



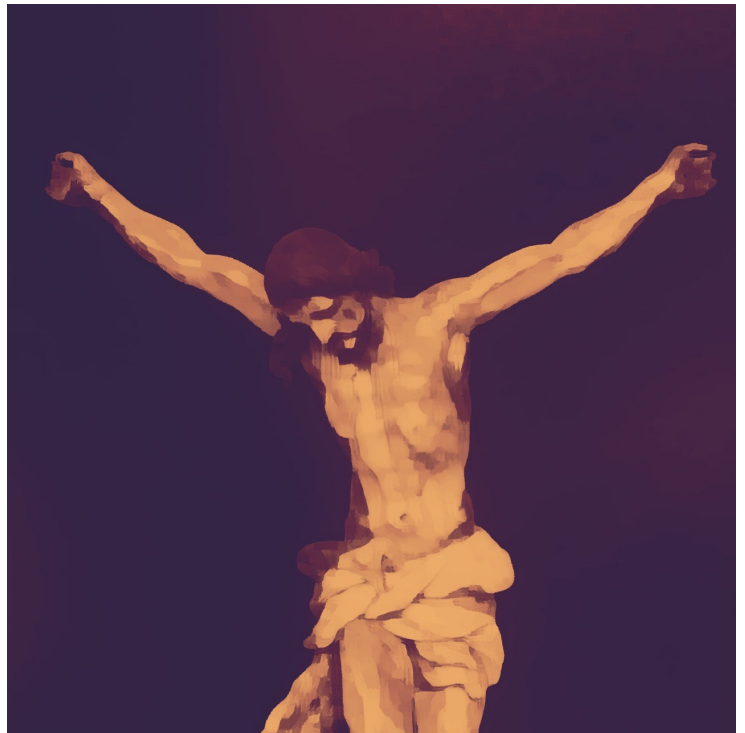
Invited

LENT 2024

SEASON IV—DISCIPLESHIP

Hello and welcome to Season Four of Invited, the Mission brought to you by the Catholic Diocese of Arundel & Brighton.

The Mission is being hosted to help all of us to **grow in faith**, with this season in particular being offered to help us grow as Disciples of Jesus by providing a **deeper level of formation** as well as some practical challenges along the way. Suitable for those who have already said yes to Jesus and are looking for concrete ways to **conform their lives more closely to Christ** (if you don't feel ready for that



yet, why not watch Season III? It will help you understand who Jesus is and just how much He loves you). We are joined this series by a collection of amazing Diocesan and Religious priests, who offer their insights into what it means to make Jesus the Lord of our lives, how **we the Church can be the beacon of light this world needs**, and also how we can be transformed by all that Mother Church has to offer.

These resources are designed to supplement the films being hosted on the Diocesan website (www.abdiocese.org.uk/invited) whether you are accessing them as an individual, or watching them as part of a small group in your Parish or at home.

There are five weeks of this Invited season, to coincide with Lent, and these resources will help you to pray and reflect on what the speakers say to us in the films.

To make the most of these resources, **we recommend you use a journal** to make notes on what you hear, and what these things make you think and feel. Use this journal to help you pray, speak to God about your reactions and how you might be challenged by them. Ask Him to pour out His unending grace upon you, that you might experience His love ever more deeply, and that you will grow in love for Him in return.

How do I use these resources?

Each week the resources will be divided into five sections:



Prepare – these films are not a regular TV programme; they are an opportunity to encounter the Lord, so we offer some advice each week on how to be ready for that encounter.



Watch – Films are available on our website www.abdiocese.org.uk/invited our YouTube channel www.youtube.com/AandBcommunications and available for download on our Vimeo page www.vimeo.com/arundelandbrighton



Reflect – You will be given questions that you can discuss as a group or think about on your own. Pause the video to reflect.



Listen – Allow your heart and mind to be lifted towards heaven with our music recommendations. You may want to find the track before you start. You have a choice this season, to suit your music preference.



Pray – A short prayer is provided to draw each week's resources to a close, but please spend as much or as little time in prayer as is right for you.



EPISODE 1: CENTRE

How do we make Jesus the Lord of our Lives?



Prepare

Pause for a moment, contemplating that fact that you are always in God's presence.

