmly stuck in a square hole of her box-shell, despite there being the perfect sized hole for her to fit her head through. She doesn't take the time to think things through, just rushes in and when it doesn't go her way she gives up.

MAIN TEACHING (10mins)

GROUP DISCUSSION – Take the time to speak with your pupils or child/children about how Obleek is feeling, why she may be feeling this way and if we have ever felt the same. Then explore how we can help her or ourselves.

-MAIN TASK Tissue Box Guess What (15mins)

GUIDANCE – This sensory activity is perfect for encouraging concentration, and trusting our senses, like touch and smell.

▶ Using an empty tissue box, place certain textured or scented items into the box (such as a banana, dice, key, candle etc), ensuring the child doesn't see what you put in.

- ► Make sure the child is comfortable with wearing a blindfold, then have them feel inside the box and guess what is inside.
- ▶ Do this multiple times with different objects

PLENARY (2mins)

GROUP DISCUSSION – Discuss with the class any difficulties they had working out what each object was. Were any objects a surprise? Tell the class that every object has a texture and a scent as well as what it looks like and explain that much like objects every situation can be more complex than it looks.

DID YOU KNOW!

That due to the structure of the brain, smell is the sense most closely linked to memory.





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CHILDREN'S SHEET

This sensory activity is perfect for encouraging concentration, and trusting our senses, like touch and smell.

Using an empty tissue box, have someone place a number of textured or scented items into the box
(such as a banana, dice, key, candle etc), then take turns wearing a blindfold and picking out different items, guessing what they are using just our touch, smell and even hearing. Write down your guesses.

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