



Marnie Brehm Board Chair



Pearl F. Veenema, FAHP President & CEO

A MESSAGE FROM MARNIE BREHM, BOARD CHAIR, AND PEARL F. VEENEMA, PRESIDENT AND CEO, HAMILTON HEALTH SCIENCES FOUNDATION

The care that your gifts enable, and the messages that you inspire and create, motivate our team every day. This year's donor report offers you a window through which to view the impact of your donations. While we produce this comprehensive report just once a year, through the power of technology and the ubiquitous screen, you can access that window each and every day.

Stories of caring and compassion, sometimes life-saving, other times heartbreaking, are shared. These stories are the ones you write or we write on your behalf. In print, on radio or television, through social media, photos or video, the difference that we make together comes to life.

The screens that serve as that daily window have altered more than just the way we share and engage, but also have a remarkable impact on patient care.

Screens now enable minimally invasive surgical and radiological treatments and diagnostic procedures. In the skilled hands of a surgeon, radiologist, or other medical professional, screens and their associated technology open a window that enables more precision and more procedural options than ever before. Research, diagnostics, treatment and rehabilitation have been changed forever. Some of those changes are demonstrated in the stories and photos in the pages that follow.

This report details just some of what the \$18.4 million disbursed in 2017 enabled. These funds provide our colleagues at Hamilton Health Sciences with the tools they need to support patient care for today and tomorrow. We take pride in making these many investments on your behalf, and trust that you will be inspired by their impact.

Thank you for the trust and confidence that you have placed in Hamilton Health Sciences Foundation. Once again we are pleased to be recognized by the Association for Healthcare Philanthropy for excellence in organizational efficiency and effectiveness. Being accountable to our entire community of donors and volunteers is a fundamental part of who we are as an organization.

We would also like to acknowledge Hamilton Health Sciences and Hamilton Health Sciences Volunteer Association for their continued collaboration. The dedication and support of the many volunteers on our Board, committees and fundraising councils, along with that of The Foundation staff team, are greatly appreciated. Our donors, volunteers and staff together represent a special community of individuals and organizations united in a commitment to make a difference to the health care of those served by Hamilton Health Sciences.











Our board members play an important role within The Foundation. In addition to being community ambassadors, they also serve an important governance role. All are passionate advocates for the sites that we support and have made personal commitments of time, talent and treasure.

As we complete our 2017-2018 board year, we say good-bye to six long-serving board members: Marnie Brehm, Kathy Davies, John Mathioudakis, Michael Schwenger, David Simpson and Ralph Weekes. All have been tireless champions of The Foundation's work, and have supported our transformation as we grew to better meet the needs of an evolving Hamilton Health Sciences.

John and David have each served for some thirty years and have supported our work through the various mergers that helped create the Hamilton Health Sciences Foundation of today. Marnie and Michael are both former board chairs, while Ralph played a leadership role with the St. Peter's Hospital fundraising council. Kathy supported the work of the Finance & Investment Committee and the Audit Committee. Each of these remarkable individuals has been a skilled and dedicated ambassador, always demonstrating their passion and dedication for our work. We thank them for their longstanding wisdom, guidance, and years of service, and their continued advocacy.





2017 HIGHLIGHTS

- Raised \$25.2 million in donations
- Disbursed \$18.4 million to Hamilton Health Sciences
- Supported nine Research Chairs
- Realized 20BY20 endowed fund balance of \$19.3 million
- Received more than 270 gifts made through Honour. Give. Transform. in honour of Hamilton Health Sciences staff, physicians and teams





MacKid Yuna requires life-saving dialysis three times a week due to her chronic kidney disease. Opened in July, the redeveloped Hemodialysis Clinic at McMaster Children's Hospital is enhancing the experience for patients like Yuna across the region who spend hundreds of hours receiving dialysis during the course of their treatment. Upgrades include three customized treatment areas, specialized seating and fun games to help pass the hours.

The \$650,000 project was completely funded by Tim and Charlotte Blevins and supporters of their *Caring for Little Kidneys* campaign. The Blevins were inspired to help create the clinic after their daughter Kayla received live-saving treatment for near-fatal kidney failure.







A DELICIOUS NEW PARTNERSHIP

Joanne Emberson, the pastry chef at Crumbuns Bakeshop Cafe, bakes two signature treats in honour of her cousins who received care at Hamilton Health Sciences. *Carter's Buttons* cookies are in memory of Carter Whipple Button, who passed away just weeks before his first birthday from leukemia. Likewise, *Candy Cookies* honour the life of Nathaniel, who passed away at 29 after suffering a series of complications resulting from colorectal cancer and non-Hodgkin's lymphoma.

To express their appreciation for the care received by Carter and Nathaniel, Joanne and her business partner, John McQuarrie, joined The Foundation's *Care4* program and donate the proceeds from the sale of these treats.

Thank you to all *Care4* partners for their ongoing contributions to support patient care.

2017 CARE4 PARTNERS

Barry's Jewellers Ltd.
Bayshore Home Health
Crumbuns Bakeshop Cafe
Donate-A-Car
Funding Innovation
Home Instead Senior Care
HomeWell Senior Care

Mercedes-Benz Burlington
Mobile Communication Service
Monaghan Motorsports
Philips Lifeline
ScrewCancer
Staybridge Suites Hamilton
Zarky's Fine Foods

INCREASING CAPACITY FOR STROKE CARE

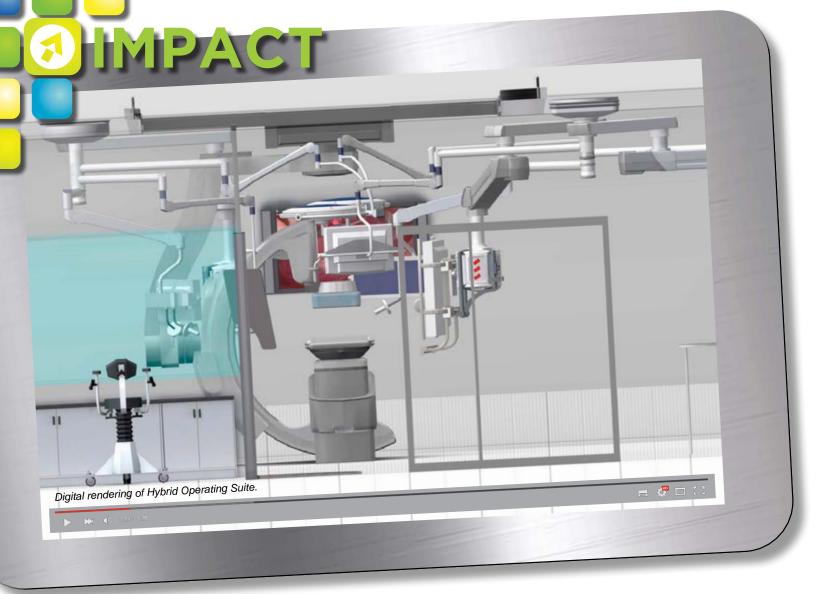
Riley Dunda was one of the first stroke patients to undergo a clot retrieval procedure at Hamilton General Hospital. He and his family were on hand to celebrate the completion of their #FIGHTRILEYFIGHT campaign.

