



ROMMIE BUHLER

INTUITIVE INTERSPECIES COMMUNICATION CASE STUDY

ELLIOT | PERFORMANCE HORSE

6 YEAR OLD THOROUGHBRED GELDING

2023 International Multispecies Methods Research Symposium: Intuitive Interspecies Communication

AT A GLANCE

CHALLENGES

- Lead up to the Case.
- Intuitive Interspecies Communication (IIC) Session and Findings.
- Outcome of the Case.
- Challenges and Takeaways.
- Client's Perspective.



For the past 10 years I have been practicing animal communication, animal energy healing, intuitive tracking and medical intuition professionally. I live on the east coast of Australia and practice globally through remote means.

While I communicate with all animals and nature on a personal level, from a professional point of view, the three main animals that I work with are *horses*, *dogs* and *cats*. I cover a wide variety of concerns for living and passed animals with the three main problem areas (of living animals) being *nutrition*, *anxiety* and *pain*.

ROMMIE BUHLER

PREAMBLE

*Information from my case study horse (Elliot) was shared to me using the intuitive senses of vision, sound, feeling and knowing. Vision I see subjectively as running video or images being impressed in my mind's eye. Sounds and words I hear in my inner ear. The sense of knowing I feel predominately in my solar plexus and heart area. The feeling senses are located in my body where the animal feels it in theirs. Throughout I have used italics to highlight the specific sense I received this information.**

LEAD UP TO THE CASE

I had commenced a week long, online training on 3 October 2022 and very early in the morning (3-4am) of 6 October I was awoken with a sense of agitation from an animal. I *knew* and *saw* in my mind's eye a horse with chestnut colourings. I also *knew* this horse that needed to speak with their person was related to someone in the training group I was meeting with. I felt this was related to the host of the training, although I didn't offer that information at the time of consulting with the group.

At a morning meeting I mentioned to the group that there was a horse that needed to get a message to someone on this call. This was the host as I had sensed and he contacted me afterwards indicating that this sounded like his partner.

Justine, Elliot's owner and rider had been feeling intense energy from one of her horses



who had been test ridden the day prior with the view to being rehomed. I didn't *feel* the horse that came through to me that morning was this particular horse, but rather Elliot (who was quite new to Justine, having only arrived in her care in July 2022).

I communicated with both, but when I came to Elliot I instantly *knew* he was the horse connecting with me earlier that morning.

This was the initial connection with Elliot (and Justine) and when he started acting out a few months later Justine scheduled a session with me on 18 January 2023.

This case study is from my notes, a part video, messages between myself and Justine and my recollection of the conversation.

INTUITIVE INTERSPECIES COMMUNICATION (IIC) SESSION WITH ELLIOT

On 13 January 2023 Justine contacted me to schedule a session for Elliot as she was concerned about his health and behaviour. She came to me with these questions:

- Why was he nipping her when putting on his saddle?
- He won't move forward. Why?
- Does he have ulcers?
- He is struggling to put on weight, why and what can be done about that?

ACTION PLAN TO THIS POINT

Justine thought the behaviour may have been gut or ulcer related and had been treating Elliot holistically for ulcers. She had both his jumping and dressage saddles professionally refit and he had received bodywork the week before. While uncertain, Justine thought there may be weakness in the sacroiliac joints and he may need a chiropractor.

At the time, a vet had been booked for Thursday, 19 January 2023 post animal communication session and a chiropractor had been booked for the following week.

THE INTUITIVE INTERSPECIES COMMUNICATION SESSION AND FINDINGS

- When I initially connected with Elliot I set out to intuitively scan his body, I took him through my intuitive x-ray machine. This is where I (intuitively) stand him under an x-ray light, walk him into a room where I pick up items or services that will help him (I was shown a farrier, saddle, bit and chiropractor at this point). From here we come to a large screen where I then ask to be shown the most important problem first.
- I was shown by *know*, *feel* and *vision* that Elliot was extremely stressed, miserable, erratic, frustrated and bordering on depression. I am *shown* this through a running video screen in my mind's eye together with the *knowing* and *feeling* senses. I *knew* he was in a great deal of pain. My symbol for pain is to *feel* in my own body, hot, sweaty, uncomfortable, irritable and in this instance I was blowing air out of my nose with force.
- I *knew* he did not want to be ridden and needed help.
- Elliot was very protective of his poll area (my memory is that I was shown as a still image the poll area very inflamed and I could *feel* C1/C2 were extremely painful). When I (intuitively) worked my 'fingers' over his skull and down his spine, Elliot would not intuitively allow me to touch his poll- he kept pulling away and blocking me in a way that I couldn't (intuitively) touch his vertebra. I was physically, but intuitively pushed about 3 or 4 inches away. This sensation was like two magnets repelling each other. I *felt* his poll area very hot to the touch and I felt and *knew* there was extreme pain and discomfort here. I *saw* and *felt* in my own body that he was bracing his entire head, left side neck and shoulders. At this point, I knew that he needed a chiropractic adjustment and *heard* the word chiropractor in my inner ear.
- I *knew* I needed to work my way down his spine and *felt* and *saw* the withers to be extremely painful, swollen and inflamed.



