

## **No Net Badminton**

#### WHERE TO PLAY:

- Outdoors
- o Indoors on a court

#### NUMBER OF PLAYERS:

o 2 to 4 players on a team

#### • GRADE LEVELS:

o 3rd-8th grades

### EQUIPMENT:

- o One birdie
- Rackets for each participant

#### HOW TO PLAY:

- Basically, this game is regular badminton with one exception--there are no nets.
  - This game is particularly helpful in a playground situation where no badminton nets are available.
- Mark off a court size that is close to regulation badminton dimensions.
  - A regulation court is 45' by 20' for doubles play
    - Slightly smaller for singles.
  - A service line is marked about 3 '- 4' behind the net on both sides of the court.
- When playing singles
  - The server stands behind the service line and hits the birdie underhanded over the net to the opponent's court
  - The receiver attempts to return the birdie over the line
  - The birdie must always be hit with an upward trajectory
  - Both players volley back and forth until the birdie lands on the ground or goes out of bounds
  - Violations include
    - Slams are not allowed
      - A slam is referred to striking the birdie forcefully in a downward motion with the racket towards the opponent
    - Making more than one hit in succession



- The scoring is much like volleyball
  - Only the serving player scores points
  - If the serving player makes an error
    - o The opposing player then gets the chance to serve.
  - Play continues until one player scores 21 points and has a two-point advantage
    - o "Win by 2"
- When playing doubles
  - Play progresses much the same way as in single except for the serve.
  - The birdie must always be hit with an upward trajectory
  - When the first player on a team loses the serve
    - It goes to his partner to serve next before going over to the opposing team.
  - Players volley back and forth until the birdie lands on the ground or goes out of bounds.
  - Violations include
    - Slams are not allowed
      - A slam is referred to striking the birdie forcefully in a downward motion with the racket towards the opponent
    - Making more than one hit in succession
  - The scoring is much like volleyball
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