



Beyond the  
Frontlines

# DONOR REPORT 2020



## **A Message From Kathy Thomas, Board Chair and President, and Pearl F. Veenema, Chief Executive Officer, Hamilton Health Sciences Foundation**

There are so many ways to describe this past year. Although “wonderful” hardly seems appropriate, the tremendous support of our donor community enabled Hamilton Health Sciences Foundation to finish the year having raised nearly \$19.5 million.

We are incredibly grateful to each and every one of our donors for standing behind us during this challenging time – a time when the importance of health and our health care system has never been more vital.

COVID-19 has impacted all of us in ways that we have yet to comprehend, but the remarkable generosity of the community was incredibly heartwarming. In the first wave we were immensely grateful for the financial donations, along with gifts of food and personal protective equipment. As the year went on and we “settled” into the realities of a steadily worsening global pandemic, your financial generosity and expressions of gratitude to the hospital teams were genuinely appreciated.

Every aspect of care at Hamilton Health Sciences has been impacted and we have seen many examples of remarkable commitment, sacrifice and innovation. Efforts to maintain scheduled care in the face of the unknown were herculean despite the inevitability of delays. Seemingly overnight, many in-person services transitioned to virtual care. Connecting patients and families virtually became critically important and 2020 will be forever synonymous with tablets and smartphones becoming essential clinical equipment.

Throughout this crisis, The Foundation continued its efforts to provide support in any way possible. The team was united in its desire to ensure we enabled vital patient care as we remained focused on our four pillars of support: purchasing equipment and patient amenities; funding redevelopment, even as projects slowed due to COVID-related construction delays; enabling research; and supporting clinical education. In 2020, we were honoured to disburse \$13.55 million toward these pillars.

There were celebrations of course – the remarkable gifts from Charles and Margaret Juravinski; the virtual opening of the Ron and Nancy Clark Stem Cell Transplantation and Cellular Therapies Unit; and the renewal of vital equipment for the Neonatal Intensive Care Unit.

The cumulative impact of donor support enabled the purchase of vital equipment, beyond the COVID-response, for those specialized programs that span clinical and research efforts at Hamilton Health Sciences.

The innovation demonstrated by Foundation staff was noteworthy as manual processes became automated, events transitioned to virtual experiences, donor meetings became virtual, and we produced an abundance of content – such as the *Innovations in Vital Care* webinar series – to ensure that our donor community learned about their ongoing impact, all while profiling various clinical programs and teams.



**Kathy Thomas**  
Board Chair & President



**Pearl F. Veenema, FAHP**  
Chief Executive Officer

Our board members, volunteers and staff were tireless in their efforts to serve our mission, and we are truly grateful for their commitment. The board sub-committees, particularly finance and investment, along with audit and risk, were highly engaged and provided continuous guidance and support. We would like to extend a welcome to John McKenzie as he joins our board.

We would also like to acknowledge Hamilton Health Sciences and Hamilton Health Sciences Volunteer Association for their continued collaboration.

Each year, we use this annual *Donor Report* to highlight the tremendous impact that donors have had. This year, we are also paying tribute to our colleagues at Hamilton Health Sciences. Their efforts to provide patient care in hospital, virtually and at several long-term care facilities throughout the community have been truly inspiring.

Thank you to our entire donor community for your trust and commitment. We are truly humbled and grateful for what we accomplished together.

## 2020 Highlights

- Disbursed \$13.55 million to Hamilton Health Sciences
- Celebrated the opening of the Ron and Nancy Clark Stem Cell Transplantation and Cellular Therapies Unit
- Celebrated two gifts from Margaret and Charles Juravinski for \$6.3 million shared amongst the three partner organizations in support of the Juravinski Research Institute
- Committed \$1.5 million from the proceeds of the *Winning Wednesdays 50/50 Staff Lottery* to purchase equipment
- Launched the community *50/50 Inspiration Lottery* and held two campaigns raising \$268,000
- Received \$100,000 gift match in support of the COVID-19 response at Hamilton General Hospital from the Gulshan & Pyrali G. Nanji Family Foundation
- Expanded corporate partner campaigns, through CMN/CCHF, contributed \$1.89 million for McMaster Children's Hospital, including welcoming Sobeys as a new partner



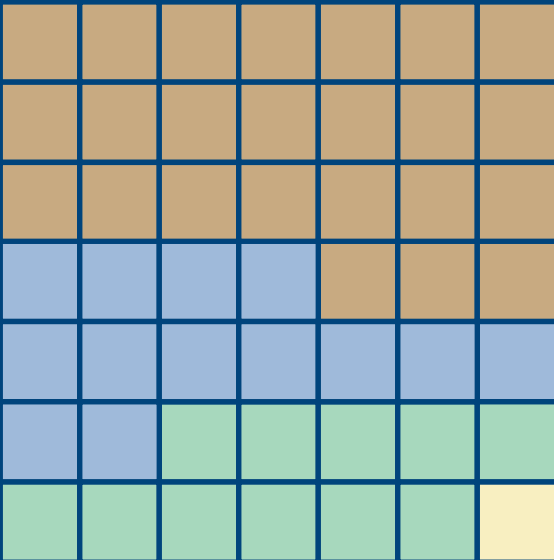
# 2020 CONSOLIDATED FINANCIALS

In 2020, Hamilton Health Sciences Foundation was pleased to disburse \$13.55 million to enrich patient care at Hamilton Health Sciences, bringing our five-year total to \$93 million.

We were honoured to have raised nearly \$19.5 million in 2020, and we were delighted to receive the tremendous support of our loyal donors along with the new donors who joined the Foundation family.

Each year, the balance between our four core pillars shifts based on single and multi-year commitments, and the highest-priority needs of the teams at Hamilton Health Sciences. Not surprisingly for 2020, nearly half of the funds disbursed supported equipment and patient amenities.

