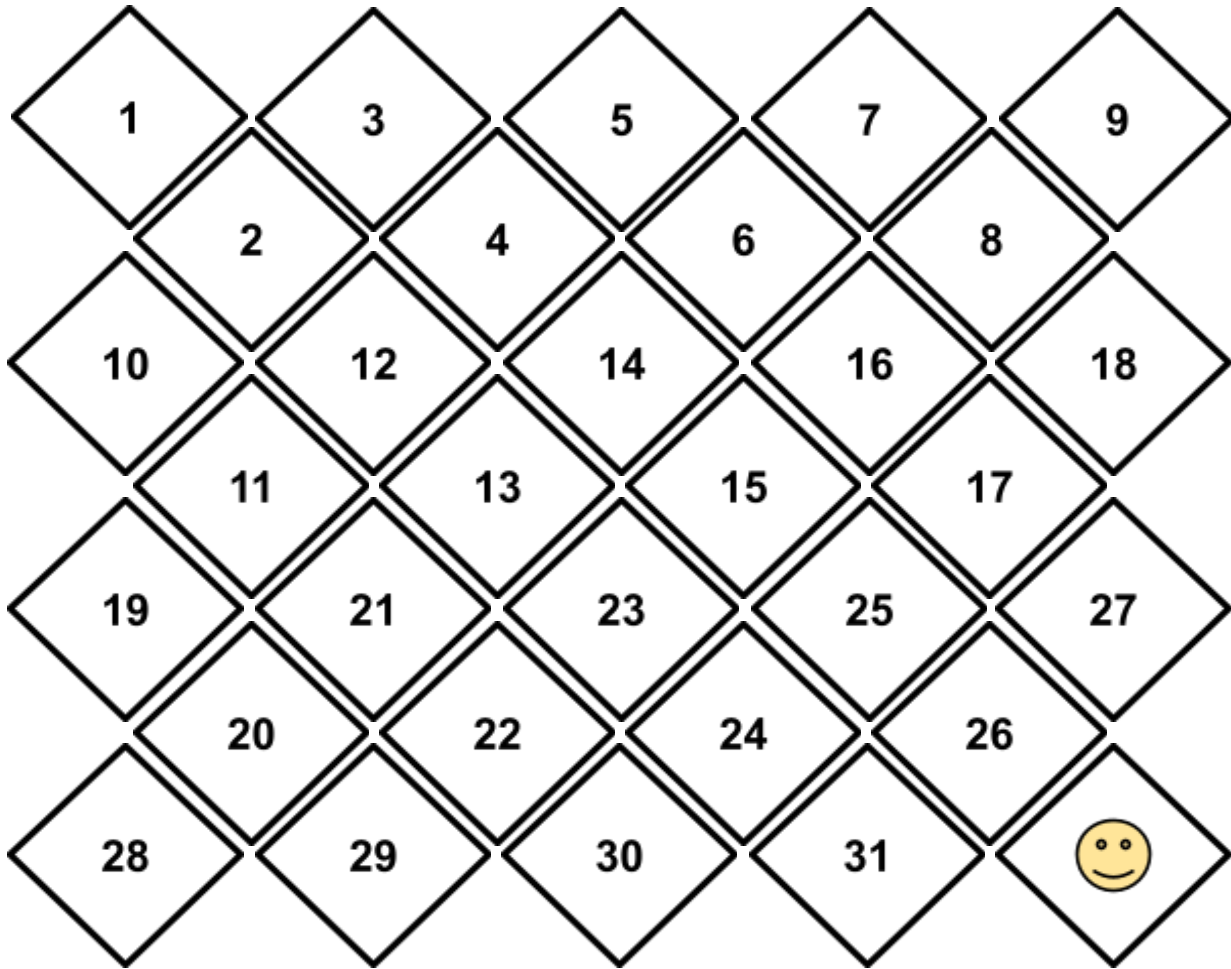


monthly MOOD tracker

COLOR YOUR MOOD.

MONTH _____



CONTENT

ANGRY

MOTIVATED

SAD

ANXIOUS

EMOTIONAL

GRATEFUL

OVERWHELMED

JOYFUL

NUMB