



CRAWLEY Live

SPRING
2024 | ISSUE 108





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Welcome to

SPRING






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Editor Samantha Sheppard

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Local and Police and Crime Commis

There are elections taking place in Crawley on Thursday 2 May. You can have your say voting for borough councillors in all wards across Crawley (except Furnace Green) and the Police and Crime Commissioner in all wards.

Voter ID

Voters will need to show photographic ID to vote at polling stations at this year's local elections. Please make sure you are ready to vote in May by checking that you have an accepted form of ID.

Voters will only need to show one form of photo ID, but it needs to be the original, hard copy version, and not a photocopy or digital version. Expired ID will be accepted if the photo remains a good enough likeness for the polling station staff to be able to identify the voter.

The name on your ID should be the same name you used to register to vote. If your name has changed, you'll need to let us know so that we can update the electoral register. You can do this by visiting gov.uk/register-to-vote or calling us for a paper form on **01293 438572**.



There are several accepted forms of photo ID you can use to vote at a polling station:

International travel

- passport issued by the UK, any of the Channel Islands, the Isle of Man, a British Overseas Territory, an EEA state or a Commonwealth country

Driving and parking

- driving licence issued by the UK, any of the Channel Islands, the Isle of Man, or an EEA state (this includes a provisional driving licence)
- a Blue Badge

Local travel

- older person's bus pass
- disabled person's bus pass
- Oyster 60+ card
- Freedom pass
- Scottish National Entitlement Card
- 60 and over Welsh Concessionary Travel Card
- Disabled Person's Welsh Concessionary Travel Card
- Senior SmartPass issued in Northern Ireland
- Registered Blind SmartPass or Blind Person's SmartPass issued in Northern Ireland
- War Disablement SmartPass issued in Northern Ireland
- 60+ SmartPass issued in Northern Ireland
- Half Fare SmartPass issued in Northern Ireland

sioner elections



Applying for a Voter Authority Certificate

Applications can be completed online by searching for Voter Authority Certificate at **gov.uk**

If you need any help with your application or prefer to complete a paper application form, please call **01293 438572**.

The deadline to apply for a Voter Authority Certificate for use at the elections is 5pm on Tuesday 25 April, but please act now to make sure that you can have your say.

Postal votes

You may prefer your ballot papers to be posted to you, so you don't need to go to a polling station to vote.

If you are not already registered for a postal vote you can apply by completing a form with your signature online at **gov.uk/apply-postal-vote** or by calling **01293 438635**.

The deadline for applying for a postal vote at these elections is 17 April at 5pm.

Registering to vote

If you have registered before, you only need to register again if you have moved house or changed your name.

The deadline for new applications to be included on the electoral register at these elections is 16 April at 11.59pm.

To register visit

gov.uk/register-to-vote

For more details visit

crawley.gov.uk/elections or call the Elections Team on **01293 438572**.



Proof of age

- identity card bearing the Proof of Age Standards Scheme hologram (a PASS card)
- other government-issued documents
- Biometric immigration document
- Ministry of Defence Form 90 (Defence Identity Card)
- National identity card issued by an EEA state
- Electoral Identity Card issued in Northern Ireland
- Voter Authority Certificate
- Anonymous Elector's Document

Anyone who doesn't currently have an accepted form of photo ID, or isn't sure whether they still look like the photo on their ID, can apply for a free Voter Authority Certificate by 5pm on 24 April.

Mayor's engagements

Mayor of Crawley, Councillor Jilly Hart, recalls about some of her recent engagements.



The period leading up to Christmas was very busy with various carol services around the town, and my own service at St Margaret's Church in Ifield. That really was the start of Christmas for me. How long ago that seems now!

2024 started quietly. At the end of January, I joined councillors and residents to commemorate Holocaust Memorial Day by planting a weeping willow tree in Memorial Gardens.

I also met with the Mayor of Dorsten to celebrate the 50th anniversary of our town twinning.



As we move into spring, I am looking forward to the many events around the town that are filling my diary.