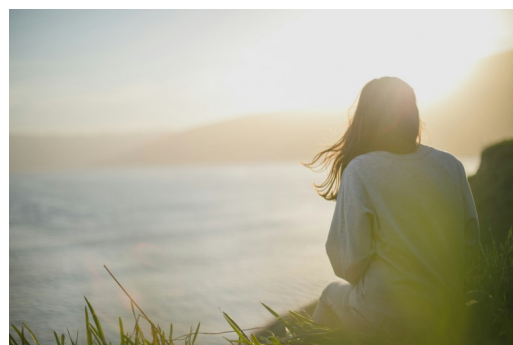
Take a deep breath in, reminding yourself that it is God's breath in your lungs.

As you breathe out, offer Him all the cares and worries that may distract you from this time with Him.

Now begin by making the sign of the cross, remembering that there is power in the name of the Father, and of the Son and the Holy Spirit.

If you would like to, you can say the Invited Prayer:

Lord, the God who Invites. You constantly call us into a deeper relationship with you. May we, and all the people of our Diocese, grow in openness to the power of the Holy Spirit, so that by your grace, we may be renewed to become powerful witnesses of your hope and love to all around us, for you are Lord for ever and ever. Amen



Watch

In today's film, we will be looking at how we welcome Christ into our lives, coming face to face with our King, with our Lord, our brother and with our friend.

As we reflect on our relationship with Christ, we will be reminded of the choices that we make and how they impact on this unique and awesome relationship, so that we are ready to follow Him in the Lenten procession to the Cross.

We are going to meet Fr Toby from the Dominican Order who will share with us a wonderful couple of reflections that will challenge us in our thoughts, question our own focuses and passions, and remind us of the choices that we are free to make and their impact.

Press play on Invited Season 4 Episode 1 and **make a note of any particular words or phrases that strike you in a journal.**

Films available on our website www.abdiocese.org.uk/invited our YouTube channel www.youtube.com/AandBcommunications and available for download on our Vimeo page www.vimeo.com/arundelandbrighton



Reflect 1

The first half of Fr Toby's talk is incredibly thought provoking. Exploring the meaning behind our relationship with Jesus, helping us to see the glory and primacy of Christ our King. Fr Toby brings so many points for us to take to prayer and reflection through the week ahead.

It creates a glorious opportunity for us to see Christ by looking at ourselves, by looking at ourselves with honest and also loving eyes. Fr Toby helps us to comprehend the differences between what we believe is important versus what is truly important in our lives and our faith. Fr Toby encourages us to overcome the challenges and the deceptions of worldliness and to embrace an experience built on truth and love.

It can lead us to wonder, what does freedom mean to us and what role does Christ play in bringing true freedom into our lives? We are continuously faced with choices every moment of our lives and Fr Toby brings us a beautiful and challenging framework to make those choices within, the framework that is Jesus - in all His humanity, in all His divine glory and in His love and service of all.

Here are the questions posed during the first half of the film that you might want to spend some time considering:

- 1. What do I worship, what do I love, what do I give my freedom to?**
 - 2. If someone looked at my life, my conversations, my thoughts, what would they think I worship?**
 - 3. What does God know I worship?**
-



Reflect 2

What a beautiful second half! Fr Toby continued to remind us so prophetically about the glamour and distraction of the modern world and the reality that we have choices to make in our lives.

It is certainly an eye opener when Fr Toby reminds us that we risk becoming addicted to mobile phones, social media, emails, and the magpie-like shiny attractions of "stuff" that is all around us. All of which is battling for our attention, our children and our grandchildren's attention and potentially our soul's. We might find ourselves wondering how much time we give to things through the day, the amount of time invested in trivial things versus the amount of time we spend with our Lord - a very humbling experience.

One particular phrase that might have struck you was "Living as a Christian, and **loving as a Christian**, helps us to see things differently", perhaps this is something that we can all take to prayer through the week ahead.

Here are the remaining questions for you to ponder:

- 1. What in my life distracts me from worship? Do I need to offer these distractions to the Lord, or should I try to remove them from my life?**
- 2. When and where might I try rejection therapy?**



Take some time to recentre yourself, knowing that God is with you, then prayerfully listen to one of these pieces of music

[Our God Is Here \(Chris Muglia\) w/Lyrics \(youtube.com\)](#) <<< Click here or search online

[King Of My Heart - \[Lyric Video\] Kutless \(youtube.com\)](#) <<< Click here or search online



Pray

Take a moment to offer thanks for the time of formation you have experienced today, the more we contemplate Christ, the more we are formed in his image and likeness.

