## Numberblock 7: Rainbow Pruit Salad

## What you need:

## Knife Grown-ups only

## Ingredients:

Watermelon
Orange
Cantaloupe melon
Mango
Kiwi fruit
Little box of blueberries
Plum
Apple
Strawberry
Raspberry
Pomegranate
Sharon fruit
Banana
Passion fruit
Honeydew melon
Green grape
Black grapes

1. To create our lucky Numberblock, Seven, we need to make a rainbow!
2. Grab your watermelon, cantaloupe melon, mango, kiwi fruit, plum and an apple. Cut a square of equal sizes from each fruit for Seven's body and a small strip for Seven's hair.
3. Cut a numberling 7 from a black grape and his arms and legs from a plum.
4. To create the eyes and mouth, cut the shapes from mango (yellow), apple (white), and grape (black pupils).
5. Collect the remaining fruit and chop it into smaller pieces. Place the fruit into your lunch in the strips to match the colours of the rainbow with violet at the top, indigo next, blue, green, yellow and finally red.
6. Now time to put it together!! Place a layer of plum skin and Seven's hair and eyes on your apple cube. Place the rest of the cubes in a line to create Seven's body in the following order: plum, blueberries, kiwi fruit, mango, cantaloupe and watermelon.
7. Ta da! Seven's lunchbox!