Towns Fund

Crawley is one of 101 places granted money from the £3.6 billion Towns Fund.

Following the submission of a Town Investment Plan in 2020, Crawley was granted £21.1 million by the government to help boost job creation, business growth and economic recovery.

The plan seeks to deliver transformative regeneration schemes, which will unlock jobs and boost economic activity.



Funded by
UK Government

The projects are guided by the Crawley Town Deal Board, an established group of more than 50 representatives from local businesses, community organisations and public organisations. This will ensure each project remains focused on community and business needs.

The projects include:

- Crawley Innovation Centre (see page 18)
- Invest in Skills
- Crawley Greentech Business Growth Fund
- Commercial Eastern Gateway
- transformed bus station and sustainable transport interchange

- Manor Royal Gigabit Business Park
- Cultural Quarter
- Manor Royal business improvement programme
- green home retrofitting

The Crawley Towns Fund Programme was also awarded £1 million of “accelerated” Towns Fund money in 2020, which has been invested in regeneration schemes including four new “micro parks” in the Manor Royal Business District. These have improved the public realm in the area, ensuring employees will be no more than 10 minutes’ walk away from an outside space to sit, rest or have an informal meeting.



Expert advice on paying for care

Long-term care in your own home or in a residential care home is expensive, but with expert advice from independent financial specialists, Carewise can help you to make informed decisions on choosing and paying for the right care.

The Carewise care fees specialists are regulated by the Financial Conduct Authority and members of the Society of Later Life Advisers, so you can have peace of mind when discussing your finances.

Contact Carewise to find out how you could benefit.


WEST SUSSEX | Care Funding Advice



 carewiseadvice.com

 carewise@westsussex.gov.uk

 0330 222 7000

Sign up now for Crawley Question Time 2024

Crawley Question Time is back for another year, giving residents an opportunity to ask questions about topics important to them.

The event takes place from 7pm to 9pm on Wednesday 20 March in the Town Hall.

Crawley Question Time takes the form of an independently chaired, general debate and discussion. There are no set topics so attendees can raise any areas or concerns for discussion, such as community safety, planning, health, Gatwick Airport, parking, the economy and so much more!

This year's panel will include representatives from Crawley Borough Council, West Sussex County Council, Sussex Police, NHS Sussex Integrated Care Group and Crawley Young Person's Council.

The event is open to everyone. The views and comments expressed will help the council and others to plan work on improving services and the town in general.

To register for your free ticket to attend the debate visit
crawleyquestiontime2024.eventbrite.co.uk

Parking is available at the Town Hall multi-storey car park on Exchange Road. A flat rate of £2.10 applies in the evening (6pm to midnight).

From the leader



Michael Jones

Councillor Michael Jones
Leader of Crawley Borough Council



Despite the overwhelming financial pressures on local government, you can see from this edition of Crawley Live we're working harder than ever for residents at Crawley Borough Council.

We are incredibly fond of our trees here in the borough, we have a coverage well above average for an urban area, and not only have the council recently renewed our commitment through creating a new strategy, but we have been planting hundreds more. If that wasn't enough, we are also launching a

tree trail in Goffs Park, all of which you can read more about in this issue!

We're also very aware of the concerns relating to damp and mould many residents have. As a council we have altered our approach to damp and mould to better serve our tenants, setting up a dedicated team to proactively manage new and existing cases. We are also working with our residents to help them understand the cause of condensation and how to reduce the moisture levels in their home.

Remember, if you have problems in your neighbourhood, you can contact your local councillors and their details are contained later in this issue. ”

Urgent appeal for gardeners at Crawley Hospital

Can you spare a few hours a week to keep Crawley Hospital looking bright and friendly?

Crawley Hospital League of Friends is looking for willing volunteers who can help to maintain the Jim Smith Memorial Garden and the courtyard.

Tasks will include watering, sweeping, weeding, tidying and planting.



People who are ill can greatly benefit from positive and natural surroundings as well as the wellbeing of staff, carers, family and friends.

