



DONOR REPORT 2019



Jon Juras
Board Chair & President

A Message From Jon Juras, Board Chair and President, and Pearl F. Veenema, Chief Executive Officer, Hamilton Health Sciences Foundation

What a remarkable year! We are so grateful to the countless donors who contributed to our success in 2019. An incredible highlight was the momentous legacy gift from Margaret and Charles Juravinski. The Juravinskis are pillars of our community; their generosity is meant to inspire others to support vital health care and research. As we reflect upon this extraordinary gift and countless others, we are inspired by the impact and legacy that all of our donors have on patients and patient care.

Legacy gifts allow donors' contributions and memories to live on after they are gone, but every gift leaves a different kind of legacy. Patients across Hamilton Health Sciences are touched each and every day by the donations made, whether those gifts were received this year, last year or in years past. Regardless of the type or size of donation, the individual and collective impact of these funds lives on for the patients who are treated, saved or comforted throughout their journey.

Throughout this report, the lines that are woven onto each of the pages as design elements are meant to represent the legacy and impact of all donors' gifts.

A legacy is a line. It stretches out from your past - from your family and friends and places you have been - to your future and beyond. When you see the potential of this line, and imagine its possibilities, it shows that your legacy extends into the future, and into the lives of everyone it touches.



Pearl F. Veenema, FAHP
Chief Executive Officer

The work of The Foundation team is complemented by the remarkable support of our board members and volunteers, for which we are grateful. Our colleagues at Hamilton Health Sciences are essential partners in our effort on behalf of patients and staff, and this year we pay tribute to Rebecca Repa and Teresa Smith. In collaboration with the Hamilton Health Sciences Volunteer Association, we have purchased smaller but vital equipment and amenities such as walkers, wheelchairs and sleeper chairs. These items enable clinical teams to create a more comfortable patient experience.

While the health care system faces immense pressure, it was an honour for Hamilton Health Sciences Foundation to disburse \$31.75 million to Hamilton Health Sciences in 2019 to support vital patient care. The impact of this funding can be seen across the pages of this report in the patient stories, the equipment purchased, the research and education enabled, and the physical environments enhanced. We are proud of what we have accomplished together and while our work continues, we look forward to the robust legacy that we are building together in support of vital care across Hamilton Health Sciences.



2019 Highlights

- Disbursed \$31.75 million to Hamilton Health Sciences
- Celebrated with our partners, the \$100-million legacy commitment from Margaret and Charles Juravinski
- Celebrated the opening of the Hybrid Operating Suite at Hamilton General Hospital
- Celebrated the opening of The Joyce Family Foundation Inpatient Unit at McMaster Children's Hospital
- Celebrated the purchase of the Driving Simulator for the Acquired Brain Injury program at the Regional Rehabilitation Centre
- Funded the redevelopment of clinical space for a new mental health oncology program at Juravinski Cancer Centre
- Provided funding for *Pawsitivity* Pet Therapy program at St. Peter's Hospital
- Received nearly 6,000 memorial gifts
- Managed 20 calls for grants, bursaries and awards, disbursing funds to 68 individuals
- Funded 100 Family Grant applications, in partnership with Hamilton Health Sciences Volunteer Association, to purchase vital equipment and patient amenities

We would like to pay special tribute to Jon Jurus, whose term as Board Chair ends. While Jon continues as Past-Chair, we acknowledge his tremendous leadership and support.

We welcome Kathy Thomas as our new Board Chair, and Reg Swamy as Vice-Chair and look forward to our continued work together.

2019 CONSOLIDATED FINANCIALS

In 2019, Hamilton Health Sciences Foundation was pleased to disburse \$31.75 million to enrich patient care across Hamilton Health Sciences. Over the last ten years, the cumulative impact of donors' contributions supporting vital equipment and patient amenities, redevelopment initiatives, research and fellowships, and education and bursaries is nearly \$150 million. This is a tremendous accomplishment and we are truly grateful for the commitment of our donor community.

Across the spectrum of life's journey, the teams at Hamilton Health Sciences are committed to the highest quality patient care. Hamilton Health Sciences Foundation is pleased to be a partner in that journey, providing vital funding in support of patients from across south-central Ontario.

\$31.75M
DISBURSED*



63.5% | **REDEVELOPMENT**
\$20.16M

25.2% | **EQUIPMENT**
\$8.00M

9.6% | **RESEARCH & FELLOWSHIPS**
\$3.05M

1.7% | **EDUCATION & BURSARIES**
\$.54M

**Our audited financial statements are available on our website or by contacting Sandra Wilson, Chief Operating Officer, at 905-521-2100 ext. 44385 or wilsonsan@hhsc.ca*

Equipment and Patient Amenities:

Each year, we purchase hundreds of pieces of vital medical equipment and patient amenities that range from the most basic: such as IV poles, bed alarms, radiation aprons, blanket warmers, vital signs monitors and wheelchairs; to the most sophisticated diagnostic and surgical equipment such as: echocardiograms, point-of-care ultrasounds, and fetal monitors.

Redevelopment:

The multi-year nature of capital campaigns impacts the flow of funds to Hamilton Health Sciences. This also requires The Foundation to hold funds until development reaches certain milestones. In 2019, several multi-year projects were completed, and others moved forward.

Redevelopment efforts are ongoing as clinical needs evolve and our supported sites continue to experience increased patient volumes and program expansion. In 2019, we celebrated the opening of the redeveloped Joyce Family Foundation Inpatient Unit, and the redevelopment of additional inpatient and outpatient clinics at McMaster Children's Hospital; the Hybrid Operating Suite at Hamilton General Hospital; and Clinic F as part of the *Tomorrow Stems From You*® campaign to expand the stem cell transplant unit at Juravinski Hospital and Cancer Centre.

Providing patients, staff and physicians with environments that promote health, healing and innovative procedures is vital to quality patient care.

Research and Fellowships:

Enabling tomorrow's care through today's research, the team across Hamilton Health Sciences is recognized as being one of the top five research programs in Canada, and one of the top 25 in the world.

Education and Bursaries:

Ongoing education of individuals and teams across the clinical spectrum is an essential part of investing in an academic teaching hospital.

10 YEAR DISBURSEMENTS TO HAMILTON HEALTH SCIENCES **\$146.74M**

44.3% | EQUIPMENT
\$64.94M

36.7% | REDEVELOPMENT
\$53.81M

16.5% | EDUCATION & BURSARIES
\$24.25M

2.5% | RESEARCH & FELLOWSHIPS
\$3.74M



Five Years of Excellence in Breast Cancer Care

Five years ago, we celebrated the opening of the CIBC Breast Assessment Centre. It was a momentous occasion following a multi-year campaign to bring this comprehensive assessment centre to life. Today, the Centre has more than 27,000 patient visits a year.

Recent equipment acquisitions at the Centre will allow for digital breast tomosynthesis (sometimes referred to as 3D mammography) and contrast-enhanced mammography, which are valuable in providing the most accurate assessment.

As well, a new ultrasound machine is helping the team to assess patients and enable early detection.

“With ongoing developments in imaging technology and the promise of many more milestones to come, we look forward to seeing what the next five years will bring,” says Kathleen Bell, Clinical Manager of the CIBC Breast Assessment Centre.



The Right Tools for the Right Care

Watching the hospital teams in action can be an eye-opening experience. This was especially true for long-time Foundation supporter, Teresa Cascioli, who was impressed by the exemplary care her father received in the Cardiac Surgical Unit at Hamilton General Hospital.

She also recognized an opportunity to help the staff increase efficiency and enhance the patient experience by putting more essential tools in their hands.

To thank the team that cared for her father, Teresa made a \$100,000 donation to purchase vital equipment for bedside care, including a point-of-care ultrasound machine, four blood-pressure monitors and 16 specialized, ergonomic chairs for staff.



“Teresa recognized the cardiac care her father received at Hamilton General Hospital with a donation that supports the needs of the health care team and improves care for our community members,” says Dr. Richard Whitlock. “It was my pleasure, as the surgeon, to get to know such a caring and generous person.”



Zeroing in on a Brain Tumour

Adam Gardiner felt like his arm was struck by lightning. An MRI at his local hospital in Niagara Falls revealed the devastating cause of his extreme pain – a cancerous brain tumour.

Using a donor-funded neurosurgical microscope at Hamilton General Hospital, doctors performed a craniotomy to remove the mass in Adam's brain. After the surgery, Adam experienced some aphasia and had difficulty finding the right words at times. Thanks to speech therapy, his condition is improving each day.

