

CHAPTER HIGHLIGHTS AND  
SUPPLEMENTAL READING  
THE ELECTRONIC SEARCH TOOL

FOR  
*Awakening Mystical  
Consciousness*

CHAPTER 6  
“The Word and Words”

JUNE, 2023

The Joel S. Goldsmith  
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# CHAPTER HIGHLIGHTS AND SUPPLEMENTAL READING

FOR

## *Awakening Mystical Consciousness*

### CHAPTER 6

#### “The Word and Words”

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#### Chapter Highlights

...Many persons believe what is written in Scripture and in metaphysical books is Truth, the Word. But it really is not that at all. It is merely a collection of statements about Truth. It is never Truth Itself. Truth is your consciousness of Truth; it is your awareness of Truth. That is the only Truth there is, and that is the Word.

...Even though you read these words, they are not yet power insofar as you are concerned. Even if they sound reasonable to you and you can accept the message intellectually, it still is not power with you. It becomes power only when you have buried it in your consciousness and pondered it until from a depth within you the answer and an acceptance of it, which might be called a conviction or realization, comes.

Pp 85

...The statements in a book—the words, sentences, and paragraphs—represent the truth about the Truth, leading you back to the depths of your own withinness, where you make room for the Word to come forth.

Pp 85-86

...If you were about to give a treatment or have a contemplative meditation, you would bring to conscious remembrance

every thought and idea you could about God and spiritual creation—not about man, not about a patient, not about the disease, the sin, or the lack.

...when you have declared all the truth about God and God's creation that you know, you sit back in a listening, attentive attitude and now the Word—the W-O-R-D—will come to you.

.... When you say you hear the “still small voice,” it does not necessarily mean you hear anything. Sometimes it just means you take a deep breath, a smile comes to your face, and you wonder what you could have been troubled about. All appearances may be the same, but now you are released and set free of them

...The same thing was there that caused you to fear before, but now it does not cause fear because you have been released from the false concept of it.

Pp 87

...As long as you fear anything, you are enslaved by it. But in a period of illumination, you say to yourself, “Why should I fear disease? God is the only power, so what power can disease have? Why should I fear lack? What possible difference does it make whether I have a lot of money in my pocket or a little? God still is functioning...”

Pp 87-88

...Begin to fear if you discover there is no God because then you are in trouble. But as long as you can have the assurance there is God, do not fear a condition, do not fear a person, do not fear a bomb. The decision is yours.

...Real belief in God comes when a person experiences God. He experiences God when he experiences the Word, which means the consciousness or feeling of the Presence.

Pp 88

...Do not know the truth about man, and do not try to know the truth about sin, disease, and death. There is none; they are illusions.

...If you were on the desert and you saw the mirage of water ahead of you, would you try to know the truth about that water?

...As long as you thought the water you saw on the desert was water, you would be in bondage to it. You could not go through it. You would be looking for a way around it or a way to get rid of it; but the minute you knew the water was a mirage and it had no power, you would start your car and go right through it. It has no power to bind you once you know that what you called water was not water but a mirage.

Pp 89

As long as you think of disease, knowing its ultimate is pain, death, or dissolution, you cannot help fearing it, hating it, and wanting to get rid of it. But the minute you can say, "Oh, you are not disease: you are a mirage; you are an illusion; you are a lie about God," it does not matter if you still see it.

Pp 89-90

...Because it has lost its power over you, even though the appearance may still continue for a day, a week, or a month, be assured it will gradually fade out of your consciousness once you are released from your hatred of it, fear of it, or desire to get rid of it.

...Sin, disease, and death represent a belief of a selfhood apart from God, a power and a presence apart from God. So as long as you have the belief of a selfhood, a presence, and a power apart from God, the substance of that belief will be present in the form of disease, lack, limitation, or sin. There is no use trying to get rid of it.

...In spiritual teaching, words refer to anything and everything you know about God, God's law, God's presence, God's power, God's being, God's man, God's universe, and God's kingdom.

Pp 90

...That is the word about God or Truth; but when you become quiet and feel a release, that is the Word, that is the consciousness or awareness of God's presence. That is God's presence announcing Itself within you.

Pp 90-91

...If the words you and I declare were the word of God, they also would be quick and sharp and powerful. We would only have to think or voice words, and all error would disappear.

...The words we know, think, read, state, or declare about God and God's universe constitute the truth about the Truth, the word about the Truth.

...Take a listening attitude.

...If you want the kingdom of God enough, you will learn to sit down two or three times a day, remind yourself of every truth you can remember about God and God's kingdom and God's universe and God's creation, and then rest back: *Now, Father, You speak. I am listening for Your voice.*

Pp91

...Mortal, material man is a go-getter, always "on the make," out to get something, but never arriving, never satisfied.... Spiritual man is the opposite of that. Spiritual man never needs anything. Spiritual man has all that the Father has and is, therefore, always seeking ways to let it flow.