If you think you would be interested, then please email chlof2003@gmail.com

The League of Friends of Crawley Hospitals need you to join them to help with fundraising. Call Rosalind on **07966 191341**, email **2003@gmail.com** or visit **crawley-hospital-friends.great-site.net** for more information.



2024/25 Council Tax and budget

Crawley Borough Council has drawn up a balanced budget for the coming year, despite overwhelming difficulties caused by the town’s housing pressures.

A meeting of the Full Council at the end of February approved the £17.9 million income and spending plan.

Council Tax bills are made up of three elements – Crawley Borough Council, West Sussex County Council and the Sussex Police and Crime Commissioner.

The Council Tax increase for Crawley Borough Council’s share of what is paid by every home is 2.99 per cent. This is a £6.76 annual increase for a band D property – 13p per week.

For every pound paid in Council Tax, West Sussex County Council will receive 77.95p, Sussex Police will receive 11.50p with Crawley Borough Council receiving just 10.55p.

For more detailed information on Council Tax bandings and ways to pay visit **crawley.gov.uk/counciltax**

At a glance...



Capital investment projects include:	
£250,000	For the feasibility and initial preparatory works to progress phase two of Little Trees Cemetery
£370,000	For flood alleviation works to be carried out over the next three years
£80,000	To replace The Hawth's auditorium carpet
£32,000	To provide a separate fuel storage tank for hydrotreated vegetable oil with the aim of transitioning the refuse and recycling fleet to be run on this in the future
£60,000	To provide funding for the council's discretionary repair and renovation loan service over the next four years

Cheap and convenient car rental

Renting a car for short-term use around Crawley has never been easier with the Co-Wheels Car Club, from just £6.50 per hour and a special offer to get you started!

Crawley Borough Council has been working with the company to provide a hybrid vehicle, parked at Geraint Thomas House in the town centre, geared towards helping people who don't want to face the costs and commitment of having their own vehicle.

The booking process is quick and simple, and made even cheaper with a discount code available to Crawley residents.

Begin your journeys with free membership and free credit towards your bookings.

Membership of the car club means you can turn up and drive away, paying for the miles that you drive and the time you hold onto the car via your account. You won't even need to pick up and return keys. The car is accessed using your smartcard!

Eligible Crawley residents will get £25 driving credit (towards the cost of hire), free joining fee and no monthly membership fee (usually £5 minimum spend on the account per month). Use code **CRAWLEY25** to receive the offer that's valid until the end of the year.

Co-Wheels accepts members aged 21 and over who have held a full British driving licence for a minimum of 12 months. If you are 25 or under, you must possess a clean licence with zero points or endorsements.

co-wheels.org.uk/crawley



Looking for extra support with your day to day living?



The Connect to Support website is for anyone in West Sussex who is looking for additional help or support to maintain their independence.



Visit our website to:

- **DISCOVER** tips on improving your health and wellbeing
- **VIEW** equipment to help you stay independent
- **FIND** support for carers
- **LEARN** about options for extra care and support.

westsussexconnecttosupport.org

Do you need help to use the website? • Email: socialcare@westsussex.gov.uk • Phone: 01243 642121



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- picnic areas
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- wheelchair access

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Easter Holiday 2024: Sat 23 March - Sun 14 April
Summer Half Term 2024: Sat 25 May - Sun 2 June

Pre-book online and save £1 per ticket!

Visit: www.britishwildlifecentre.co.uk

On the A22, Eastbourne Road, Newchapel, nr Lingfield, Surrey

RH7 6LF 01342 834658

**Sunday
~31 March~
Children's
Easter
Trail**

2024 Crawley Community Awards



Nominations are now open for this year's Crawley Community Awards, organised by Crawley Borough Council in association with The Hawth and Crawley Observer and headline sponsor, London Gatwick.

The awards are hugely popular – a clear reflection of the wonderful community spirit that exists in Crawley and the appreciation local people have for those who go the extra mile to make a difference to their community.

