

Aberdeen Heights

Unique Health Care Benefit

By choosing Aberdeen Heights, you're securing a comprehensive plan available for your retirement — the Unique Health Care Benefit — making this one of the smartest decisions you can make for your future. Along with priority access to The Glen, our on-site health care center, you'll enjoy the comfort of knowing if you or your spouse ever needs care, it's available right where you live, provided by people you know and trust.

The Unique Health Care Benefit at Aberdeen Heights includes:

- Complete peace of mind, knowing you've protected your future, even if needs change
- An entrance fee that's up to 90% refundable, if you leave Aberdeen Heights for any reason, for sound estate preservation
- Predictable monthly rates, as opposed to rising health care costs
- Assisted living that encourages independence
- The innovative memory support program, Landmarks for Living®, certified to provide MUSIC & MEMORY®, a program that brings personalized, digital music therapy to improve residents' quality of life
- Medicare-certified skilled nursing care
- PATH® (Post-Acute to Home), specialized rehabilitation therapy services, including physical, speech and occupational therapies
- More than 70 years of experience through the nation's 20th largest nonprofit senior living provider, PMMA (Presbyterian Manors of Mid-America®)



ABERDEEN HEIGHTS®

A PMMA COMMUNITY



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