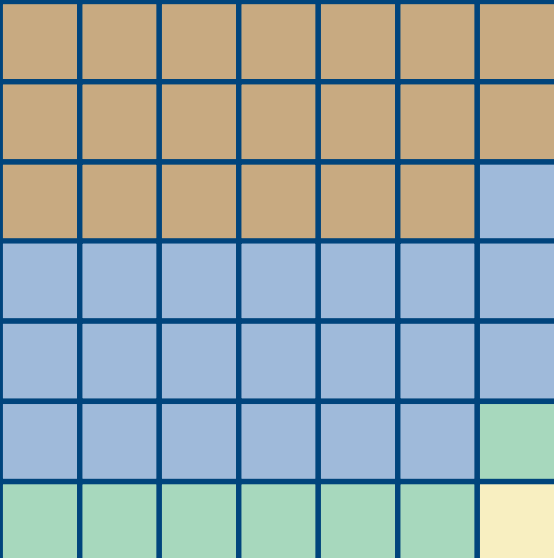
**\$13.55  
MILLION  
DISBURSED\***



49.1%	EQUIPMENT	\$6.65 Million
26.3%	REDEVELOPMENT	\$3.57 Million
22.5%	RESEARCH & FELLOWSHIPS	\$3.05 Million
2.1%	EDUCATION & BURSARIES	\$0.28 Million

## FIVE-YEAR DISBURSEMENTS TO HAMILTON HEALTH SCIENCES

**\$93 MILLION**



40.0%	EQUIPMENT	\$37.59 Million
42.0%	REDEVELOPMENT	\$38.85 Million
16.0%	RESEARCH & FELLOWSHIPS	\$14.72 Million
2.0%	EDUCATION & BURSARIES	\$1.84 Million

\*Our audited financial statements are available on our website or by contacting Sandra Wilson, Chief Operating Officer, at 905-521-2100 ext. 44385 or wilsonsan@hhsc.ca

# YOUR IMPACT BY THE NUMBERS\*

## SERVING A REGION WITH 2.3 MILLION PEOPLE



MORE THAN  
**936,000**

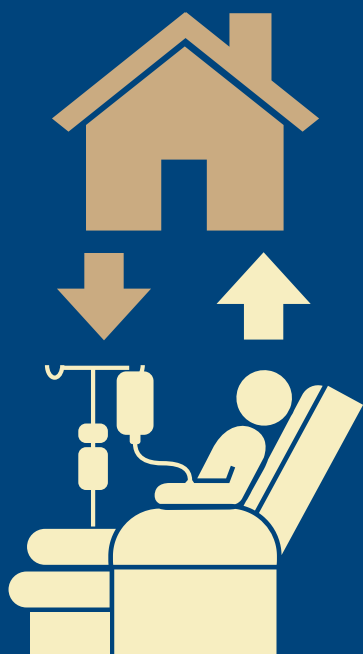
patient visits to  
Hamilton Health Sciences (HHS)

MORE THAN  
**230,000**

patient visits to McMaster Children's  
Hospital, including Ron Joyce  
Children's Health Centre

MORE THAN  
**210,000**

patient visits to  
Juravinski Cancer Centre



BY MORE THAN  
**26,000**

cancer patients

MORE THAN  
**172,000**

patients visits to HHS  
Emergency Departments

INCLUDING MORE THAN

**51,000**

at McMaster Children's Hospital





# A COMMUNITY OF CARING DURING THE COVID CRISIS

Throughout the pandemic, the dedicated teams at Hamilton Health Sciences have been demonstrating what true superheroes look like.

Since the first outbreak in 2020, health care workers on the frontlines and beyond continue putting their personal safety at risk to help others. Their solitary focus is ensuring the health of patients and the community at large, even in the face of fatigue and seemingly insurmountable odds.

## ADAPTING TO CHANGE

"We've been closely following the situation since December and planning initiatives for patient safety and infection control since January 2020," says Dr. Sarah Khan, Associate Medical Director in Infection Prevention and Control. "As we kept learning more about the virus and the situation evolved, we've had to evolve with it."

The use of PPE (personal protective equipment) such as masks, gloves, gowns and face shields quickly became a reality for health care workers. More frequent and deeper cleaning of all areas of the hospital was adopted, and restrictions on hospital visits helped reduce community spread.

Administration and staff at Hamilton Health Sciences were forced to pivot and adapt quickly in many different ways. The Acute Medicine Unit at Hamilton General Hospital was designated the COVID unit for Hamilton Health Sciences, and patients from the Regional Rehabilitation Centre were temporarily transferred to St. Peter's Hospital to optimize facilities and resources. A separate COVID unit was also established at Juravinski Hospital.

Adapting to the pandemic also required the reallocation of personnel to support frontline needs and creative uses of technology to meet ongoing patient needs virtually.









## VIRTUAL CARE

As the COVID crisis worsened, many patient appointments went online. Virtual care helped ensure the safety of patients and health care workers, increased the convenience for patients, and allowed the health care teams to offer reassurance and guidance during such unpredictable times.

“Virtual care benefits patients and families who have to travel or have difficulty coming to the hospital in person, and it allows vital care to continue,” says Lori Issenman, Director of Child & Youth Mental Health at McMaster Children’s Hospital. “With our program in particular, a number of new online resources were created for patients and families to access from home.”

Shelley Amodeo, a Registered Nurse in the Multiple Sclerosis (MS) Clinic at Hamilton General Hospital,

emphasizes the importance of virtual care to reduce the chances of viral spread.

“Using virtual care whenever possible helps to keep everyone safe, including patients and health care workers,” says Shelley. “In our clinic, going virtual resulted in minimal disruption to previously booked appointments.”

At St. Peter’s Hospital, Foundation-funded cell phones helped patients keep in touch with loved ones. With a stricter visitor policy in effect for infection control, the phones supported the mental health of inpatients by reducing feelings of isolation.

Whenever possible, cancer patients consulted with their health care teams at Juravinski Hospital and Cancer Centre virtually instead of visiting the site. With their immune systems already compromised, it was extremely important to minimize in-person contact.





## COMMUNITY SUPPORT

Hamilton Health Sciences is grateful for the amazing generosity of individuals and businesses in the community who have responded during this crisis and supported the tireless efforts of frontline workers.

Whether it was a gift of food for staff, PPE or a financial contribution to Hamilton Health Sciences Foundation, each and every demonstration of generosity was greatly appreciated. These donors were vital to making our communities healthier and safer for everyone.

Donations to our COVID fund helped purchase ventilators for the Intensive Care Unit (ICU), equipment like cardiac and vital signs monitors, and technology that allows clinicians to connect with patients virtually.

The Foundation also enabled the purchase of other equipment and program resources, including three ICU beds, nine ToFscan neuromuscular transmission monitors, and a SmartBoard license that allows team members to collaborate on treatment planning via interactive screens.



## ONWARD

The pandemic has served to remind us how fragile life can be, and how we as a community are truly dependent on each other to ensure our mutual well-being. This is especially true when it comes to health care and our

hospitals, which are dependent on the generous support of the donor community. Donors like you help to ensure that the health care teams have the right tools, resources and environment to provide vital, life-altering care every day.