Nominations are welcome for groups and individuals across the nine available categories listed below. You may make as many nominations in as many categories as you wish. Nominators don't need to live in Crawley but nominees must either live, work, volunteer or study in the town or provide a service open to Crawley residents outside the immediate area.

CATEGORIES:

Support Group	Charity
Local Hero	Volunteer
Community Group	Volunteer Group
Achievement	Culture
Sports Team	Group Achievement
Special Recognition	Inspiration
Education	Fundraising

If you know an individual, group or organisation that deserves recognition for their efforts or their work in our community, please take a few minutes to complete a nomination.

Visit crawleycommunityawards.org or write to: Crawley Community Awards, Communications, The Create Building, The Boulevard, Crawley RH10 1UZ.

For further information email crawleycommunityawards@gmail.com

SPONSORSHIP OPPORTUNITIES:

If you are a business and keen to be involved in this very popular event, why not sponsor an award category? For more information or to reserve a category please call Samantha Sheppard on **01293 438539** or email samantha.sheppard@crawley.gov.uk



In association with



Headline sponsor:



LONDON GATWICK

Get fit for free



Look out for our new beginners' guide to outdoor gyms in Crawley.

Everything you will need to know to help you use and make the most of the outdoor gyms in Crawley can be found in this handy booklet.

Our outdoor gyms are similar to conventional indoor gyms, but the equipment has been specially designed for outdoor use. They're free to use, accessible in all weather conditions and suitable for varying fitness levels. You can combine working out with a healthy dose of fresh air!

The council's two outdoor gyms can be found at Goffs Park in Southgate and Tilgate Park.

Copies of the booklet can be picked up at K2 Crawley, Tilgate Nature Centre and Crawley Library or see 'Sport and leisure' at **crawley.gov.uk/culture** for an online version and more detailed information about outdoor sport.

Award win for Crawley Parks Tennis

Crawley Borough Council returned from the Tennis Sussex Awards at the weekend having netted a win in the Parks Venue category.

Judges were impressed by the upgraded facilities offered on the nine courts at three venues across the town and the activities to encourage wider participation by people who might not otherwise have played.

Free weekly sessions with the coaching provider were held at West Green Park for people aged 16 and over with a learning disability, and

they are set to continue this year. A similar programme will also run for people with a mental health diagnosis, as well as regular free sessions for all-comers.

Crawley now moves forward to judging for the regional award, and potentially a national award if successful there.



There is also the chance to be a part of the award-winning tennis offer in Crawley with a volunteering opportunity at Free Park Tennis, a new, free, one-hour community session in West Green Park. Crawley Wellbeing is looking for enthusiastic people to help others get the most from the sessions; you don't need to be an accomplished player and online training will prepare the volunteers.

Visit **crawley.gov.uk/culture** and search for outdoor sport.



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Spring into action



If you enjoy gardening, but would like to save yourself some time and effort, why not sign up to our garden waste collection service?

We'll collect your garden waste fortnightly throughout the year, apart from a two-week break over the Christmas and New Year period.

It's £67.70 per bin per year when you pay by Direct Debit (£71 if you don't). This covers the cost of running the service.

You can subscribe to the service any time throughout the year and you will be issued with a 240-litre wheeled bin, delivered once we receive payment or your Direct Debit has been set up.

Use your GREENbin to dispose of cuttings, leaves, weeds, flowers and plants. The waste is used to make a peat-free soil conditioner.

Sign up at crawley.gov.uk/greenbin or call **01293 438772**.



Launch of the Goffs Park Tree Trail



Crawley Borough Council's Parks Team, working with the Friends of Goffs Park, have produced a tree trail leaflet to show the most interesting trees in the historic park.

The trail will be launched to the public on 20 April. Starting from the car park by the level crossing on Horsham Road at 11am, you will be guided through the woodland area to the east, past the magnificent Cypress tree on the top lawn, around the lake, continuing through the main woods.

Along with exotic species such as the cedar of Lebanon and Canary Island pine, the leaflet will help park users to identify native English trees and hedgerow species such as the oak, hazel and hawthorn.

