

### PRESENTED BY



Who's excited to race along the PCT for the 2024 Leona Divide? It's going to be an epic day on the trails! Please go through the below course info carefully.

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### RACE WEEKEND SCHEDULE

#### FRIDAY APRIL 19

OPTIONAL BIB PICKUP
3pm-6:30pm
The Lakes Community Center
Google Map Link
17520 Elizabeth Lake Rd
Lake Hughes, CA 93532

If you pick up Friday and won't be joining us at the start line, please email leonaracedirector@gmail.com and/or pennington.amanda@gmail.com to let us know. Thank you!

#### SATURDAY APRIL 20

**4:45am:** Runners can start arriving for bib pickup and check-in.
\*MAKE SURE TO HAVE DROP BAGS
TO CHECK-IN BY/BEFORE 5:30AM!

6am: 100K & 50 Mile

7am: 55k Start

### START LOCATION

<u>Lake Hughes Community Center+ Google Map Link</u>
17520 Elizabeth Lake Rd
<u>Lake Hughes, CA 93532</u>

### **PARKING**

On race morning pay special attention to my parking crew. They will have safety vests + big orange flags to direct you into a parking spot. Parking is free.

## **COURSE INFO - 100K**

### **GPX MAP LINK - CLICK HERE WSER Qualifier Cutoff: 16 Hours**

Aid Station Location	Mileage	Drop Bags	Crew	Pacers	Cutoff
San Fran Aid #1	Mile 7.5	Drop Bags	Crews OK	X	X
Spunky Edison Aid #1*	Mile 14	X	X	X	ABSOLUTELY NO DROPS HERE
Bouquet Aid Station #1	Mile 20	Drop Bags	X	X	X
Spunky Edison Aid #2*	Mile 26	Χ	X	X	7:30 PM - DROPPED TO 50 MILE
San Fran Aid #2	Mile 32.5	Drop Bags	Crews OK	Pacers	1:45 AM Sunday
Lake Hughes Aid #1	Mile 40	Drop Bags	Crews OK	Pacers	3:45 AM Sunday
Sawmill Road Aid	Mile 48	X	X	X	6:45 AM Sunday
Lake Hughes Aid #2	Mile 55.6	Drop Bags	Crews OK	Pacers	11:15 AM Sunday
Finish Line	Mile 62.2	Drop Bags			2:30 PM Sunday

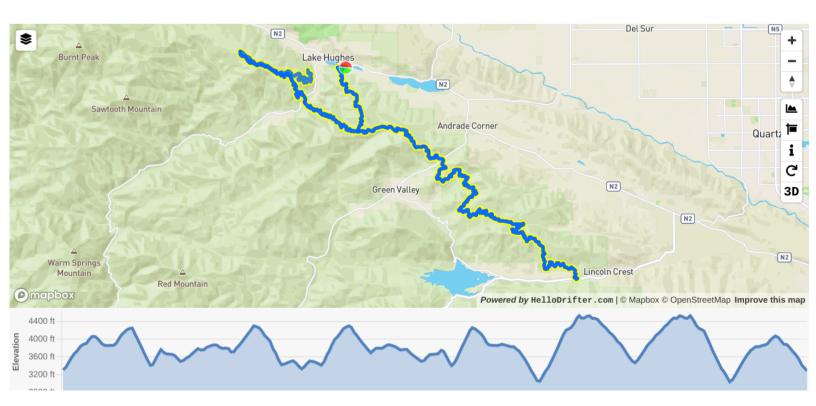
<sup>\*</sup>Spunky Edison is a Water/GU/Electrolyte Only Aid Station

Distances are approximate. Course is subject to change based on weather and trail conditions, permitting bodies and race director.

Pacers and crews are allowed at specific, designated aid stations only. Detailed driving instructions and map links available on page 5.

#### **DROP BAGS**

All drop bags should have your bib number prominently displayed on the outside. Please no coolers, glass or extra large bags/boxes. You're allowed one drop bag for each specific aid station where you'll want to see one. Drop bags will be transported by race staff/volunteers to designated locations. Drop bags must be securely closed for transport. Drop bags help runners who will not see crew. If you have a crew, please consider not having drop bags at those locations so volunteers are not burdened by unnecessary drop bags. We will have duct tape and sharpies for you to label at bib pickup, but anything you can do before is helpful to race staff and for your own peace of mind race morning.