## Innovation in Cardiac Care

"I felt very weak all the time and had no energy," recalls Dave Whatmore of Oakville. "I'd be out of breath just climbing a flight of stairs or walking to the end of my driveway."

Dave was suffering from severe tricuspid regurgitation, a dangerous condition where the tricuspid heart valve doesn't close properly, allowing blood to flow backward into the heart. Traditionally, surgical repair of the tricuspid valve has been a difficult and high-risk operation.

Luckily, Dave was able to undergo a groundbreaking procedure at Hamilton General Hospital in August 2020 to repair his cardiac valve. The procedure is part of an international trial called TRILUMINATE, which is evaluating the procedure's effectiveness and safety. Participation in this trial is just one example of The General's national leadership in cardiac surgery.

Dave was the first patient in Canada to undergo this procedure, which utilized the state-of-the-art TriClip transcatheter tricuspid valve repair system.

The catheter is introduced through a small incision and the repair device is delivered to the heart through the femoral vein in the leg. The device clips together a portion of the valve's leaflets to reduce the backflow of blood.

Since no large incision is required with this non-invasive procedure, Dave's recovery was much faster than it would have been with traditional "open" surgery. Within a few days, he had regained strength and was able to walk to his neighbour's house for a visit.

"I feel 100 per cent better now," says Dave. "I'm so blessed that I could have the operation. The sky's the limit for me now."



## "Visionary" Assessment for Breast Cancer

You can't treat a disease you can't see, and this is particularly true with breast cancer. The ability to clearly visualize breast tissue during assessment is vital in terms of determining the existence of tumours, their exact location and the best course of treatment.

New Foundation-funded equipment at the CIBC Breast Assessment Centre at Juravinski Hospital and Cancer Centre is truly "visionary," giving the health care team a clearer look than ever before. This state-of-the-art system enables digital breast tomosynthesis (3D mammography) and contrast-enhanced mammography that enables detection of masses which may be missed by other diagnostic means.

Low-dose X-rays and a series of two-dimensional images are used to create a three-dimensional view of the breast's interior. This advanced technology provides the radiologist and surgeon with additional information that is used to determine the next steps for a patient with a breast concern.

"We feel enormously grateful to be supported by so many generous donors," says Kathleen Bell, Clinical Manager of the CIBC Breast Assessment Centre. "The positive impact of these new technologies was immediately felt by our patients, radiologists, surgeons, nurses and technologists."





## Hope and Healing for Blood Cancer Patients

"The cancer had returned. That was really hard to accept."

Alex Douglas was diagnosed with leukemia in 2017, which led to intensive chemotherapy at the local hospital in Kitchener. After treatment, he was cancer-free for more than two years.

"Then I relapsed in July 2020," explains Alex. "I had more chemo in Kitchener before being referred to Juravinski Hospital and Cancer Centre for a stem cell transplant."

A few days after the procedure, Alex was transferred from the C4 Hematology Ward to the Ron and

Nancy Clark Stem Cell Transplantation and Cellular Therapies Unit. He was the very first patient admitted to the new unit, which was named in honour of the Clarks for their generous support of patient care.

"It was great being able to recover in such an amazing new facility," says Alex. "I was discharged after 18 days, and testing shows no signs of cancer. The transplant was successful!"

Over the last five years, Juravinski Hospital and Cancer Centre has seen a significant increase in the number of stem cell transplants performed, and



# Ron and Nancy Clark Stem Cell Transplantation and Cellular Therapies Unit



**TOMORROW'S  
STEMS FROM YOU** THANK YOU TO OUR DONORS

<p><b>\$10,000 - \$24,999</b></p> <p>Dr. [Name] and [Name] for their generous donation to the [Name] Foundation.</p> <p>Dr. [Name] and [Name] for their generous donation to the [Name] Foundation.</p> <p>Dr. [Name] and [Name] for their generous donation to the [Name] Foundation.</p>	<p><b>\$25,000 - \$49,999</b></p> <p>Dr. [Name] and [Name] for their generous donation to the [Name] Foundation.</p> <p>Dr. [Name] and [Name] for their generous donation to the [Name] Foundation.</p> <p>Dr. [Name] and [Name] for their generous donation to the [Name] Foundation.</p>	<p><b>\$50,000 - \$249,999</b></p> <p>Dr. [Name] and [Name] for their generous donation to the [Name] Foundation.</p> <p>Dr. [Name] and [Name] for their generous donation to the [Name] Foundation.</p> <p>Dr. [Name] and [Name] for their generous donation to the [Name] Foundation.</p>
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IT'S VITAL TO CARE™

the new unit is enabling treatment for growing patient volumes.

The unit also provides CAR T-cell therapy, which is a groundbreaking new form of cellular therapy. In 2020, Juravinski Hospital and Cancer Centre became the first hospital in Ontario to provide CAR T-cell therapy as a standard option for patients with lymphoma, and the first in Canada to provide this therapy on an outpatient basis.

"I'll always be grateful for the care I've received," says Alex. "The doctors, nurses and staff made a huge difference in my life."

*Jessica Rebeiro, Nurse Practitioner, was granted the very first Ron & Nancy Clark Nurse Practitioner Fellowship in Hematology.*









## Precious First Days: Baby Joaquin's Journey in the NICU

Jasmine's blood pressure was abnormally high when she was diagnosed with preeclampsia, a pregnancy complication that hampered the delivery of oxygen and nutrients to her unborn baby.

In April 2020, Jasmine underwent an emergency C-section at McMaster University Medical Centre. Baby Joaquin, who weighed only 750 grams, was born more than 12 weeks early. He was transferred to the Neonatal Intensive Care Unit (NICU) at McMaster Children's Hospital, which is located just down the hall.

"Joaquin needed a lot of breathing support because his lungs were underdeveloped," explains Jasmine. "He also suffered from pneumonia and necrotizing enterocolitis (NEC), which affected his digestion."

Luckily, Joaquin's condition stabilized, and his care continues under the watchful eye of the dedicated team at McMaster Children's Hospital.

"Joaquin probably wouldn't be alive if it wasn't for the team and the equipment in the NICU," says Jasmine.

Contributions from numerous donors funded the purchase of critical equipment, including two cardiorespiratory monitors, 15 incubators, 10 ventilators, 10 monitors and probes, two cerebral function monitors, two cooling -and-warming machines and 10 syringe feeding pumps.

"Every day, we are thankful to have Joaquin in our lives. You just have to look at his amazing smile to realize how special he is. Thank you for your support."

