

Checklist

Working Out Your Housing Support Needs

If you are moving out of home, or moving into a house by yourself, this checklist can help you work out things you may need to ask for help with.

Read the statement and put a tick ✓ in the left column if you can do it by yourself or in the right column if you need help to do it.

Things I can do.	Tick for yes ✓	I need support to learn or do this (Tick for yes)
I can read.		
I have written down or saved the names and phone numbers of friends, family or others I can call for support.		
I can use a telephone.		
I can use public transport to get to places I need to go.		
I have a house that meets my needs.		

This checklist was adapted by [Women With Disabilities Australia](#) from a checklist on the [Finding Your Way website](#).



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Things I can do.	Tick for yes ✓	I need support to learn or do this (Tick for yes)
I know much my income is and I can afford to pay for housing.		
I know how to pay my bills and other expenses.		
I can buy my own food and clothes.		
I know what I will need to buy to live in my own home.		
I know how to get the electricity, water and telephone/internet connected to my home.		
I can keep myself and my home clean		
I know what to do when something breaks or goes wrong in my home		
I know what to do if I am in danger or feel scared		
I know what to do if I get hurt or sick.		

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Things I can do.	Tick for yes ✓	I need support to learn or do this (Tick for yes)
I know my rights and responsibilities as a renter or home owner.		
I know what support I can get through the National Disability Insurance Scheme and Centrelink.		