Offer Him all that you have struggled with, and know that He is with you in everything. Give Him praise for everything that that has affirmed and strengthened you.

Lord Jesus,

Show us how to live in a place where we are aware of our constant communion with You. As Your brothers and sisters, we humbly come before You, where we are able to rest in Your eternal embrace.

Lord Jesus, I hand over my heart to You. Search me and know me, show me anything in my life that is keeping me from being as close as I can be with You.

Anything I am hanging on to that belongs to You, anything that I have willingly allowed into my life that is not pleasing to You I lay at the foot of the cross.

I surrender all to You Lord Jesus.

Amen



With huge thanks to Fr Toby Lees who is a Dominican Friar and Priest. He was a lawyer for seven years before ditching the city suit for the white habit. Since joining the Dominicans he has studied in Cambridge, Oxford, and Rome, and more recently worked as a university chaplain at KCL, a hospital chaplain during COVID, and now works full-time as Priest Director of Radio Maria England. He is trying not to take this too personally as a statement that 'you have a face for radio'. He loves reading, long-distance pilgrimages on foot (longest so far 1,100 miles), old pubs, cricket, rugby, and football.



EPISODE 2: RENEWAL

How do we become missionary disciples?



Prepare

Pause for a moment, contemplating that fact that you are always in God's presence.

Take a deep breath in, reminding yourself that it is God's breath in your lungs.

As you breathe out, offer him all the cares and worries that may distract you from this time with Him.

Now begin by making the sign of the cross, remembering that there is hope in the name of the Father, and of the Son and the Holy Spirit.



If you would like to, you can say the Invited Prayer:

Lord, the God who Invites. You constantly call us into a deeper relationship with you. May we, and all the people of our Diocese, grow in openness to the power of the Holy Spirit, so that by your grace, we may be renewed to become powerful witnesses of your hope and love to all around us, for you are Lord for ever and ever. Amen

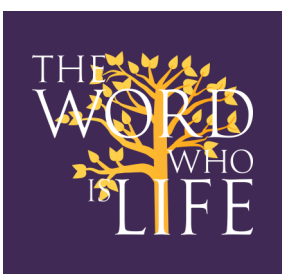


Watch

Today we explore how the Church lives its mission in the times we live in. This is an era of renewal, both in our Diocese and in the worldwide Church. Fr Kieron O'Brien helps us explore a vision of a Church emboldened to face the challenges of modern society. Jesus is inspiring us to change and we are invited to be part of that change.

Press Play on Invited Season 4 Episode 2 and **make a note of any particular words or phrases that strike you in a journal.**

Films available on our website www.abdiocese.org.uk/invited our YouTube channel www.youtube.com/AandBcommunications and available for download on our Vimeo page www.vimeo.com/arundelandbrighton



To supplement this session, you may want to read the Diocesan Pastoral Plan which will help you to understand how we as a Diocese are becoming 'fit for mission' by updating our structures for a new era of apostolic mission www.abdiocese.org.uk/diocese/pastoral-plan



Reflect 1

In part one, Fr Kieron invites us to reflect on the Gospel story of Jesus clearing the temple and to consider it as a parable for our Church today. As a Church, we have to face the challenges of a post-Christendom and secularised society with radical and innovative ways of renewal. Can we 'sing a new song' that chimes with the past, but offers a new melody for our present and future?

During this time of Lenten reflection and renewal:

1. Do I recognise that the Church must 'Sing a new song'?

2. What do I think needs to be cleared out of the 'temple,' in my own life and in the way we are Church?



Reflect 2

In the second part, Fr Kieron shares his experiences of ministry in different settings and how he has faced change in the way people engage in the Church. Some of our assumptions in the way people live their faith need to be challenged and new ways of engagement developed. Fr Kieron reminds us that we have to bear in mind the 'complexity and fragility of people's lives and faith journeys.' We are challenged to embrace a new way of 'being' Church, moving away from a consumerist model to a body of intentional disciples where all are welcome and everybody brings their gifts for the benefit of the community.