*Proceeds from LCBO's The Season of Giving Back campaign are enhancing patient care across McMaster Children's Hospital, including the NICU. Funding has supported the purchase of state-of-the-art incubator beds and the redevelopment of Care by Parent rooms.*



## Giving the Gift of Food Security

Knowing where your next meal is coming from is a privilege that not everyone can take for granted. This is a major concern for the *Hospital2Home* team at Hamilton Health Sciences, which is comprised of health professionals who work closely with vulnerable patients to develop coordinated care plans based on their specific needs identified at home.

Many of these patients have chronic health conditions and living situations that inhibit their access to regular, nutritious meals. Healthy nutrition is a key factor to maintaining good health and helping to control various medical conditions, and that's one way the *Hospital2Home* team can help.

Thanks to a gift of \$46,350 from the Lewis and Ruth Sherman Foundation, patients who are identified as lacking food security are benefitting from the delivery of fresh and frozen meals from local community businesses. This includes such generous community partners as The Burnt Tongue, Charred, Zarky's Fine Foods and Meals on Wheels.

"It's rewarding that we can offer this wonderful gift of food to so many patients from Hamilton and Niagara North West who struggle to make ends meet every month," says Jana Cochrane, Manager of Community and Population Health Services.



## A Message from Hamilton Health Sciences Board Chair, Charles Criminisi and President and CEO, Rob MacIsaac

**Charles Criminisi**  
Board Chair  
Hamilton Health Sciences



**Rob MacIsaac**  
President & CEO  
Hamilton Health Sciences

This past year, Hamilton Health Sciences made important contributions to the pandemic response in the province and region we serve, while implementing significant changes to our operations designed to keep our workforce, patients and community safe. This included providing leadership at local, regional and provincial levels; sharing expertise to support infection control; rapidly expanding acute care capacity; creating transitional care beds in the community; supporting long-term care homes and other congregate care settings; and providing leadership to establish COVID assessment centres and vaccine dissemination.

Thank you for your contributions and collaboration during this extraordinary time. Through your generosity, you helped to expand our capacity to deliver care for patients in our community and across our region. Our teams worked diligently to respond to the pandemic by growing virtual care options, providing safe care in our facilities and collaborating with partners to support care in the community.

We are excited about the many improvements to our hospital and innovations that are having a positive impact on the care we provide and the patient experience at Hamilton Health Sciences. We maintained progress on transformation projects that are essential to our future, such as the multi-year effort to renew our hospital information system, which will enable significant advancements for patient care and how we serve our communities.

We are proud of our team for their courage and tenacity this past year and grateful for your generosity and the vital support you provide.

## REMEMBERING DAVID BRALEY

The community lost one of its most dedicated philanthropists when David Braley passed away in October 2020 at the age of 79.

“While Mr. Braley was a giant in the world of Canadian business and sports, he was also legendary for his philanthropic leadership,” says Pearl F. Veenema, Chief Executive Officer of Hamilton Health Sciences Foundation.

Many buildings throughout the region carry Mr. Braley’s name, including the David Braley Cardiac, Vascular and Stroke Research Institute at Hamilton General Hospital, named in recognition of his transformational \$10-million gift.

While he will be missed, his true legacy lies in the tremendous impact he has had on people’s lives through his philanthropy. That legacy will live on and inspire others long into the future.





## Giving Back is the Best Birthday Gift of All

COVID-19 turned so many aspects of our lives upside down. One thing remained constant though – the commitment of philanthropists Charles and Margaret Juravinski to supporting excellence in health care research.

In 2019, the couple created an endowment estimated at more than \$100 million to support collaborative research across Hamilton Health Sciences, McMaster University and St. Joseph's Healthcare Hamilton. Their estate commitment remains one of Canada's largest ever planned gifts and established the Juravinski Research Institute.

During the peak of the pandemic's first wave, Charles and Margaret announced a generous gift of \$3.3 million to accelerate research related to COVID-19 and brain health as part of the newly formed Institute.

In fall 2020, Charles celebrated his 91st birthday, and the Juravinskis chose to make another gift to commemorate this milestone – a new investment of \$3 million to once again support research through the Juravinski Research Institute.

Three additional COVID-19-related projects are being supported as part of the 2020 funding, including research into saliva-based testing, the creation of tools to help public health units and retirement homes protect their patients, and a study of how virtual care can help vulnerable seniors during the pandemic.

"Margaret and I don't really need anything for our birthdays," says Charles. "Instead, what would give us the most joy is to see our donations making a difference right now by supporting the bright, talented research community that calls Hamilton home. We also hope that our gifts inspire others to leave a legacy."



## Saved from Stroke: A Patient's Commitment to Give Back

"I was paralyzed on the right side of my body and I couldn't speak."

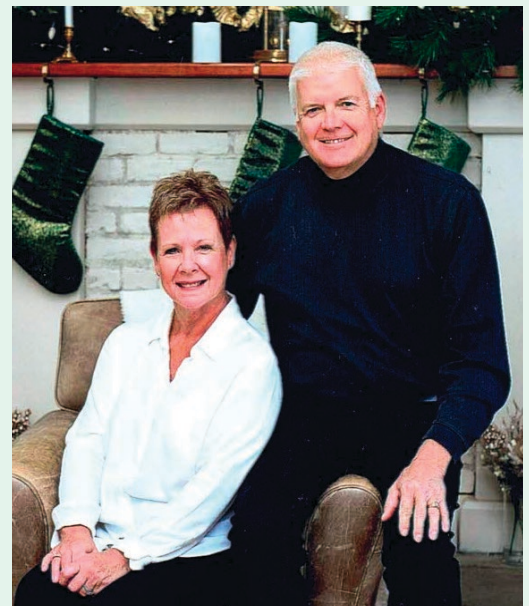
Mary Brenzil of York will never forget the day she suffered a stroke in 2012. Luckily, Mary recovered quickly without the need for surgery and she soon regained her speech with the help of a speech therapist.

"I'll always remember the extraordinary care I received from everyone at Hamilton General Hospital," recalls Mary. "Shortly after my stroke, I made my first donation to the Foundation in support of the Stroke Program."

Mary and her husband Rick have been regular donors ever since. In 2020, the Brenzils made a generous donation of \$26,000, which brought their total support of Hamilton Health Sciences Foundation to \$100,000.

These funds enabled the purchase of a state-of-the-art ultrasound machine, which is a valuable diagnostic tool that helps the stroke team locate and visualize blockages in blood vessels.