This event marks the start of the season of free, family-friendly events organised by the Friends of Goffs Park. Keep an eye out in the noticeboards in the park for details of forthcoming events.

crawley.gov.uk/goffspark

What's on this **SPRING**

16 March

Spring fun in Queens Square

Come and celebrate spring in Queens Square with music, storytelling, a silent disco and the fountain switch-on.

Until 31 March

WORDfest Crawley

A community-run festival celebrating words, literature and language in all its forms.

Until 31 March

Crawley Writers' Circle poetry trail, bandstand, Memorial Gardens

20 April

St George's Day, Queens Square, 11am to 4pm

Enjoy St George's Day with classic tunes by Crawley Millennium Concert Band and a new, interactive theatre production of the iconic story of Alice in Wonderland.



20 April

Goffs Park Tree Trail From 11am

Learn more about the lovely trees in the park. Families are especially welcome to join in the walk. Refreshments will be available from the kiosk. Contact janet.roskilly1@gmail.com for more information.

27 and 29 April

International Dance Day events

DanceHub has partnered with Crawley Town Centre BID to bring you an exciting celebration of dance across the town centre with a host of performances from local dance groups. crawleytowncentrebid.co.uk/events

28 April

Ifield Mill by bicycle, from The Crow statue, High Street, 11.30am

Following cycle routes in Tilgate Park, Broadfield Park and Ifield Mill Pond with a stop at Ifield Mill. Bring food to enjoy a picnic lunch. This short ride will be at a very gentle pace, ideal for those new to cycling or who have not cycled for some time.

6 May

Ifield Mayfayre Ifield Barn Theatre and St Margaret's Church, 11.30am to 4pm

See the May Queen parade, Maypole dancing and other traditional and not quite so traditional attractions at the 34th annual Mayfayre. ifieldmayfayre.co.uk

11 May

A Flavour of Steampunk, High Street

Stroll to the historic High Street for some splendid activities to include G&Tea rooms, circus and steam! Professor Elemental puts on his Fighting Trousers to meet you at the Inn at the End of Time. Enjoy memories of the Crawley that could have been, in alternative futuristic Steampunk style. crawleytowncentrebid.co.uk/events



12 May

A tour of Crawley by bicycle, from The Crow statue, High Street, 10.30am

Cycling at a sedate pace, exploring cycle paths and low-traffic roads around Crawley, stopping at Tilgate Golf Club for refreshments. This short ride will be at a very gentle pace, ideal for those new to cycling or who have not cycled for some time.

18 May

STEM in the Park, Memorial Gardens, 11am to 4pm

An enjoyable and inspirational day of Science, Technology, Engineering and Maths (STEM). STEM In The Park is aimed at inspiring young people to consider STEM subjects in a fun and engaging way.



Keep up-to-date with the events programme at crawley.gov.uk/events or follow us on Facebook and Instagram.

25 May

Crawley Festival BACKstage, Memorial Gardens, 12 noon to 5pm

A free community event with live music from local talent, multicultural food demonstrations from Diverse Crawley's Cultural Kitchen, information stalls, children's play area, workshops and entertainment.



25 to 26 May

Without Walls with Brighton Festival, Queens Square and Queensway
brightonfestival.org

6 June

D-Day beacon lighting, Tilgate Park main car park, 6pm

Join us for a special commemoration as we light the beacon to honour the memory of those who bravely served on D-Day, marking its 80th anniversary. No need to book.

8 June

A day of singing with Phoenix Choir of Crawley, St Andrew's Church, Furnace Green, 10am to 4pm

Experienced singers are invited to an informal and inspiring day of singing led by popular composer, Bob Chilcott. The musical focus will be Chilcott's 'Five Days that Changed the World'. The fee for the day is £25, which includes music hire. Book at bit.ly/4251eyx

9 June

The Crawley Family Bike Ride, Oriel High School, 10am

Travelling along the Worth Way at a comfortable talking pace on the shared-use former railway line to East Grinstead. With time to stretch your legs and some refreshments before heading back to the school around 3pm.

