

# PLACERITA CANYON TRAIL RUNS 2022

PRESENTED BY



KHRaces has been busy putting together this new course, and we're so excited to bring you the inaugural Placerita Canyon Trail Runs, taking place on some of the most beautiful trails of the north slope of the San Gabriel Mountains!



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## RACE DAY SCHEDULE

SATURDAY FEBRUARY 18

**6am:** Runners may start arriving for bib pickup.

**Please do not arrive before 6am.**

**7am:** All distances start

**2pm:** Race ends

## START LOCATION

East Walker Ranch Trailhead

**[Google Map Link – Click Here](#)**

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## PARKING

**On race morning pay special attention to my parking crew** with safety vests + big orange flags. They will direct you into a parking spot. Please do not arrive before 6 a.m. Parking is \$10. **PLEASE BRING EXACT CHANGE.**

Please download the GPX file to your watch or cell phone.

All runners will have until 1:45pm to finish (6.75 hours).

## 30K COURSE INFO

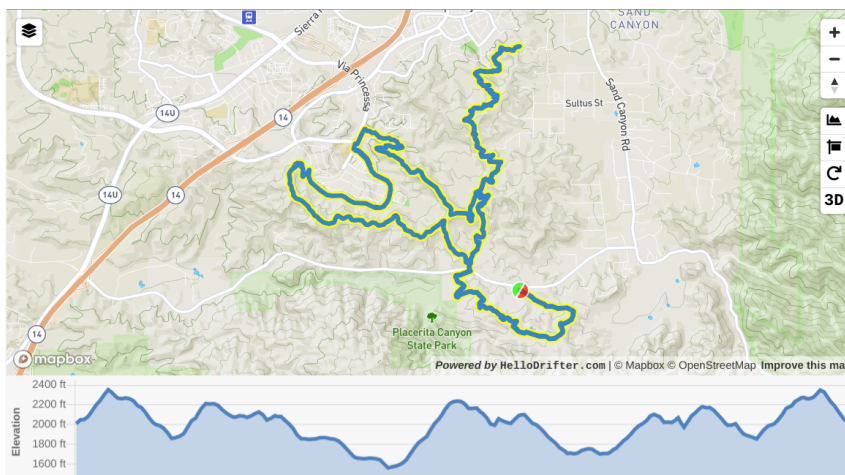
### [LINK TO MAP & ELEVATION PROFILE](#)

#### AID STATIONS – MILEAGE

- Walker Ranch #1: Mile 2.45
- Arboleda: Mile 7
- Sultus Trailhead: Mile 9.5
- Fair Oaks (Water Only): Mile 12
- Sultus Trailhead #2: Mile 14.2
- Walker Ranch #2: Mile 15.5

#### SULTUS TRAILHEAD #2 CUTOFF: 12:45pm

You will be pulled from the race if you miss this cutoff.

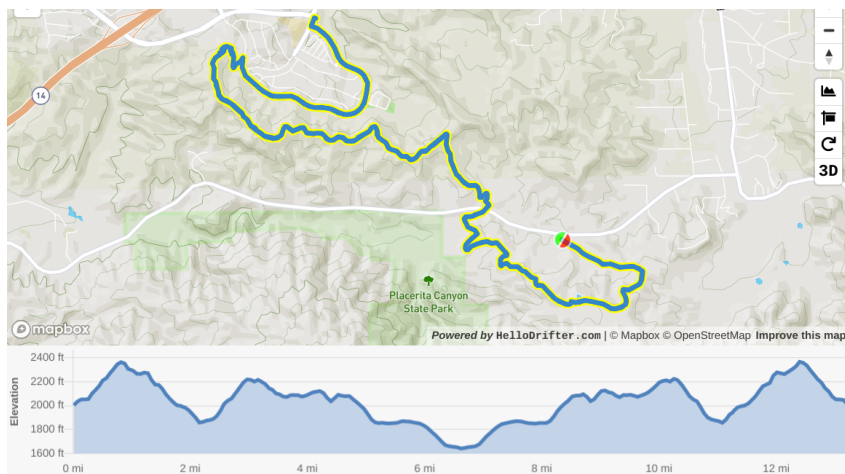


## 1/2 MARATHON COURSE

### [LINK TO MAP & ELEVATION PROFILE](#)

#### AID STATIONS – MILEAGE

- Walker Ranch #1: Mile 2.45
- Arboleda (Turnaround): Mile 7
- Walker Ranch #2: Mile 11.55