"The Stroke Program is very dear to our hearts," says Mary. "It's fabulous knowing that we can help other patients and families with our gift."







## Five Years of *Enabling Dreams*

"Thanks to the amazing care we receive at Ron Joyce Children's Health Centre, Dylan can pursue his dreams and be the best he can be," says Denise from Hamilton, whose son regularly visits Ron Joyce Children's Health Centre.

She is grateful for the specialized services available to Dylan after he lost his left leg below the knee, and her sentiments are echoed by many others. Ron Joyce Children's Health Centre has earned a special place in the hearts of the nearly 75,000 individual patients who made nearly 290,000 visits to this remarkable facility since 2015.

When Ron Joyce Children's Health Centre first opened, it launched an exciting new chapter in care for children and youth at Hamilton Health Sciences. Construction began in May 2014 and clinics opened in November 2015.

Since opening, multidisciplinary teams in the Autism Spectrum Disorder Program, the ArcelorMittal Dofasco Child and

Youth Outpatient Mental Health Program, the Developmental Pediatrics and Rehabilitation Program, and the Prosthetics and Orthotics Program have provided specialized outpatient care for children and youth in a state-of-the-art facility that was purpose-built for their needs.

As the pandemic raged on, the teams at the Centre moved forward with a hybrid model of care encompassing virtual and in-person services. The safety of patients, families and health care workers remains a top priority during the COVID crisis.

Thank you to the late Ron Joyce, The Joyce Family Foundation and the other generous donors who supported the *Enabling Dreams* campaign.

As we celebrate the first five years of Ron Joyce Children's Health Centre, we look forward to what the next five years will bring – and beyond.



## Healthy Mind and Body: Creating a Family of Support

When it comes to supporting pediatric health, the well-being of both mind and body go hand in hand. With COVID-19 creating so much uncertainty in our lives, there has never been a better time to focus on pediatric mental health.

In 2020, Sobeys Inc. and The Sobey Foundation announced a national partnership with Canada's Children's Hospital Foundations (CCHF) on a new program called *A Family of Support: Child and Youth Mental Health Initiative*.

At McMaster Children's Hospital, *A Family of Support* is funding a project called Intervening in the Acute Management for Suicidal Adolescents and Families in the Emergency Department (I AM SAFE). This six-week psychotherapy intervention for individuals and families is provided by a trained therapist, and it focuses on improving family communication, reducing family conflict and increasing coping skills for youth.

Recruitment for this study will begin in spring 2021. After the multi-site clinical trial is finished, the researchers behind I AM SAFE expect to have an innovative intervention that can be used by any trained outpatient therapist to help prevent youth suicide.

"Funding is desperately needed for children's mental health research in Canada, and we're thrilled to be involved with this Sobeys initiative," says Dr. Khrista Boylan, Child and Adolescent Psychiatrist at McMaster Children's Hospital.

Thank you to all of our Children's Miracle Network (CMN) and CCHF partners for supporting child and youth health initiatives like this that positively impact the lives of patients and families at McMaster Children's Hospital.



Dr. Khrista Boylan, Child and Adolescent Psychiatrist  
McMaster Children's Hospital



**Children's  
Miracle Network®**

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CHILDREN'S  
HOSPITAL  
FOUNDATIONS**

**Thank you to all Children's Miracle Network and Canada's Children's Hospital Foundations partners for their ongoing support of McMaster Children's Hospital Foundation.**

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Marriott International  
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PartyLite  
Pizza Pizza  
RE/MAX  
Sobeys Inc.  
Sun Life Financial  
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Walmart Canada



## Honouring 49 Years of Marriage by Helping Others

When Bill Rutledge from Burlington first met Alma in 1969, he realized immediately that he'd met someone special.

"Alma and I hit it off right away when we met at a wedding, and we were married ourselves a couple of years later," recalls Bill. "She was so much fun. We drove across Canada and travelled the world together. After 49 years of marriage, I miss her so much."

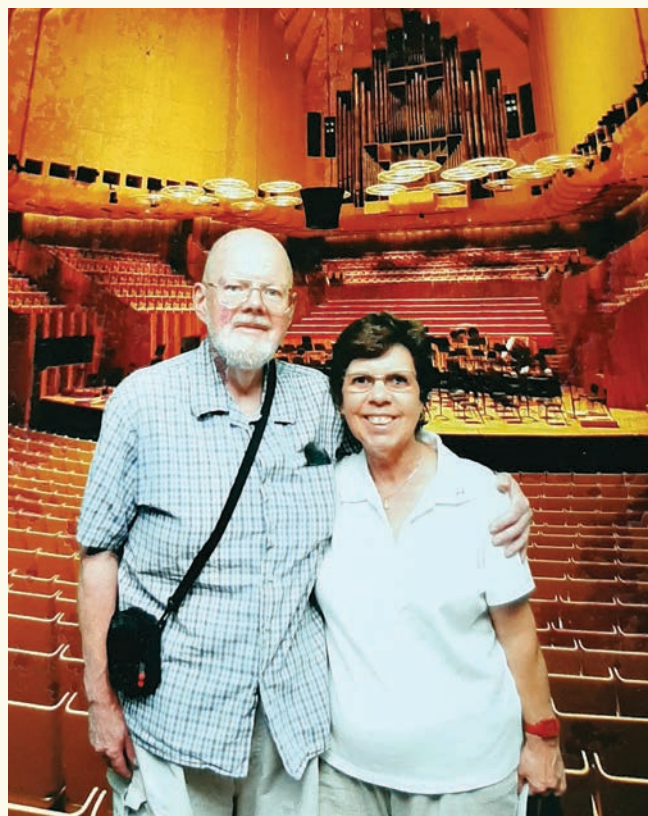
In 2019, Alma was diagnosed with stage IV brain cancer. After undergoing radiation therapy at Juravinski Hospital and Cancer Centre, she was admitted to the Palliative Care Program at St. Peter's Hospital.

The Palliative Care team specializes in optimizing the care of patients with serious and life-limiting conditions, some of whom may be in the end-of-life phase of care.

"The team at St. Peter's Hospital took great care of Alma and me," says Bill. "Everyone at the Hospital was wonderful and I can't thank them enough."

Alma passed away on July 15, 2020, and Bill was determined to honour her memory in a meaningful way. He gave a generous gift of \$25,000 to the Palliative Care Program, which will help with the purchase of medical equipment and resources.

"How could I not give back? It feels great knowing that I can help other families during such a challenging time."