A neurointerventional simulator and coiling module were acquired with proceeds from the campaign and some additional donor funding. This equipment enables expert teams to train for clot-removal procedures, increasing the number of neurointerventionalists able to perform this highly effective procedure for patients like Riley who have suffered a large-scale stroke. Also purchased was a penumbra pump, a vital piece of equipment for clot-retrieval procedures.

Dr. Brian van Adel gives Riley Dunda a 3D walkthrough of the procedure used to save his life.







ENHANCING CARDIAC AND VASCULAR PROCEDURES

The new Hybrid Operating Suite will combine imaging technology and surgical equipment to allow multidisciplinary teams to perform both minimally invasive and traditional open surgeries. Benefits to patients include faster recovery, less pain and shorter surgical times.

The \$3-million campaign was completed in late 2016. However, due to increased project costs fundraising continued. The support of Canadian Pacific Limited, Federazione Abruzzese di Hamilton and guests attending a dinner event organized by Russ Cameron, David Lumsden and Dr. Jacques Tittley is greatly appreciated. Additionally, The Foundation invested a further \$2.5 million to enable this project. Together nearly \$5.5 million was raised to build the Hybrid Operating Suite which will be constructed in 2018.



Dr. David Szalay, Division Head Vascular Surgery, and Dr. Jacques Tittley, Campaign Chair.



To hear from physicians and patients about the importance of the Hybrid Operating Suite visit *hamiltonhealth.ca/hybrid*



HELPING PATIENTS WITH THE BASIC NECESSITIES

Brenda Flaherty, former Executive Vice President of Clinical Operations and Chief Operating Officer at Hamilton Health Sciences, is a longstanding champion for excellence in health care. She is passionate about improving socio-economic challenges that often impact the community's health.

In her honour, the *Brenda Flaherty Community Fund* was established to help vulnerable patients. The fund provides the hospital's Outreach Team with the resources needed to purchase medications, food, clothing, hygiene products, transportation and other essential supplies required by patients until health, social and community service providers can develop longer-term plans.

"The funding provided by The Foundation assists our Outreach Team to meet our patients' basic needs of life, while developing a sustainable solution with community partners," explains Kelly O'Halloran, the Director of Community & Population Health Services at Hamilton Health Sciences. "Our patients and our team are extremely appreciative for this support."

In recognition of the Outreach Team's exceptional work, they were awarded the Minister's Medal by the Minister of Health and Long-Term Care.



Betty Warren is visited by Jana Cochrane, Health Links Care Coordinator.



STATE-OF-THE-ART DIAGNOSTIC IMAGING

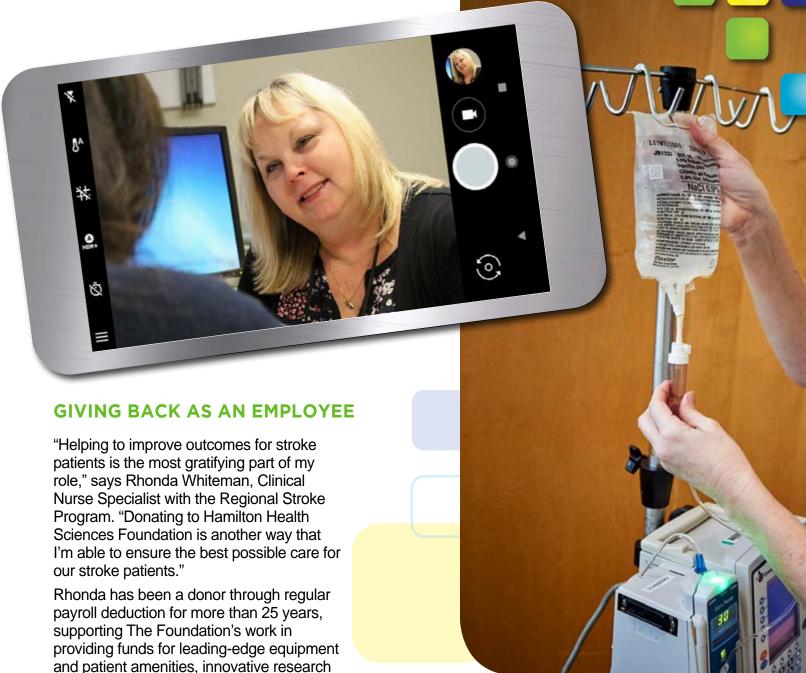
The acquisition of a new SPECT/CT camera is enabling teams at Juravinski Hospital and Cancer Centre to provide faster and more accurate diagnoses and treatment plans for patients. This advanced technology produces detailed images of tissues and bones, which help physicians identify a wide range of conditions such as bone cancer and neurological disorders. Many generous donations made this acquisition possible, including a \$25,000 gift from Weld-Tech Products Inc.



RESEARCHING FOR A CURE

Nearly 375 patients receive care each year in the ALS Clinic at McMaster University Medical Centre. Amyotrophic Lateral Sclerosis (ALS) is a fatal neuromuscular disease that causes full-body paralysis. Donor support is aiding Dr. John Turnbull and his team in their research for a cure to this devastating disease, as well as funding essential patient amenities for the clinic.

In September, 250 passionate supporters gathered for the eighth annual *Amethyst for ALS* gala, which raised \$67,000 for research. Among the inspiring attendees was Clark Merritt, an ALS patient and owner of Hydome Farms Ltd. in Mount Pleasant. Clark rallied his friends and colleagues to help raise \$110,500 for the ALS Program before he passed away in late 2017.



initiatives, redevelopment of patient care spaces, and the education and training of health care providers.

Payroll deduction is just one of the many available giving options. Many donors and community members choose to donate in various ways, such as monthly giving, memorial gifts and donations in honour of loved ones.

"I feel proud to be giving back and helping to make a difference in the lives of patients," says Rhonda.



