



Know Before You Go

Getting to the Trailhead

- Drive along US Hwy 93. The parking lot is roughly 8.4 miles from the Lake Mead Visitor Center (on the left-hand side).
- If you're driving US Hwy 93 from the Kingman, AZ direction, you'll find the parking lot around mile marker 4.

The Hike

- To reach the hot springs, you'll hike through slot canyons and climb up/down a waterfall. You can even access the Colorado River.
- Arizona Hot Springs Trail - hike at higher elevation along the canyon ridges before scrambling into the canyon wash. Highly trafficked.
- White Rock Canyon Trail - hike along the canyon wash. A section of the trail takes you along the Colorado River. Less trafficked.

Pro Tips

- Prepare to get wet. Bring a bathing suit and an extra pair of socks (or even hiking sandals).

Safety Tips

- Avoid hiking in extreme heat.
- Bring enough water.
- Keep your head above water in the hot springs to avoid infection from the Naegleria Fowleri amoeba.



Hiking Guide

The Arizona Hot Springs

Hidden along the Colorado River, just south of the Hoover Dam, are the sizzling and secluded Arizona (Ringbolt) Hot Springs. It's the perfect spot if you're looking to disconnect or in need of some good R&R time.

Both the Arizona (Ringbolt) Hot Springs Trail and the White Rock Canyon Trail lead to the hot springs. These two trails connect to make a 5.8-mile loop.

Trail Overview

Distance: 3.2 miles one way (via White Rock Canyon Trail); 2.6 miles one way (via Arizona Springs Trail); 5.8 miles (via loop trail)

Elevation change: 750 - 1223 feet

Difficulty: moderate to difficult

Season: closed May 15 - September 20

Permits/Fees: No