



PARISH FAMILY GROUPS



**Our Parish
Community**

A family for all

Do you enjoy getting together with like-minded people?

Would you like to get to know your fellow parishoners that little bit better?

Parish Family Groups groups have been running across the Diocese for about four years, creating a sense of family togetherness within our parishes by offering oportunities to spend time with like-minded people, celebrate the gifts the Lord has given to us, and deepen our faith through mutual support, help and enouragement.

What are Parish Family Groups (PFGs)?

Pope Francis described the Parish as a “family made up of families”. Parish Family groups are a way of bringing parish members together by spending time together outside of Mass – building friendships, stengthening support networks, and enriching our parish communities.

How do Parish Family Groups work?

PFGs usually include around 20 parishioners of all ages and backgrounds (some groups are larger, some are slightly smaller) with the shared aim of getting together on a regular basis for simple activities such as: going for a walk, meeting for a coffee or a drink, sharing a picnic, watching a film. It is this coming toghether that builds friendship and community.

Do I need to be part of a family to be a member? I live on my own.

The term 'Family Group' reflects Pope Francis' assertion that our parish is a family. Everyone is welcome including those who live alone, couples and people with young children. Everyone is part of our Parish Family.

Who leads or runs these groups?

Our Marriage and Family Life team can help your parish to establish a group initially, providing ongoing advice and support via email and telephone until the parish feels comfortable to run the Group themselves. As part of this process we will establish a leadership team from within the parish, who can then take the movement forward.

How do I get involved?

Your church community may already have a Parish Family Groups up and running. If you are not sure please contact your parish office. If you do not yet have a Group and would like to start one our Marriage and Family Life Project Officer can advise and support you.

To find out more please contact:

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