



ADVENTURE ACADEMY



# A LIFE OF ADVENTURE STARTS HERE

A local initiative to introduce  
more people aged 8 to 18 to  
adventure sports and the great  
outdoors in the Yorkshire Dales

# ABOUT THE ADVENTURE ACADEMY



Photo: Nick Pope



Photo: Dave Ryall

## OUR MISSION

- To provide local people aged from 8-18 an easy and affordable route into adventure activities such as caving, rock climbing and mountain navigation
- To provide a pathway for young people to progress from beginner, to advanced, to instructor
- To build young peoples resilience and develop teamwork and leadership skills

## WHAT WE OFFER

- Tuition from experienced, qualified guides with extensive knowledge and outdoor expertise
- Superb training facilities including an indoor climbing wall and vertical caving and ropework platform
- Safety equipment/clothing are provided
- Opportunities for those seeking a career in the outdoors to gain experience and logged hours required for NGB and other qualifications

# ACTIVITIES & SKILLS

## CAVING & CLIMBING

**Discover a hidden underworld beneath the Yorkshire Dales, and learn to climb and love the amazing limestone rock that makes the Dales so unique.**

Our indoor training facilities means you can practice and advance your skills year-round, so one day you too can abseil beside stunning waterfalls.



## TEAMWORK



**Research shows the outdoors provides the perfect environment for developing confidence, teamwork and communication skills.**

Outdoor adventure is a great way to boost young people's physical and mental wellbeing whilst sharing unforgettable experiences and making new friends.

No matter what your career path, get ahead and stand out to future employers with this invaluable experience which will be great for your CV!

# LEARNING FOR LIFE

## MOUNTAIN & CAVE SAFETY

**Learn the skills and techniques needed to stay safe on the hills and underground so you can enjoy the great outdoors to it's fullest.**

You will learn survival, rescue and basic first aid skills from experienced rescue personnel, so you can keep yourself and others out of trouble.



## NAVIGATION & ORIENTEERING

**Effective navigation, route finding and map reading are central to outdoor pursuits, and a key goal of the Adventure Academy is to develop these skills with fun sessions led by our experienced guides.**



Sessions will include on and off site activities with games and navigation exercises.

Our navigation and orienteering sessions cater for a wide range of

ages, abilities and experience levels.

# FIND OUT MORE

In addition to regular evening and weekend sessions, the Adventure Academy will be running free taster sessions showcasing a selection of the activities on offer. The scheme will be subsidised so money will not be a barrier.

**For more details & prices:**

**visit [yorkshiredalesguides.co.uk/academy](http://yorkshiredalesguides.co.uk/academy)**

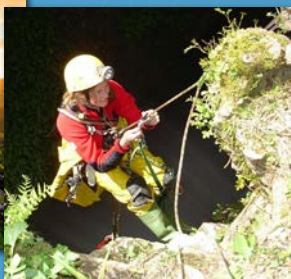
**e-mail [info@yorkshiredalesguides.co.uk](mailto:info@yorkshiredalesguides.co.uk)**

**or call 01729 824455**

This project is part of Stories in Stone, a scheme of conservation and community projects concentrated on the Ingleborough area. The scheme was developed by the Ingleborough Dales Landscape Partnership, led by Yorkshire Dales Millennium Trust, and supported by the National Lottery Heritage Fund.



## EDUCATION & CONSERVATION



**We love the Yorkshire Dales and are passionate about conserving it for future generations.**

A key goal of the Adventure Academy is to reinforce the importance of protecting our local area and give people a broader understanding to help them better preserve wildlife, geology and wild places in the Dales.



# ABOUT YORKSHIRE DALES GUIDES

Established in 1991, Yorkshire Dales Guides are an outdoor activity specialist who work with individuals, families, large parties and school groups.

Between them Directors Steph, Mike and Paul have over 90 years experience in outdoor pursuits and have been privileged enough to be the first human beings to lay their footprints in some incredible places. They can help you get there too!



STEPH



MIKE



PAUL

## FACILITIES FOR ALL SEASONS

Our indoor training facility is set up for teaching rock climbing, all levels of caving and also for team building activities and events year-round, come rain or shine.



To find out more about the  
Adventure Academy e-mail  
[info@yorkshiredalesguides.co.uk](mailto:info@yorkshiredalesguides.co.uk)  
or call 01729 824455



**Yorkshire Dales Guides**

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