*Bill and Alma Rutledge*

## Endowing ALS Care for Today and Tomorrow

Everett Colling from Puslinch passed away in 2011 after a battle with ALS, but his legacy lives on.

During winter 2009, family members began to notice Everett slurring his speech. This eventually led to a diagnosis of amyotrophic lateral sclerosis (ALS), a neuromuscular disease that results in a loss of motor function.

"After his passing, I included a gift in my will to support the ALS Clinic at McMaster University Medical Centre," says Everett's wife, Jane. "As time went on, I realized that funds were needed now, so I set up the *Everett Colling Memorial Endowment Fund* in 2018."

In 2020, the endowment fund hit a remarkable milestone by raising \$100,000, which will enable the purchase of essential medical equipment and research.

Jane is quick to point out that she couldn't have done it alone: "None of this would have been possible without the support of family and friends. I thank them from the bottom of my heart, and I also thank Dr. John Turnbull and his team for being there for us throughout this difficult journey."



*Everett and Jane Colling*





## Monthly Giving Makes Health Care a Priority

Tammy Faux from Ancaster is grateful to the health care experts at McMaster Children's Hospital – in more ways than one.

Her husband, Steven, was a MacKid himself more than 40 years ago. Born premature, he weighed only 2.2 pounds and required care in the Neonatal Intensive Care Unit.

"I made my first donation in 1990 out of gratitude for the amazing care he'd received all those years before," explains Tammy. "My daughter and son were also born at the hospital, and I'm also thankful for the great care we received on those occasions."

In 2007, Tammy and Steven decided to become monthly donors as a way of saying thank you.

Becoming a monthly donor is a simple and convenient way to support highest-priority needs, which includes the funding of important equipment, research, redevelopment initiatives and education for staff.

"We feel very fortunate as a family, and this was a way we could pay it forward," she says. "It's so easy and it feels wonderful knowing that we're helping other families in need with our monthly gift."



## Caring from the Community: Fundraising During COVID

Business and community fundraising events play a vital role in enabling us to support patient care across Hamilton Health Sciences. From the smallest lemonade stand to the largest golf tournament, your support means the world to us.

During a typical year, hundreds of events are held on our behalf by individuals and organizations across the region. But with COVID-19 making it impossible for large groups to gather safely, 2020 was anything but typical.

Many of these events had to be cancelled, and we are grateful to everyone for following safety guidelines and protocols.

Special thanks to those who were able to transform their in-person events into virtual fundraisers, and to those who developed new virtual ways of fundraising on our behalf. Your adaptability and creativity are much appreciated, and we thank you for making a real difference in your community.



Seven-year-old Ethan, who is undergoing treatment for a brain tumour, teamed up with his brother Edward and mother Stacey to sell homemade bath bombs, raising more than \$8,600 for McMaster Children's Hospital.



The Sikh Motorcycle Club of Ontario and Sikh Society Hamilton - Baba Budha Ji Gurudwara Hamilton showed their gratitude for health care workers by riding in procession by Hamilton General Hospital, McMaster Children's Hospital, and Juravinski Hospital and Cancer Centre. They also donated \$5,000 to support our COVID-19 response fund.





The Gulshan & Pyarali G. Nanji Family Foundation matched all donations up to \$100,000 in support of the COVID-19 response at Hamilton General Hospital. To double their impact, generous community partners like the Muslim Association of Hamilton donated \$20,000 to help ensure the health care teams have the equipment and resources needed during the pandemic.



The 13th annual *BRIGHT Run* raised more than \$320,000 in support of breast cancer research at Juravinski Cancer Centre. Even as *BRIGHT Run* went virtual in 2020, participants across the region continued their fundraising and made the event a major success.



Through the *Spirit of Children* campaign, Spirit Halloween continued its annual fundraising in support of the Child Life Department at McMaster Children's Hospital.



We were a proud partner of the *RBC Race for the Kids*, the world's largest virtual family-run. The event raised nearly \$110,000 to support the Child and Youth Mental Health Program at McMaster Children's Hospital.



Hoodwinks was among the bands supporting patient care at St. Peter's Hospital by performing at the 10th anniversary *Tribute to Imants*, a virtual fundraiser in honour of the late Imants Krumins. Imants was a major supporter of Hamilton's music scene and was a patient in the Palliative Care Unit.



Photo taken in 2019

The annual *Run for Hamilton*, which is organized by the Ahmadiyya Muslim Jama'at, went virtual in 2020 and became a telethon to raise funds in support of Juravinski Hospital and Cancer Centre Foundation.





*Paul Agar, Clinical Manager and Dr. Natasha Johnson, Division Lead, Adolescent Medicine*

## Improving Adolescent Health with TD Ready Commitment

The adolescent years are a time of change and transition that come with their own special needs.

TD Bank Group and Canada's Children's Hospital Foundations (CCHF) are working together to help teens reach their full potential by ensuring they have access to the best care possible during this critical time.

Through the TD Ready Commitment, the bank is donating \$15 million over 10 years to support CCHF's network of hospital foundations, including McMaster Children's Hospital Foundation.

"There has never been a time where adolescent physical and mental health has been more pressing," says Andrea Barrack, Global Head, Sustainability and Corporate Citizenship, TD Bank Group. "Through the TD Ready Commitment, we are

thrilled to support CCHF in creating improved health outcomes for Canadian youth over the next 10 years."

For 26 years, TD has supported children's hospitals in Canada through their Children's Miracle Network partnership, raising more than \$95 million to support the optimization of care for children and youth across the country.

"We are grateful to TD for their ongoing commitment to the well-being of adolescents," says Pearl Veenema, Chief Executive Officer of Hamilton Health Sciences Foundation. "The TD Ready Commitment will make a vital difference in many lives across the region for years to come."

Funds from TD will be used to reduce the wait list for children and youth to access gender-affirming care at McMaster Children's Hospital.



# Research Chairs

## A Vital Link to Patient Care

In addition to vital medical research, Research Chairs help mentor other researchers and develop new areas of research and clinical excellence. We are proud to support nine Research Chairs through managed endowed funds.

