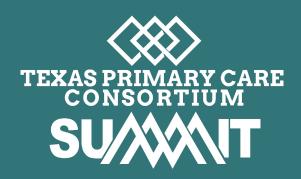




Creating Stronger
Primary Care *Together*for a Healthier Texas

November 2-3, 2023 Houston, TX tx-pcc.org/summit

Summit Outcomes







## Partners and Sponsors

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appreciates
the support of our
partner organizations
and their investment
towards our mission to
advance equitable,
comprehensive, and
sustainable primary
care for all
Texans.



The Texas Primary Care Consortium is fueled by a diverse group of leaders making primary care primary by working together to address the systemic issues of health care inequities, high costs, and lack of access!

### **Baylor College of Medicine**

Cynthia Peacock, MD, CPNP

### **BlueCross BlueShield of Texas**

Mark Chassay, MD, MEd, MBA

### **CHRISTUS Trinity Clinic**

Janet Hurley, MD, FAAFP

#### **Driscoll Health Plan**

Karl Serrao, MD, MBA, FAAP, FCCM

### East Texas Community Clinic, Inc.

Douglas Curran, MD, FAAFP

## Houston Business Coalition on Health

Chris Skisak, PhD

### **Patient Care Intervention Center**

Kallol Mahata, MS

### **Camino Real Community Services**

LeighAnn Ware, RN,CPNP-PC, PMHS

## Texas Academy of Family Physicians

Tom Banning

## Texas Association of Community Health

Jana Eubank

### **Texas Health Institute**

Ankit Sanghavi, MPH, BDS

### Texas Medical Association

Helen Kent Davis

### **Texas Medical Home Initiative**

Sue S. Bornstein, MD, MACP Robert Jackson, MD, MACP

## Texas Tech University Health Sciences Center

Rodney Young, MD, FAAFP

### The University of Texas System

David Lakey, MD

### The University of Texas at Tyler

Valerie Smith, MD, MPH, FAAP

### **TMF Health Quality Institute**

Wendy Medcalf, MHA, CPHQ, PCMH CCE

### **UT Health San Antonio**

Ramon Cancino, MD, MBA, MS, FAAFP

### **Waco Family Medicine**

Jackson Griggs, MD, FAAFP

### Wild Blue Horizons

Daniel Crowe, MD, FACP



# Summary



**Days** 

Pre-Summit Workshops **Pre-Summit** 

**Plenary** Plenary
Sessions

**Plenary** Plenary
Speakers

9 Moderators
Facilitators **Moderators and** 

19 Breakout Sessions

54

**Presenters** 

**CE Hours** 

187

Registrants



















The 11th Annual Texas Primary Care Consortium Summit took place in Houston, TX, on November 2-3, 2023. With a theme of "Creating Stronger Primary Care *Together* for a Healthier Texas." The summit continued our shared pursuit of improving the health of Texans through accessible, equitable, and coordinated person-centered primary care.

The summit framework was based upon three focus areas:

### Primary Care in Action

Presenters shared successful programs that have helped strengthen the primary care system in Texas. Sessions highlighted topics such as nonmedical drivers of health, integrating behavioral health in primary care, and telehealth.

### Paying for Primary Care

This focus area has continued to be a topic of interest for both attendees and presenters over the years. Presenters provided attendees with frameworks for implementing a value based care model. Conversations went from highlighting the importance of value based payment models to methods for applying the models in the practitioner's unique settings.

### **♦** Innovative Approaches

Sessions prioritized how to advance equitable, comprehensive, and sustainable primary care for all Texans with emerging science, pilot programs, and new methods. The opening plenary on the first day of the summit highlighted the importance of prioritizing person-centered care which was also discussed during a breakout session. The second day of the summit opened with a plenary on integrating firearm safety into primary care. These topics brought up innovative ways to improve the current state of primary care.





# Plenary Sessions



### A Vision for Primary Care: Patient & Clinician Perspectives

Cynthia Peacock, MD – Section Chief, Adult
Developmental Medicine; Medical Director,
Transition Medicine Clinic, Baylor College of Medicine
Sandy Tovar, DNP, APRN, PPCNP-BC, AE-C –
Pediatric Nurse Practitioner, Certified Asthma
Educator, Allergy & Asthma Center, McAllen, Texas
Kelenne Blake, M.Ed. – Executive Director,
Black Mamas ATX
Jackson Griggs, MD – CEO, Waco Family Medicine



#### View Primary Care Patient Perspectives Video

Texas Health Institute



Ankit Sanghavi, MPH, BDS - Executive Director,

## Solving the Health Care Puzzle in Texas: A Primary Care Approach

Robert E. Jackson, MD, MACP – Clinical Professor of Medicine, Weill Cornell Medical College, Houston Methodist Campus & University of Houston College of Medicine

