## MOUTH HEALTH MATTERS!

exploring oral - systemic health

# CARDIOVASCULAR DISEASE

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The number one cause of death in the United States, claiming more lives than all types of cancer combined.<sup>1</sup>

### • Risk factors for heart disease:

- $\bigcirc$
- High blood pressure
- N
- High cholesterol
- V
- Diabetes
- V
- Gum Disease<sup>2</sup>



- V
- Physical Inactivity
- V
- Poor Diet
- V
- Smoking
- V
- Drinking Alcohol



Coronary heart disease patients' risk of death increases with every tooth lost.3



BETWEEN 80 - 90%

percent of heart disease

can be prevented

with lifestyle changes.<sup>4</sup>



Periodontal treatment reduces hospital admissions and lowers annual medical costs.<sup>5</sup>

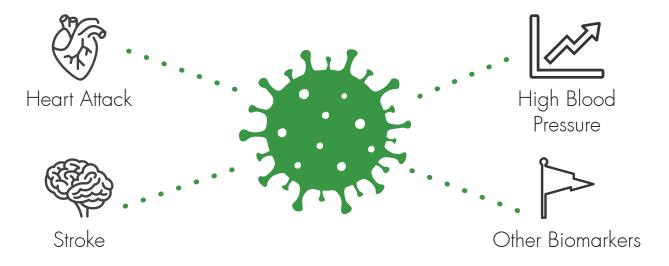


PERIODONTAL DISEASE

IS DIRECTLY LINKED TO

ARTERY INFLAMMATION.6

## Periodontal Pathogens Affect



#### SOURCES:

- 1. http://www.cdc.gov/heartdisease/facts.htm
- 2. http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2504402/
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- 4. http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(04) 17018-9/abstract
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