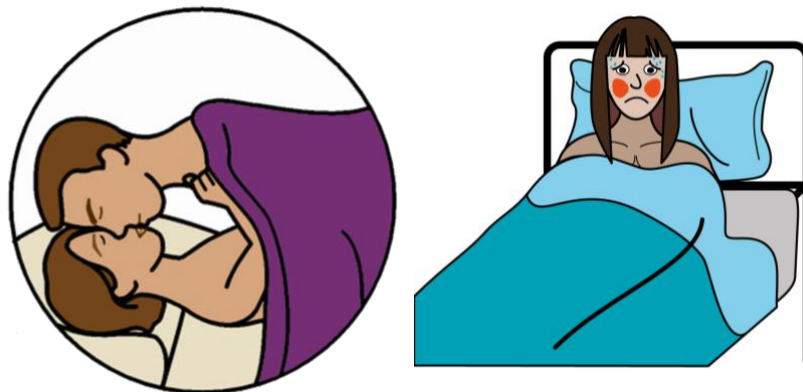
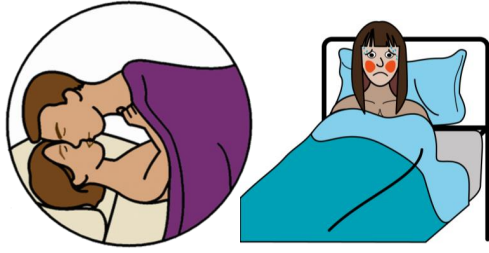


# Women with Disabilities Australia



## Sexually Transmitted Infections - STIs



This book is about sex germs. They are also called Sexually Transmitted Infections.

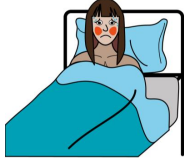
We will write **STI** when we talk about them.



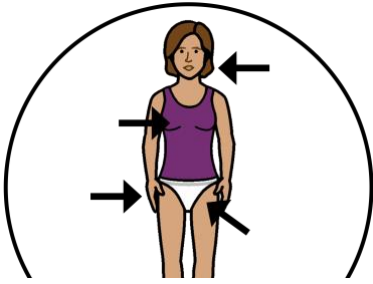
We wrote this book for women and girls with **disability**. Read more about **disability** in our book **New Words**.



We are Women with Disabilities Australia .

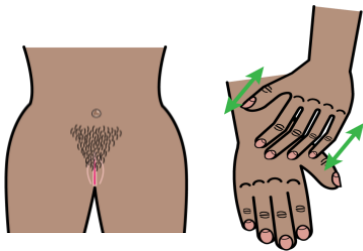


## How do I know if I have a STI?



You may have lumps

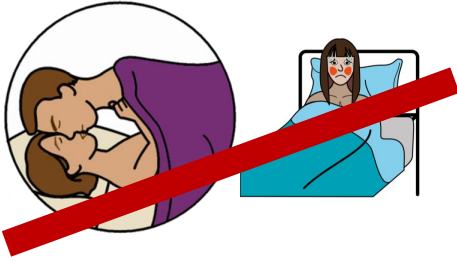
- on your vagina
- or
- your private parts.



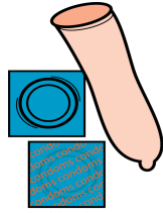
Your private parts may be itchy.



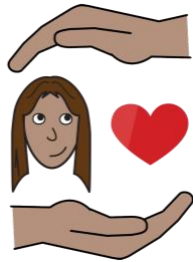
Talk to your doctor.



## How can I stop getting STIs?



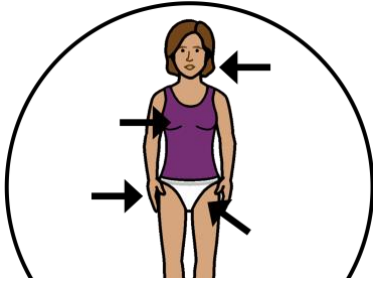
When you have sex use a **condom** every time.



Read more about **condoms** in our book  
**Safer Sex and Contraception.**



## An STI Test



Your doctor may ask to see your **private parts**.

- your vagina
- your breasts
- your poo hole.



It all helps the doctor know

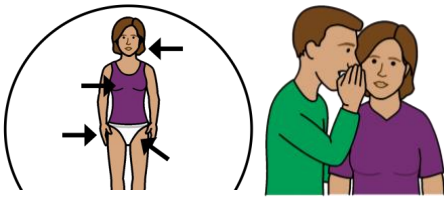
- what is wrong
- what to give you to get well.



