

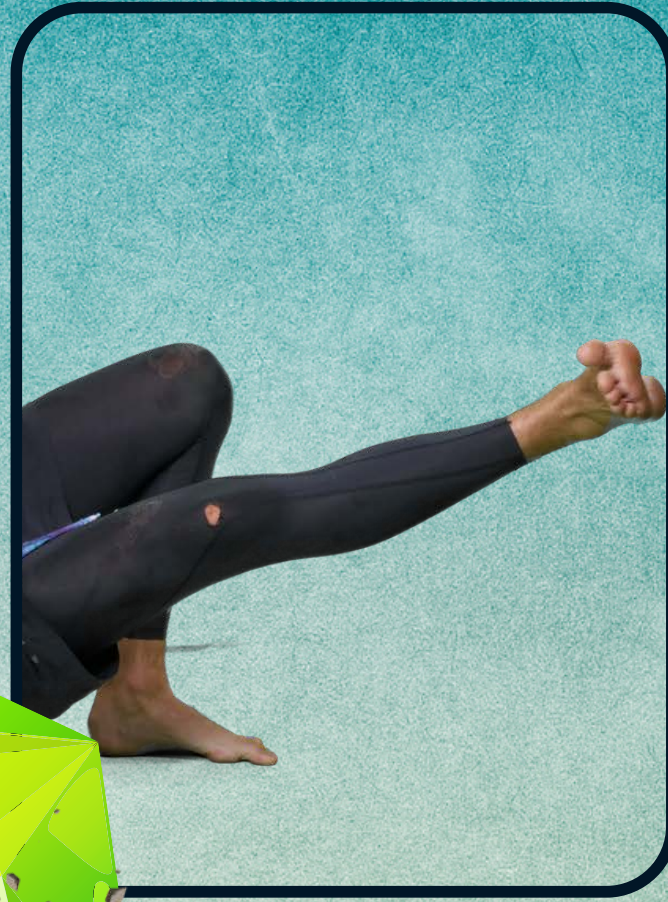
EARTHY STURDY



Hip Circles



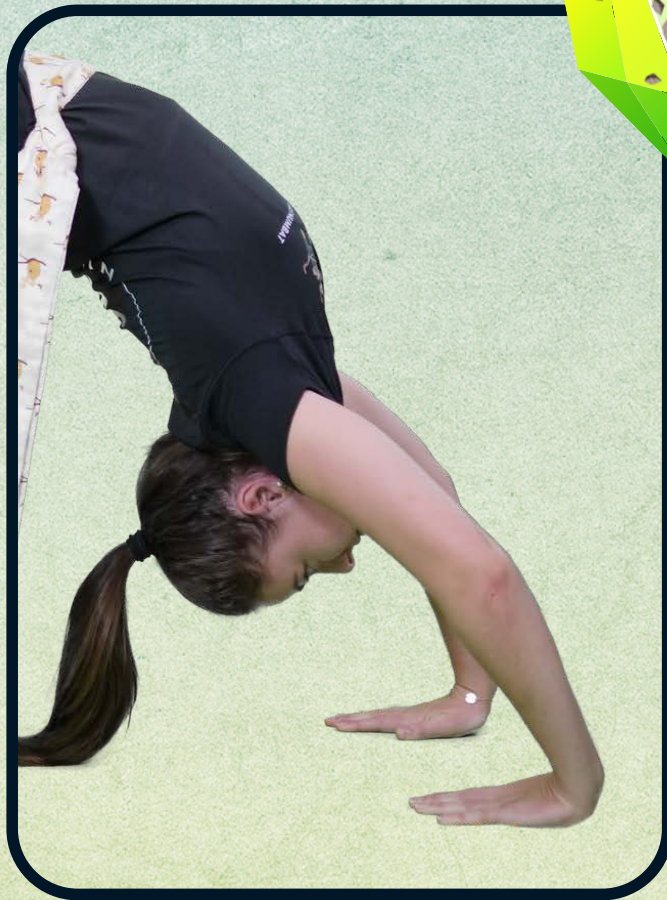
Kick Through



Turning Kick



B r i d g e



Rear Support



Pistol Squat

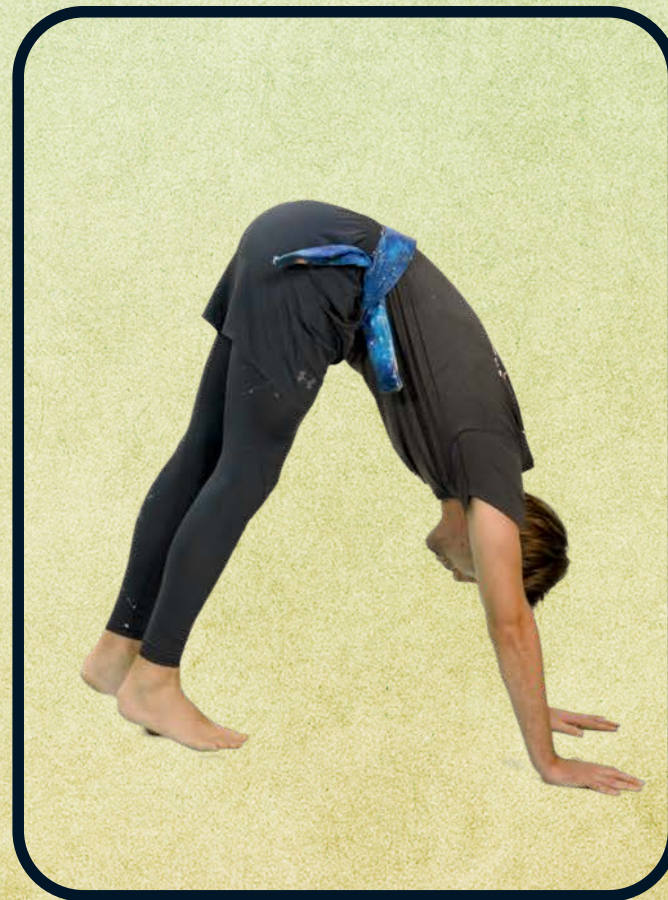