FUTURES



STREETCARS TO VINEYARDS - A RESEARCH ODYSSEY

Supporting today's researchers as they strive to create a healthier tomorrow underpins the goal of our annual gala. Medical research can be conducted in many different ways, and the four innovative projects funded with proceeds from the *Streetcars to Vineyards* gala represent some of that diversity.

Dr. Richard Sztramko and his team are working to develop an online portal called "iGeriCare" so that patients, their families and caregivers have access to customized educational materials once a diagnosis of dementia is made.

Dr. Helene Flageole's research is focused on trying to eliminate unnecessary abdominal surgery in pediatric patients by developing and accessing a standardized approach to the diagnosis and treatment of children with abdominal pain.

While personalized cancer care is revolutionizing treatment for patients, Dr. Rosalyn Juergens and Dr. Denise Bryant-Lukosius and their teams, along with international colleagues, are working to develop strategies that empower patients to actively engage in their care.

Coronary bypass surgery can result in a range of post-surgical complications and Dr. Andre Lamy is working on a pilot study to determine the effects of post-surgical stroke on patient recovery.











To watch a video featuring the research projects, visit *hamiltonhealth.ca/gala-video*



MANAGING ONGOING CANCER CARE

For many cancer patients, managing their health care needs can be a lifelong journey. Dr. Tom Kouroukis and Dr. Jonathan Sussman established the *Shared Care and Survivorship Transition in Hematology* research project. It is a pilot to test the effectiveness of a protocol developed to bridge communication gaps between patients, families and their health care teams.

This protocol was created to enhance dialogue between primary and specialty care providers by designing resources that outline patients' medical histories, test results, treatment plans and warning signs that may signal a relapse. Another major focus was to empower patients and their families to be actively involved in the management of their care.

Donor support from Janssen Inc. helped Dr. Kouroukis, Dr. Sussman and Registered Nurse Karen Running in their investigation and assessment of these resources.



FUTURES



SUPPORTING THE NEXT GENERATION

Dr. Tara Packham, an Occupational Therapist at the Regional Rehabilitation Centre, is focused on identifying and understanding a painful condition called complex regional pain syndrome (CRPS). Patients with this condition have symptoms that change day-to-day or moment-to-moment, which causes frustration, makes diagnosis difficult and even delays appropriate treatments.

Using a New Investigator Fund (NIF) grant, Dr. Packham tested the safety of a diagnostic procedure using an ice-water bath and determined its use as a consistent way to reproduce CRPS symptoms. Her second grant is expected to confirm that temperature differences after this test are unique to CRPS patients. With an earlier diagnosis, patients can receive appropriate medical treatment or specialized rehabilitation faster.

*Foundation funding provides support to the New Investigator Fund and Early Career Awards grants, enabling the next generation of investigators mentored by senior research staff.

ALL BURSARY WINNERS

We are honoured to support many individuals across Hamilton Health Sciences with a range of bursaries and awards, many of which enable the pursuit of ongoing education and professional development.

Dianne Lee Award Salman Arif

Douglas St. John Award Karen Ellis

General Education Award

Salman Arif Kathleen Bell Bianca Bier Karen Madden Leslie Maskell Cheryl Page Callista Phillips

Grant I. Budden Award Amarjot Dhillon

Dapo Olatunde

Jay Kuhn Award Christopher Hillis Jessica Cruse Rehabilitation Nursing Award

Andrea Manuel

Juravinski Hospital and Cancer Centre Foundation

- Research Grant

Elysia Donovan Christopher Hillis Oren Levine Kara Schnarr Pablo Serrano

Occupational / Respiratory / Physiotherapy Awards of Excellence

Suzanne Blaskivich Anastasia Newman Lisa White

Robert Murray Burns Award Karen Madden Leslie Maskell Rogerson/Jackson Endowed Fund Elysia Donovan

Shirley Johnson Award Terri-Lynn Vandendool

Stuart J. Cohen Memorial Awards

Anish Arora Blessing Bassey-Archibong Mira Goldberg Oren Levine Sophie Poznanski

Virginia Hardy Education Award

Lorrie Lynch Karen Madden Leslie Maskell Health Professional Awards
Aileen McPhail Bursary

Rachel Schofield

Health Professional Foundation Bursary

Andrea Britt

Paul Robson Bursary Janell Wohlgemut Miedema

Susan D. Smith Bursary
Dianne Norman

Additional Bursaries Available

Child Life Recognition Award

The Richard and Mary Pelling Bursary / Scholarship in Psychiatry

The Shirley Krochuk

Memorial Award

Dr. Stephen Buttrum Memorial Bursary in Clinical Psychology

Spacelabs

RESEARCH CHAIRS: A VITAL LINK TO PATIENT CARE

Nine research chairs are currently supported by Foundation-managed endowed funds. Their research is focused on advancing and sharing knowledge to improve the health care of patients for today and tomorrow.

Beamish Family Chair in Peripheral Vascular Surgery

Held by Dr. Jacques Tittley

Dr. Tittley's research is associated with the advancement of vascular surgery, with a specific focus on the endovascular management of complex aortic reconstructions, in addition to an examination of the systematic challenges facing modern vascular surgery and care delivery.

David R. (Dan) Offord Chair in Child Studies

Held by Dr. Kathy Georgiades

Dr. Kathy Georgiades's research is focused on understanding the nature, causes and effective responses to reducing the inequities associated with children's mental health. With a focus on improving the lives of children in disadvantaged circumstances, her research is designed to understand the nature of inequities amongst vulnerable populations such as refugees and recent immigrants and develop effective, preventative intervention strategies.

OTHER CHAIRS SUPPORTED THROUGH HAMILTON HEALTH SCIENCES FOUNDATION INCLUDE:

ArcelorMittal Dofasco Chair in Experimental Cancer Therapeutics, held by Dr. Paola Muti

Hamilton Health Sciences Foundation / Jack Sinclair Chair in Neonatology, recruitment underway

John G. Kelton Chair in Translational Research, held by Dr. Donald Arnold

Marta and Owen Boris Chair in Stroke Research and Care, held by Dr. Ashkan Shoamanesh

McMaster Children's Hospital / Hamilton Health Sciences Foundation Chair in Neuromuscular Disorders, held by Dr. Mark Tarnopolsky

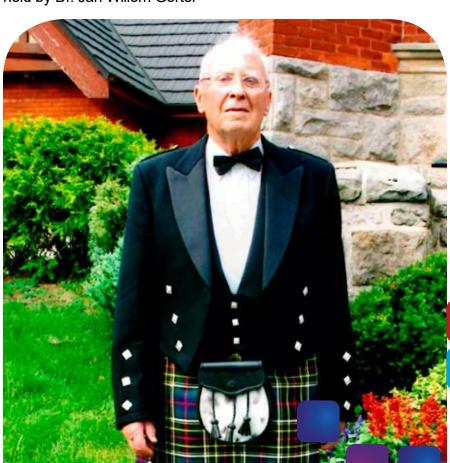
McMaster Children's Hospital / Hamilton Health Sciences Foundation Chair in Pediatric Thrombosis and Hemostasis, held by Dr. Anthony Chan

Scotiabank Chair in Child Health Research, held by Dr. Jan Willem Gorter

A GENEROUS LEGACY

Chester Hyslop always believed in helping others. A resident of Caledonia for 99 years, Chester worked in the insurance industry and spent his free time and retirement travelling the world, tending his large garden, and cooking for friends and family.