**ArcelorMittal Dofasco Chair in Experimental Cancer Therapeutics**  
recruitment underway

**Beamish Family Chair in Peripheral Vascular Surgery**  
held by Dr. Jacques Tittley

**David R. (Dan) Offord Chair in Child Studies**  
held by Dr. Kathy Georgiades

**Hamilton Health Sciences Foundation / Jack Sinclair Chair in Neonatology**  
held by Dr. Salhab el Helou

**John G. Kelton Chair in Translational Research**  
held by Dr. Donald Arnold

**Marta and Owen Boris Chair in Stroke Research and Care**  
held by Dr. Ashkan Shoamanesh

**McMaster Children's Hospital / Hamilton Health Sciences Foundation Chair in Neuromuscular Disorders**  
held by Dr. Mark Tarnopolsky

**McMaster Children's Hospital / Hamilton Health Sciences Foundation Chair in Pediatric Thrombosis and Hemostasis**  
held by Dr. Anthony Chan

**Scotiabank Chair in Child Health Research**  
held by Dr. Jan Willem Gorter



# Bursary Winners

We are honoured to support many individuals across Hamilton Health Sciences with a range of bursaries and awards, many of which enable the pursuit of ongoing education and professional development.

**Cameron Family Award**  
Lisa Vanhouwelingen

**Douglas St. John Award**  
Cheryl Shoemaker

**Early Career Awards**  
Hasan Merali  
Amit Mukerji  
Bram Rochweg

**Grant I. Budden and Ruth E. Piercy Award**  
Matthew Hudson

**New Investigator Fund**  
Nazanin Aghel  
Alexander Benz  
Derek Chu  
Mohamed Eltorki  
Nolan Horner  
Isabelle Johansson  
Aristeidis Katsanos  
Graham McClure  
Satish Thirunavukkarasu

**Juravinski Hospital and Cancer Centre Foundation**  
*General Education Award*

Kaitlan Agnew  
Shivani Dadwal  
Britney Edmonds  
Brenda Kowaleski  
Cheryl Shoemaker  
Kowuthamie Tharma  
Vandana Vaishnav  
Aaron Walsh

*Research Grant*  
Tobias Berg  
Jonathan Bramson  
Gregory Pond  
Marko Simunovic  
Kara Schnarr  
Karen Zhang

**Occupational / Respiratory / Physiotherapy Award of Excellence**  
Sarah Luxon

**The Richard and Mary Pelling Bursary/Scholarship in Psychiatry**  
Raechelle Maria Gibs  
Satyam Choudhuri  
Tara Riddell

**Dr. Stephen Buttrum Memorial Bursary in Clinical Psychology**  
Jessica Dalley  
Joanna Zambrzycka  
Rebecca Smith

**Virginia Hardy Education Award**  
Cheryl Shoemaker

**Additional Bursaries Available:**  
**BRIGHTRun Award**

Child Life Recognition Award  
Dianne Lee Award  
Hadley H. Chamberlain Award for Prostate Cancer Research  
**Health Professionals Awards**  
*Aileen McPhail Bursary*  
*Paul Robson Bursary*  
*Susan D. Smith Bursary*  
*Health Professional Foundation Bursary*

Jay Kuhn Award  
Jessica Cruse Rehab Nursing Award  
John Rogerson Jackson and Dorothea Marguerite Jackson Medical Research Fund  
Robert Murray Burns Award  
Shirley Johnson Award  
Shirley Krochuk Award  
Spacelabs Healthcare Education Fund  
Steve Hopkins Bursary for Hematology Care  
Stuart J. Cohen Memorial Awards

# CORPORATE AND COMMUNITY SPECIAL EVENTS

We are fortunate to have many community and corporate partners. The following is a list of our loyal partners who host events and fundraise on our behalf. Thank you for your efforts.

A. M. Cunningham Elementary School  
Allan A. Greenleaf Elementary School  
The Amethyst for ALS  
An Evening of Awareness  
Angel Day: A Memorial Golf Tournament for Brady & Addi  
Annunciation of Our Lord School  
ArcelorMittal Dofasco R&D Department  
AS SOBREVIVENTES  
Ashlin's McMaster Children's Hospital Fundraiser  
Avondale Stores Limited  
AXYZ Automation  
Bailando Por Una Esperanza  
- Dancing for Hope  
The Beer Store  
and UFCW 12R24 Employees  
BRIGHTRun  
Brock University Italian Club Fundraiser  
Bruce Simpson Sing Along  
Bruno DeLuca Memorial Golf  
Buchanan Park School  
The Butterfly Squad  
C.F.F. Stainless Steels Inc.  
Cairn Christian School  
Canada Post - Employees  
Canadian Tire Finance Walk/Run  
in Honour of Heather Allen  
Cathedral High School  
Charlee's Bottle Drive  
Child's Play Charity  
Chippy's Chestnuts  
CICU Patient Experience Group  
Corpus Christi Catholic Secondary School  
Cowbell Brewing Company  
Cox Creek Cellars Inc.  
Craig Matthew Persia Foundation  
Dallas' Fundraiser for  
the Pediatric Diabetes Clinic  
The Dave Andreychuk Foundation  
Dela Pena Family Fundraising  
Dignity Memorial  
Doug Eldridge - Growing for a Cause  
Edgeukid (1628735 Ontario Inc.)  
Ethan's Bath Bomb Fundraiser  
Evening of Community Building  
Family Fundraiser: Giving Back  
Farm Boy 2012 Inc.  
Fora Outdoor Living  
Forbes Family Bottle Drive  
Friends of Imants Krumins

Gainsborough Central Public School  
Glancaster Gives 4MacKids  
Golf and Friends Fundraising  
Guardian Angels Catholic Elementary School  
Hamilton Academy of Dentistry  
Golf Tournament  
Hamilton Archery Centre  
Hamilton Bulldogs Hockey Club and the  
Hamilton Bulldogs Foundation  
Hamilton Chinese Dance Group  
Hamilton Chinese Sports Association  
Hamilton Health Sciences Volunteer  
Associations - MacKids Bowlothon  
Hamilton Marathon Road2Hope  
Hamilton Police Historical Society  
& Museum COVID Commemorative Coin  
Hamilton Police Services  
Hamilton Wentworth Detention Centre  
- Local 248  
Handling Specialty Manufacturing Limited  
Helping Health Care  
HHS Respiratory Therapists #HCWS4FOOD  
Holiday Rafiki Fundraiser  
Ian's Bike for Health Care Workers  
IKEA Burlington  
Image Party Place - Daddy & Daughter  
Fairytale Ball  
Immaculate Conception Elementary School  
IMO Paulina Jane McMaster Fundraiser  
Imperial Coin & Stamp Company  
In Honour of Julia Williams  
In Memory of Lidia Howieson  
Isolation Run - Susan Campbell  
James MacDonald Public School  
JC Legacy  
Jo Thorman Golf Tournament  
Jomina Creations  
Mrs. Laura Keating  
Keek's Cupcakes  
The Keg Steakhouse & Bar  
Kenzie's Keepsakes  
Kingsway 5 Pin Bowlers Assoc.  
Warren Cullen  
Knights of Columbus  
Kool Stuff Toys and Collectibles  
Koupi Studios Family  
Kyah, Rori, Briar, and  
Yana Semenuk's Fundraiser  
Lemonade Stand Fundraiser in Support of  
HHS By Falco and Okoko Families  
Lemonade Stand - McKenna's Fundraiser