New strategy for tree care in Crawley

A Tree Planting Strategy has been approved by Crawley Borough Council, the first time the authority has taken this step.

The town is blessed with about 250,000 trees owned by the council, and tens of thousands more which are publicly and privately owned. It means that Crawley is well above the national average for its tree canopy coverage – about 26 per cent of the borough compared to 16 per cent nationally.

The strategy sets out how the council will maintain and improve the woodland and other trees it owns, only using the best species for the soil and other local conditions in its annual planting programme.

Even before the strategy was agreed by members of the Cabinet, the council increased its woodland with 500 trees from 13 species planted in Tilgate Park during October. This effort, to replace a field used previously for livestock grazing, was in addition to all the other annual planting. Dozens of members of the community came down to help with the digging and planting, with the

saplings bought using funds secured from local developers to off-set the impact of new construction.

As part of the strategy, a database is also being created of the 20,000 council-owned trees that are at

the highest risk of causing injury or damage to property if they fall, with 13,000 trees already surveyed. The strategy also lays out how trees which need to be felled will be replaced.



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and a smile

are all we ask



Average driver salary after 6 months at Crawley depot.
All you need is a licence to drive a car.



metrobus.co.uk/careers

Major milestone for Crawley Innovation Centre

The start of the main construction of the state-of-the-art Crawley Innovation Centre has been marked with a golden hammer ceremony.

The £13.15 million project – at the former TUI Travel House off Fleming Way in Manor Royal – has begun in earnest and is expected to be open in October.

The Crawley Innovation Centre will bring a much-needed economic, innovation and technological boost to the town, supporting greener and cleaner energy while bringing together ideas from high-tech small business tenants and larger organisations to foster an environment for new business.

It will be a major asset to support Crawley's existing advanced



engineering businesses and to enable growth in new and emerging business sectors such as clean energy and quantum technologies. It will provide vital 'grow-on' space which will enable hi-tech small businesses to 'scale up',

prototype and demonstrate new technologies in clean energy, quantum tech and transportation tech.

The council, working with partners from the Crawley Town Deal Board, was also successful in securing £2.5 million of government funding from the Crawley Towns Fund programme.

For more information visit investcrawley.co.uk



Healthy homes



Living in a damp, mouldy home can be bad for your health. Rising damp and penetrating damp tell us something is wrong and needs fixing.

Too much condensation can lead to damp and mould:

- cooking, boiling saucepans and kettles
- washing clothes and drying them indoors
- having showers, baths and having wet towels
- breathing – a family of four can add the equivalent of 30 to 40 litres of water a week to the air just by breathing.

Put less water into the air

Less moisture = less condensation.

Reduce the water in the air

Let your home breathe and reduce condensation.

Don't get cold

Condensation likes cold surfaces. Try to keep your home warm.

Treating mould that appears on surfaces in your home is straightforward. There are many cleaning products designed for treating mould available in supermarkets. Don't use bleach, it doesn't remove or kill the mould spores.

If you're a Crawley Homes tenant and you've followed this advice and are still having problems, please call us on **01293 438111** or email **dampandmould@crawley.gov.uk**

If you're a private tenant and have raised the issue with your landlord, have followed this advice and are still having problems, you can contact the Private Sector Housing Team at **ps.housing@crawley.gov.uk** or call **01293 438281**. Please attach some photos of the affected areas in your home to your email.



New economical waste and recycling fleet

Crawley Borough Council has taken delivery of 15 new vehicles for the waste, recycling and garden waste services.

The Dennis Eagle models, that became operational in the New Year, consist of 14, 26-tonne vehicles and one 18-tonne version, to collect rubbish, recycling and garden waste across the borough.

The vehicles, costing £3 million, were purchased as the existing 10-year-old fleet had come to the end of its working life. These vehicles will provide much more efficient and effective waste collections.

The new fleet has rear-steer, narrow chassis, with a smaller footprint making them even more manoeuvrable, helping them to operate more efficiently on tighter roads. The difference in width (25cm narrower) may seem insignificant at-a-glance, but to drivers, it makes all the difference, especially in built-up, urban areas and narrow access roads.