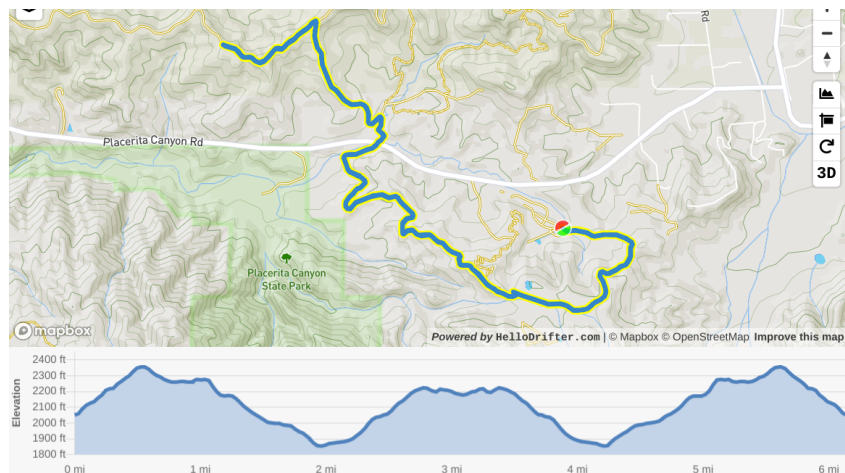


## 10K COURSE INFO

### [LINK TO MAP & ELEVATION PROFILE](#)

#### AID STATIONS – MILEAGE

- Walker Ranch #1: Mile 2.45
- Walker Ranch #2: Mile 4.25



# WHAT'S AT EACH AID STATION

- TONS of sweet and salty snacks
  - PB&J's, potatoes & fresh fruit
  - GU gels, GU roctane salt pills, GU roctane electrolyte, and Fluid Electrolyte
  - If it's hot, we'll have ice at aid stations.
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## FINISH LINE & POST-RACE INFO

### BRING A CHAIR AND HANG OUT!

I will provide you all with some yummy food and snacks. We are trying to be a plastic free race so please fill up your handhelds or own bottle from gallon jugs at the finish.

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## RULES + RESPONSIBILITIES

1. **NO LITTERING.** 99% of you would never think of it, but it must be said. DO NOT ever drop trash anywhere other than in a trash bag, at an aid station. If trash is seen on the trail, I could lose my permits!
2. **WE ARE CUP-LESS.** Please bring a reusable cup/hydration pack/bottle. Find them at local running stores & REI.
3. **BE NICE, BE KIND, OR BE CUT.** Be nice to each other, be nice to the volunteers, be nice to other trail users – or be disqualified. KHRaces does not tolerate abuse of any kind, to anyone.
4. **BE ON TIME.** We cannot allow runners to start the race late. Please arrive with enough time to get your bib, get settled and get to the start line on time. This is for your safety, and required for our permits.
5. **BE CLEAN.** Volunteers will use tongs to hand out snacks, etc. Runners must open & close their own packs/handhelds and volunteers will fill with whatever liquids you need.
6. **BE AWARE.** Music/headphones are OK, but keep the volume low & be aware of other runners & trail users.

### 7. HAVE FUN!



# RACE SPONSORS



## CAN'T GET ENOUGH?

Check out our other KHRaces!



February



February



March



April



April



May



June



October



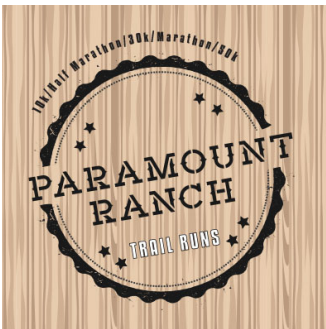
November



November



December



December