Kia Parsi, MD – Executive Director,
Texas A&M Rural and Community Health Institute
Lacey Hull – State Representative,
Texas House, District 138
Tom Banning – CEO & EVP,
Texas Academy of Family Physician



## Integrating Firearm Safety into Primary Care

Sue Bornstein MD, MACP – Co-Lead, Texas Primary Care Consortium Ronald M. Stewart, MD – Professor and Chair, Department of Surgery, Witten B. Russ Professor of Surgery, UT Health San Antonio Sandra McKay MD, FAAP – Associate Professor in Pediatrics, Director of Population Health and Advocacy, University of Texas Health Science Center at Houston



### Celebrating Excellence: Primary Care Champion Award Ceremony

Tom Banning – CEO & EVP, Texas Academy of Family Physicians

# Celebrating Excellence: Primary Care Legislative Champion Award Ceremony

Senator Lois Kolkhorst – Texas State Senator, District 18





## **Pre-Summit Workshops**

### Social Determinants of Health: Learner-Integrated Screening and Intervention in Primary Care

Maria Crompton, DO, DipABLM – Director of Rural Medical Education, UNTHSC@FW, Texas College of Osteopathic Medicine, Dept of FM, Office of Rural Medical Education

Didi Ebert, DO, MPH, MS, CPPS, CHWI, FAAFP –
Associate Professor of Family Medicine, Rural
Family Medicine Clerkship Director, UNTHSC@FW,
Texas College of Osteopathic Medicine, Dept of
FM, Office of Rural Medical Education

#### **Brief Behavior Health Interventions**

Wendy Bradley, LPC-MHSP – Director, TMF Health Quality Institute Nina Lavi-Hoke, MPH – Healthcare Quality Improvement Specialist, TMF Health Quality Institute

### **Breakout Sessions**

### Implementation of Screening and Referral of Nonmedical Drivers on Health in Pediatric Health Homes

Tanya Arredondo, RN, MSN – Quality Program Manager, Driscoll Health Plan

Karl Serrao, MD, MBA, FAAP, FCCM – Chief Medical Officer, Driscoll Children's Health Plan

## Integrating Substance Use Disorders Screening & Treatment into Primary Care

Diane Arms, MA – Director, Community Behavioral Health, The Council on Recovery

Christina Eyman, DBH, MHA – Manager, Behavioral Health Integration and Information, The Council on Recovery

# TACHC Quality Axis Program: Building a Culture of Continuous Improvement in Texas Health Centers

Cassandra Caravello, MPH – Quality Axis Program Director, Texas Association of Community Health Centers (TACHC)

Roxana Cruz, MD, FACP – Director of Medical & Clinical Affairs, Texas Association of Community Health Centers (TACHC)

### Emotional Distress in Pregnancy: Telepsychiatry Improves Outcomes for Mothers and Infants

Victor Gonzalez, MD – Lead Psychiatrist, Televero Health

Joseph Kugler – Staff Psychiatrist, Televero Health

### Advancing Health Centers through Trauma Informed Care: The TACHC Model

Aniela Brown, MSW – Trauma Informed Care Coordinator, Texas Association of Community Health Centers (TACHC)

Aimee Rachel, LMSW – Trauma Informed Care Coordinator, Texas Association of Community Health Centers (TACHC)

## An Employer Smart Network with an Advanced Primary Care Hub

Chris Skisak, PhD – Executive Director,
Houston Business Coalition on Health
Ken Janda, BA, JD – Adjunct Faculty,
University of Houston - College of Medicine
Juliet Breeze, MD – CEO, Next Level Medical

# Conserving Nephrons: An Innovative Approach to Chronic Kidney Disease Management

Janet Hurley, MD, FAAFP – Medical Director of Population Health, CHRISTUS Trinity Clinic

### Suicide Care in Texas for Primary Care

Laura Gold, MSW, LCSW-S – Suicide Prevention and Project AWARE Co-Coordinator, Texas Health and Human Services Commission

### Paying for Primary Care: Value-Based Contracting for Primary Care Behavioral Health

Daniel Crowe, MD, FACP – Senior Consultant, Wild Blue Health Solutions Ken Janda, BA, JD – Adjunct Faculty, University of Houston - College of Medicine

### Food & Medicine: Bringing Culinary Medicine Principles to the Patient Room to Optimize Outcomes

Keli Hawthorne, MS, RD, LD – Director of Clinical Research, Dell Medical School at the University of Texas at Austin

# Are PCP's Accessible for All? How Healthcare Affordability and Income Level Relate to PCP Access

Briana Martin, MSPE – Research and Evaluation Associate | Research, Innovation, and Evaluation Division, Episcopal Health Foundation

Amy Willa, MPH, IBCLC – Research and Evaluation Associate | Research, Innovation, and Evaluation Division, Episcopal Health Foundation

