



THE CATHOLIC DIOCESE OF
ARUNDEL & BRIGHTON
EDUCATION SERVICE



PROMOTING POSITIVE MENTAL HEALTH AND WELLBEING IN SCHOOL SETTINGS

VIDEO CONFERENCE (2hrs)

Tuesday 15th September 2020
14.00 - 16.00

Participants will understand factors that affect wellbeing and learn how to promote positive mental health and wellbeing for all pupils/students. Participants will receive strategies and resources to support positive mental health and wellbeing in their own school settings.

Target Audience:

Headteachers, Senior Leaders, Governors, RE Coordinators, PSHE Coordinators, Chaplains.

Course Leader:

Sarah Feist,
Primary Adviser: RE and Catholic Ethos

Cost: £20

Please note: new Diocesan website is currently under construction.

To book a place on the tutorial please contact:

Claire Martin
CPD Administrator

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