He was kind and loving to his family, as well as a dedicated community contributor. By naming Hamilton Health Sciences Foundation as a beneficiary in his will, Chester ensured that his legacy will continue by enhancing patient care across Hamilton Health Sciences.





STAYING AT THE FOREFRONT OF NEUROSCIENCES

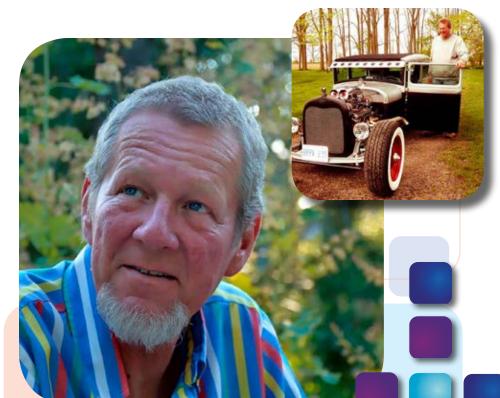
The Foundation initiated a campaign to purchase two neurosurgical microscopes, which are critical to performing highly sensitive surgical procedures. These microscopes provide state-of-the-art optics to help guide surgeons who are conducting cranial, tumour or spine surgery. Neurosurgery in particular requires work on tiny and delicate structures within the brain and these instruments enable the micro-precision required.

Donors across the region, including Peter Pursall of KMR Specialty Steel, have stepped up to support the initial phase of the campaign. Our Foundation Board Members including Marnie Brehm, Reginald Swamy, and the Schwenger Family Foundation have also embraced this campaign.

VINTAGE CAR SUPPORTS MODERN CARE

Gregory Peltz was passionate about his vintage automobile collection. After passing away from cancer in 2017, he gifted his 1928 Hudson Rat Rod to his close friends, Richard and Debbie Ackroyd. Wanting to honour their dear friend and the hospital that cared for him, the Ackroyds sold the vehicle and used the proceeds to establish *The Gregory Peltz Memorial Endowment Fund*. The fund supports high-priority equipment purchases and patient amenities across Juravinski Hospital and Cancer Centre.

This gift contributes to our 20BY20 Endowment Campaign and brings us closer to our goal of growing our endowed funds to \$20 million by the year 2020.



LEGACY CIRCLE MEMBERS

The Legacy Circle honours people who share a commitment to the future of health care. As such, these generous individuals have notified Hamilton Health Sciences Foundation of a designated gift through their estate plans. Respectfully, many donors wish to remain anonymous. Those who granted permission to be recognized as members are listed below.



William and Ruth Almas

Claire Andoff
Callie Archer
Bill and Helen Ayre

Robert Baboth and Mary Beth Toth

Lucien R. Backers and Helen H. Mackie Mary Beamer

James and Catherine Bell

In loving memory of Sian Bradwell

Marnie Brehm
Jean Brookings
Deborah M. Brown
Ann K. Bucke
Caldarelli Family
Doreen Carey
Jacqueline Carey
In Loving Memory

of Hadley H. Chamberlain

Jane Colling

Ralph & Eileen Connor Helen DeBoer-Daggett The Di Tursi Family

Joseph and Louise Di Tursi

Steve Dobrus

Rhonda and Darren Drury

Paul E. Durnan Ingeborg Evans Mrs. Pat Foss Helma Geyer Ronald J. Gillespie

Bob Glaves

Tim and Lisa Gonnering

Wayne Goodwin

Bruce and June Hamilton Pat & Orland Harrison

Diane Hebner and Stephen Richards

Lesie & Allan Hicks

Dr. Hal Hirte

Ms. Sharon Howard

Marvin Jones
Ron & Brenda Kropf In Memory of son

Matthew Kropf Betty Laron

David & Kathy Lincoln Roy & Janet Lyons Gerry MacCarthy

Emilienne (Mimi) and Paul Massuet

Robert & Jane McDowall

Patricia McTaggart Elizabeth Newman Bill and Jean North Alan & Sheila O'Brien

Mr. Daniel Page P. Perrault Melvina Purdy

Mrs. Marie Richard John W. Ridge, M.D.

The Schopf-Loach Family In memory of Lynn Sherwin

Estate of T. Gail Sicard

Camillo Silvestri Gary Smith Ofelia Spycher Rick Sterne Grace Stevens

In honour of my mother,

Florence Tebbutt Joan Thompson Roy Thompson

Mrs. Wilma Vander Mey Pearl F. Veenema Teena Wheeler

Alexis White

Donald & Lenise Willard

In Memory of Alvin Robert Woods M.D.

John and Jan Yaffe Ronald J. Zabrok

We are grateful to the individuals listed who designated a legacy gift to Hamilton Health Sciences Foundation as part of their estate. Through their careful planning and consideration we received these gifts, either in part or in whole in 2017. We are honoured to acknowledge their generosity and its lasting impact.

Eris E. Albright

Dr. E. J. Ashworth

Leanora Bertha Buchanan

Syed Athar Shah Bukhari

Betty Jane Burgess

Tim Conroy

William G. Cooper

Josephine Drescher

Agnes Patricia Farrell

Iris May Foris Jean Gagne Hilda Gray

Chester S. Hyslop

William Kyle Robert Lock

James Henry Lumb

Eleanor Joan Federer Morrow

Mary Margaret Newitt

Pamela Joan Penny

Katherine Prudence

Paul Stanyer

Elizabeth Caroline White

Gerald K. Williams

Robert Wilson

Lillian Rose Wyers





PREPARING FOR SERIOUS TRAUMA

Home to the second busiest trauma centre in Ontario, Hamilton General Hospital provides trauma care to patients from across the province. A Trauma Simulation Room has been purpose-built and equipped at The General to support ongoing training for a range of possible scenarios. The room features an advanced, computer-controlled mannequin that replicates patient conditions and symptoms.

