

Numberblock 2: Roast butternut squash and rice salad

What you need:

Knife **Grown-ups only**

Chopping board

Peeler

Grater

Baking tray

Oven **Grown-ups only**

Ingredients:

Roasted butternut squash

Grain mix

Couscous

Rice

Quinoa

Bulgar wheat

Orange

Tomatoes

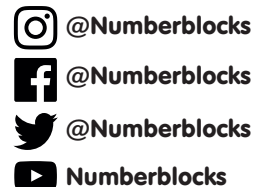
Carrot

Olives

Mushroom

Red cabbage

1. Heat oven to 180°C.
2. Carefully, use your peeler to peel the butternut squash. Then cut it into 6cm x 6cm cubes. Place on the baking tray and roast for 20 minutes.
3. Once cooked, use a knife to cut a pair of Numberblocks 2's shoes and legs from one of your butternut squash cubes.
4. Take your purple cabbage and cut out Numberlock 2's glasses, shorts and arms.
5. To create Numberblock 2's smile, cut a strip of the red peel from your radish.
6. Cut out circles from the leftover radish for the whites of the eyes.
7. To make the pupils, cut 1 olive in half.
8. For the numberling, cut out a number 2 from 1 of your olives.
9. Chop up some tomatoes, grate a carrot and mix these with your rice, quinoa, and bulgar wheat for the background. You could also use couscous or any other grains you prefer!
10. Ta da! Numberblock 2's lunchbox!



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LEVEL

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