



x x
x x
x x
x x

Dr. Lori Basey

with No Boundaries
International

1



I'm just as surprised as you are!

So...I'm just sitting here and the whole dang thing explodes!

x x
x x
x x
x x



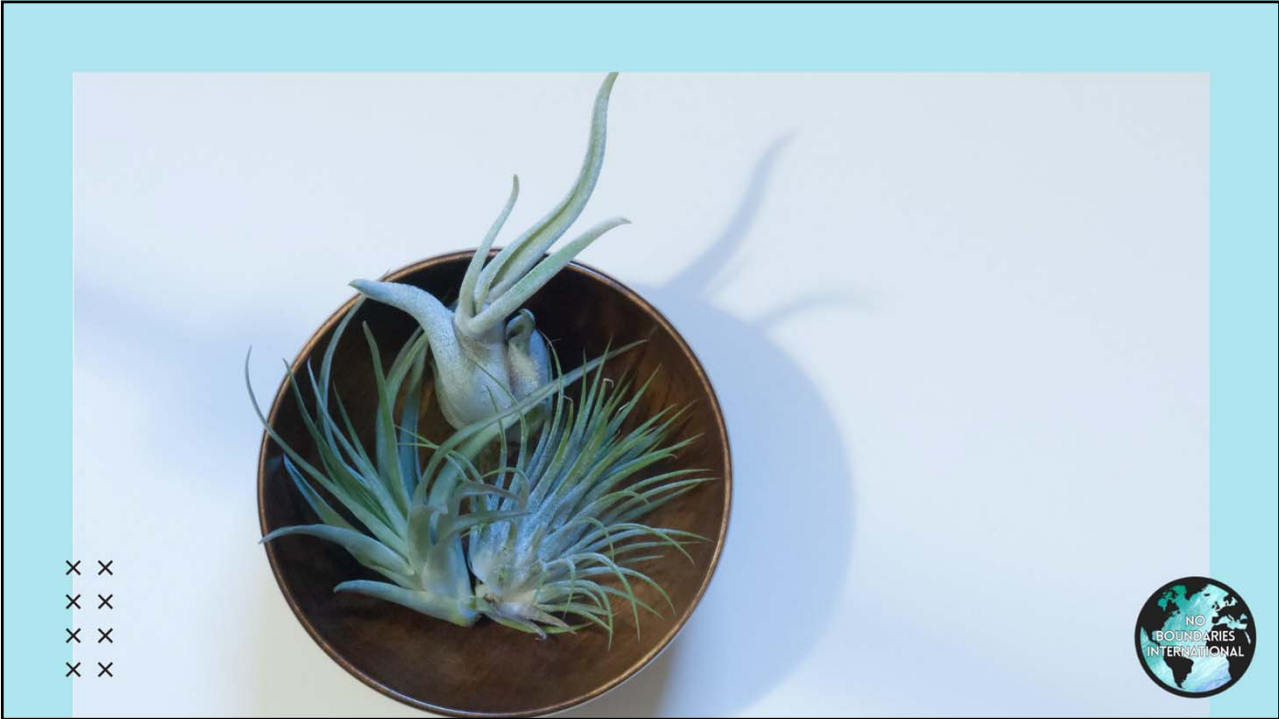
2



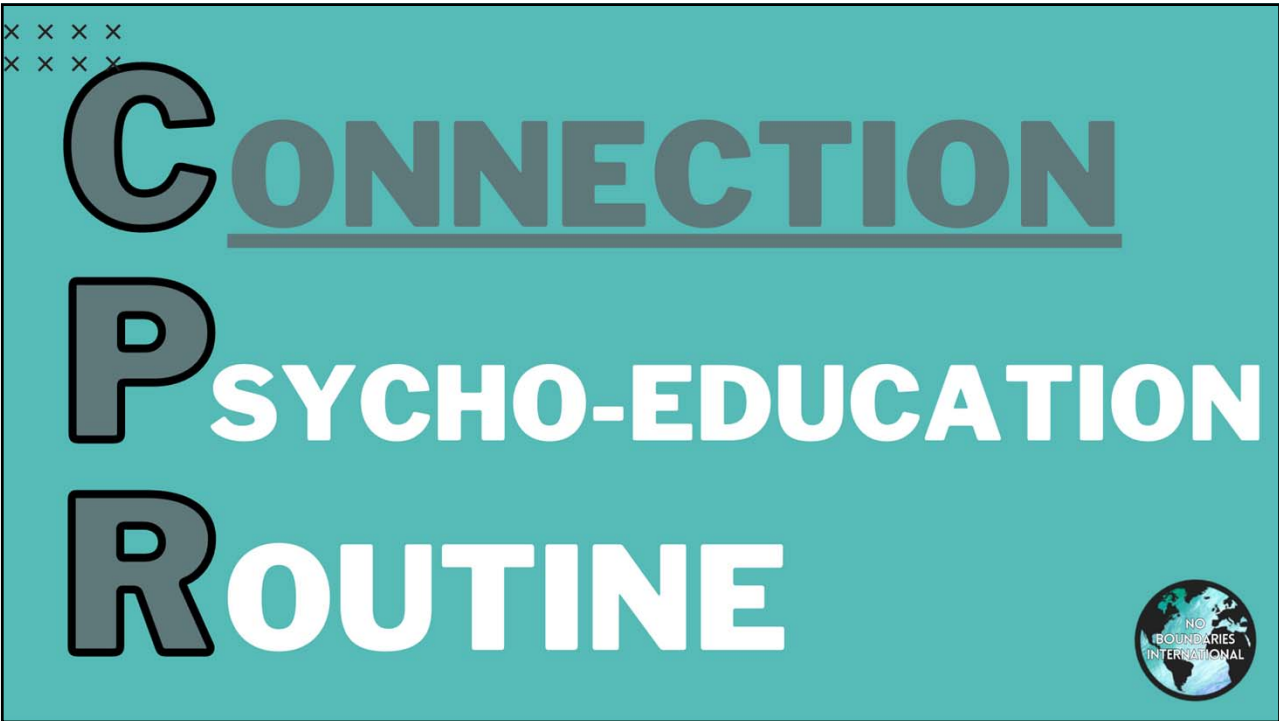
3

- SEXTING
- HUMAN TRAFFICKING
- PORNOGRAPHY

4



5



6

Through Connection...

- Reinforce Identity
- Resolve Issues That Arise
- Educate on Dangers and provide Accountability
- Have a Contingency Plan in place

x x x x
x x x x



7

Identity



x x
x x
x x
x x

Whose I am

Who I Am

What I Will Do
(OR NOT DO)



8

California's Surgeon General Had a Dream...

x x x x
x x x x

- Every student would be screened for childhood trauma prior to entering school.
- The school nurse would receive a care plan for the child's toxic stress.

- Every educator would be trained to recognize trauma.
- "What's wrong with you?" would be replaced by "What happened to you?"



9

x x
x x
x x
x x



*The banana
that leaves
the bunch
gets eaten*




10

Sexting

Definition:

- Sexting is sending sexually explicit messages, photos, or video via cell phone or computer.
- Includes photos and videos containing nudity or show or simulated sex acts.
- Also includes text messages that discuss or propose sex acts.



11


Sexting

The "no big deal" picture is often shared among friends.

- Shared, distributed, posted online
- Humiliation
- Some teens have committed suicide because of this

Although your teen may think it's "no big deal", the problem with sexting is that the picture NEVER goes away.

It's stored forever on servers and hard drives around the world.