New Elite+, low-entry cabs, are designed to improve the comfort and convenience of the crew and the safety of everyone around the vehicle.



All collection vehicles will carry signage on the sides communicating information such as what items can be recycled in REDtop bins, the GREENbin garden waste collection service and reminding householders about the separate small electrical, textiles and batteries recycling service.

In order to celebrate the delivery of the new fleet, a competition was undertaken with local schools and Biffa collection crews to name the vehicles and display them on the front of each vehicle. We will announce the chosen names shortly. So look out for details on our social media channels!

The new vehicles have the capability to utilise Hydrotreated Vegetable Oil (HVO) fuel which typically produces 90 per cent lower carbon emissions than traditional diesel. The council is pursuing arrangements to introduce HVO for the waste vehicle fleet in the coming year as part of its net zero drive.



Smart shopping



Shop smart and save big with Shopper Perks.

Crawley Town Centre BID, County Mall Shopping Centre and Shopper Perks have partnered to reward shoppers on every trip.

Crawley Town Centre BID and County Mall are actively encouraging town centre businesses to participate in Shopper Perks with new offers being added every week.

Crawley residents and town centre visitors can explore the Shopper Perks app for exclusive, local offers and national discounts. The scheme benefits local businesses and Crawley residents as perks are claimed in store. So venture into the town centre and take advantage of some great deals.

Scan the QR code below to download the Shopper Perks app and discover a world of savings and perks delivered straight to your phone.



Shaw healthcare
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Proud to be employee-owned and a Real Living Wage employer

Whether your needs are Elderly or Dementia Care, we will provide the care you deserve by tailoring your daily support around you in our Crawley services.

Our goal is to deliver the type of care that we would want for your own loved ones. Somewhere local with a professional care team that provides home cooked food, a clean and safe environment with good company. Plus, a private space that you can call your own.

Scan Me



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Ifield Green, Ifield,
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01293 561704

www.shaw.co.uk/deerswood

Scan Me



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www.shaw.co.uk/burleys

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Mon-Sat 9-5PM



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Worth Park plants added to national collection

Worth Park has been awarded National Plant Collection holder status for two cultivars of yarrow plants with outstanding qualities it has bred.

The park was recognised by Plant Heritage, whose principle aims are the conservation of garden plants, and is the only national charity to ensure the cultivated plants grown now will be available to future generations.

The yarrow project was started more than two years ago to adapt a particular area of the park for plant conservation.

The plant collection now holds more than 160 plants of 45 different varieties of various cultivars, including their *Achillea filipendulina* and *Achillea millefolium* which have been added to the charity's catalogue.



The yarrow plants now mentioned in the National Plant Collection are ideal for pollinators, drought tolerant and easy to propagate and therefore are a perfect addition to the park's ethos of sustainability and conservation.



Worth Park also has the national dispersed collection of Noel Burr daffodils and nine rare cultivars of camellias under the category of Threatened in Cultivation.



Visit [crawley.gov.uk/worthpark](https://www.crawley.gov.uk/worthpark)

The huge benefits of reducing your drinking

Drinking less has so many positive effects on your health, your relationships and your bank balance – it's worth making it a priority!

In fact, the NHS says that there is no such thing as safe drinking, and if you drink, to drink no more than 14 units per week, over a maximum of four to five days. Here are the units in popular drinks:

One 175ml glass of wine = 2.3 units

One pint of five per cent alcohol beer = 2.8 units

One standard shot of spirits = 1 unit

If you drink regularly, just some of the huge benefits of reducing are:

- decreased risk of cancers and heart disease
- improved appearance
- reduced risk of dementia
- better mental health
- possible weight loss

- better sleep
- improved immunity
- increased self-esteem
- better relationships
- more energy
- a sense of freedom
- increased concentration
- more money in the bank

There is no doubt about it, less alcohol definitely makes for a healthier, wealthier, happier you.