Adam regularly meets with the neuro-oncology team at Juravinski Hospital and Cancer Centre for follow-up monitoring and testing. The team is there to support Adam every step of the way.

"I can't say enough good things about the teams at Hamilton Health Sciences. I'm in very good hands."



Infusing Immunotherapy

A fraction of a millilitre can make a difference. For patients who undergo targeted immunotherapy infusions at Juravinski Cancer Centre, medication must be delivered in very specific dosages at a very specific rate.

This infusion pump is a vital tool for the expanding immunotherapy program. It helps nurses deliver medication in a controlled manner with extreme precision. Medication is infused under the skin, which then travels through the circulatory system and helps the body to fend off attacking cancer cells.

Infusing targeted immunotherapy in this manner enhances the patient experience by allowing for shorter treatment time in the chemotherapy suite.

Pinpointing Seizures in the Brain

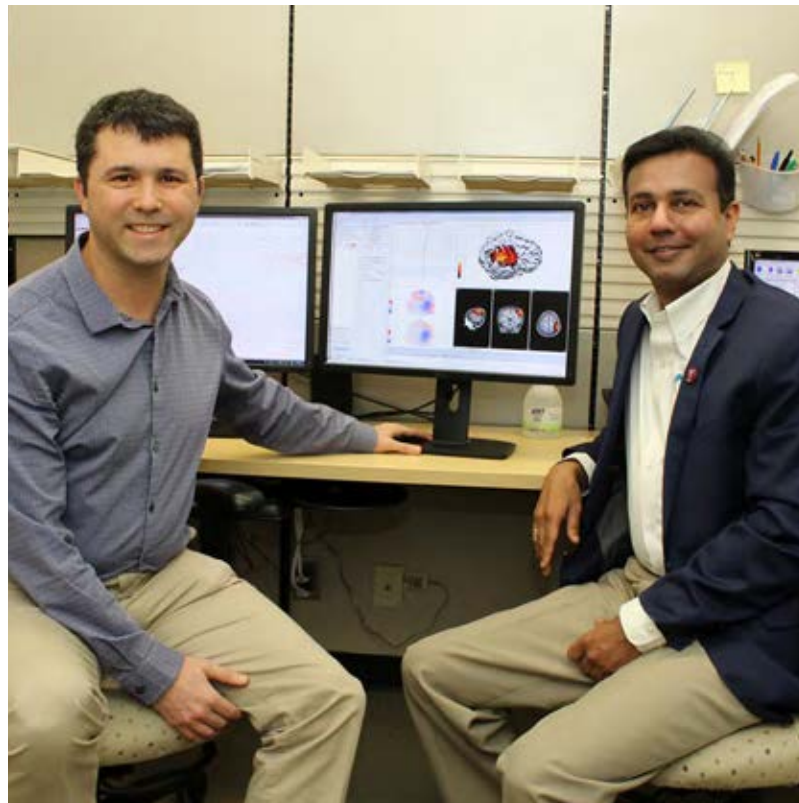
Convulsions. Confusion. Losing consciousness. These are just some of the devastating signs of a seizure. For one-third of pediatric epilepsy patients, surgery is the only hope for living a seizure-free life.

“Pre-surgical evaluation aims to find out where in the brain the seizures are coming from,” explains Pediatric Neurologist Dr. Kevin Jones.

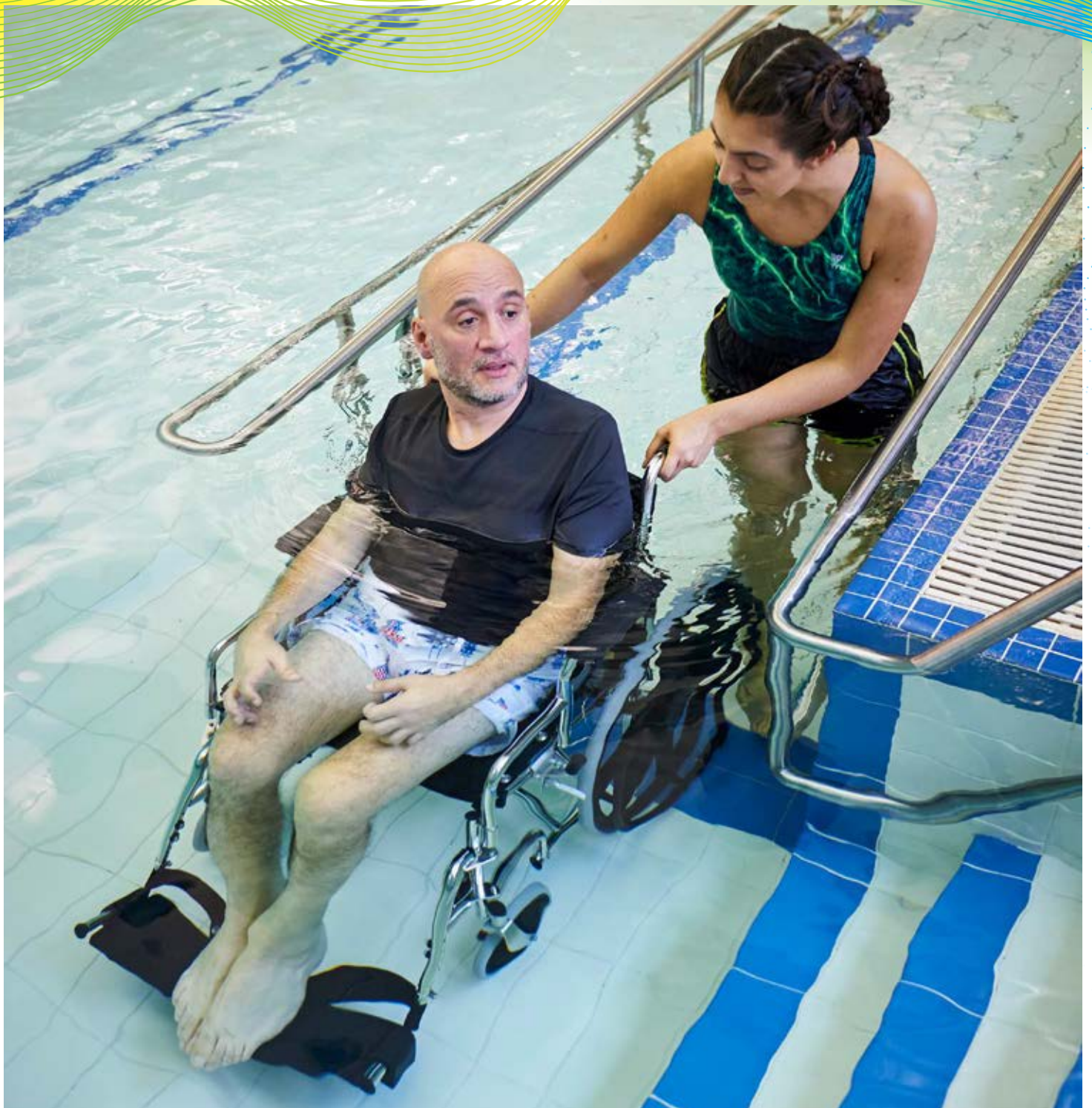
Foundation funding enabled the purchase of electrical-source imaging software. This software enhances pre-surgical evaluation in the Comprehensive Pediatric Epilepsy program at McMaster Children’s Hospital.

The software can display abnormal brainwave activity as a map on a patient’s MRI scan, enabling the neurologist to pinpoint where seizures are occurring. This is particularly important with brain surgery, which requires extreme accuracy for effectiveness and safety.

“Our previous methods were less precise for surgery,” says Pediatric Neurologist Dr. Rajesh RamachandranNair. “The new software is significantly improving our ability to localize seizures accurately.”



Dr. Kevin Jones and Dr. Rajesh RamachandranNair



Wheeling Into the Water

Water is essential for life, and its restorative powers can be life-changing. The hydrotherapy pool at the Regional Rehabilitation Centre provides a weightless healing environment where patients can exercise muscles with less stress on joints. This includes patients recovering from stroke, degenerative conditions and traumatic injuries.

Thanks to a portion of the proceeds from *Strides For The General*, two specialized wheelchairs are helping patients with mobility challenges access the pool and participate in hydrotherapy sessions so they can rebuild their strength and balance.

"On average, approximately four patients use the chairs per day," says Anastasia Stojakovic, an Occupational Therapist and Physiotherapist Assistant with the Spinal Cord Injury Team. "This is an important tool in helping patients achieve their rehabilitation goals and become more independent."