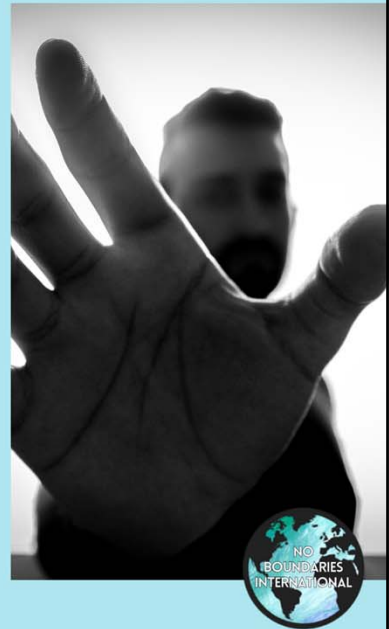
The Bigger Picture

12

Human Trafficking

- WHAT IS BEING BOUGHT?
- WHAT IS BEING SOLD?
- WHO IS BUYING?
- WHO IS SELLING?
- WHO GETS THE MONEY?

x x
 x x
 x x
 x x



13

Signs of Grooming

- ■ ■ Check if your teen is:
 - Receiving gifts
 - Calling unknown numbers
 - Rejecting family and friends
 - Getting upset when not online
 - Minimizing the screen so parents can't see

x x
 x x
 x x
 x x



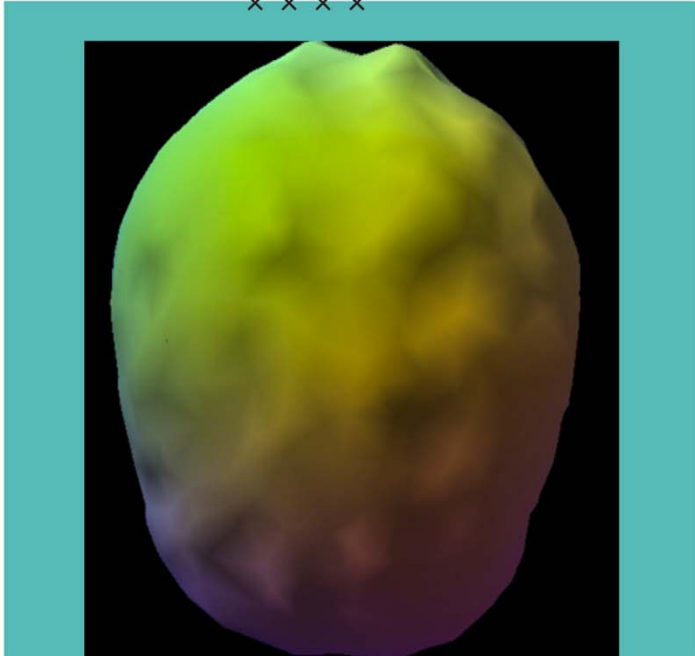
14




Why
Don't
They
Just
Leave?

NO
BOUNDARIES
INTERNATIONAL

15



Average
Brain

NO
BOUNDARIES
INTERNATIONAL

16

Brain Addicted to Drugs

17

Brain Addicted to Pornography

18

Deconstruction Porn: CAN DO

- C** Close the image. The 3 second rule.
- A** Get accountability. Tell someone what you have seen.
- N** Name it. The image is a person and not an object for gratification. It is a violation.
- D** Do something else. Distract yourself to not focus on the image.
- O** Order your brain. If your mind goes back to the images order your brain.



19

C CONNECTION

P SYCHO-EDUCATION

R ROUTINE



20

The Importance of the Adolescent Brain

The human brain is more intricate than even the most complex solar system.

x x
x x
x x
x x

Let's look at practical brain development principles:

- Beginning at puberty the brain is reshaped. Eventually more than 40% of old brain pathways are eliminated and the brain becomes more specific. This process is completed in the 20s.
- The adolescent brain can be compared to a high-performance sports car- fast, powerful, and takes risky turns - but without brakes.



21

Adolescents...

x x x x
x x x x

- Have behavior described as confused, annoying, demanding, moody, defiant, or reckless.
- Sometimes feel more unhappy than ever.
- Have had to learn to cope with new sexual impulses and romantic feelings.