## **COURSE INFO - 50 MILE**

### **GPX MAP LINK - CLICK HERE**

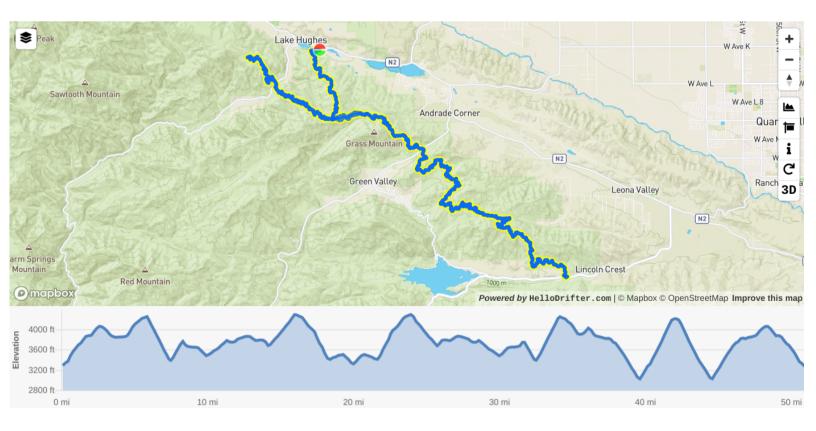
Aid Station Location	Mileage	Drop Bags	Crews	Pacers	Cutoff
San Fran Aid #1	Mile 7.5	Drop Bags	Crews OK	X	X
Spunky Edison Aid #1*	Mile 14	X	X	X	ABSOLUTELY NO DROPS HERE
Bouquet Aid Station #1	Mile 20	Drop Bags	X	X	X
Spunky Edison Aid #2*	Mile 26	X	X	X	7:30 PM - DROPPED TO 55k - HEAD BACK TO FINISH
San Fran Aid #2	Mile 32.5	Drop Bags	Crews OK	Pacers	1:45 AM Sunday
Lake Hughes Aid #1	Mile 40	Drop Bags	Crews OK	Pacers	3:45 AM Sunday
Lake Hughes Aid #2	Mile 44.5	Drop Bags	Crews OK	Pacers	6:45 AM Sunday
Finish Line	Mile 51.2	Drop Bags			2:30 PM Sunday

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## **COURSE INFO - 55K**

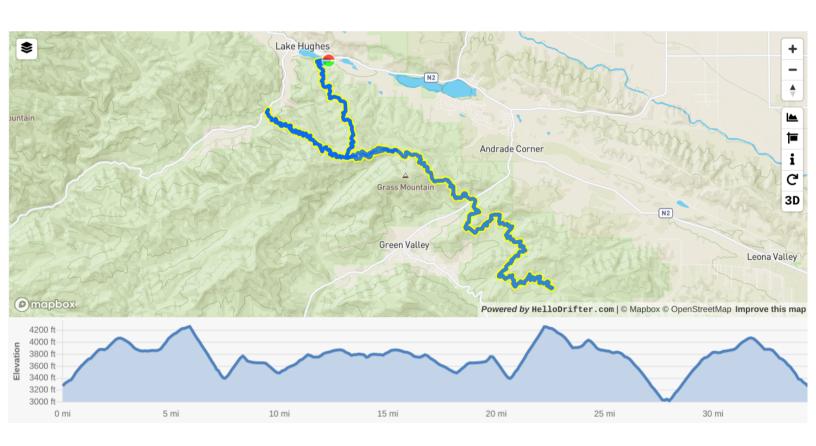
## **GPX MAP LINK - CLICK HERE**

Aid Station Location	Mileage	Cutoff
San Fran Aid #1	Mile 7.5	X
Spunky Edison Aid #1	Mile 14	ABSOLUTELY NO DROPS HERE
San Fran Aid #2	Mile 20.7	1:45 AM Sunday
Lake Hughes Aid #1	Mile 28	3:45 AM Sunday
Finish Line	Mile 34.6	2:30 PM Sunday

<sup>\*</sup>Spunky Edison is a Water/GU/Electrolyte Only Aid Station

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## No pacers or crews allowed



### PACERS/CREW/DROP BAG INFO - 100K & 50 Mile ONLY

Pacers and crews are allowed in specific aid stations listed below. It is a good idea to download maps on devices/phones, and have the route mapped out beforehand, as cell service in this area is spotty, at best, and nonexistent in most areas. Set yourself up for crew success!