Giving Back for Our Most Vulnerable

Great strides have been made in the ongoing quest to reduce the stigma associated with many illnesses, and Fetal Alcohol Spectrum Disorder (FASD) is no exception.

FASD and other alcohol-related neurodevelopmental disabilities are caused by the consumption of alcohol during pregnancy and can have devastating consequences.

McMaster Children's Hospital provides diagnostic assessments to children with complex neurodevelopmental disabilities such as these, but significant gaps remain. Fortunately, support from the LCBO will enhance current diagnostic, therapeutic and supportive services to help an average of more than 40 patients and families each year.

Enhancements include the recruitment of a psychologist and a child youth worker; educating staff on Emotion Focused Family Therapy (EFFT) to provide caregivers and parents with the knowledge and ability to support their child's mental-health recovery; and building community partnerships to bring care closer to home.

"We're excited for this new interdisciplinary approach that builds therapeutic capacity for professionals and caregivers, and connects patients and families to FASD services in the community," says Susan Nall, the Clinical Manager of Developmental Pediatrics and Rehabilitation.

Thank you to LCBO and its customers for supporting the FASD initiative with proceeds from the *Season of Giving Back* holiday campaign. More than \$1.06 million was raised, which will also support the Pediatric Oncology campaign, enable the purchase of incubator beds for newborns and assist with the redevelopment of Care by Parent rooms in the Neonatal Intensive Care Unit.



Early Childhood Resource Specialist Linda Drysdale educates caregivers using Emotion Focused Family Therapy (EFFT).

Back Behind the Wheel

Imagine being in a foreign country and suddenly facing a life-threatening medical complication. Jim Lamontagne was vacationing in the Bahamas when his stroke occurred. He was transported to Hamilton General Hospital, home to the largest Integrated Stroke Program in Ontario. Once discharged from the inpatient unit, Jim was referred for ongoing outpatient therapy.

Like many stroke survivors, Jim had his driver's licence medically suspended. Losing your licence can have a devastating impact on your independence and ability to work. Fortunately for Jim, a new driving simulator at the Regional Rehabilitation Centre helped him practice his driving skills and regain his licence.

"The simulator has real-vehicle features and a wide range of driving scenarios to choose from," says Occupational Therapist Michelle Bonafiglia. "The three side-by-side screens and enhanced graphics enable more accurate assessment of functional visual-perceptual skills and visual-motor processing abilities," adds Occupational Therapist Kayla McDowell.

Approximately 150 patients a year will benefit from the new simulator, which was funded with support from Henderson Structured Settlements' *Making The Links Golf Classic*, along with other donors.



Monitoring Patients with Complex Needs

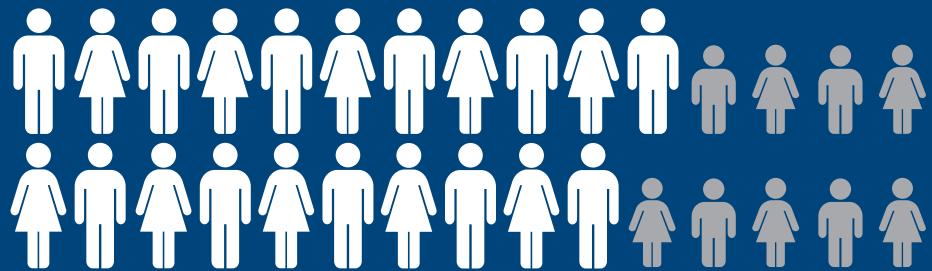
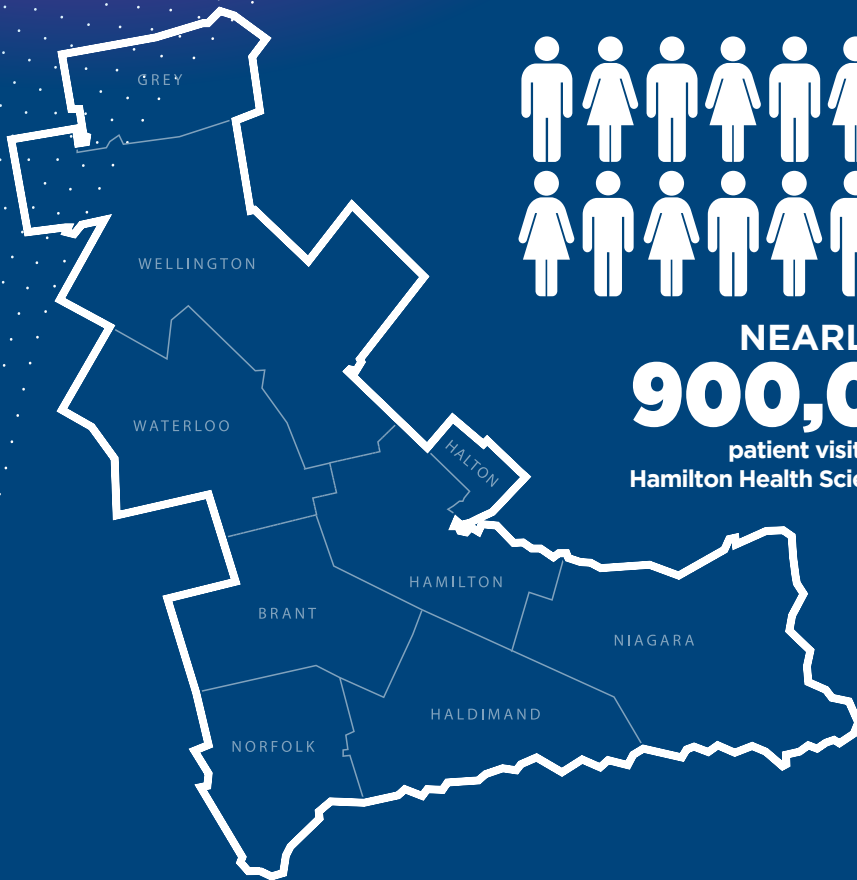
The inpatient Medically Complex Care program cares for 27 per cent of the patient population at St. Peter's Hospital. Patients in the program have multiple or complex needs resulting from an acute injury, chronic illness, degenerative disease or neurological condition.

As these patients work to recover, it is important that their cardiac function be monitored. A new electrocardiogram machine is providing the clinical teams with vital information about patients' heart rates and rhythms to help monitor heart disorders or abnormalities.



SERVING A
REGION WITH

2.3M
PEOPLE



NEARLY
900,000
patient visits to
Hamilton Health Sciences (HHS)*

NEARLY
270,000
patient visits to McMaster Children's
Hospital including Ron Joyce
Children's Health Centre



MORE THAN
240,000
patients attended outpatient clinics*

MORE THAN
140,000
patients visits to HHS
Emergency Departments

INCLUDING MORE THAN
50,000
at McMaster Children's Hospital



ALMOST
26,000
cancer patients treated

*FY 18/19 excluding West Lincoln Memorial Hospital

Bursary Winners

We are honoured to support many individuals across Hamilton Health Sciences with a range of bursaries and awards, many of which enable the pursuit of ongoing education and professional development.

BRIGHTRun Award

Som Mukherjee
Jenna Smith

Cameron Family Award

Jennifer Bell
Lisa VanHouwelingen

Chamberlain Award

Jehonathan Pinthus

Dianne Lee Award

Julianna Sienna

Early Career Awards

Harriette Van Spall
Amit Mukerji
Bram Rochweg

Grant I. Budden Award

Carla Tompkins

Health Professionals Awards

Aileen McPhail Bursary

Sara McLeod

Paul Robson Bursary

Andrea Britt

Dianne Norman

Susan D. Smith Bursary

Bethany Pryde

Health Professional

Foundation Bursary

Christopher Gabor

Eric Ricker

Jessica Cruse Rehab

Nursing Award

Michelle Fletcher

Juravinski Hospital and Cancer Centre Foundation General Education Award

Roochi Arora

Erin Kelter

Brenda Kowaleski

Karen Madden

Leslie Maskell

Justin McGinnis

Sandy McLean

Callista Phillips

Richard (Lucas) Schinkel

Julianna Sienna

Julie Swan

Research Grant

John Agzarian

Aly-Khan A. Lalani

Paola Muti

Jehonathan Pinthus

Marko Simunovic

Gregory Steinberg

Michael Surette

Anand Swaminath

New Investigators Fund

Michelle Batthish

Alexander Benz

Briano Di Rezze

Mohamed Eltorki

Jillian Halladay

Sarah Khan

Matthew Lanktree

Hira Mian

Joyce Obeid

Kanjana Perera

Samira Samiee-Zafarghandy

Jorge Wong

Occupational / Respiratory / Physiotherapy Award of Excellence

Michael Kampen

Joanne Longo

Jenny McEwen-Hill

The Richard and Mary Pelling Bursary/Scholarship in Psychiatry

Satyam Choudhuri

Raechele Marie Gibson

Tara Riddell

Robert Murray Burns Award

Corissa Androich

John Rogerson Jackson and Dorothea Marguerite Jackson Medical Research Award

Paola Muti

Gregory Steinberg

Spacelabs Healthcare Education Fund

Rene-Ann Hemmings

Nandini Nandeesh

Danielle Nepp

Dr. Stephen Buttrum Memorial Bursary in Clinical Psychology

Sara Colalillo

Jessica Dalley

Rebecca Shine

Joanna Zambrzycka

Steve Hopkins Bursary for Hematology Care

Sandy McLean

Virginia Hardy Education Award

Corissa Androich

Erin Kelter

Brenda Kowaleski

Julianna Sienna

Additional Bursaries Available:

Child Life Recognition Award

Douglas St. John Award

Jay Kuhn Award

Shirley Johnson Award

Shirley Krochuk Award

Stuart J. Cohen Memorial Awards

Quality Health Care is Everyone's Business – Care4 Vital Health Care

Care4 is a fundraising marketing partnership that empowers businesses to demonstrate their commitment to vital health care, by generously contributing a portion of their sales to Hamilton Health Sciences on behalf of their customers. Since its inception in 2012, the Care4 program has raised over \$1-million in cause marketing contributions. Please support these businesses that support Hamilton Health Sciences.

Bayshore Home Health

Blue Hippo Marketing & Promotions

Cameron Wilson

– Dominion Lending Centres,

Canuck Mortgage Group

Donate-A-Car

Funding Innovation

Home Instead Senior Care

HomeWell Senior Care

Lawrie Insurance Group

Mercedes-Benz Burlington

Trevor Monaghan Motorsports

Philips Lifeline

Staybridge Suites – Hamilton

Visus Eyewear

Zarky's Fine Foods





A Lasting Legacy

The word “philanthropy” will forever be synonymous with Margaret and Charles Juravinski. They have committed to creating an endowment of more than \$100 million, which is one of the largest legacy commitments in Canadian history.

The endowment will result in the creation of the Juravinski Research Institute, a partnership between Hamilton Health Sciences, McMaster University and St. Joseph’s Healthcare Hamilton. The Institute will conduct important medical research in such areas as cancer, mental health, lung and respiratory care, and diseases of aging.

Up to \$5 million will be provided annually in perpetuity to the partnered organizations through the endowment. As well, the Juravinskis made an in-life donation to the three partners, enabling the start of work for the Juravinski Research Institute.

“No matter one’s age or station in life, everyone who lacks good health is equally vulnerable,” Margaret and Charles wrote in an open letter announcing the legacy gift. “We figured that if we could help relieve or even cancel some of that worry for the families of our community, that we would be pleased.”

This legacy gift is just the latest example of the Juravinskis’ longstanding commitment to supporting excellence in health care for the region. Philanthropy has always been an important part of their life’s philosophy and their generous support of Hamilton Health Sciences Foundation has benefitted countless patients over the years. For example, Margaret and Charles donated \$15 million in support of our *Cornerstone of Care* campaign in 2006 to assist in the redevelopment of Henderson Hospital.

After the redevelopment was completed, the site was renamed Juravinski Hospital and Cancer Centre in their honour.

The creation of the Juravinski Research Institute will mark the beginning of an exciting new chapter in the Juravinskis’ legacy of philanthropy. Even with the historic scope of their endowment, Margaret and Charles continue to give back for the simplest of reasons: because it’s the right thing to do. “We want to be sure our remaining resources are able to do as much good for as many people for as long as they can,” Margaret and Charles said in their letter. “Simply put, nothing feels better than to help others feel better.”

To read the full letter online, visit
hamiltonhealth.ca/juravinskiletter



Overcoming Anxiety

Talat from Hamilton began to feel anxious and shaky around other people. He grew increasingly stressed at school. This progressed to full-blown panic attacks. "Initially, I was hesitant to tell anyone about this because I felt ashamed," recalls Talat. "Starting to talk about it helped me feel more comfortable about myself."

Talat was referred to Ron Joyce Children's Health Centre. The Centre's outpatient mental health services, combined with the inpatient program at McMaster Children's Hospital, is the largest pediatric mental health program in Canada. After consulting with Dr. Paulo Pires, the Clinical Director of Child and Youth Mental Health, Talat was diagnosed with moderate social anxiety disorder and participated in a 12-week program of group therapy to help him manage anxiety.

"Now I feel less stressed in social settings," he says. "I've even joined the Air Cadets to force myself out of my comfort zone."

Talat is sharing his story to help focus attention on the importance of mental health care. "With anxiety and depression on the rise, it's important for people to have access to programs like this so they can journey toward recovery and better mental health."



Greatest Show Enables Greatest Future

The future looks brighter when our communities rally together to support groundbreaking research. *The Greatest Show*, our 2019 gala inspired by the hit musical, *The Greatest Showman*, enabled several researchers to embark on a journey of discovery toward a healthier tomorrow:

- Drs. P.J. Devereaux and Michael McGillion are aiming to reduce the risk of post-operative complications for cardiac and vascular patients by evaluating SMaRTVIEW, a system that allows a patient's condition to be monitored remotely.
- Cancer survivors with a low-risk of reoccurrence typically have a better quality of life when care is transitioned to the community after completing treatment. Drs. Som Mukherjee and Jonathan Sussman are studying a group of such patients to develop enhanced models of supportive cancer care.
- Dr. Constantine Samaan (pictured bottom left) is investigating why survivors of childhood brain tumours are at an increased risk of developing chronic conditions, and the interventions that can prevent and treat them. This is the largest and most comprehensive study of its kind in Canada.
- Building on a prototype, the updated Fit-Frailty App is an interactive tool that helps determine interventions to help prevent and manage frailty in seniors. Dr. Courtney Kennedy (pictured top left) and her team are testing the usability of this tool with patients and health care professionals.

Legacy Gift for Pediatric Cancer Care

The world-class clinical teams at McMaster Children's Hospital perform miracles every day, and donors help provide the much-needed equipment and facilities to support their important work.

As part of the Pediatric Oncology campaign, the in-house pharmacy will be upgraded to enhance safety and efficiency when delivering chemotherapy. This renovation includes a sterile medication room partially funded by a generous legacy gift from Larry and Brigitte Evans.

The couple's close friend and estate executor says, "Brigitte indicated that she and Larry wanted to donate to McMaster Children's Hospital to help provide relief to children who were ill and suffering in the hopes of helping them to better health."

We are thankful for donors like the Evans family, whose lasting legacy supports children today and tomorrow.



Thankful for 20+ Years of Care

Everyone who walks the halls of St. Peter's Hospital knows Florence "Flo" Leet by name. Throughout her more than 20 years as a patient in the Medically Complex Care Program, Flo has dedicated herself to enhancing the patient experience. She has chaired the patient committee and held countless bake sales and fundraisers in support of patient care.

Flo's sister and brother-in-law, Lois Leatham and Dr. Balakrishnan, established The T.R. Balakrishnan and Lois Leatham Endowment Fund in appreciation of the care Flo has received. The endowment, which was made possible through a transfer of publicly traded shares, will support the ongoing purchase of high-priority equipment and enable amenities and patient activities for the Medically Complex Care Program.

Research Chairs: A Vital Link to Patient Care

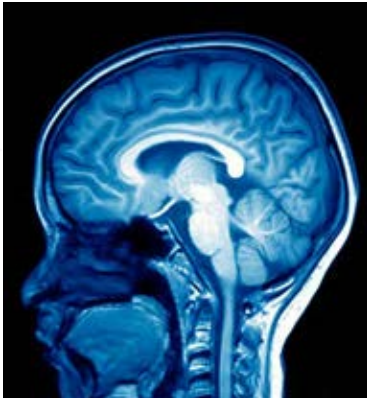
In addition to vital medical research, Research Chairs help mentor other researchers and develop new areas of research and clinical excellence. We are proud to support nine Research Chairs through managed endowed funds.



Hamilton Health Sciences Foundation / Jack Sinclair Chair in Neonatology
held by Dr. Salhab el Helou

McMaster Children's Hospital is home to Canada's largest Neonatal Intensive Care Unit. As such, the teams on the unit care for a very complex and vulnerable patient population. This unit has excellent outcomes, however, continuous quality improvement is critical.