- Are seeking new experiences and thrill seeking activities that produce strong feelings and sensations.
- Will take higher risks when friends are watching.



Welcome To The Developing Brain

22

Bottom Line

- Their worth isn't based on behavior.
- Psychosis, eating disorders, and addictions are more likely to take hold.
- Surveys show that everyday unhappiness reaches its peak in late adolescence. This too shall pass.

x x x x
x x x x



23

x x x x
x x x x

Bottom Line

- They need to maintain connection with the safe adults in their life while it is natural to be drawn to friends and have heartache with fragile peer relationships during this time.
- Adrenal stress hormones, sex hormones and growth hormones are being poured out. This too shall pass.
- They shouldn't do anything during this transitional time that will permanently hinder the rest of their life.



24

CONNECTION
PSYCHO-EDUCATION
RROUTINE

× ×
× ×
× ×
× ×




25

The Predator's Target

- Low self esteem
- Lonely, passive, shy
- Single parent family
- Child seeking affection
- No siblings (no one to talk to)
- Bored
- Dysfunctional family





26



Parent Tips

- Create an atmosphere of open communication.
- What does amnesty for any information disclosed to you look like?
- Be the boss, not their friend.
- Have a family safety contract in place.

x x x x
x x x x





27

Parent Tips

- Limit phone usage.
- Have the phone charger in the parents room.
 - Rule: phone has to be on charger by 9:00pm
- Parents have the full right to inspect the phone and apps..

x x
x x
x x
x x

28

Discussion Starters

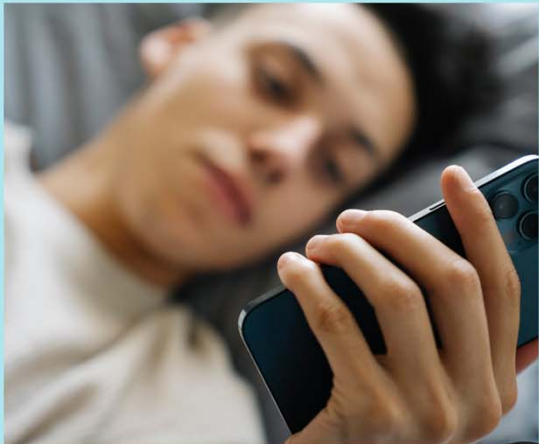

- ■ ■ Has anyone ever tried talking to you online about inappropriate or sexual things? What did you do?
- ■ ■ What are your favorite things to do online?
- ■ ■ What would you do if anyone online asked to meet you face-to-face?



29

Teen Tips

- Don't give personal information to strangers online.
- Remember that the internet is NOT anonymous
- Treat the connections to the internet like a door to your bedroom-- don't let everyone in.

30



31



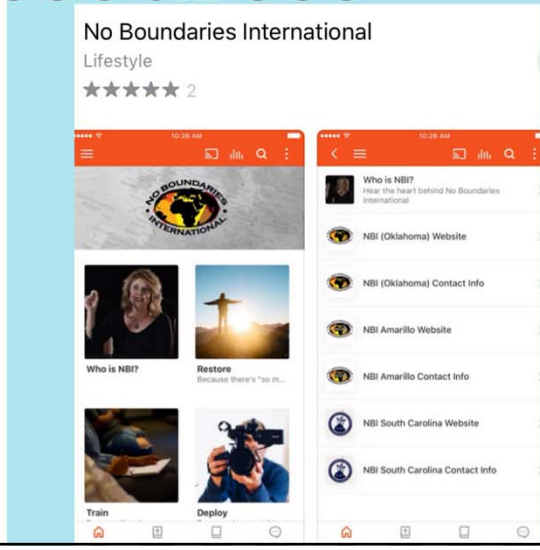
32

Additional Resources



No Boundaries International App

- Available in the Apple App Store and Google Play Store



33



No Boundaries International

www.nbint.org
 info@nbint.org
 405-513-5453



34