

# Women with Disabilities Australia



**You are pregnant.**

**What can you do?**



Women  
With  
Disabilities  
Australia  
(WWDA)



This book is about your **choices** when you are **pregnant**.



We wrote this book for women and girls with **disability**.



Read more about **disability** in our book **New Words**.



We are Women with Disabilities Australia.



You are pregnant



You have some choices.

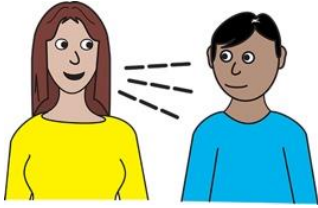


It can be very **hard** to make this choice.

**But**



It is **your** choice.



Talk to someone you **trust**.

Like:



- your doctor



- your partner



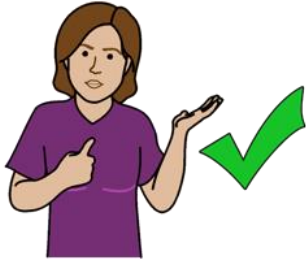
- your friend
- a family member



- your support worker



- an advocate



## There are 3 choices

It is **your** choice.



### 1. Have the baby.

You give birth to the baby.

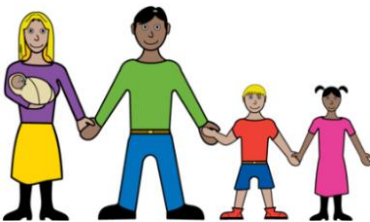
You are a **parent**.



### 2. Have an abortion.

You do something to stop you being pregnant.

You do **not** have a baby.



### 3. Adoption or Foster.

You have the baby.

**But**

You **give** the baby to a different family.

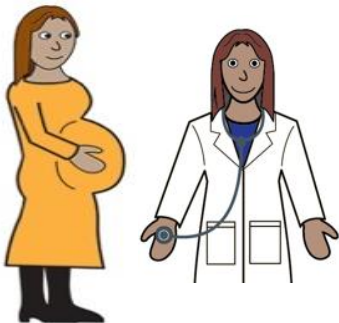


## 1. Have your baby. Be a parent



You find out you are pregnant.

You need to see your doctor.



Your doctor will help you look after:

- your health

**and**

- the health of your unborn child.

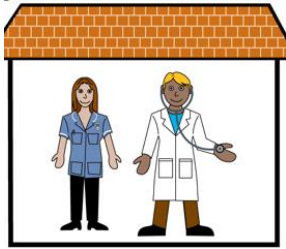


Your unborn child is called a **foetus**.



You need to choose where to have your baby.

It can be:



- in a hospital

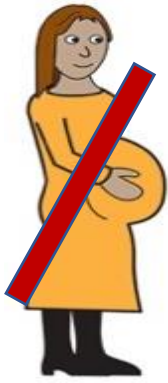
or



- at home.

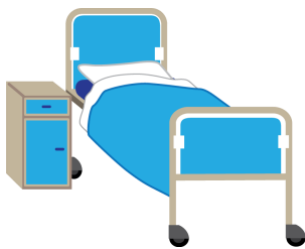


Talk to your doctor about this.



## 2. Abortion

You do something to **stop** being pregnant.



You can:

- have a **small** operation.

It will be in a hospital.

or



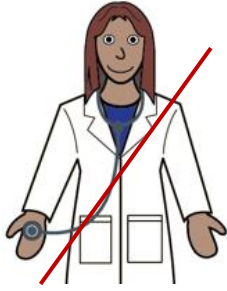
- take some medicine.



**Talk** to your **doctor**.

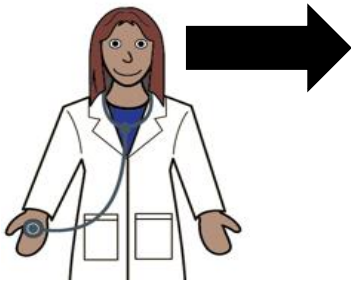
Your doctor will help you choose.





Sometimes your doctor does **not** want to help you. That is OK.

**but**

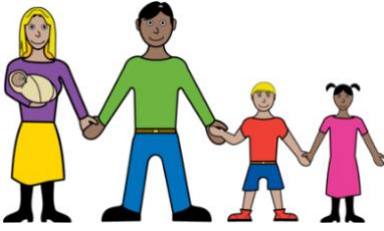


Your doctor must find you a doctor to help you.



You can also **choose** to see a different doctor.

### 3. Adoption or Foster



You have the baby.

**But**

You give the baby to another family.



You will **not** be a parent.



Talk to your doctor about this.



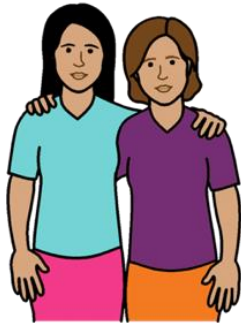
Your doctor will help you look after:

- your health
- and**
- the health of the unborn child.

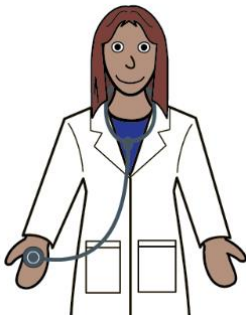


## To find out more

You can talk to:



- a friend
- a family member



- your doctor



- your local Family Planning Service.

Go to:

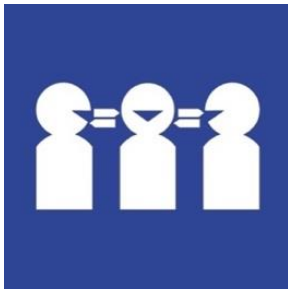
[www.familyplanningallianceaustralia.org.au/services](http://www.familyplanningallianceaustralia.org.au/services)



You can use the **National Relay Service** when you call a service

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TTY: ..... 133 677



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Call ..... 131 450



## Thank you

### **Who wrote this book?**

Women with Disabilities Australia wrote this book in 2019-2020.

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### **Thank you for the money to write this book.**

The National Disability Insurance Scheme gave Women with Disabilities Australia some money to help build this website.

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