Here are the remaining questions from the film:

1. Are we guilty of making assumptions as a Church community?

2. How can we become a community where all are welcome to 'join in the dance'?

3. Fr Kieron's talk reflects many of the themes we find in the recently launched Pastoral Plan. How do you feel called to contribute to the new Diocesan vision?

"I therefore take this opportunity to invite everyone in the Diocese – lay faithful and religious, deacons and priests – to join with me in forging our parishes into communities of saints, into strong, lively and welcoming schools of discipleship. May they be communities where the Lord is known and loved; where the liturgy is experienced as an encounter with the wonder of heaven; where daily prayer is a natural part of life; communities of healing, where all are welcomed, their dignity as children of God always recognised; where young people grow in deep love for the Gospel, for the sacramental life of the Church and for prayer; where all know the riches of the Faith and seek to share it with others"

Bishop Richard, The Word Who is Life 2024



Take some time to recentre yourself, knowing that God is with you, then prayerfully listen to this joy filled and upbeat piece of music

[Build Your Kingdom Here - Rend Collective | LYRIC VIDEO \(youtube.com\)](#) <<< Click here or search online



Take a moment to offer thanks for the time of formation you have experienced today, the more we reflect on Christ, the more we are formed in his image and likeness.

Offer Him any challenges that you have struggled with, trusting that He is with you in everything. Give Him glory for everything that that has uplifted and encouraged you.

Lord Jesus,

We thank you for our communities, for their diversity and for the many vocations and gifts that people are blessed with.

Keep us ever mindful of those on the margins of faith and those struggling in their daily lives; inspire us to always make all those seeking your Word welcome, to make our Churches places of love and mercy, so that we may best build your Kingdom in this place.

We make this prayer through Christ our Lord,

Amen.



With thanks to Canon Kieron O'Brien who was ordained a priest in 1987.

He spent some time as Curate in West Byfleet, he also acted as Secretary to Bishop (later cardinal) Cormac and was resident at the Venerable English College in Rome.

He spent 5 years as a Parish Priest in Crawley, 12 years in Chichester and is currently in East Brighton. Alongside his role as Parish Priest to this wonderful community, he is the Episcopal Vicar for Formation and for the Pastoral Plan, as well as Clergy Advisor for Safeguarding and a Trustee of Diocese.

His hobbies & interests include skiing and cycling, and has been known to cycle all the way to Lourdes!



EPISODE 3: COMMUNITY

What is the Church and how do we fit in?



Prepare

Pause for a moment, contemplating that fact that you are always in God's presence.

Take a deep breath in, reminding yourself that it is God's breath in your lungs.

As you breathe out, offer Him all the cares and worries that may distract you from this time with Him.

Now begin by making the sign of the cross, remembering that there is grace in the name of the Father, and of the Son and the Holy Spirit.

If you would like to, you can say the Invited Prayer:

Lord, the God who Invites. You constantly call us into a deeper relationship with you. May we, and all the people of our Diocese, grow in openness to the power of the Holy Spirit, so that by your grace, we may be renewed to become powerful witnesses of your hope and love to all around us, for you are Lord for ever and ever. Amen



Watch

In episode 3 Fr Thomas skilfully guides us through his reflections on Ecclesiology, what it means to be Church. He describes the fundamental unity that binds us together as a Church – that membership given to us at the moment of our Baptism and he reminds us that this can never be undone. He highlights the importance of our Church community as a family where each is known, loved and has value. He asks us to consider the issue of our relationship with Church – how do we see ourselves in this body, what do we bring and offers us the challenge of taking our responsibility to enable the Church to grow, mature and develop,



Press Play on Invited Season 4 Episode 3 and **make a note of any particular words or phrases that strike you in a journal.**

Films available on our website www.abdiocese.org.uk/invited our YouTube channel www.youtube.com/AandBcommunications and available for download on our Vimeo page www.vimeo.com/arundelandbrighton



Reflect 1

Fr Thomas asked us some challenging questions – As Tertullian says; are we known – visible in the world – because of the love we show each other? How does that manifest itself in our everyday lives. How do we demonstrate that love for each other and God's world.

How do we use the different gifts that we have been given to benefit the mystical body of Christ- His Church?