Dr. el Helou is building a Quality Improvement (QI) and Patient Safety program focused on a multi-pronged QI project. This involves combining education and health service quality initiatives to enhance a culture of safety for both patients and health care providers. He is assessing a number of QI projects and safety frameworks to determine if expanding the culture of safety enhances the unit's overall performance. This includes a review of the rates of in-hospital infection, as well as the psychological safety and well-being of the clinical teams.



Marta and Owen Boris Chair in Stroke Research and Care
held by Dr. Ashkan Shoamanesh

Hamilton General Hospital's Stroke Program is a world-recognized program for its clinical care, training and research. Dr. Shoamanesh continues to characterize diseases of small blood vessels within the brain that make them prone to rupture, which can result in bleeding in the brain or Intracerebral hemorrhage (ICH).

He has founded the Hemorrhagic Stroke Research Program with the goal of reducing the global burden of death and disability from ICH through a world-leading clinical trials program. Recently, Dr. Shoamanesh led a study focused on *New Anticoagulants for Stroke Prevention* in patients with atrial fibrillation and previous Intracerebral hemorrhage. This study assessed the best blood-thinning medication for patients at high risk for stroke from blood clots, due to an irregular heart rhythm (atrial fibrillation), and those who have suffered a previous ICH. This study involved nine university hospitals across Canada, and is in the process of being expanded globally to over 300 sites in 23 countries across five continents.

ArcelorMittal Dofasco Chair in Experimental Cancer Therapeutics, held by Dr. Paola Muti

Beamish Family Chair in Peripheral Vascular Surgery, held by Dr. Jacques Tittley

David R. (Dan) Offord Chair in Child Studies, held by Dr. Kathy Georgiades

John G. Kelton Chair in Translational Research, held by Dr. Donald Arnold

McMaster Children's Hospital / Hamilton Health Sciences Foundation Chair in Neuromuscular Disorders, held by Dr. Mark Tarnopolsky

McMaster Children's Hospital / Hamilton Health Sciences Foundation Chair in Pediatric Thrombosis and Hemostasis, held by Dr. Anthony Chan

Scotiabank Chair in Child Health Research, held by Dr. Jan Willem Gorter



Tribute to Teresa Smith

Visionary. Game changer. Champion for innovation. These are just some of the words that summarize Teresa Smith throughout her 30-year career at Hamilton Health Sciences. Her passion for patient advocacy never wavered as she worked her way up to being the Vice President, Adult Regional Care and Site Lead for Hamilton General Hospital, including the Regional Rehabilitation Centre.

In her administrative capacity, Teresa provided leadership for the delivery of clinical services while promoting innovation and excellence. She advocated for the highest-quality patient and family-centred care for the adult regional programs, including cardiac, vascular, stroke, burn, trauma and rehabilitation.

From her early days as a respiratory therapist, Teresa was deeply affected by the neighbourhood surrounding Hamilton General Hospital. She met homeless patients who relied on The General for a hot meal and a warm place to spend a winter's night. This inspired her to advocate for partnerships to improve the social determinants of health. These early experiences shaped Teresa's perspectives on patient care: meet people where they are, and understand what's important to them.

Her engagement with Hamilton Health Sciences Foundation and our donor community was extensive. A passionate supporter of *Strides For The General*, Teresa actively engaged employees and physicians to raise funds for vital patient equipment. She also used the event as an opportunity to reach out to former patients and the broader community.

The event has raised more than \$1.2 million and has supported the purchase of hundreds of pieces of vital equipment to enhance patient care and ensure that clinical teams have the tools they need to do their best work.

Teresa also engaged a broad range of donors championing our work. She believed that "charity begins at home" by encouraging physicians and staff to support The Foundation in any way possible – volunteering, attending events, engaging grateful patients, and of course, team-based fundraising for *Strides For The General*. Just as Teresa understood the cumulative impact of donor support, she understood the benefits of team collaboration and the healthy spirit of competition.

Thousands of patients have benefitted from her leadership and passionate dedication to advancing patient care and excellence. This was accomplished while also expanding the scale and scope of highly specialized programs at The General, which are now amongst the best in Ontario.



OUR MISSION

Our mission is to raise funds and manage donor gifts for the purpose of supporting outstanding clinical care and research for the communities served by Hamilton Health Sciences.

OUR VISION

To see a community of inspired and committed donors who embrace *It's Vital to Care*.

OUR VALUES

The Foundation believes that relationships and partnership are the basis of excellence in fundraising. Therefore we will:

- Treat all donors, the Hospital and others with integrity, respect and appreciation
- Be accountable to our donors and the community
- Encourage creativity and innovation in our activities

OUR CREED

IT'S VITAL TO CARE

Each dawn brings into our world a new mosaic of people, patients, staff, and critical needs. Needs for funding to support patient care, medical equipment, specialized programs, education and research. It is a unique blend of needs that inspires us to do our very best.

While we are a mosaic, each one of us unique in our skills and talents, we unite in our desire to make a difference as we bring our own passion and commitment to our roles. We inspire those we encounter on our daily journey to join with us, as we raise funds to support our region's health and well-being.

We seek to inspire by telling the stories of patients and staff. They are the friends, families and loved ones of people who rely on the care we support. It is their stories that have the power to influence why *It's Vital to Care*.

Gifts come in many forms, each with its own unique value and role in supporting our Foundation. We remain focused building the community's confidence as their charity of choice. A charity that welcomes contributions great and small, providing for the needs of our hospitals. A contribution that enables each hospital in our family to have the equipment and environment that enables caring and compassionate health care.

An environment, where through funding for world-leading research, the next treatment, cause or cure can be found. Each day we remain focused on those who can help us to impact a life. The life of today's patient or tomorrow's.

Together, we are committed to inspiring donors to understand why *It's Vital to Care*.

Legacy Circle Members



The Legacy Circle honours people who share a commitment to the future of health care. As such, these generous individuals have notified Hamilton Health Sciences Foundation of a designated gift through their estate plans. Respectfully, many donors wish to remain anonymous. Those who granted permission to be recognized as members are listed below.

Dave and Julia Aitchison
Eileen Akershoek
William and Ruth Almas
Claire Andoff
Robert and Loraine Annandale
Helen Antikian
Callie Archer
Bill and Helen Ayre
Robert Baboth
and Mary Beth Toth
Lucien R. Backers
and Helen H. Mackie
Mrs. Vickie Baird
Mr. Lewis Balogh
Mary Beamer
James and Catherine Bell
Mr. Charles W. Boxall
In loving memory of Sian
and Ken Bradwell
Marnie and Bill Brehm
Jean Brookings
Deborah M. Brown
Ann K. Bucke
Alicia Butson
Caldarelli Family
Ms. Winifred Cameron
Doreen Carey
Jacqueline Carey
K.C. Carruthers
Deborah Chamberlain
In loving memory of
Hadley H. Chamberlain

Dr. Gerry and Dr. May Cohen
in memory of Stuart J. Cohen
Jane Colling - Everett Colling
Memorial Endowment
Margaret Davidson
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Margaret Durrant
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In honour of my mother,
Florence Tebbutt
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Donald & Lenise Willard
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Woods, M.D.
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Ronald J. Zabrok

We are grateful to the individuals listed who designated a legacy gift to Hamilton Health Sciences Foundation as part of their estate. Through their careful planning and forward consideration we received these gifts, either in part or in whole in 2019. We are honoured to acknowledge their generosity and its lasting impact.

Bernice Marion Anderson
Laura Belacca
Elizabeth Calladine
William Lyall (Bill) Campbell
Carmella Celia Capotosto
Carolene W. Clemens
Eileen Dorothy Connor
David Ralph Crompton
Hilda de Leeuw
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Brigitte Maria Evans
Karon Veron Exley

Brendan John Grace
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Marion Wilson Holton
Denis Stewart Hughes
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Lilian Eleanor Rosamond
Aadrikje "Ali" Scholtens
Frank David Sherwin
Marbell Clara Teakle
Victor John Veri
William John Webster Weir
Robert Wilson
Lillian Rose Wyers

EXPERIENCES

Super Patients as Supermodels

Every child deserves a moment in the spotlight, and Melissa Petrilli's mission is to make this a reality.

Melissa's son Maksim was born with autism and Pfeiffer syndrome, a genetic disorder defined by a premature fusion of bones in the skull. Determined to foster an inclusive community for kids of all abilities, Melissa launched *The All Abilities Fashion Show*.