...Man, once he comes into the awareness of his true being, is not a getter or a taker. To outward appearances, he is a giver; yet he is not really a giver. He is like the pane of glass through which the sun shines.

...[These words] are not mine; they are just coming through me. If I ever tried to store them up, I would forget them. So the best thing for me to do is to let them flow while they are flowing, loose them and let them go. This is true of everything in life.

Pp 92

...You are in spiritual consciousness as long as you are in the consciousness that good is flowing through you to the world. The moment the thought of getting or receiving comes in, even being worthy of or deserving of, then you are off the spiritual beam.

...Actually, there is no truth you know that is really the Truth. Real Truth is something not known with the mind: It is something that imparts Itself to the soul. The truth we know with the mind is only our preparation for receiving the Word Itself in the soul.

...Talking about God, reading about God, or going to classes to learn about God will not be your salvation. But doing these things will lead to your salvation if you will be steadfast. Your salvation will come only when you realize and recognize the Spirit of God in your experience, when you have an actual God-experience.

Pp 93

...As you listen to the “still small voice” in your inner being, one of these days you will hear it say: “Thou art my son; thou art my beloved son; thou art the Christ of God; in thee I am well pleased.” But it is “the mouth of the Lord” that will say that to you, not a practitioner, a teacher, a diploma, or a title.

...When you are called upon for help, even though at first you may use treatment, be sure your treatment consists of the word God and then the reminder to yourself of all you know

and understand about God and God's kingdom. When that period has come to an end, do not think you are finished.

...The sense of being finished comes only when the second half has been completed and you are able to sit in the silence and listen until the Spirit of God is upon you and you know that It is. You feel It; you have the response within you.

Pp 94

...Perhaps this is the most important point in all healing practice: do not put too much faith in what you hear or what you read. Put your real faith and confidence in your ability to sit quietly and listen. Be still.

...Your relationship to God is oneness, divine Sonship.

Pp 95

...The grace of God comes slowly to most of us, not because of God but because of the density of our humanhood. If all our sins do not disappear in a second, we do not judge, criticize, or condemn. If our outer lives do not immediately attest to the fullness of this message, we do not think there is something wrong with the message.

...When you have loved ones—family, friends, patients, or students—who appeal to you for help, do not permit yourself to be upset about their problems. Compel yourself to sit in the silence and receive the Spirit of God within you.

Pp 96

...One thing alone will enable you to be a light to this world and that is the ability to sit in quietness and in peace and feel the Spirit of the Lord God upon you. Then that Spirit of the Lord you feel within you will be the saving and healing Grace to all those within range of your consciousness.

Pp 96-97



...Truth is infinite, and all the truth is in your consciousness this minute. Therefore, you do not have to learn any truth. The only reason you are studying this book is to bring that truth forth from within into conscious realization.

Pp 97

...Any truth out in the world in any form is an effect, not a cause. The only truth that is a cause is the truth that unfolds from within your own being. But when the word of God comes through, it “is quick, and powerful, and sharper than any two edged sword...”

...When we are faced with a problem, we sit in the silence. In order to be able to do that, we begin with a conscious realization of God and whatever statements we can remember about God; but that is not for the purpose of healing anybody of anything. It is for the purpose of getting ourselves quiet and receptive in an attitude of assurance. Then we sit back and say, “Father, it is Your turn,” and remain in peace and quiet until something comes.

Pp 98

...Healing does not come until you have been lifted out of the belief that the problem has power. It may take many meditations to arrive at that consciousness, which is the freedom.

...The object of our work is the unfoldment of mystical consciousness to that point where we can spiritually apprehend the truth about ourselves and each other. That comes only when the Spirit of the Lord God is upon us and “the mouth of the Lord” gives us our new name, which is Son, Son of Righteousness, the Christ.

Pp 99

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**Search: “truth about Truth”**

**From *The Master Speaks***

...There is not a word of Truth in all my books, or in all the other metaphysical writings that have ever been printed. The reason is that when it is sent out into the world it is not Truth. It is the truth about Truth. Truth is that which I am. Truth is something that I sense and feel and touch within my own being. It is where God and I become one. It is that point in consciousness where I disappear and God alone becomes real.

*The Master Speaks*

Chapter 8 – “The Healing Ministry”

**Search: “the only truth there is”**

**From The 1952 Honolulu Class Series One**

...let us continue our search for the realization of the presence of God. And that we attain through meditation; that we attain through keeping our consciousness lifted on high in every spiritual truth of God that we can bring to our remembrance, every spiritual truth about God—not about things, not about persons. There is no truth about persons. There is no truth about things. The only truth there is, is the truth about God since God and Truth are synonyms. They are one.