Our alcohol advisors at Crawley Wellbeing are friendly and knowledgeable and can offer you great support with up to eight, one-to-one, free and confidential sessions to help you reduce alcohol and take charge of your life.

Contact us now on **01293 585317** or email **wellbeing@crawley.gov.uk**

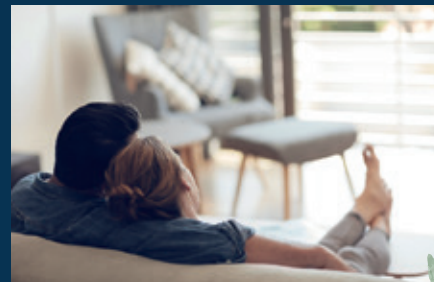


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Crawley by cycle!

Join the 2024 schedule of the popular Crawley Guided Get Back to Cycling rides, organised by Cycling UK in conjunction with Crawley Borough Council.

A great way to save money, get fitter, and improve your health, this series of guided rides will help you get used to cycling and learn how to get to travel around Crawley's network of cycle paths and quiet roads.

Details of the forthcoming rides are in the What's on pages (16 and 17).

For more information search for Active Travel Crawley on Facebook or contact Gordon Easden via WhatsApp on 07736 306730.



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Dog control order prosecution

Crawley magistrates have ordered a man to pay £1,180 of fines and other costs after refusing to put his dogs on leads in a regulated area of Tilgate Park.

Haydn Harper was given ample opportunity to leave the restricted zone near a children's play area, or put his two dogs on leads, but he refused.

Rather than issue two Fixed Penalty Notices (FPN) at £100 for each unleashed dog, the officer only issued one. However, Mr Harper failed to pay

it within the permitted 28 days and prosecution became the last resort.

He was not present in court and the magistrates imposed a fine of £250 for each offence, plus a victim surcharge of £200 and £480 towards prosecution costs.

For anyone who wants to give their dog a run while at Tilgate Park, the Tilgate Park Hound Ground is an enclosed paddock of nearly an acre. More information and booking sessions are available at crawley.gov.uk/houndground



For more details on the Dog Control PSPO covering Tilgate Park visit our Public Spaces Protection Orders page at crawley.gov.uk/community

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Contacts

☎ **01293 438000** during office hours
and for out of hours emergencies
✉ **comments@crawley.gov.uk**
🌐 **crawley.gov.uk/democracy**

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In an emergency

The government's advice is to
'go in, stay in and tune in':

BBC Radio Sussex
104.8 and 95.3 FM

Heart Sussex
102.4 and 103.5 FM

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Council meetings

All meetings take place at **7pm** unless
stated otherwise.

- **Housing Associations Scrutiny Panel**
18 March
- **Full Council**
27 March
- **Planning Committee 7.30pm**
2 April
- **Cabinet**
22 April
- **Planning Committee 7.30pm**
23 April
- **Annual Full Council 7.30pm**
24 May
- **Overview and Scrutiny Panel 8pm**
3 June
- **Planning Committee 7.30pm**
4 June
- **Governance Committee**
10 June
- **Licensing Committee**
18 June
- **Overview and Scrutiny Panel**
24 June
- **Cabinet**
26 June

Local services

A reminder where responsibilities lie for local services.

West Sussex County Council:

- Highways
- Potholes
- Footpaths
- Road maintenance
- Street lighting
- Education
- Children's services
- Social services
- Trading Standards

- Health

- Libraries
- Recycling centre

Crawley Borough Council:

- Waste and recycling collections
- Dog bins and dog fouling
- Social housing
- Environmental Health
- Business rates

- Council Tax
- Open spaces (council-owned)
- Planning
- Economic development
- Car parks (Orchard Street, Town Hall and Kingsgate)
- Grass cutting
- Litter bins
- Play areas (council-owned)
- Parade noticeboards

Your MP

Henry Smith MP
01293 934554/020 7219 7043
henry.smith.mp@parliament.uk
To make an appointment
contact **01293 934554** or
henry.smith.mp@parliament.uk

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