Moving further along, I felt the lumbar/sacroiliac area was very uncomfortable and painful and I *saw* and *knew* Elliot to be out of alignment.

- Justine wanted me to look at two saddles, the dressage and show jumping saddles as she had just had them refit. Elliot had healing sores either side of the spine and in the girth area which she felt had been caused by poor saddle fit.
- Three things came out of this from Elliot's perspective:
 - The original show jumping saddle did not fit and it was causing extreme pain for Elliot.
 - His reaction/language to Justine was nipping her when she put it on.
 - This saddle had also been fit with memory foam which he showed me through *feeling*, his internal body temperature was so hot it I *felt* like he was cooking inside. I also *knew* that this stopped him being able to regulate his core temperature causing great discomfort not just physically, but also mentally.
- When I intuitively *looked* at the original show jumping saddle, I asked him to show me through a running video screen in my mind's eye, with them on and being ridden in a walk, trot and canter. I asked to *show* me from the left side, right side, rear and front so I could see and *feel* how he felt and moved. I *saw* that he did not want to go into a trot in this saddle and that his left hind was locking up. I am *shown* the saddle pushing into his left shoulder and the withers I *knew* and *felt* was incredibly painful with this pain transferring down into the left shoulder.
- I was *shown* at this time in images that the girth was slipping and wasn't tight enough. We looked at both a leather and woollen girth. I *saw* and *heard* the words with the leather one that it was

slipping. The woollen girth was comfortable, but it needed to be tighter. When I view this, I am shown as an *image* the horse with the leather girth from the side and then I *see* and *feel* the girth slip.

- While I didn't see that he currently had ulcers that needed attention, I could see that he had had ulcers. I was shown this as an image of the inside of his stomach with what I *knew* were healed ulcers.
- The final area of concern for Justine was Elliot's farrier work which she didn't think was right. When I looked at him walking, I was shown through a *running video* in my mind's eye, his front two heels hitting the ground first and then lifting up into the front of his hoof in an awkward, uncomfortable two beat clunky movement. This movement appeared *visually* exaggerated, which I believe was for my ease of understanding. I was shown through an *image* and *knowing*, the farrier had not completed this job effectively. Justine had been given the name of a new farrier who came highly recommended- I *heard* the word "magician" and *felt/knew* he would be worth pursuing.
- Elliot told me through *words* and *feeling* in my body that being floated/trailer was very tiring, that he had to brace and hold himself very rigid to keep weaknesses and pain contained. I *knew* this was very painful from the jarring vibration of the road.

OUTCOME OF THE CASE

- After our session Justine rescheduled the vet and arranged for the Chiropractor to come out the following day.
- Elliot received an adjustment and during that session the Chiropractor found extreme tenderness in the lower lumbar area and the left side of the poll. I received a photo of the poll validating the pain he was showing me in this area and illustrating why he wouldn't let me intuitively touch his vertebra.

Image of poll prior to Chiropractic treatment over page.





- By the end of the treatment, the spasms in his back had completely disappeared and Elliot was visibly calmer and happier.
- The new farrier found the shoe size was one size too small and out of alignment by 1cm. This has been corrected.
- The saddle pads were found to be extremely hot and have been changed out for a natural fibre - wool.
- The jump saddle has been completely refit and Elliot has stopped nipping, is noticeably more affectionate, visibly very happy and has put weight back on.
- Elliot was scoped by the vet for ulcers and aside from a small laceration, his stomach was clear and healthy.
- Justine was extremely happy to know how Elliot felt and what she could do to help him. At the end of this session she said she had already intuited many of these things herself, but she didn't trust she wasn't making it up. I believe the more she has communication sessions to validate her own intuition, the more she will trust her own ability to instigate care plans for her animals.
- This session also gave Justine a feeling of control over her course of action and she was able to arrange, with confidence, the people she felt most able to help Elliot.
- When I connect with Elliot sometime after the chiropractic and farrier treatment (9 February 2023), I *see* and *hear* him singing and trotting with lightness and ease. I *feel* his happiness and relief from pain.

Elliot's Geographical Location

Yandina, Queensland, Australia.

My Geographical Location

My physical location is approximately 100km from Elliot. A photo was uploaded to me prior to our session being conducted on Zoom.



Note swelling and alignment on left side.

Obtaining consent from Elliot.

I asked Elliot through transference of *words* if it would be okay to speak with him. I also *asked* him if it would be okay to intuitively enter his body so I could *feel* what he felt to understand best course of action for Justine to help him with his pain and behavioural issues. While I *felt* he was cautious (he hesitated in his response) he consented with *words*.

As soon as consent was given, I immediately received a general impression of his current state. I see him through a running video screen in my mind's eye, (distressed) winny-ing, big wild eyes and pulling away. I *feel* extreme pain and I'm intuitively red hot in my own body which to me is symbolic and indicates levels of pain = extreme.

How did Elliot share information?

Most of this information was a mix of knowing, hearing, seeing and feeling. Often with 2 senses at the same time, for example, I feel and know or see and know or hear and know. The sense of knowing was a strong backup to the other sense.