Fr Thomas describes the necessity of all gifts, not just the loud showy ones but the small quiet ones too. Do we know what our gifts are ? Take a moment to consider your gift? Is it possible you have overlooked it ? How can you nourish it for the benefit of the Church.

Here are the questions Fr Thomas poses for us to reflect on this Lent:

- 1. How does the Church help me to be a disciple of Jesus?**
 - 2. How do I help the Church in her mission to make disciples of all people?**
 - 3. Is there more that I could do to reach out to grow your Church?**
-



Reflect 2

In the second session Fr Thomas draws our attention to the physical structures of the Church and primarily the place of the Pope and the Clergy. He reminds us that Christ is the only head of the Church – he rules it invisibly but the place of the Pope is vital as he guides it and us as its manifestation, visibly. He offers us some documents to consider which may help our understanding of these structures: Lumen Gentium [Lumen gentium \(vatican.va\)](https://www.vatican.va/archive/other圣文/EN/lumen_gentium/lumen_gentium.html) and Mystici Corporis Christi. [Mystici Corporis Christi \(June 29, 1943\) | PIUS XII \(vatican.va\)](https://www.vatican.va/archive/other圣文/EN/mystici_corporis_christi/mystici_corporis_christi.html)

He asks us to consider the statement from the Gospel of St John: "I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing. What does remaining in Him mean? What fruit can we bring?

Fr Thomas suggested the following questions to think about:

- 1. How does God want us to behave as his people?**
- 2. How will I help people come to understand and love the Church more?**
- 3. How do I speak about the Church in my daily life?**





Take some time to recentre yourself, knowing that God is with you, then prayerfully listen to one of these pieces of music

[All Are Welcome \(youtube.com\)](#) <<< Click here or search online

[Kari Jobe - Heal Our Land \(Lyric Video\) \(youtube.com\)](#) <<< Click here or search online



Pray

Take a moment to offer thanks for the time of formation you have experienced today, the more we learn about Christ, the more we are formed in his image and likeness.

Offer Him anything that you found difficult today, and give Him glory for everything that that has inspired and encouraged you.

Lord Jesus,

We give you thanks for the gift of your Church. Send your blessings on your chosen leader Pope Frances and help us to open our ears to his wisdom. Enable us to feel more confident to offer our gifts and talents for the mission of evangelising the world,

We ask this through Christ Our Lord

Amen



With thanks to Fr Thomas Mannion OP. Born on the Wirral, he felt called to the priesthood at an early age. Before joining the Order, he was employed in the Archdiocese of Westminster as a Catechetical and Youth Coordinator. Whilst studying Theology at Heythrop College, University of London, he stumbled across the Dominican Sisters of Mary Mother of the Eucharist which lead him to discover the Friars of the English Province on YouTube. He was ordained a priest in July last year. He enjoys ice skating, the history of the Papacy, and the writings of St. Thérèse of Lisieux.



EPISODE 4: RECONCILE

Understanding sin and God's saving grace



Prepare

Pause for a moment, contemplating that fact that you are always in God's presence.

Take a deep breath in, reminding yourself that it is God's breath in your lungs.

As you breathe out, offer Him all the cares and worries that may distract you from this time with Him.

Now begin by making the sign of the cross, remembering that there is healing in the name of the Father, and of the Son and the Holy Spirit.

If you would like to, you can say the Invited Prayer:

Lord, the God who Invites. You constantly call us into a deeper relationship with you. May we, and all the people of our Diocese, grow in openness to the power of the Holy Spirit, so that by your grace, we may be renewed to become powerful witnesses of your hope and love to all around us, for you are Lord for ever and ever. Amen



Watch

In this episode Fr Kevin helps unpack the wonderful gift of reconciliation and shares the peace and healing it can bring us.

Press Play on Invited Season 4 Episode 4 and **make a note of any particular words or phrases that strike you** in a journal.



Films available on our website www.abdiocese.org.uk/invited our YouTube channel www.youtube.com/AandBcommunications and available for download on our Vimeo page www.vimeo.com/arundelandbrighton



Reflect 1 In this part Fr Kevin explores the background of the sacrament of confession, showing the very important link with the sacrament of baptism, where our sins are forgiven initially. Fr Kevin examines the biblical roots of sin and shows us the cure is Jesus, who gives us the great gift of forgiveness.