"The development of the simulation and debriefing space has been a phenomenal asset to learning and education," says Dr. Alison Fox-Robichaud. "Interdisciplinary teams develop clinical, teamwork, and communication skills within this high-tech environment."

The room was funded with proceeds from the Legal & Patient Resource Room in The General's lobby, which offers patients with information for legal counsel and health-related services.

SIGNATURE EVENTS REACH SIGNIFICANT MILESTONES

We are truly inspired when patients, clinical teams, community members and sponsors go above and beyond in support of our signature events. Their fundraising efforts make a huge difference for patients across Hamilton Health Sciences. We are delighted that two of our events achieved significant milestones.



A Record-Breaking Stride

The seventh annual *Strides For The General* presented by Medtronic and supported by Dufferin Construction raised a record-breaking \$209,650 in gross revenue for Hamilton General Hospital and the Regional Rehabilitation Centre. Proceeds from 2017 enabled the purchase of equipment and patient amenities like vital signs monitors, ceiling lifts, a bladder scanner and a range of specialized wheelchairs.







A PARTY FOR A PURPOSE

October 14 was a special day, as patients at Ron Joyce Children's Health Centre were given the red-carpet treatment at the inaugural *Kidstravaganza*. The unforgettable afternoon celebrated MacKids, families and clinical teams alike. The event's sponsors contributed more than \$35,000 in support of the Centre's highest priority needs.





MAKING THE TRANSITION EASIER

For families and patients with chronic conditions, transitioning from a pediatric hospital to an adult hospital can be overwhelming. A new app was developed to make this transition easier. *MyTransition* features several tools to aid patients in managing their health care needs without the assistance of their parents.

"The *MyTransition* app is designed to prepare patients aged 12 to 18 years to take charge of their health care as they approach adulthood," explains Dr. Jan Willem Gorter.

Initial funding from The Foundation's 2015 gala enabled the app's development and early testing, with subsequent grant funding being secured by the project team, which includes co-principal investigator Dr. Christina Grant.

GIVING BACK FROM THE HEART

"I feel it's my civic duty to give back to the community, especially when it comes to health care," says Robert Harrison of Ancaster, who served on the Hamilton General Hospital Foundation Council from 1986 until 2017.

Robert has been a committed donor to the Foundation for more than 30 years, and he regularly visits the Cardiac Ambulatory Clinic at Hamilton General Hospital to have his heart and pacemaker monitored. Robert is also grateful to the trauma specialists who cared for his late wife, Joan, after she experienced a serious fall in their home.

"I encourage everyone to support their community and give back," he says. "It's not what you get out of life that's important. It's what you put into life that really matters."







EXPERIENCE

CORPORATE AND COMMUNITY FUNDRAISERS

From bake sales to barbeques and sporting events to dances, the sky is the limit when it comes to the variety of community and corporate events hosted on our behalf. We extend our gratitude to the more than 230 special event organizers in 2017. Below are just a few examples.



Thinking Forward for Cardiac Care

Patient Swarsh Mian and her daughter Sanah organized the *Let's Think Forward* gala with support from the Jinnah Cultural Society of Hamilton, which raised more than \$72,000 to purchase an intra-aortic balloon pump and a level-one blood transfuser for the Cardiac Program at The General.



The Mood Change Project

Ten-year-old Cadence sold handmade diffuser bracelets, which helps reduce anxiety for the wearer. She donated \$1,000 from the proceeds to the ArcelorMittal Dofasco Child & Youth Mental Health Program at Ron Joyce Children's Health Centre.



Fundraising for the Brain

Aneurysm patient Audrey Barratt inspired Ted Kindos, the owner of Gator Ted's Tap and Grill in Burlington, to host a pub event in support of the Neurosciences Program at The General. Combined with proceeds from the 26th annual *Thomas Kindos Memorial Golf Tournament*, more than \$12,000 was raised to help purchase extended-length telescopes, which are used to remove brain tumours during endoscopic surgeries.



Friendly Competition Between Radiation Teams

Radiation therapists and community members throughout the province joined together for the *Strike Out Cancer Slo-Pitch Tournament*, raising \$20,000 for the Radiation Program at Juravinski Hospital and Cancer Centre.

A Myriad of Events

Inspired by friends and family who were touched by cancer, Ana Paret organized four events in support of Juravinski Hospital and Cancer Centre Foundation, including a dance, two haircut-themed fundraisers and a Halloween party. In total she raised more than \$5,500 to support equipment and patient needs at Juravinski Hospital and Cancer Centre.



The Gut It Out Campaign

Kevin Vallier, who suffers from Crohn's disease, raised more than \$2,500 by running in the *Ironman 70.3* triathlon in appreciation of Dr. John Marshall and the care provided by McMaster University Medical Centre.



Sikh Community Enabling More Tomorrows

The Gursikh Sangat Hamilton donated \$10,000 to support the *Tomorrow Stems From You*[™] campaign following a prayer service at the Gurdwara Shaheedgarh Sahib in Dundas.



A Brighter Future for Breast Cancer Patients

The 10th annual BRIGHT*RUN* on September 9 raised more than \$400,000, bringing the total raised since its inception to more than \$3 million in gross revenue. Thank you to the organizing committee, sponsors, volunteers and participants for supporting breast cancer research at Juravinski Cancer Centre.



Grateful for the care his wife Franca received following a stroke, Battista Di Gennaro organized the *Heartfelt Fundraising Campaign* at his store in Ancaster, A Passion for Living. Thanks to customer donations and store proceeds, more than \$1,000 was raised in support of Dr. Mike Sharma's stroke research.



A Mother's Day Makeover

The flagship Milli store in Hamilton hosted the *Lights, Camera, Milli and Moms* event, where guests played "dress up" with the newest fashion trends and were treated to portrait photography and makeovers. More than \$6,100 was raised for McMaster Children's Hospital Foundation.



A Special Holiday for Patients

St. Peter's Hospital kicked-off the holiday season with the 30th annual Festival of Lights. This year's event was even more meaningful for patients and families, as it was a time for reflection and celebration following a fire that broke out on November 5 in an unoccupied wing of the Hospital. Donor funding supports this special event.

Fifth Anniversary of Fillion's Footsteps for Palliative Care

In honour of his mother Janis, Luke Fillion continued his annual tradition of walking from Hamilton to the CN Tower to raise funds in support of the Palliative Care Program at St. Peter's Hospital. He has raised more than \$15,500 over the past five years.



McMaster Children's Hospital Foundation is grateful to have received \$115,000 from Children's Miracle Network partner, Maple Lodge Farms. The annual *Tournament of Dreams* golf event supported the most urgent needs of member hospitals like McMaster Children's Hospital.

