

Educator Self-Study on Student Motivation

Watch each of the student well-being videos found [here](#), and use this template to organize your thoughts as you study.

Video	Learnings	Strategies to Try	Outcomes
Autonomy: <i>Why Autonomy Matters</i>			
Competence: <i>Praising Competence Instead of Natural Ability</i>			
Relatedness: <i>Helping Students Relate to Others</i>			
Relevance: <i>Making Students' Work Relevant</i>			