

International Latin Syllabus Figures

		CHA CHA	SAMBA	RUMBA	PASO DOBLE	JIVE
BRONZE	BEGINNER	Basic Movement New York Spot Turn	Natural Basic Reverse Basic Side Basic Progressive Basic Whisks to Left and Right Promenade Samba Walks Side Samba Walks	Basic Movements Alternative Basic Cucurachas	Surplace Basic Movement Appel Chasses to Right Chasses to Left	Basic in Place Fallaway Rock Fallaway Throwaway Link Rock Link
	INTERMEDIATE	Shoulder to Shoulder Hand to Hand Three Cha Cha Chas Side Step There and Back Time Step	Stationary Samba Walk Rhythm Bounce Volta Movements Criss Cross Bota Fogos	New York Spot Turns Shoulder to Shoulder Hand to Hand Progressive Walks Forward and Back Side Step	Drag Deplacement Promenade link Promenade Ecart Separation	Change of Places R to L Change of Places L to R Back hand Change Hip Bump
	FULL	Fan Alemana Hockey Stick ending in CPP Natural Top Natural Opening Out Closed Hip Twist	Traveling Bota Fogos Back Bota Fogos to PP and CPP Criss Cross Voltas Solo Spot Voltas Foot Changes Shadow Traveling Voltas Reverse Turn Corta Jaca Closed Rocks	Cuban Rocks Fan Alemana Hockey Stick Hockey Stick ending in CPP Natural Top Opening Out to R and L Natural Opening Out Closed Hip Twist	Separation with Lady's Caping Walk Fallaway Ending to Separation Hult Sixteen Promenade and Counter Promenade Grand Circle Open Telemark	American Spin The Walks Stop and Go The Mooch The Whip Whip Throwaway
SILVER	BEGINNER	Open Hip Twist Reverse Top Opening out from Reverse Top Spiral Curl	Open Rocks Back Rocks Plait	Open Hip Twist Reverse Top Opening Out from Reverse Top	La Passe Banderillas Twist Turn Fallaway Reverse Turn	Reverse Whip Windmill Spanish Arm
	FULL	Rop Spin Aida Cross Basic Cuban Breaks Chasse	Rolling of the Arm Argentine Crosses Maypole Shadow Circullar Voltas	Aida Spiral Curl Rop Spin	Coup de Pique Left Foot Variation Spanish Lines Flamenco Taps	Rolling off the Arm Simple Spin Miami Spin Overturn Fallaway Throwaway
GOLD	BEGINNER	Advanced Hip Twist Hip Twist Spiral	Contra Bota Fogos Roundabout Natural Roll Reverse Roll	Sliding Doors Fencing Three Times	Syncopated Separation Traveling Spins from PP Traveling Spins from CPP	Point, Ball Change Curly Whip Shoulder Spin Toe Heel Swivels
	FULL	Turkish Towel The Sweetheart Follow My Leader	Promenade and Counter Promenade Runs Three Step Turn Samba Locks Cruzado Walks and Locks	Three Alemanas Advanced Hip Twist Continuous Hip Twist Circular Hip Twist	Fregolina Twists The Chasse Cape	Chugging Chicken Walk Catapult Stalking Walks, Flicks and Break Overturn Change of places L to R