Twenty resilient kids from McMaster Children's Hospital and its Ron Joyce Children's Health Centre walked the runway wearing t-shirts designed by Melissa. The show raised funds for highest priority needs, while giving families an opportunity to bond outside of a clinical setting and enjoy some time in the spotlight.

Melissa proudly explains that "the fashion show is a fun and positive way to celebrate children's resiliency, while creating more awareness and acceptance in the community."



Every Dollar Makes a Difference

A \$10-donation made over the phone. A recurring \$20-monthly gift. A \$50-donation in lieu of birthday and wedding gifts. The cumulative effect of these donations is tremendous and has enabled us to purchase vital equipment and patient amenities across Hamilton Health Sciences.

Donors have supported the purchase of items such as supplies for the art-therapy program at St. Peter's Hospital; "touch-to-play" gaming systems for clinics and waiting areas at McMaster Children's Hospital; blanket warmers for the chemo suite at Juravinski Cancer Centre; and lounge furniture for families visiting loved ones in the ICU at Hamilton General Hospital, amongst countless other pieces of equipment.



Exceptional Care is a No-Brainer at The General

Irma Radzick from Hagersville is well acquainted with the neurosciences team at Hamilton General Hospital: she credits them with saving her life. In March 2014, Irma fell and suffered a severe brain injury with a brain bleed. During her recovery, the Regional Rehabilitation Centre helped improve her physical and cognitive skills.

Fast forward to 2018, when Irma's husband and son rushed her to a local hospital due to a dangerous brain aneurysm. She was later transferred to Hamilton General Hospital, where under the guidance of Dr. Brian van Adel, Irma underwent a delicate procedure in the biplane angiography suite to stop the bleeding from her ruptured aneurysm.

The suite provides enhanced imaging, reduced radiation, and timelier diagnoses, and allows for a range of minimally invasive procedures, such as clot retrievals and stent insertions. Nearly 500 patients received care in the suite last year. "My life could have been over in the blink of an eye. I'm thankful for the care I received and appreciate every moment with my family and friends. Together, we fundraise to help other patients like me."

The biplane angiography suite was funded by a transformational gift from the Marta and Owen Boris Foundation in 2015, which has made a vital difference for patients with conditions such as aneurysms and strokes. Nearly five years later, this gift has enabled care for increasing patient volumes, new innovations in stroke care, a robust fellowship program and ground-breaking research. We thank the Marta and Owen Boris Foundation for their ongoing support of this world-renowned program.

EXPERIENCES

A Network of Miracle Makers

Many of our Children's Miracle Network (CMN) and Canada's Children's Hospital Foundations (CCHF) partners are prominent retail chains. Throughout the year, these dedicated companies host fundraising campaigns on behalf of McMaster Children's Hospital Foundation. We are overwhelmed by the unwavering commitment of retail associates who helped raise more than \$1.6 million by asking customers to make donations at the cash register. Thank you to our partners, their employees and customers for supporting these vital campaigns.

Countless retail associates have a personal connection to McMaster Children's Hospital, which is why they are so passionate about fundraising:

"The money raised for McMaster Children's Hospital funds the latest technology to help get these kids back to full health. That is a good reason for me to ask for donations." – Kevin H.

"McMaster Children's Hospital has helped so many families with children that are very sick. I love that the money is kept in our own community and touches the lives of families so close to home." – Deb C.

"We were children once. I believe no child should ever suffer. Every dollar I can help raise will help provide the necessities to aid in the comfort and healing for all ill children." – Margaret L.

"I love CMN month. I am passionate about raising money for McMaster Children's Hospital, partially because my son and grandson are MacKids and I have been witness to the amazing care kids receive there. I can see firsthand how money raised goes to supporting children." – Jennifer B.



**Children's
Miracle Network®**

**CANADA'S
CHILDREN'S
HOSPITAL
FOUNDATIONS**

Thank you to all Children's Miracle Network and Canada's Children's Hospital Foundations partners for their ongoing support of McMaster Children's Hospital.

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Brooks Brothers Canada
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Northern Reflections
PartyLite
Pizza Pizza
RE/MAX
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TD Bank Group
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EXPERIENCES

Corporate and Community Fundraisers

Every year, hundreds of business and community events are generously planned and organized by individuals and groups from across the region. Below are a few examples of the events hosted on our behalf:

Stepping into the Ring for Charity

Olympic boxer Mandy Bujold presented the inaugural *Champions for Charity* corporate-boxing charity event in Kitchener. Eighteen business professionals tested their strength by enduring 13 weeks of intense training before stepping into the ring for fight night. The event raised more than \$161,000 for Juravinski Hospital and Cancer Centre Foundation and McMaster Children's Hospital Foundation.

Laughing for a Good Cause

In memory of her brother Mike, who was a patient in the Amputee Rehabilitation Program at the Regional Rehabilitation Centre, Tracy Tomalin organized the *Amp'd for Laughs* stand-up comedy night at the Levity Comedy Club & Lounge. The event raised \$6,000 for the Amputee Rehabilitation Program and the Prosthetics and Orthotics Program.

Girl Power!

The Jersey Girls are a group of Hamilton-based women committed to fundraising for Juravinski Hospital and Cancer Centre Foundation. In 2019, they held their ninth-annual *Spaghetti Dinner and Silent Auction*, raising more than \$15,000 for *Illuminight* in support of the Cancer Program.

Five Years of Collecting Bottles and Cans

For five years, the Beer Store and its employees in Hamilton and Burlington have hosted a bottle drive in support of Juravinski Hospital and Cancer Centre Foundation. By partnering with local restaurants, bars and major Hamilton-area events, the bottle drive has brought in more than \$136,000. The Beer Store is also a key sponsor of the annual *Cheers to Juravinski Hamilton Bulldogs* game, which has raised more than \$15,000 over three seasons.

Twenty-Five Years of Opera

Dawn Martens has led the Buchanan Park School's Opera Club for 25 years. The Club's 2019 show, which doubled as a reunion for students from previous years, raised \$5,000 for the Music Therapy Program at McMaster Children's Hospital.

A Family United in Purpose

Rosemary and Josh Mamer's son Elliot is a brain-tumour survivor. Wanting to make a vital difference for other patients, Rosemary, Josh and Elliot organized the *Clear Eyes, Full Hearts, Can't Lose* event at the Shawn & Ed Brewing Co. in Dundas. The casual get-together raised more than \$30,600 in support of the Pediatric Oncology Campaign.

Therapeutic Café

The 23rd annual *Masonic Beef & Corn Roast* raised \$2,800 to support the creation of a Behavioural Health Café at St. Peter's Hospital. The Café is enhancing social interactions and enabling patients with dementia to engage in meaningful activities.

Therapy Dogs for Seniors

St. Peter's Hospital Foundation partnered with Home Instead Senior Care Foundation of Canada for its *GIVE65* initiative to raise funds for *Pawsativity*, a year-round pet-therapy program. Pet therapy benefits patients by reducing anxiety, enhancing social skills and promoting exercise. The 65-hour crowd-funding event raised more than \$6,600.



Photo Michelle Graham



CORPORATE AND COMMUNITY SPECIAL EVENTS

1218691 Ontario Inc.
o/a S.C. Watson Services
Absolute Pilates
and the Absolute Pilates Team
Acumen Insurance Charity
Golf Tournament
Aerotek, In Memory of Patricia Soriano
Alec Bradley Charity Golf Tournament
Alive Intention Bracelets
All Abilities Fashion Show
Amethyst for ALS
Amp'd for Laughs
An Evening of Awareness
AndreForbes
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Associazione Cattolica S. Francesca
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Avon Canada Independant Consultant
(Nicole Morin)
AXYZ Automation Group
Bailando Por Una Esperanza
- Dancing for Hope
The Beer Store
and UFCW 12R24 employees
Blessed Trinity Catholic Secondary School
Blyth Cowbell Brewing Co.
The Borthwick Memorial Golf Tournament
Boston Pizza Foundation
in honour of Angie Reece
The Boutique
Brainstorm
Brands 4 Less
Brenda Bittcher
BRIGHT Run
Bruce Barr Memorial Tournament
Bruno DeLuca Memorial Golf Tournament
Buchanan Park School
Budds' BMW Motorrad
Buffalo Wild Wings
C.F.F. Stainless Steels Inc.
Cadillac Fairview
Canada Post Employees
in Memory of Alex Pitcher
Canadian Bearings Charity
Golf Tournament
Canadian Dance Company Fitness
Canaysia Gifts Ltd.
Cancer Warriors, Celebrate Life
with Lights
Cancraft Marketing
Carter Family Golf Tournament
Cassidy's Easter Egg Hunt
Celebrate Life with Lights
- Diwali Dinner and Dance Gala
Champions for Charity
Cheers to Life; Chantel Turns 3!
Children's Cancer
& Leukemia Tournament
Child's Play Charity
Christopher & Filipe Cadete Memorial
Golf Tournament
Cindy's Badda\$\$ Fundraiser
Columbia International College
Columbia International Scholarship
Endowment Fund
Cora Classic Charity Golf Tournament
Corpus Christi Catholic Elementary School
Corpus Christi Catholic Secondary School
Cox Creek Cellars Inc.