How did I conduct the communication?

I would both ask questions and be intuitively guided as to where to look in the body and/or what to ask. I mostly spoke out loud so Justine would know what I was working on. I also brought up and shared my screen with Justine an image of a horse skeleton as I worked through the various body parts.

I shared this information with Justine through conversation on Zoom and she also recorded the session.

Ethics and Professionalism

Professionalism, integrity and maintaining high standards are an important aspect to my work and, as best as possible, I ensure my choice of words are appropriate so as not to create fear, panic or frustration. I am very aware of my knowledge and limitations and that I am not a vet. I never claim to know more than I do and I do not dismiss veterinary care as a course of care.

I work in a very pragmatic and semi-structured way with the view to give practical information. The suggested professions (eg Chiropractor, Farrier) seen to be the most helpful to Elliot are openly discussed.

CHALLENGES & TAKEAWAYS

My general knowledge of horse anatomy and physiology will always impede the meaning of and interpretation of information. The more I learn and know, the more I am able to be shown in a way I understand. Continued learning is key for greater accuracy and understanding.

Knowing the right or better questions to ask to get to the bottom of a problem can be a problem, particularly when something is being shown to you that you don't understand.

I can see this being a valuable partnership working with a vet as they have more detailed and specific knowledge on the physical body, but they don't have all the answers and (generally) they don't have the mental and emotional diagnostic skills in my opinion, which have a great effect on the physical body.

Animal communicators working in veterinary clinics and working with anyone in the animal profession (eg wildlife handlers, K9 behaviourists, conservations, etc) I believe would be complementary and of enormous value. I believe this would give a more complete view of the physical and psychological problems that arise with all animals.

Clarity and accuracy in communication sessions will always be a challenge as information is open to interpretation, information is shown based on your degree of knowledge and understanding which will always be incomplete.

CLIENT'S PERSPECTIVE

10 February 2022

I first noticed the behaviour when his rug was being put back on the first day I rode him at the previous owner's property.

He had quite severe rubbing in parts from being rugged too heavily so I think the nipping was him trying to let us know. He also had saddle sores and friction marks from an ill-fitting saddle.

He then proceeded to nip more and more until he was full on biting, I thought it was feed related seeing as the saddle had been professionally fitted!

Rommie also advised that the feed is fine and I could increase it. My boy is relaxed and putting on weight now that he is healthy and happy!

We wanted to understand where the behaviour was coming from and it was clearly addressed.

What was absolutely unbelievable though was that the session wasn't focussed only on what had caused the pain, Rommie was shown items that I hadn't even thought about right from the beginning of the session: the bit, saddle pads, saddle, farrier, chiropractor.

The saddle and chiro were the key pieces as it was the saddle causing the back pain, causing the nipping/bucking/canter outbursts. The chiro



that Rommie suggested was the key to fix this, immediately he was blowing with relaxation.

Although the vet and coaches were saying he definitely seems like text book ulcers, Rommie was clear that it wasn't that. After getting him scoped, the Vet's feedback was "that is one of the best looking stomachs I have seen in a long time". No ulcers.

As a result of Rommie's guidance in the session, I changed the saddle pads, bit and farrier also and he has stopped hanging his mouth open, tripping and overheating!

These are the little things that add up to a happy horse, I wouldn't have known to address them had it not been for Rommie's unintended insights.

Elliot is now happier and goofier and more affectionate than ever.

I took away a deep understanding of my beautiful horse and what he had been trying to tell me for so long.

Our relationship has transformed, as has his health.

The nipping is decreasing as we stack positive experiences with the newly fitted saddle (it is simply a pain memory).

He is more affectionate than ever and he is putting on so much weight even though the feed has hardly changed. It was the pain keeping the weight off.

At 22 March 2023

Elliot is no longer nipping when the blankets and saddle are put on.

***Additional Note on How I Receive Information.**

When I initially connect with an animal I see them (eg Elliot) in my mind's eye and I get a sense of their energy, their essence, personality and current physical and psychological status. I believe that initial sense is from another source. When I ask Elliot a question, the energetic connection feels more solid and when I hear his answers I believe that information is coming from him.

At times there is an energy shift back to the way I initially sensed him which feels lighter and more distant, like Elliot has stepped to the side (yet is still there). I still see and feel him, but he is less connected to the response and more on the outskirts of my vision. For example, when I am scanning the body for pain or injury, etc while I am asking the animal to show me where XYZ problem is, that information feels like it is coming from another source as the energetic connection to the animal feels lighter and more in my periphery. I believe this other source to be my guides. I also ask for help from my guides or a specific guide when I am having trouble understanding something I'm being shown.

I am not always conscious of the source during a session, but the energy shift is the same with all communications where it has a higher density and strength when directly speaking with the animal and where it disconnects and lightens when working on body scanning or problem solving.

SHARING | PERMISSION

- Permission has been obtained to use both Elliot and his owner Justine's names in this case study.
- I give permission to download and share this work, giving credit to the author using the citation information provided.