PLAYFUL NINJAS



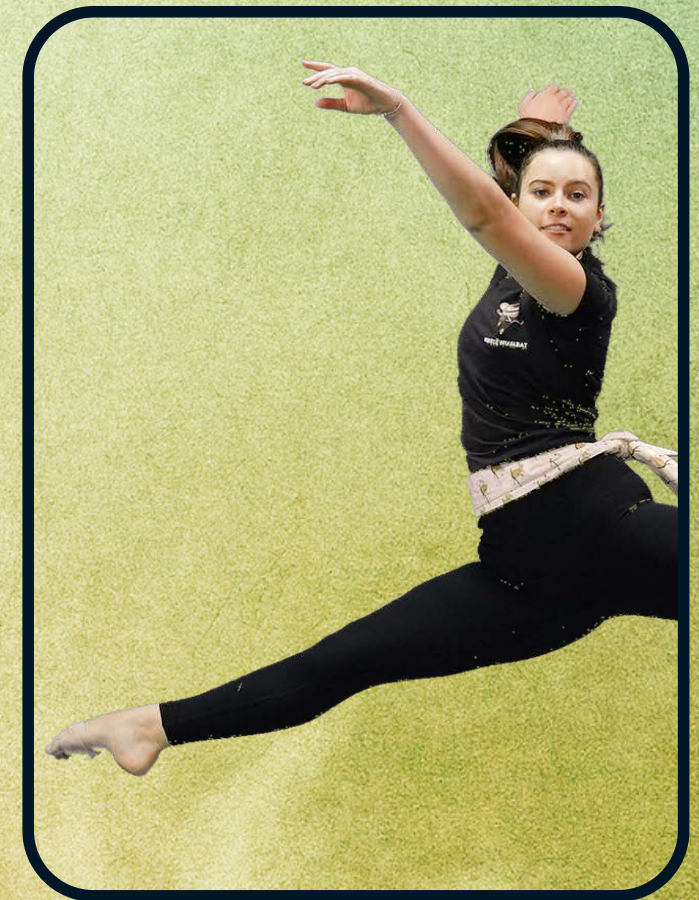
Side Arch



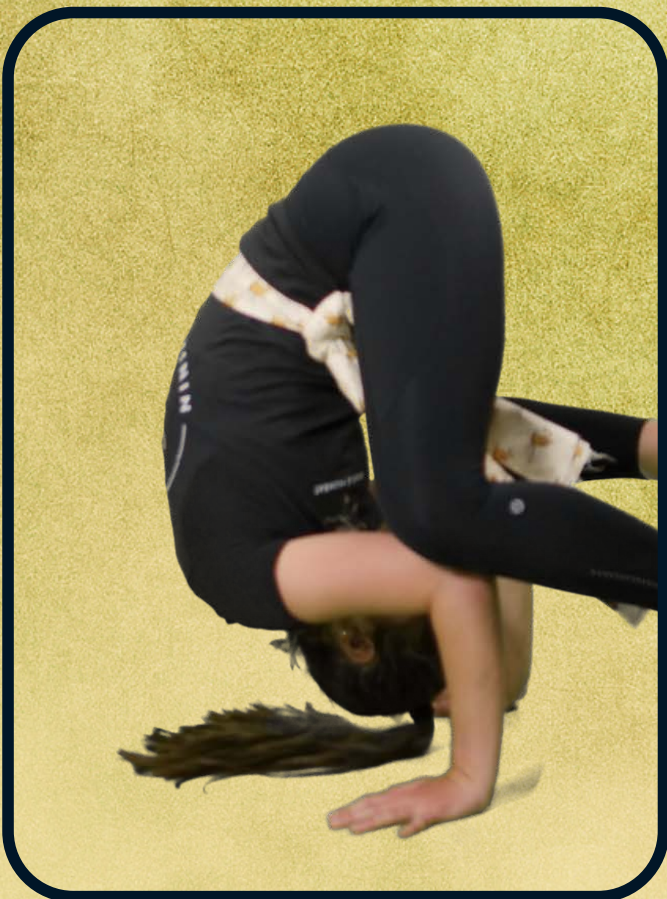
Front Kick



Half Handstand



Stag Leap



Forward Roll



Headstand



Pigeon Pose



Spidy Pounce