Crop for a Cause
Crusade Against Cancer
Daddy & Daughter Royal Winter
Wonderland Ball
The Dave Andreychuk Foundation
DeZoete Family Fundraiser
Dianne Baboth Memorial Golf Tournament
Dignity Memorial Fundraiser
Diletti Salon and Spa, An Evening of Style
District A, B and C Masonic
Beef and Corn Roast
Doctor Who Society of Canada
Dr. Charles Best Public School
Duff Classic
Duke Electric Limited
Dundas Granite Masters
The Dundas Real McCoys
Senior AAA Hockey Club
Edgeukid
Elliot's Story
Employees of Canada Post
- Collection & Delivery
ENE Golf Tournament
Eriks Krumins
Farm Boy
Father's Day Brunch in da Park
Federazione Abruzzese District
of Hamilton
Fern Hill School
Fescue's Edge Golf Club
Fillion's Footsteps for Palliative Care
Fire Fest
Flamboro Valley Camping Resort Ltd.
Flip the Chip
Fore Mac Golf
Gatestone Elementary School
Giant Tiger
Glancaster Gives 4MacKids
Global Spectrum Facility Management
Golfi Concrete and Drain Ltd.
Gord Arnes & Bill Hamilton Memorial
Golf Tournament
Grazie Ristorante Annual Golf Classic
Gulliver's Lake Horseshoe
Tournament Fundraiser
HAIR Power Prostate Cancer Fundraiser
Halton Regional Police Association
Hamilton Building
The Hamilton Bulldogs Hockey Club
and the Hamilton Bulldogs Foundation
Hamilton Discount Auto Parts
Hamilton Health Sciences Volunteer
Associations - MacKids Bowlathon
Hamilton Marathon Road2Hope
Hamilton Police Association
Hammering Cancer Fundraiser
Hasty Market
Heczko Family and Friends
- In Loving Memory of Aubrey
High Risk Pregnancy
and Neonate Fundraiser
Hillfield Strathallan College
Holiday Market
Holy Spirit School
Huntington Park Public School
Huntington Ridge Public School
Huskies Basketball
IKEA Burlington
Immaculate Conception
Elementary School

Immaculate Heart of Mary
Catholic Elementary School
Isabella Platusic and Katherine Sandoval;
Scoliosis Fundraiser
Jo Thorman Memorial Golf Tournament,
sponsored by MNP LLP
Dr. Juergens Fundraiser
The Keg Steakhouse & Bar - Hamilton
The Keg Steakhouse & Bar - Waterdown
Kevin Fama Memorial Golf Day
Kingsway 5 Pin Bowlers Association
in Memory of Warren Cullen
The Kloostra Family
& Monkton Community
Kool Stuff Toys
Kory 3 Pitch League Ball Tournament
KW Clubs for Brain Cancer
in honour of Alex Janke
LemonTree Fashion Jewellery
Lidia's Legacy Golf Tournament
Lincoln Karate Fundraiser
Liquor Control Board of Ontario (LCBO)
Long & McQuade Musical Instruments
Lucy's Fashions
Luke William Hodgson Fundraiser
Mapleview Shopping Centre
- Gift Wrapping Campaign
Mapleview Shopping Centre
- Santa Portrait Program
Marathon Run for Mark Mazzaferro
Marz Homes Care Foundation Annual
Golf Tournament
Mason Boughner
Mass Insurance
Mateo's Green Jacket Memorial
Golf Tournament
McDonald's Restaurants McHappy Day
McMaster Medical School Students
McMaster Mentorship Outreach Student
Team MMOST
McMaster Pops Orchestra
McMaster University - Dance Team
Mercanti Memorial Golf Tournament
Mike Gatto Memorial Golf Tournament
Mississauga Erin Mills Lions Club
Mohawk College
Nelly Comfort Shoes
Nexeo Solutions
NICU Graduates Picnic
The Northern Goddess
Our Journey with Juravinski - Pumpkin Fest,
Jessica and James Durka
Our Lady of Mount Carmel
Paddle Auction Fundraiser
Paige McDermott's Annual Bake Sale
Party Sound Snow Fest
Party with a Purpose - Cooperators
(Cambridge processing department)
in Memory of Kim Filer
Pauline Johnson Collegiate
and Vocational School
Peel Regional Police Charity
Golf Tournament
Pink Night Dream Team
Pioneer Give What You Can
PurpleRibbon
QB Sports Bar Grill Games
Family & Friends of Raelyn
Raglan Street Party
Rainbows & Stars - Aleksa's Journey
Ricca D'Oro

RJCHC Social Enterprise Program
Rotary Club of Flamborough A.M.
Royal LePage
Run for Hamilton, c/o Ahmadiyya Muslim
Jama'at Canada
Ryan William Foundation Charity
Golf Tournament
Sadie's Fundraiser
Samantha Watson's Toy Drive
Samuel, Son & Co. Ltd.
Sassy's Boutique
Scotiabank Smiles for MacKids
Shoppers Drug Mart, LOVE YOU
Growing Women's Health
Sian Bradwell Fund for
Children With Cancer
Sikh Society Hamilton - Baba Budha Ji
Gurudwara Hamilton
Silent Art Auction
for World Autism Awareness Day
Silvano & The Mulberry Street
Porchini Band
In honour of Anne Simpson
Slate Asset Management LP.
The Slye Fox
Southern Ontario Beer Boys
Spencer Valley Elementary School
- Grade Eight Students
Spirit Halloween
St. Anns Catholic School
St. Anthony's Feast Inc.
St. Joachim Catholic School
St. John Brebeuf Catholic School
St. Joseph School Staff
St. Mary BBQ
St. Matthew Catholic Elementary School
Stan's Girls
Strike-Out Childhood Cancer
- RBC Wealth Management Burlington
StrikeOutCancer
Studio E Inc. - In Honour of Anya Martinez
Sunshine Enterprises
Susan Bessmers Memorial Fundraiser
Sydney Wood Purple Butterfly of Hope
T.R.L. Investments Limited
Tanglewood School
Taya, Zachary and Sydney's Haircut
at St. Luke's
TBD Foundation Poker Run Fundraiser
Three Sisters
Thunderwaters Waters Golf Club
TigerCat Industries Social Club
Tom Kastelic Memorial Golf Tournament
Toronto Patriots Breast Cancer
Awareness Fundraiser
Trisura Guarantee Insurance Company
Tucker Charity Bowlathon
Tucker Charity Golf Tournament
Tyler and Lisa Laycock - Ayr Hip Party
U Walk Laurier Sarcoma Fundraiser
Umicore Autocut Canada Corp.
Vicky Harrison
W.R.B. Sales & Marketing Inc
Walk 'n Roll 4 Mito (In Memory of Rita Keltie)
Waterdown Easter Egg Hunt
Westdale BIA
William Fox Race Fundraiser
William Frearson Memorial Golf Tournament
The Winchester Arms
Xander's Story
Youngs Insurance Brokers Inc.

We are fortunate to have many community and corporate partners. The following is a list of our loyal partners who host events and fundraise on our behalf. Thank you for your efforts.



Charles Criminisi
Board Chair
Hamilton Health Sciences



A Message from Hamilton Health Sciences Board Chair, Charles Criminisi and President and CEO, Rob MacIsaac

Thank you for being one of 42,550 donors who supported Hamilton Health Sciences in 2019. Your gift is vital to our mission of providing the best care for every person and family we have helped this year. At the same time, thanks to your generosity, we are also making progress building a healthier future for generations to come.

We are investing in the technology, equipment and research discoveries that are necessary to meet the changing needs and expectations of the population we serve. We are making progress to detect and treat devastating diseases, offer important new services, and enhance the well-being of individuals and communities.

Your support has made Hamilton Health Sciences well known for excellence in patient care and innovation. Our clinicians and researchers are global leaders in the race to transform medicine, making exciting contributions in the fields of cancer, pediatrics, stroke, heart health, population health and many others.