NO CREWS ALLOWED AT BOUQUET CANYON ROAD UNDER ANY CIRCUMSTANCES.

### THE SAN FRAN ROAD AID STATION (MILE 7.5 & 32.5)

### **CLICK FOR GOOGLE MAP**

- This aid station is where the Pacific Crest Trail meets San Francisquito Road.
- DIRECTIONS FROM THE START LINE: Exit the Lake Hughes Community Center, and turn right
  on Elizabeth Lake Road. In 3.8 miles, you'll turn right to remain on Elizabeth Lake Road. In .8
  miles, turn right on San Francisquito Canyon Road. In 1.4 miles, the PCT meets the road. This
  is where the aid station location will be. Look for the portapotty.
- DIRECTIONS FROM 5 NORTH: Take the 5N and exit Newhall Ranch Road. Turn right. Follow
  this for about a mile until Copper Hill. Go left. Drive about 2 miles until you hit San
  Francisquito Road. Go left. Drive 19 miles (it's slow and curvy) and continue straight through
  Spunky Edison Road stop sign. In a mile the Pacific Crest Trail will be on your right, and this
  is where the aid station will be. Look for the porta potty.

### LAKE HUGHES ROAD AID STATION (MILE 39.75 & 55.5)

## **CLICK HERE FOR GOOGLE MAP**

- This aid station is where the Pacific Crest Trail meets Lake Hughes Road.
- DIRECTIONS FROM THE START LINE: Head out of the Lake Hughes Community Center. Turn left on Elizabeth Lake Road. In less than a mile, you'll turn left on Lake Hughes Road (Rte 7N09). The aid station will be set up on the right. Please drive carefully and watch for runners and hikers crossing the road.

### WHAT TO EXPECT AT AID STATIONS

- TONS of sweet and salty snacks
- PB&J's, potatoes & fresh fruit
- GU gels, GU roctane salt pills, GU roctane electrolyte, and Fluid Electrolyte
- Spunky Edison Aid Station will have only water, electrolyte and GU gels.

### FINISH LINE & POST-RACE INFO

#### BRING A CHAIR AND HANG OUT!

We will have some post-race food, and lots of snacks. We are trying to reduce our footprint, race so I will not have individual, single-use bottled waters. Please fill up your reusable bottle from my gallon jugs at the finish. Please bring a chair, and hang out. It will be lots of fun, and a beautiful day.

### **RULES + RESPONSIBILITIES**

- 1. **NO LITTERING.** 99% of you would never think of it, but it must be said. DO NOT ever drop trash anywhere other than in a trash bag, at an aid station. If trash is seen on the trail, I could lose permits!
- 2. **WE ARE CUP-LESS.** Please bring a reusable cup/hydration pack/bottle. Find them at your local running store, Amazon & REI.
- 3. **BE NICE**, **BE KIND**, **OR BE CUT**. Be nice to each other, be nice to the volunteers, be nice to other trail users or be disqualified. KHRaces does not tolerate abuse of any kind, to anyone. This includes crews!
- 4. **BE ON TIME.** We cannot allow runners to start the race late. Please arrive with enough time to get your bib, get settled and get to the start line on time. This is for your safety, and required by our permit.
- 5. **BE CLEAN.** Volunteers will use tongs to hand out snacks, etc. Runners must open & close their own packs/handhelds and volunteers will fill with whatever liquids you need.
- 6. **BE AWARE.** If you must, music/headphones are OK, but keep the volume low & be aware of guidance from aid station volunteers, other runners & trail users.
- 7. CREWS. Your crews are only allowed at the designed spots. Please one car per crew only! No pacers or crews allowed for 55k or 30k runners.
- 8. HAVE FUN!

## **LODGING INFO**

There are not any hotels or campsites right near the start/finish, but below are options that are 25-35 minutes away. You can also search hotels in Santa Clarita, Lancaster, Valencia and Palmdale. You can search homestay sites like AirBnb and VRBO for Lake Hughes, there may be limited options available.

HOTEL IDEAS (Google Map with nearby hotels/motels)

## **RACE SPONSORS**















# **CAN'T GET ENOUGH?**

So much fun to be had at KHRaces!



