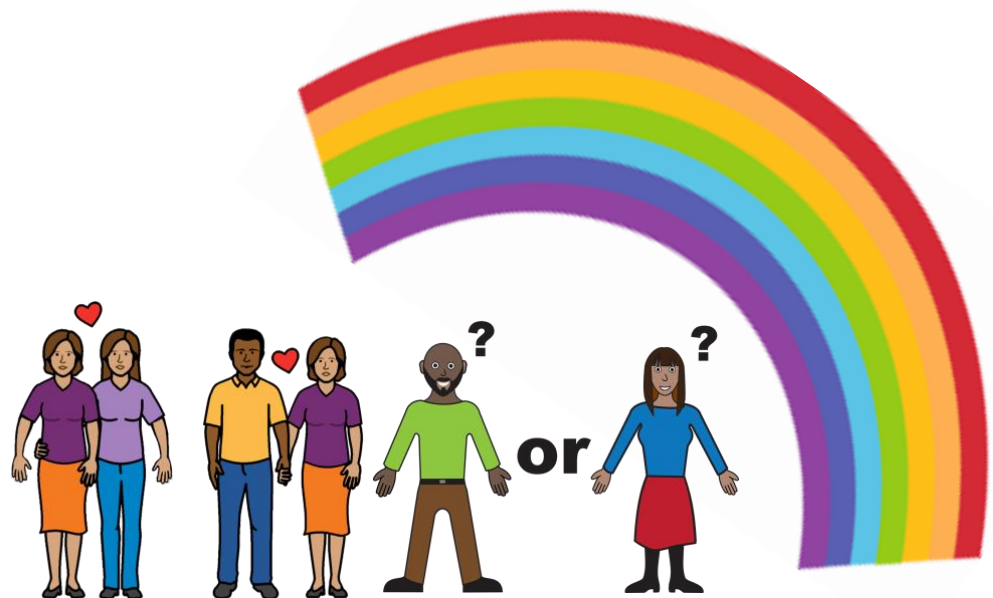


Women with Disabilities Australia



What is LGBTIQA+?



Women
With
Disabilities
Australia
(WWDA)



Women
With
Disabilities
Australia
(WWDA)

We are Women with Disabilities Australia.



This book explains what is LGBTIQA+.



Women with
Disabilities Australia



New words



This book is for women and girls
with **disability**.

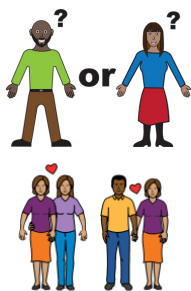
Learn about disability in our book **New Words**.



What is LGBTIQ+?

LGBTIQ+ are letters that mean

- lesbian
- gay
- bisexual
- transgender
- intersex
- queer
- asexual
- other.



LGBTIQ+ can also be used to mean **diverse sexes, sexualities and genders**



You can **learn** about these words in **this book**.

Sex



Can mean when you have sex with someone.

But it is also about the body you are born with.

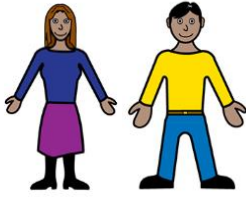
The body you are born with is usually seen as



• male



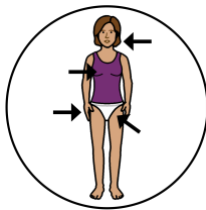
• female



Assigned Sex

When people are young they are usually told they are male female or intersex.

The sex people are given is usually based on



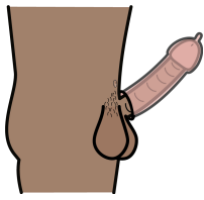
- **Private body parts.**

These are also called genitals.

and



- **hormones.** These are chemicals inside peoples body that are said to be male or female.