Each year more than 1,100 babies are admitted to the province's largest Neonatal Intensive Care Unit (NICU) at McMaster Children's Hospital. These critically ill and vulnerable infants require the use of highly specialized equipment. Ventilators provide oxygen and respiratory support to patients with underdeveloped lungs, while Giraffe Omni Bed Incubators provide the special environment that these babies need.

Children's Miracle Network (CMN) partners like Walmart Canada and the Air Canada Foundation supported the purchase of these life-saving pieces of equipment. Thank you to all CMN partners for their ongoing contributions to the Hospital's highest priority needs.



Children's Miracle Network

2017 CHILDREN'S MIRACLE NETWORK PARTNERS

Air Canada Foundation

The Brick Ltd.

Brooks Brothers

Costco Canada

Wholesale Ltd.

Dairy Queen Canada Inc.
Ontario Franchisees

Duracell

First Student Canada

Funding Innovation

GNC Canada

IHOP Restaurants

KFC Canada

Maple Lodge Farms

Marriott Hotels & Resorts Canada

Microsoft/Xbox Canada

Northern Reflections

The Mike Weir Foundation

PartyLite Gifts Ltd.

Pizza Pizza Limited

RE/MAX

TD Bank Group

Walmart Canada Inc.

White House Black Market/ Chico's FAS. Inc.

CORPORATE AND COMMUNITY SPECIAL EVENTS

We are fortunate to have many community and corporate partners. The following is a list of our loyal partners who host events and fundraise on our behalf. Thank you for your efforts.

A Celebration of Life - Pat Mostacci A Passion for Living

Abruzzo In Festa

The Team at Absolute Pilates Addison Smith-Prickett & Experior Financial Group Inc.

Alivia's Rainbows

The Amethyst for ALS

An Evening of Awareness

Ancaster High School As Sobreviventes

The Association of Day Care Operators of Ontario

The Athlete Training Centre (ATC) Inc. Avon Canada Independant Consultant

- Nicole Morin

Bailando por una Espernanza

- Dancing for Hope

BE A Star

The Beer Store

and UFCW 12R24 employees

Bericap Inc.

Bombo Gives Back Presents 5th Annual Christmas Dinner & Comedy Show

Borthwick Golf The Boutique

Brady Fraser Memorial Golf Tournament

Brands 4 Less **BRIGHT***RUN*

Bruno DeLuca Memorial

Golf Tournament Buchanan Park School

Budds' BMW Motorrad

Buffalo Wild Wings

Built Not Bought Garage

C.F.F. Stainless Steels Inc.

Employees of Canada Post (Regional Holiday Campaign)

Canada Post Employees in memory of Alan Pitcher

Canadian Bearings Charity

Golf Tournament Cancraft Marketing

Cardinal Newman Catholic Secondary School

Cassidy's Easter Egg Hunt Cathedral High School

Cause for a Cause, Nickel Brook Brewery

Celebrate Life with Lights Diwali Dinner Dance

Centre for Probe Development and Commercialization (CPDC)

Chevrolet Good Deeds Cup

- Hamilton Huskies Child's Play Charity

Christmas Collage

Christopher & Filipe Cadete Memorial Golf Tournament

Clifford Koabel Memorial Fundraisers

Climb for Cancer CM Dancing

Coldwell Banker Christmas Party

Zach Collaros

Columbia International College

The Cooperators (Cambridge) Party with a Purpose

Cora Classic Charity Golf Tournament

Courtyard Fundraising

Craig Matthew Persia Foundation CUSW (Hamilton/Niagara Crews)

Dariva Jewellery Ltd.

Davis Charity Golf Tournament

An Evening of Style - Diletti Salon and Spa Dianne Baboth Memorial Golf Tournament

Pamela D'Ippolito

Doug Eldridge - Growing for a Cause

Douglas Family - In memory of Susan Douglas

Duff Classic

Duke Electric Limited **Dundas Granite Masters**

Dundas Valley Co-Operative Preschool

ECS Coffee Inc. Katlyn Elliott

Fall Fair

Fern Hill School

Fessenden Public School

Fillion's Footsteps for Palliative Care

Cvnthia Fioravanti

Fisherville Lions Club Flamboro Valley Camping Resort Ltd.

Florence Meares Public School

Kevin Gamble

Gator Ted's Tap & Grill Gentleman's Charity

Glanbrook Minor Hockey Association

GLENTEL Inc.

Global Spectrum Facility Management

Golfi Concrete & Drain Limited

Golfing Fore Kids, Iron Workers Local 736 Gord Armes & Bill Hamilton Memorial

Golf Tournament Haldimand Huskies Basketball Club

(Craig Warren Memorial Basketball Tournament)

Halton Regional Police Association

Hamilton Bull Dogs

Hamilton Discount Auto Parts Hamilton Police Association

Hamilton Tabletop Gaming Society

Hamilton Tiger-Cats

Harry "Harrito" Celebration of Life

Harry Halloween Party

Amanda & Jason Heczko, Family & Friends (In Memory of Aubrey) Henderson Structured Settlements

Christina Hiuser & Friends

Huntington Park Public School

Hydome Water Dump

Iampietro Memorial Golf Tournament Inside Ride for MacKids

Ironhawgs M.C.

It Takes Guts to Make a Differnce

Izzy Murdock & Sofia Lopez Lémonade Stand

Jo Thorman Golf Tournament Joe Walford's Walk

Karizma Jewels

The Keg Steakhouse & Bar - Hamilton The Keg Steakhouse & Bar - Waterdown

Kegs 4 Cancer

Kevin Fama Memorial Golf Day

Kilbride Public School

Kingsway 5 Pin Bowlers Assoc. Kool Stuff Toys and Collectibles

Kory 3 Pitch League

Kosco Flooring Inc.

Landers Locks

LemonTree Fashion Jewellery Lindsay's Bocci Tournament

Liquor Control Board of Ontario Loblaws Supermarkets Limited

Long & McQuade Musical Instruments

Lucy's Fashions Lynne's Legacy Run

Marie Maganinho - BBQ Fundraiser

Mapleview Shopping Centre Gift Wrapping Campaign

Mateo's Green Jacket Memorial **Golf Tournament**

Paige McDermott

McDonald's Restaurants

McMaster Medical School Students

McMaster Mentorship Outreach Student Team MMOST

Mercanti Memorial Golf Tournament

Meryn's Birthday

Swarsh Mian & Jinnah Cultural Society of Hamilton

Mike Filer - Mike's Manscaping Challenge for Cancer

Mike Gatto Memorial Golf Tournament

Milli Ltd. The Mood Change Project

My Warrior Princess Natural Steps

Natus Excel Tech, Ltd.