We are not slowing down either. In fact, we are planning to accelerate. We are excited about the many improvements we are making to our hospital and the positive impact this is having on the care we provide and the patient experience at Hamilton Health Sciences.

Thank you for your continued commitment to this transformation.



Rob MacIsaac
President & CEO
Hamilton Health Sciences

Rebecca Repa: Dedicated to Patient Care

Rebecca Repa's dedication touched nearly every patient at Hamilton Health Sciences. As the Vice President of Clinical Support Services and Surgery, her extensive portfolio included Perioperative and Endoscopy services, Pharmacy, the Regional Laboratory Program and Diagnostic Imaging.

She was the Executive Lead at St. Peter's Hospital during her early tenure at Hamilton Health Sciences. She worked closely with our team to help ensure that our donors understood the impact of their contributions on patients and their families. Rebecca supported the formal creation of the GERAS Centre, located within the Juravinski Research Centre for Studies in Aging, as a research centre dedicated to improving the lives of seniors living with complex medical needs.

Rebecca supported both fundraising and patient-focused programs, including the *Festival of Lights*, *Grandparents Day* and art therapy at St. Peter's Hospital. In both her professional and personal life, Rebecca was a wonderful ambassador for our work, as she knew firsthand the impact on patients.

After nine successful years at Hamilton Health Sciences, we wish Rebecca well in her future endeavours.



Vision and Precision in Surgery

When Lynne from Dundas underwent surgery for an abdominal aneurysm in October 2019, she was part of history in the making.

Lynne was among the first patients to receive care in the new Hybrid Operating Suite at Hamilton General Hospital. Expected to benefit at least 700 patients a year, the Suite combines advanced imaging technology and equipment to enable surgeons to perform operations with greater precision.

"Patients will experience shorter surgical times, faster recovery and less pain," says Deb Bedini, Director of the Cardiac and Vascular Program. "The tireless dedication of donors is helping us stay on the leading edge of patient care into the future."



Rolling Into Radiation

The clinical teams across Hamilton Health Sciences go above and beyond to create the perfect healing environments for their patients.

Pediatric cancer patients undergo radiation therapy at Juravinski Cancer Centre, but the site was originally designed for the care of adult patients. Historic support from the Rotary Club of Ancaster AM enabled the Pediatric Radiation Oncology team to transform the space into a more child-friendly environment.

The radiation Pod is a place where kids can play, watch videos and listen to music. These positive distractions help improve their health outcomes.

"The Pod empowers children and families to actively participate in their treatment experience through play and positivity," says Pediatric Radiation Therapist, Melanie Carrigan.

Thanks to a generous gift from the Dave Andreychuk Foundation, two electric-powered cars were purchased to help reduce the anxiety of young patients who are travelling from the waiting room to the radiation bunker. Children who were once reluctant about treatment now have smiles on their faces as they cruise through the halls.





Teamwork Brought Him Home

Frank Bylok of Mount Hope had a history of limited mobility due to debilitating back problems, including scoliosis and spinal fractures. He also lacked strength and motor control in his hands and feet, which were often shaky and numb.

After a devastating fall, the multidisciplinary team at St. Peter's Hospital collaborated to help Frank regain strength and balance. This training reduced the chances of future falls.

"Everyone, from the nurse practitioner and the physiotherapist to the pharmacist, was always so kind and supportive," he says.

Tests determined that Frank's medical issues were partly caused by celiac disease, which made it difficult for his body to absorb the specific nutrients needed for building muscle and maintaining a healthy nervous system. He was prescribed supplements to replenish those nutrients, which helped him to gain muscle, build strength and increase motor control.

"In January, I was strong enough to walk out of the Hospital with a walker and go home," says Frank. "It's a miracle how far I've come, and I'm grateful to the amazing folks who helped me get my independence back."



Helping Patients Have More Tomorrows

Our donors are helping blood-cancer patients have hope for more tomorrows.

Donors raised \$5 million through the initial phase of the *Tomorrow Stems From You*® campaign. This funding has enabled several construction milestones for the Adult Stem

Cell Transplant Program, including the expansion of Clinic F at Juravinski Cancer Centre. The clinic has increased its outpatient capacity with three new exam rooms and one counselling room, where clinicians consult with patients and families.

Over the past five years, there has been a nearly 70 per cent increase in patients receiving stem cell transplants at Juravinski Hospital and Cancer Centre.

This growth of stem cell transplantation services is due in part to the internationally recognized research, innovations and leadership at Juravinski Hospital and Cancer Centre, which have resulted in this potentially life-saving treatment being viable for a wider range of patients.

The expansion of Oncology Day Services and the construction of a new inpatient transplantation unit are well underway. The new unit is expected to treat its first patient in 2020. While the end of construction is on the horizon, we will keep fundraising to purchase additional equipment and patient amenities, and support ongoing research, education and clinical trials.





Where Dreams Come True

At nine months old, Dylan fought a bacterial infection that resulted in the partial amputation of his leg and hand. Today, he is chasing his dream of playing sledge hockey for Team Canada. As an infant, Desirae suffered from developmental delays. Today, she is walking on her own and is passionate about singing.

Stories like these embody the vital difference donors make in the lives of patients. Dreams were enabled thanks to the equipment and programs provided at Ron Joyce Children's Health Centre. The Centre recently surpassed 63,000 patient visits per year, representing a 21 per cent increase since its opening in 2015. Enabling the dreams of every patient who walks through the Centre is the aspiration of the entire team.

"The sense of comradery amongst the staff is remarkable, as is their determination to make a difference," says Bruce Squires, President, McMaster Children's Hospital.

Prepared for Phenomenal Pediatric Care

Ron Joyce's legacy of supporting excellence in pediatric care lives on in The Joyce Family Foundation Inpatient Unit at McMaster Children's Hospital. This clinic is dedicated to patients with ongoing complex needs.

The unit has nine complex-care rooms and 14 general pediatric rooms, all of which are single-patient rooms for privacy. A *Care by Parent* suite provides an area where parents can learn to provide specialized care for their children with complex needs.

This new unit is benefitting patients like two-year-old William from St. Catharines. William suffered severe brain damage from a traumatic birth, which resulted in quadriplegia, chronic digestive disease, hearing issues and limited vision. He spent the first six months of his life as an inpatient at McMaster Children's Hospital and he continues to use specialized services from numerous clinics.

The new unit allows inpatients like William to receive care from the Hospital's interdisciplinary teams in a bright, comfortable and state-of-the-art environment.



A Second Home for Cancer Patients

More than 900 children and youth receive treatment for cancer each year at McMaster Children's Hospital.

These young patients are surrounded by loving family members and dedicated clinical teams who work tirelessly to provide the best possible care. They also benefit from the support of donors who are committed to enhancing the treatment spaces that become like a second home, as patients often spend years in treatment.

Renovation plans for the third-floor Oncology Clinic involve creating distinct areas tailored to different age groups, as well as a private consultation area. We look forward to sharing further details as we continue to fundraise for our Pediatric Oncology campaign.



A Home in a Hospital

A one-bedroom apartment, fully furnished living room, three-piece bathroom and kitchen with appliances. This isn't a real estate listing – it's a description of the *Activities of Daily Living Apartment* at St. Peter's Hospital.

Patients recovering from serious injuries or conditions causing physical or cognitive deficits can re-learn how to cook, clean and use the bathroom in the apartment.

"Used about three or four times a day, the apartment is a gateway to independence for many patients in the Restorative Care Program," says Occupational Therapy Assistant / Physiotherapy Assistant Sarah Ferguson. "Practicing these functional tasks in a safe environment gives patients the confidence they need to prepare food or bathe when they are discharged back into the community."







From left to right: Reg Swamy, Charles Criminisi, Jim Wilson, Holly Simmons, Ralph Olivieri, Jane Percival, Jon Jurus, Pearl Veenema, Rob MacIsaac, Norm Jackson, Sacha Babic, Kathy Thomas, Mark Hunter, Kelly Braley and Jamie Elchuk.

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John Mathioudakis
Dr. Ralph Meyer
Ralph Olivieri

Dr. Alexandra Papaioannou
Sharon Pierson
Dr. Richard Seeley
Holly Simmons
David Simpson
Bruce Squires
Dave Vander Ploeg
David Velanoff
Dr. James Velianou
John Welton
Jim Wilson

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PO Box 739 LCD 1, Hamilton, ON L8N 3M8
905-522-3863 | www.hamiltonhealth.ca
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