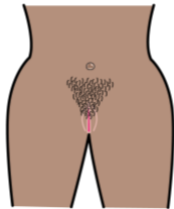


People who are told they are male usually have

- **penis**
- **testicles** or balls



- higher amounts of the hormone testosterone

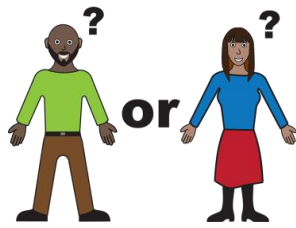


Female bodies usually have

- a **vagina**
- a **vulva**



- higher amounts of the hormones
 - estrogen and
 - progesterone.



Gender

Gender is not the same as sex. It is about how you see yourself or how you identify.

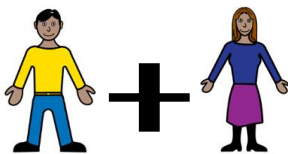
Like you can see yourself as



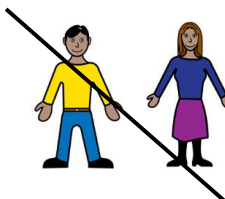
- a woman



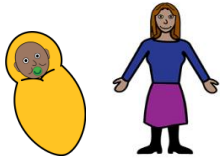
- a man



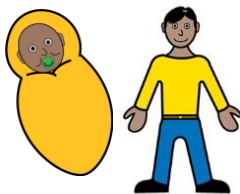
- between a woman and a man



- not a woman or a man

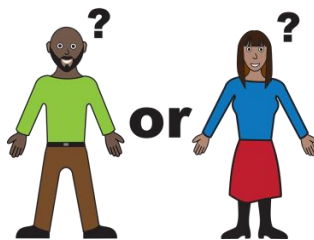


People who are women are usually born with female private parts. This is called being **assigned female at birth.**

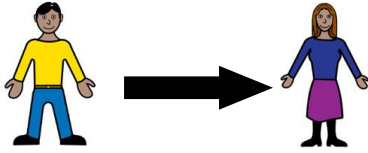


People who are men are usually born with male private parts.

This is called being **assigned male at birth.**



But this is not **always** the case!



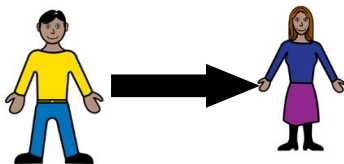
Transgender



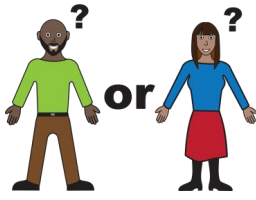
Some people who are **assigned male at birth** are **women**.



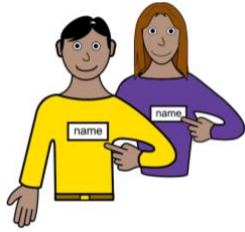
Some people who are **assigned female at birth** are **men**.



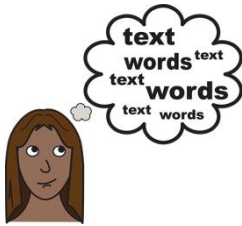
These people have usually changed their gender.
This is called **transgender**.



You can let other people know their **gender** with things like



- your name



- words you use about yourself. Like

- he and him
- she and her

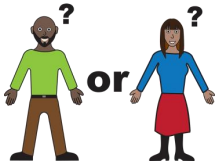
or

- they and them.



These words are called **pronouns**.

Sexuality



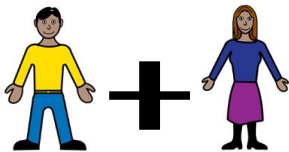
Sexuality is about the people you love or have romantic feelings for. You can love



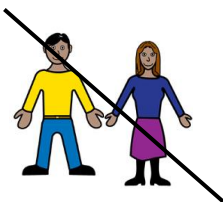
- women



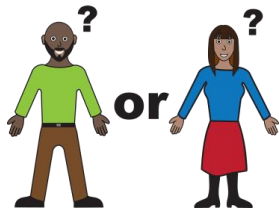
- men



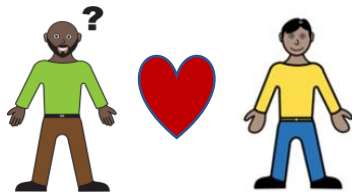
- all genders



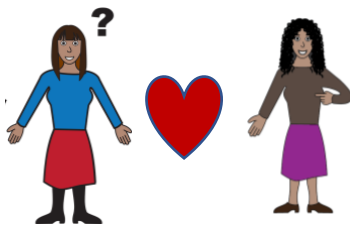
- no one.