Nelly Comfort Shoes Nexeo Solutions

Nil i

On A Roll Tire **OPTrust**

Our Journey with Juravinski - Jessica and James Durka

Party for Pain

Patricia Soriano Memorial **Golf Tournament**

Performance Auto Group Pink Night Dream Team

Pioneer Energy LP - Give What You Can Prominent Realty Inc., Brokerage

Rainbows & Stars - Aleksa's Journey **RBC Greater Hamilton Market**

Re/Max Escarpment Walsh and Volk Realty Inc.

RealtorsSupport

Reds Enterprises & Dynamic Leasing Canada Inc.

Ricca D'Oro Jewellery Right at Home Realty Inc. Rock'n Blues for Children's Causes

Roselawn

Rosie's Dream - In memory of Rosanna Carrozzella

Rousseaux P.S.

Royal Canadian Legion Branch 230

Royal Canadian Mounted Police

Royal LePage

S.C. Watson Services

Samantha Watson's Toy Drive

Samuel Son & Co.

Sassy's Boutique

Save it Forward

Scotiabank Smiles for MacKids

SCT Unit Fundraising

She's Got Leggz

Shoeless Joe's Sports Grill

Shoppers Drug Mart

Sian Bradwell Fund for Children

With Cancer Silent Art Auction for World Autism

Awareness Day

Simcoe Walk and Run For Stem Cells Sing for the Cure

Sir William Osler School

Slate Properties

Southern Ontario Beer Boys

Spirit of Halloween St. Brigid School

St. Ignatius Catholic School St. Mary's School

Strike Out Cancer - Slo Pitch Tournament

Sun Life Financial Sunshine Enterprises

Susan Bessems Memorial Fundraiser Sydney Wood Purple Butterfly of Hope

Foundation Video Dance Party T.R.L. Investments Limited

Tanglewood School Tattz & Company's Mental Health

Courtyard Fundraiser Tim Hortons Donuts

To Shave or Not to Shave - Ana Paret Tournament for Lenny, On The Snap

Billards and Lounge Fundraiser in Honour of William

and Oliver Turza Tyler's Tournament

Umicore Autocat Canada Corp.

VA MacKids Bowlathon

Vicky Harrison Designs Waterdown Easter Egg Hunt

Wedlock Family West Lincoln Skating Club

Westdale Secondary School The Winchester Arms Winona Elementary School

Doug Winslade

Youngs Insurance Brokers Inc.

21



Congratulations to Ron and Nancy Clark on being recognized as Outstanding Philanthropists at the 2017 Association of Fundraising Professionals Golden Horseshoe *National Philanthropy* Day Awards in November.

"The measure of our philanthropy is simple - what can we do to make things better for others? Everyone no matter their resources can work to make their community better - it is infectious and very gratifying to know you have made someone's life better." - Ron and Nancy Clark

TRANSFORMATIONAL GIFT ENHANCES INTERVENTIONAL PROCEDURES

Shorter recovery times and less pain are some of the many benefits of the minimally invasive procedures conducted through the Interventional Radiology Program at Juravinski Hospital and Cancer Centre. The program utilizes image-guided techniques to conduct procedures such as biopsies and targeted chemotherapy injections.

A transformational gift from Ron and Nancy Clark enhanced the program by redeveloping the current interventional suite and adding a second, state-of-the-art suite. With more than 5,000 procedures performed annually, the upgrades allow the teams to better meet current and future patient needs.



BACK ON HIS FEET

In June 2017, Bill Woloski's life suddenly changed when the resident of Richmond Hill suffered a serious stroke. After emergency surgery, Bill began his journey of recovery. The loss of motor function in his lower limbs meant that he could no longer walk.

"Dad was transferred to the Acquired Brain Injury Program at the Regional Rehabilitation Centre," explains Bill's daughter, Shelley. "With extensive physiotherapy, he's making significant progress every day. By January he could stand with assistance, and soon he could use a walker for short distances. It's wonderful to see him make gains and we're grateful for the excellent care he's received."

Donor support enables the purchase of medical equipment and patient amenities at the Regional Rehabilitation Centre, helping patients like Bill in their recovery from stroke, brain injury and physical trauma.



SHOWERING WITH ADDED SAFETY AND COMFORT

Many patients at St. Peter's Hospital have complex and long-term illnesses, which require an extended inpatient stay. With donor support, many shower spaces were redeveloped to enable an improved patient experience.

The new showers are designed with built-in seating and are large enough to accommodate a chair and caregiver, thus enhancing the safety and comfort of patients and staff.







COMFORT FOR END-OF-LIFE

The end-of-life journey can be a difficult time for patients and their families, but the interdisciplinary teams at St. Peter's Hospital are skilled at providing compassionate, hands-on care to patients. Home to Canada's largest Palliative Care Program with more than 430 admissions last year, the teams are focused on ensuring families have a warm and comforting environment to share with their loved ones.

Two Palliative Care Lounges were renovated to enhance the comfort of patients and families. Upgrades include the installation of electronic fireplaces, new tables and lounge chairs, and patient amenities. Very generous anonymous donors enabled this redevelopment in gratitude for the care received by a former patient and family member.





USING OXYGEN TO HEAL

The Hyperbaric Program at Hamilton General Hospital specializes in hyperbaric oxygen therapy used to treat various conditions such as burns, carbon monoxide poisoning, smoke inhalation and infections. Patients lay in a pressurized chamber that releases pure oxygen, which helps heal tissues and promotes new blood vessel growth.

We thank Dr. Clive Davis and The Freeburne Banting Foundation, whose contributions enabled the purchase of an additional chamber, research initiatives, the relocation to a new space and ongoing program support. Thank you to the Hamilton Professional Firefighters Association for its historical support of this program.

CARE FOR CHRONIC PAIN

One in five Canadians suffer from chronic pain, and specialists at the Michael G. DeGroote Pain Clinic at McMaster University Medical Centre provide care for thousands of

patients. They conduct important research into chronic pain in

in pain management.

Party for Pain is an annual event organized by the teams at the clinic. The fifth annual event in November saw 500 attendees come together and raise more than \$125,000 to enhance services at the clinic. Over the past five years, more than \$500,000 in proceeds have enabled the addition of four exam rooms, as well as the purchase of a fluoroscopy table to aid clinicians while conducting procedures.





ENABLING LIFE-SAVING STEM CELL TRANSPLANTS

Juravinski Hospital and Cancer Centre is one step closer to providing 50 per cent more blood cancer patients with life-saving stem cell transplants, as we fundraise to enable the expansion of a dedicated clinical area and the acquisition of critical equipment.