- 1. Does Fr Kevin's description of sin, as dis-ease, resonate with you?**
 - 2. Pope Francis encourages us to be always merciful. Are there ways we can be more merciful as a community within our locality?**
-



Reflect 2

Fr Kevin clearly explains how the Church is a place of healing, as the sacrament of reconciliation always brings us healing. In the gospels, Jesus knows our need for the healing of the wounds in our lives and Jesus, as our divine healer and doctor, always accompanies physical healing with the forgiveness of sins. Fr Kevin reminds us the beautiful truth that Jesus looks into our hearts and sees our deepest needs and the wounds of sin in our lives. He reminds us never to doubt the amazing reality of God's love for us. Fr Kevin reminds us that our role is to respond to this great love and move away from sin to new life in Jesus.

- 1. What is my response to God's love for me?**
 - 2. What struck you about the story of the young man's experience of the Sacrament?**
-



Reflect 3

In the final part Fr Kevin encourages us to come and speak to Jesus through the ministry of the priest in the sacrament of reconciliation. As he points out in this beautiful sacrament, God is inviting us to receive His healing and peace and the strength to change our lives. It doesn't matter how long it has been since our last confession, Fr Kevin reminds us each day is a new opportunity to come to the sacrament of reconciliation and receive the healing of our hearts and souls. As he points out, we receive such joy and freedom in this life - giving sacrament.

- 1. Has your attitude to sin, an examination of conscience and confession been changed today?**
- 2. Is there someone you wish could experience God's merciful love through Reconciliation? How would you explain the beauty of the Sacrament to them?**



Take some time to recentre yourself, knowing that God is with you, then prayerfully listen to one of these pieces of music

[You Have Redeemed My Soul \(Psalm 107\) - Enter the Worship Circle \(youtube.com\)](#) <<< Click here or search online

[If We're Honest \[Lyric Video\] - Francesca Battistelli \(youtube.com\)](#) <<< Click here or search online



Pray

Take a moment to offer thanks for the time of formation you have experienced today, the more we learn about Christ, the more we are formed in his image and likeness.

Offer the Lord anything that challenged you today, and give Him thanks and praise for all that has helped you to grow nearer to Him.

Heavenly Father, thank you for your generous gift of the sacrament of reconciliation which brings us so much peace and healing.

Help us to make use of this wonderful gift, always turning to You, who know the depths of our hearts and our wounds. May we celebrate the sacrament of reconciliation as often as we are able and gain the strength and healing to live new lives, full of faith, hope and love, carrying out Your Divine Will always.

Amen.



Thanks to Fr Kevin Dring has been a priest of the Diocese for 30 years and worked in various parishes, including 3 years as a missionary in the Peruvian Andes. He has been the Vocations Director and taught for a number of years in the seminary, training our future priests. He is currently parish priest in Eastbourne and always love the challenges and variety of parish life. A big and exciting challenge is always looking for new ways to share the joy and hope of the Gospel with those who do not yet know Christ or who have stopped practising their faith - everyone who wishes to do so should feel they have a place within the family of the Church!

You are encouraged to access the Sacrament of Reconciliation this Lent. Check your Parish newsletter to see if there are any Reconciliation service taking place, or simply attend one of the regular times when it is available.



EPISODE 5: SUMMIT

Enter into the Paschal Mystery this Holy Week



Prepare Pause for a moment, contemplating that fact that you are always in God's presence.

Take a deep breath in, reminding yourself that it is God's breath in your lungs.

As you breathe out, offer Him all the cares and worries that may distract you from this time with Him.

Now begin by making the sign of the cross, remembering that there is peace in the name of the Father, and of the Son and the Holy Spirit.

If you would like to, you can say the Invited Prayer:

Lord, the God who Invites. You constantly call us into a deeper relationship with you. May we, and all the people of our Diocese, grow in openness to the power of the Holy Spirit, so that by your grace, we may be renewed to become powerful witnesses of your hope and love to all around us, for you are Lord for ever and ever. Amen



Watch

Welcome to Episode 5 of Invited. This week our focus is on Holy Week.

We will hear Fr Gabriel talk about Holy Week and the richness of the Liturgies during this week and then the celebration of the Easter Liturgy.