0011A 1952 Honolulu Class Series One  
“Demonstrating God”

## From The 1962 Glendale Open Class

...If the truth in the truth textbooks really were truth, we would all get the same results whether we use those truths the first month of our study or the last month of our study. But the words in books are never truth. The only truth there is, is your consciousness and the truth in books helps to build that consciousness. Every truth that we accept in consciousness—whether we read it in a book, whether we hear it from a platform—every word of truth, every statement of truth is a thread of Truth, and when sufficient of these threads have entered our consciousness, they form a whole new consciousness. This is the fourth dimensional consciousness.

457A 1962 Glendale Open Class  
“Fourth Dimensional Consciousness”

## Search: “you are released”

### From The 1959 Maui Advanced Work

... In other words, spiritual power is not that which is generated by what you know. What you know leads up to the place where you are released from doing and from knowing, into that moment of listening, and then being filled from within.

244B 1959 Maui Advanced Work  
“The Spiritual Sabbath”

## Search: “they are illusions”

### From *Consciousness Unfolding*

... All we have to do is to learn to live in the consciousness of our present perfection. Let us live in the constant realization of our true identity. After we have done that, there is only one other step, and that is to realize that the errors of the world, all of those things that the world is fighting, are not

errors at all; they are illusions. And then, let us learn not to fight them, not to try to subdue or overcome them, or even try to get rid of them. Let us learn to live in a beautiful state of peace, the peace that comes from the understanding of God as the only reality of being.

*Consciousness Unfolding*  
Chapter 9 – “The Christ”

## **Search: “that is the Word”**

### **From *The Master Speaks***

...But when you hear this voice within your own being—and when I say hear I do not necessarily mean audibly hear; I mean hear in the sense of becoming aware of, sensing, feeling, or becoming conscious of—that is the Word. If you become aware of something stirring within you, if you become aware of a sense of peace descending upon you, that is prayer; that is the Word coming to your consciousness.

*The Master Speaks*  
Chapter 11 – “The Allness of God”

## **Search: “the actual God-experience”**

### **From *Seek Ye First***

...With us, meditation is the way; it is the means which we use to attain the inner contact. We do have a purpose in meditation; we have an object, a goal. Meditation is not that goal: meditation is the way. The goal is realization, illumination. Whether we use the word realization or illumination, what we really mean is God-contact, the actual God-experience. In our work, an intellectual knowledge of books and principles is also not the major factor, and when we learn the specific principles that are basic to the Infinite Way message, it is not because we believe that learning them will accomplish anything of itself, but rather that by working with these principles we eventually open our Soul-center,

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awaken to that Giant within, and make contact with our Source.

*Seek Ye First*

## Chapter 7 – “The Practicality of Illumination”

### From The 1953 New Hawaiian Series

...Now it is true that where people do not know the letter of truth, the correct letter of truth, that it is very difficult for them to acquire the Spirit or consciousness that leads to the actual God-experience. And so, the reading of the correct letter of truth, the study of it, the hearing of it, all these are steps opening our consciousness to a final experience. And when the experience takes place, after that, the healing work, whether for oneself or others, is really incidental and very simple.

0020B 1953 New Hawaiian Series  
“God as the Law in Operation”

### Search: “rest back”

#### From *Consciousness Transformed*

...You will not understand the true God until the day when, with no words and no thought, you can rest back as if upon a cloud, rest in your own consciousness, knowing this is why God is closer than breathing.

*Consciousness Transformed*  
April 23, 1963 – “Resting in Consciousness”

### From The 1962 Princess Kaiulani Open Class

...This is the hidden manna—knowing your true identity; the ability to rest back. God cannot die; God cannot sin; God cannot be sick. God has no limitations whatsoever, and God liveth my life. Christ is the eternal Son of God; Christ is my life. My life is eternal only because Christ is eternal. Christ was never born; Christ will never die. Christ lives as you and

Christ lives as me—the divine Son of God. Relax, rest back in this truth. Let this be what the Master referred to. “I have meat the world knows not of.” Let this be your meat that the world knows not of, but which you know. This is your meat; your secret meat; your spiritual meat; the substance of your life...

477A 1962 Princess Kaiulani Open Class  
“Rest in this Sea of Spirit”

### **Search: “let them flow”**

#### **From *The Heart of Mysticism, Volume I***

...Out of the infinity of your being, which is God, you can produce anything necessary for your life unto eternity. But you must begin with the few drops of oil or the few barley loaves: you must begin to express and let them flow, and from out of the depth of your being the flow will continue as long as there is a need. Here you see mystical, spiritual living at its most practical level. Once you acknowledge God as your being, you have infinity to draw upon from within you, and you can make that much more practical than any other form of religion ever discovered.

*The Heart of Mysticism, Volume I*  
“The Religion of Mysticism”

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