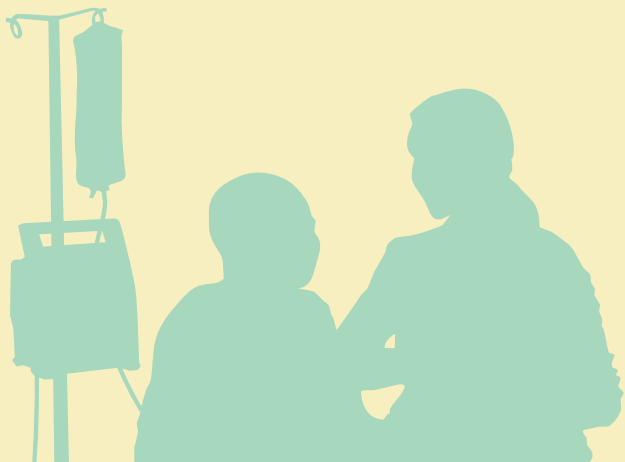
LemonTree Fashion Jewellery  
Liam's Legacy Golf Tournament  
Lilybot Crushed Cancer  
Liquor Control Board of Ontario  
Loblaws Supermarkets Limited - Save it  
Forward Campaign  
Long & McQuade Musical Instruments  
Lowe's Canada Hero Campaign  
Lucy's Fashions  
Maddy's Hot Chocolate Bombs  
Mapleview Shopping Centre  
Marathon Run for Mark Mazzaferro  
Mateo's Green Jacket Memorial  
Golf Tournament  
McCaughen Family Fundraising  
McMaster Mentorship Outreach Student  
Team (MMOST)  
McMaster NICU Fundraiser  
in Honour of JJ, Robbie and Charlie  
Mechanical Contractors Association  
Hamilton - Niagara  
Mercanti Memorial Golf Tournament  
Meta Mortgage Group  
Michael's 9th Birthday Fundraiser  
MitoCanada Foundation  
Movember Bowling Fundraiser  
The Muslim Association of Hamilton  
Notre Dame Catholic School  
Nova Steel Processing Centre Ltd.  
- Social Committee  
Ontario Convenience Stores Association  
Ontario Insurance Adjusters Association  
Hamilton Chapter  
Our Journey with Juravinski  
- Jessica and James Durka  
Par For A Cause  
Parry Sound Snow Fest  
Pauline Johnson Collegiate  
and Vocational School  
Penrose Partners  
Phoenix Coaching Works Inc.  
In Celebration of Very Reverend  
Deacon, Dr. Goran Popovic  
Praxair Rec. Club  
Punjab International  
R. A. Riddell School  
Rainbows & Stars - Aleksa's Journey  
RBC Race For The Kids  
Real McCoy Senior AAA Hockey Club  
Right at Home Realty Inc.  
RJCHC Social Enterprise Program

Rob's 24 Hour Beard Challenge  
Rosati Family Fundraiser  
for NICU Family Lounge  
Royal LePage Real Estate Services  
Run For Hamilton, c/o Ahmadiyya Muslim  
Jama'at Canada  
Ryan William's Charity Golf Tournament  
S.C. Watson's Family Fundraiser  
Samantha Watson's Toy Drive  
Santa in the City  
Scotiabank and Scotiabankers  
Serluca Family Farm  
Shermandale Farms Limited  
Sikh Motorcycle Club Ontario  
Sikh Society Hamilton  
- Baba Budha Ji Gurudwara Hamilton  
Simone Paradisi's COVID-19  
Mask Fundraiser  
Southern Ontario Beer Boys  
Spirit of Children Campaign  
St. Peter Catholic School  
St. Theresa Catholic Elementary School  
The Stable  
Stoney Creek Sabres PeeWee AA  
Strike-Out Childhood Cancer  
T.R.L. Investments Limited  
Take Out Cancer Funspiel  
Teamsters Local Union No. 879  
Thundering Waters Golf Club  
Tom Kastelic Memorial Golf Tournament  
Toronto Patriots Cancer Fundraiser  
Trick or Treat Fundraiser  
T-Shirt Campaign in Memory  
of Carston Nielson  
Umicore Autocat Canada Corp.  
Vangro Farms Country Market  
Verhoeven Family  
Vicky Harrison Designs  
Wallace Gordon's Birthday Fundraiser  
William Fox Racek Fundraiser  
William Frearson Memorial Golf Tournament  
The Winchester Arms  
WishHeart Fund

## Hamilton Health Sciences Foundation Management Team\*

Pearl F. Veenema, FAHP  
Chief Executive Officer  
Sandra Wilson, CPA, CGA  
Chief Operating Officer  
Sherri Bocchini  
Vice President, Development  
K.C. Carruthers, CFRE  
Vice President, Development  
and Integrated Planned Giving  
Tamara D. Pope, MBA, CM  
Vice President  
Marketing and Communications

Colleen Cowman, PhD  
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Margaret Jones, CFRE (until Feb.)  
Director, Major Gifts, McMaster  
Children's Hospital Foundation  
Tracey Lamb, CFRE  
Director, Annual Giving  
Nancy Sheffield, MBA (until Jan.)  
Director, Children's Miracle Network  
Programs & Special Projects  
Milaina Wright (from Jan.)  
Director, Children's Miracle Network  
(CMN) / Canada's Children's Hospital  
Foundations (CCHF) Program







From left to right: Kathy Thomas, Reginald Swamy, Jon Jurus, Pearl F. Veenema, Sacha Babic, Kelly Braley, Charles Criminisi, Paul Demarco, Dr. Sébastien J. Hotte, Mark Hunter, Norman Jackson, Rob MacIsaac, Ralph Olivieri, Jane Percival, Holly Simmons, David Vander Ploeg and Jim Wilson.

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Tamara D. Pope  
Holly Simmons  
Dave Vander Ploeg  
Pearl Veenema  
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\*March 2020 - Feb. 2021



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*Special thanks to Hamilton Health Sciences Communications & Public Affairs, McMaster University and Aaron Lam for photography featured in this report.*

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