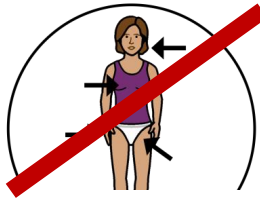
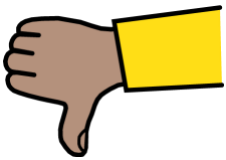
You **must** say it is **ok** for the doctor to do this with your private parts. This is called **consent**.



**Remember!**



Your private parts are private to you.

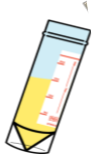


When you say **no**.

The doctor or nurse can **not** touch your private parts.

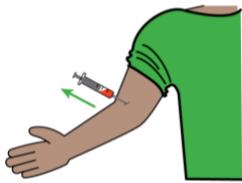


The doctor may also ask for



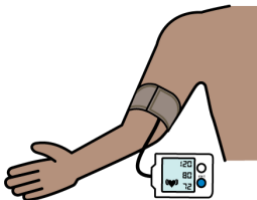
- some wee in a jar

**and**

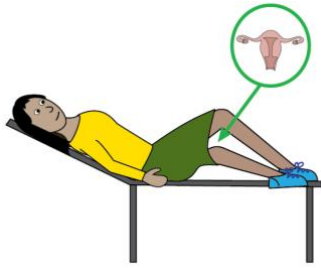


- some blood in a blood test

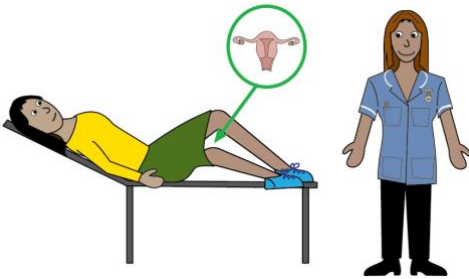
**and**



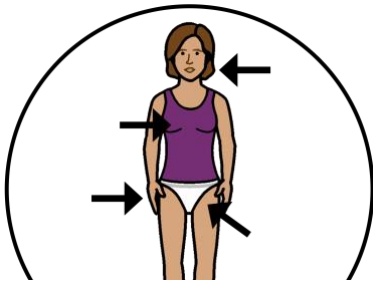
- to test your blood pressure.



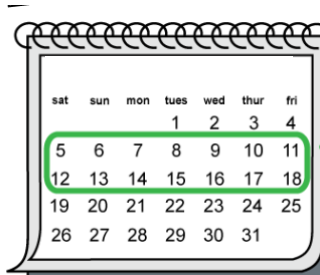
For people with a cervix



You may need to do a test called a **cervical screen**. This is also called a **pap smear**.



The doctor will need to see your private parts to do this.



Your doctor will tell you the answer in 1 to 2 weeks.





## To find out more

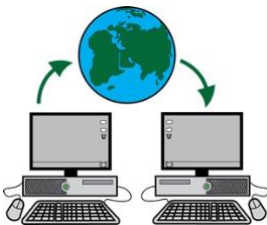
Talk to some one you trust. Like



- a friend
- a family member



- your doctor



- your local Family Planning service.

Go to

[www.familyplanningallianceaustralia.org.au/ser](http://www.familyplanningallianceaustralia.org.au/services)

vices



You can use the National Relay service

Call ..... 1800 555 677

TTY ..... 133 677



Need a translator

Call ..... 131 450



## Thank you

### **Who wrote this book?**

Women with Disabilities Australia wrote this book in 2019-2020.

This book is for general education and information only.

### **Copyright**

© Copyright

Women with Disabilities Australia (WWDA) Inc. 2020.

All intellectual property rights, including copyright and patents, in this book is owned and licensed by Women with Disabilities Australia Inc.

### **Thank you for the money to write this book.**

The National Disability Insurance Scheme gave Women with Disabilities Australia some money to help build this website.

### **The images used in this fact sheet**

Easy on the I Images © 2019 Leeds and York Partnership NHS Foundation Trust. Used with permission. [www.easyonthei.nhs.uk](http://www.easyonthei.nhs.uk)

The Picture Communication Symbols © 2019 by Mayer Johnson LLC a Tobii Dynavox company. Used with permission. [www.tobiidynavox.com](http://www.tobiidynavox.com)

Logos. Used with permission.