



THE CATHOLIC DIOCESE OF  
ARUNDEL & BRIGHTON  
EDUCATION SERVICE



# RAINBOWS: FACILITATOR TRAINING

## VIDEO CONFERENCE (2hrs)

**Tuesday 15th September 2020  
10.00 - 12.00**

This course will provide an in depth understanding of how bereavement and loss can impact the mental health and well-being of young people. Participants will have a full understanding of the requirements needed to run a Rainbows/Spectrum group in a school setting and how facilitating these groups can contribute significantly to the positive mental health and well-being of pupils / students.

### **Target Audience:**

Headteachers, Senior Leaders, Governors, RE Coordinators, PSHE Coordinators, Chaplains.

**Course Leader:** Sarah Feist,  
Primary Adviser: RE and Catholic Ethos

**Cost: £20**

**Please note: new Diocesan website is currently under construction.**

**To book a place on the tutorial please contact:**

**Claire Martin  
CPD Administrator**

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