Countless donors have generously supported the *Tomorrow Stems From You*[™] campaign since it launched in 2016. We thank the Campaign Cabinet, chaired by Charles Criminisi, including Dr. Kylie Lepic, Frank Raso and Marita Zaffiro for helping us grow our base of community support in 2017.

Corporate partners like ArcelorMittal Dofasco, John Deere, SC Johnson Canada and The Great-West Life Assurance Company, amongst many others, played an important role in helping achieve our goal.

Numerous community-event holders worked tirelessly to fundraise on behalf of the campaign, as did staff who organized grassroots fundraisers and rallied 15 teams to participate in *Relay for Life*, with proceeds allocated toward the unit's expansion.

As one of three centres providing all forms of stem cell transplants to adult cancer patients in Ontario, your ongoing generosity is needed to help this program stay on the leading edge, including the resources needed to conduct innovative research.

The generosity of the Hamilton Health Sciences Board of Directors is also gratefully acknowledged.

It was an incredible year for the campaign and we look forward to ongoing support for the great work provided by the team in the Hematology Program.



A MESSAGE FROM HAMILTON HEALTH SCIENCES BOARD CHAIR, JULIA KAMULA AND PRESIDENT AND CEO, ROB MACISAAC

Each and every day the dedicated teams at Hamilton Health Sciences work hard to provide the best care for all. They strive to show care and compassion when people are at their most vulnerable. They are motivated to make a difference in the lives of patients and families, but they can't do it alone – they need your help.

As a donor you are an essential part of the team – the equipment that is purchased, the spaces that are redeveloped, the education that is provided and the research for tomorrow's care are all enabled because of your generosity and support. Your gifts are a vote of confidence that energizes and engages our teams, already amongst the best in Ontario, to bring their best selves to our hospitals each and every day.

We serve a broad community spanning much of south-central Ontario, but the impact of our work stretches well beyond those borders and the patients that we see within our own walls. As a teaching hospital and a leading research centre, new standards of care and evidence-based practices, innovation in clinical procedures and research insights all combine to help change the way health care is delivered: locally, regionally and beyond. Our teams are making a difference, because of you and your support.

The pride we feel in the work of the teams across Hamilton Health Sciences is immense, and it is a pride that we hope you share. Thank you for choosing to support our work.



Julia Kamula
Board Chair
Hamilton Health Sciences



Rob MacIsaac President & CEO Hamilton Health Sciences

THANK YOU TO OUR VOLUNTEERS

The time and talent that volunteers provide to our work is very much appreciated. We are pleased to pay tribute to those who have served in various capacities supporting: Hamilton General Hospital Foundation, Juravinski Hospital and Cancer Centre Foundation, McMaster Children's Hospital Foundation and St. Peter's Hospital Foundation.

Dr. Victoria Avram (until Sept.)

Jennifer Cooke (until Oct.)

Remo Di Fronzo

Dr. Peter Fitzgerald

Robert Harrison (until Nov.)

Jennifer Hartman

David Hills

Dr. Sebastien Hotte

Brian Humphrey

Mark Hunter

Patti Leonard

John Mathioudakis

Dr. Ralph Meyer

Dr. Shanker Nesathurai

Ralph Olivieri

Dr. Alexandra Papaioannou

Sharon Pierson

Lois Schwenger (until May)

Dr. Richard Seeley

Holly Simmons

David Simpson

Teresa Smith

Dave Velanoff

Dr. James Velianou

Ralph Weekes

John Welton

EQUIPMENT \$9.06M 49% RESEARCH & FELLOWSHIPS

\$2.52M



\$6.5M REDEVELOPMENT

35%

2%

\$0.32M

*Our audited financial statements are available on our website and also by contacting Sandra Wilson, Chief Financial Officer at 905-521-2100 ext. 44385 or at wilsonsan@hhsc.ca

EDUCATION & BURSARIES

2017 CONSOLIDATED FINANCIALS

In 2017, Hamilton Health Sciences Foundation was pleased to disburse \$18.4 million to enrich health programs and projects in the interest of, and delivery primarily through, Hamilton Health Sciences.

Donor support is broadly classified into four categories: equipment including patient amenities; facilities redevelopment; research and fellowships; and education and bursaries. The split between each of these categories varies each year based on urgent needs, fundraising priorities and disbursements against multi-year commitments.

EQUIPMENT AND PATIENT AMENITIES:

Each year we purchase hundreds of pieces of equipment and patient amenities that serve to enhance patient care. Examples of essential equipment include the most complex of medical equipment such as the SPECT/CT camera referenced on page 6, or smaller but critical items such as vital signs monitors or ceiling lifts funded with proceeds from *Strides For The General* as referenced on page 15.





REDEVELOPMENT:

Redevelopment is ongoing as clinical needs and new models of care evolve, and our supported sites continue to experience increased patient volumes and program expansion. It is essential to ensure an environment that is conducive to health and healing for patients and their families, as well as being an efficient and safe work environment for staff and physicians. Examples of those investments in 2017 include the redeveloped Hemodialysis Clinic referenced on page 2 and the renovated palliative care lounges referenced on page 24.

RESEARCH AND FELLOWSHIPS:

Hamilton Health Sciences is recognized as one of the top 25 research programs in the world. Donor-funded research is an important part of our contributions to Hamilton Health Sciences. After all, today's treatments are the result of yesterday's research, and today's investments can yield tomorrow's care or cure. Support for important programs such as the New Investigator Fund featured on page 10, or funding for our academic research chairs as outlined on page 11 are just some of the ways we enable the dedicated researchers and clinicians that call Hamilton Health Sciences home.





EDUCATION AND BURSARIES:

Ongoing education of the individuals and teams across the entire clinical spectrum is an essential part of investing in an academic teaching hospital. A wide range of support is available to individuals at various stages of their careers and includes scholarships, awards and bursaries. Some of these are detailed on page 10.



From left to right: Ralph Olivieri, Reg Swamy, Sacha Babic, John Mathioudakis, Kathy Davies, Michael Schwenger, Jon Jurus, Pearl Veenema, Julia Kamula, Rob MacIsaac, Marnie Brehm, Owen Tseng, Kathy Thomas, Norm Jackson, David Simpson, Trevor Stooke and Ralph Weekes.

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Special thanks to Carole & Roy Timm for photography featured on the cover and pages 2, 6, 7, 9, 14, 24 and 25.

Thanks to Paulina Rzeczkowska for Pearl Veenema's photo on the inside front cover.



HEALTH CARE, TRANSFORMED.