Press Play on Invited Season 4 Episode 5 and make a note of any particular words or phrases that strike you in a journal.

Films available on our website

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and available for download on our Vimeo page www.vimeo.com/arundelandbrighton





Reflect 1

In this section we reflect on Lent being a time of Prayer, Fasting and Almsgiving. We focus on what happened on Palm Sunday and on Spy Wednesday. This is followed by the anointing of Jesus' feet at Bethany. Then we hear about the betrayal of Jesus by Judas. We hear how Peter says 'I will never betray you' yet goes on to do just that. We are encouraged to make Holy Week a time of quietness and preparation. We explore the Holy Week Liturgies including the Chrism Mass where the oils that we use in our sacraments are blessed by Bishop Richard. At this Mass all the priests renew their priestly promises

- 1. What memories do you have of Holy Weeks you have attended?**
 - 2. In what ways do I honour Jesus in my daily life?**
 - 3. Could I arrange to attend the Chrism Mass in Arundel this year? Who could I Invite to come with me?**
-



Reflect 2

In this section we focus on the Easter Triduum which is one celebration spread over three days. It starts with Holy Thursday with the Lord's Supper and is celebrated in the evening.

It is a celebration which remembers the Passover Meal - the meal which Jesus celebrated with His disciples. We also celebrate the institution of the Holy Eucharist. At The Lord's Supper we also celebrate Jesus washing the feet of His disciples. This Mass does not end in the usual way - the Blessed Sacrament is transferred to a place of repose, mirroring the movement of the apostles and Jesus to the Garden of Gethsemane. On Easter Saturday we celebrate with renewed appreciation and joy that Jesus is alive and that we are alive in Him.

At this Liturgy there is the lighting of the Paschal Candle and a blessing of the water in the font for Baptisms. All the people gathered are invited to renew their Baptismal promises.

All those who are being baptised have water poured on their head are anointed with the oil of chrism.

- 1. Has this exploration of the Triduum lead you to a greater understanding of the beauty of the Triduum as one event and does it change how you will approach it this year?**
- 2. How might you explain the Triduum to a newcomer?**



Listen

Take some time to recentre yourself, knowing that God is with you, then prayerfully listen to one of these pieces of music

[Trust in the Lord by Roc O'Connor - Saint Louis Jesuits - with lyrics \(youtube.com\)](#) <<< Click here or search online

[Phil Wickham - Living Hope \(Lyrics\) \(youtube.com\)](#) <<< Click here or search online



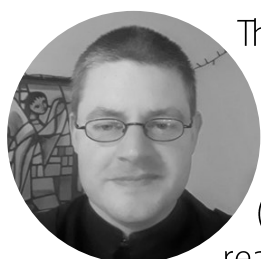
Pray

Take a moment to offer thanks for the time of formation you have experienced today, the more we learn about Christ and his Church, the more we are formed in his image and likeness.

Offer the Lord anything that you have had to wrestle with, and give Him thanks and praise for all that has helped you to grow in understanding of Him.

Lord Jesus,

We give thanks to God for the gift of our faith and our Parish Communities. We pray for those who do not yet follow Jesus, that through prayer and accompaniment they may come to know Him. We give thanks for the Gospels that teach us about Jesus and how we can become more like Him by following his way. We ask the Holy Spirit to empower us in spreading the Good News so more people come to believe in Jesus. We give thanks for knowing that God our Father will always welcome us back when we have strayed.
Amen



Thanks to Fr Gabriel Dobson OSB was born in Edinburgh the second eldest of 7, growing up in Buxton in the peak district. His was a practicing catholic family and he served in the local parish. He grew up going to Worth for Easters and retreats through what is now the LCSB (Lay Community of St Benedict). He went to university in Aberdeen to read Computer Science with a specialisation in AI. He joined the monastery in May 2005 shortly after his 24th birthday. I was ordained to the priesthood in 2015. Growing up his sport was Fencing. He has been enjoying a slight change in ministry for last couple of years as part of the Worth Abbey 'Monks in Brighton' team.

Don't forget to lookout for a special Easter message from Bishop Richard appearing on our website on Easter Sunday. If you would like to receive it directly into your inbox you can [sign up for it here](#) <<< Click link