### Why Improving Access to Mental Health Care is an Ethical Imperative

Laurel Williams, DO – Medical Director Centralized Operational Support Hub (COSH) CPAN/TCHATT, The Texas Child Mental Health Care Consortium/ Baylor College of Medicine

### A Foot in the Door, Now What? Advocating for Behavioral Health Equity within Primary Care Systems

Kara Hill, MHA, BSSW – Senior Director of Health Integration, Texas Health Institute Ken Janda, BA, JD – Adjunct Faculty, University of Houston - College of Medicine

# An SDoH Approach to Care Coordination to Improve Patient Outcomes and Reduce Unnecessary ER Visits

Maia Morse, MPH, CPC-A – Director, Clinical and Quality Partners, Primary Care Development Corporation Julie Schilz, BSN MBA – Senior Director, Clinical and Quality Partners, Primary Care Development Corporation

### Succeeding in Value Based Care: Evaluating Progress in Texas Health Centers in Five Domains

Jillian Maccini – Project Director, John Snow, Inc. (JSI)

### Community Driven Model of Caring for Underserved Texans: Part II

Douglas Curran – Chief Medical Officer, East Texas Community Clinic, Inc.

Glen Robison – Chief Executive Officer, East Texas Community Clinic, Inc.

# Trust and Respect: Person-Centered Communications, Dominant Narratives, and Illness Identities

Kanaka Sathasivan, MPH – Director of Communications, Texas Health Institute

## Integrating Positive Parenting Program into Pediatric Practices to Address Behavioral Health Issues

Victoria Rodriguez, MA, LPC-S – Director of Population Health, Driscoll Health Plan Karl Serrao, MD, MBA, FAAP, FCCM – Chief Medical Officer, Driscoll Children's Health Plan

### Value Based Care Financial Sustainability with PCP Engagement & ACO Multi-Disciplinary Team Support

Zachary Menn, MD, MHA, MBA – Director, Value Based Care, Houston Methodist Coordinated Care Wajiha Waheed, MHA, CHFP – Director of Finance, Houston Methodist Coordinated Care





### ♦ Person-Centered Care

A common theme throughout the summit was personcentered care and how embracing person-centered care would enhance the overall quality of care, improve patient satisfaction, and promote better health outcomes. The opening plenary on the first day of the summit highlighted the importance of prioritizing person-centered care through sharing a video of patient stories about their experiences with primary care. The video was followed by a panel discussion by clinicians and patient advocates on how to best serve people's needs.

### ♦ Non-Medical Drivers of Health

Several speakers highlighted how addressing nonmedical drivers of health are vital to improving outcomes in primary care and discussed strategies to better integrate community services in primary care practice. Presenters not only shared the evidence for addressing nonmedical drivers of health but additionally provided useful materials to train primary care practices in care coordination efforts.



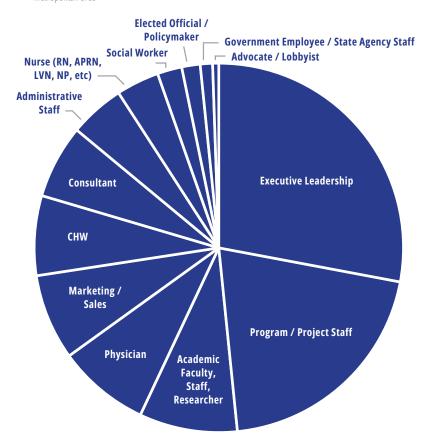
At the 11<sup>th</sup> Annual Summit, we had the opportunity to celebrate accomplishments including the Primary Care Champion Award given to Tom Banning, CEO and EVP of the Texas Academy of Family Physician and the inaugural Legislative Champion Award given to Senator Lois Kolkhorst, Texas State Senator, District 18. This year's gathering continued our shared pursuit of improving the health of Texans through accessible, equitable, and coordinated person-centered primary care.



# Demographics

City	Registrants
Houston*	87
Austin*	41
Dallas-Fort Worth	16
College Station- Bryan	6
San Antonio	5
Corpus Christi	3
Rio Grande Valley	2
Amarillo	1
Tyler	1
Waco	1
Other state	17
* Metropolitan area	





Foundation / Philanthropy: 3		
Consulting: 4		
Value-Based Care: 6		
Primary Care: 7		
Association: 8		
Specialty Care: 11		
FQHC / Community Health Center: 11		
Payor: 12		

**Government: 13** 

Pharmaceutical: 14

**Hospital System: 15** 

Research / Quality Improvement: 17

Non-Profit: 24

Academia: 29



# Reflections

"The opening plenary and the session on gun safety were both very thought provoking."

"The breakouts this year on VBC, SDOH and Quality were spot on."

"Excellent range of topics with good amount of discussion time."

"Glad to see a nurse practitioner on one of the panels." "They were all great sessions sharing valuable info and resources."

"I was initially hesitant about the gun, safety panel, however, I was pleasantly surprised."