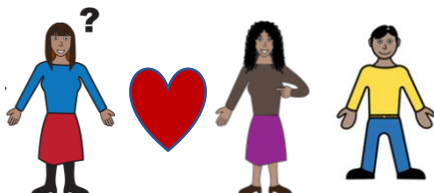
You may hear people use different words for **sexuality** based on gender. Like



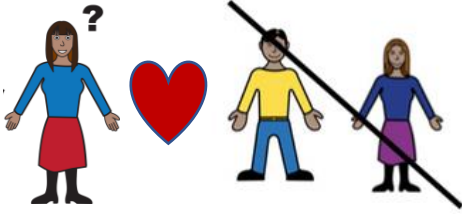
A man that loves a man can be called **gay** or **homosexual**.



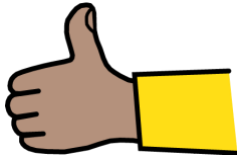
A woman that loves a woman can be called **lesbian** or **homosexual**.



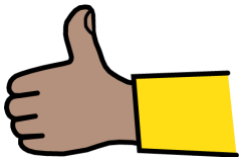
A person that loves people of more than one gender can be called **bi-sexual**.



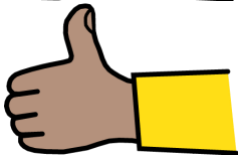
Some people do **not** have any sexual feelings for anyone. This is called **Asexual**.



This is **ok!**



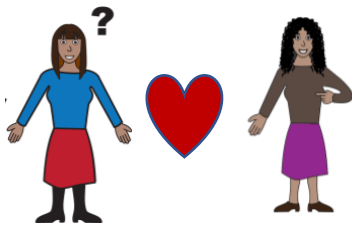
All sexualities and genders are ok!





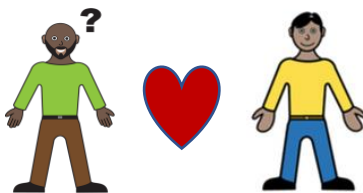
LGBTIQA+ Words

LGBTIQA+ means diverse sexualities and genders. The letters in **LGBTIQA+** stand for **Lesbian, Gay, Bisexual, Transgender, Intersex, Queer, Questioning, Asexual and other**. We explain these words below.



Lesbian

A woman who has romantic feelings for other women.



Gay

A man who has romantic feelings for other men.



Bisexual

A person who has romantic feelings for more than one gender.



Transgender

A person who's gender does not match the sex they were given at birth.



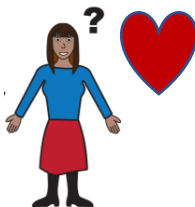
Intersex

A person is intersex if they are born with or develop physical or innate features that are not standard for a **male** or **female**.



Queer

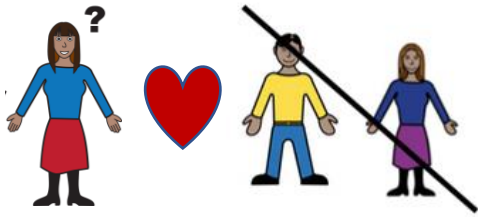
Another word used to talk about the LGBTIQ+ community.



Questioning

A person who is

- not sure or
- trying to work out their sexuality or gender.



Asexual

A person that does **not** have any sexual feelings for other people.



Remember

It is ok to be different.

Everyone must respect other people.



Find out more?

Talk to someone you trust. Like



- a friend
- a family member

or



- a support worker

or



you can go to the **LGBTI Health Alliance** website at

<https://lgbtihealth.org.au/communities/>



Thank you

Who wrote this book?

Women with Disabilities Australia wrote this book in 2019-2020.

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