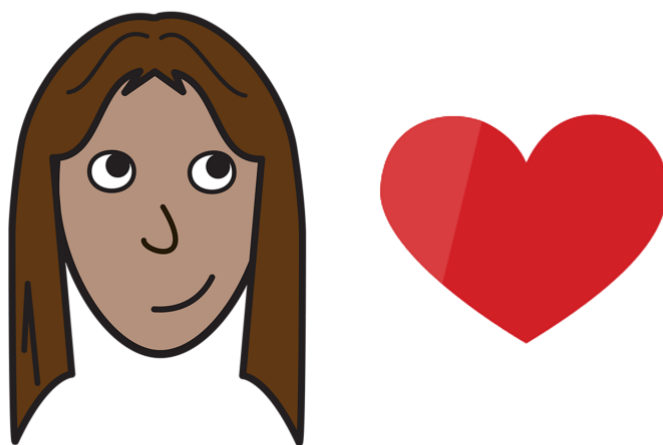


Women with Disabilities Australia



Sex and your body



Women
With
Disabilities
Australia
(WWDA)



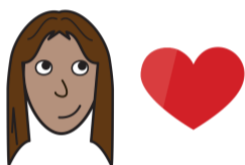
In danger now



Call 000



We are Women with Disabilities Australia. We will write **WWDA** when we talk about us.



This book is about **sex and your body**.



We wrote this book for women and girls with **disability**. Read more about **disability** in our book **New Words**.



Your health rights

You have the right to



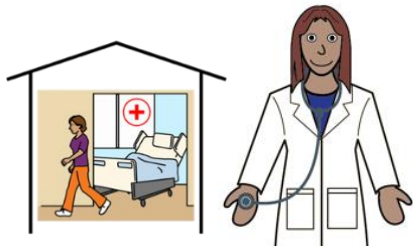
- choose your doctor.



- make choices about your body.

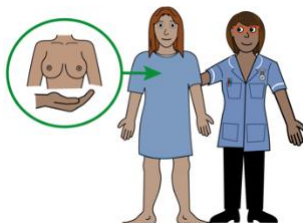


- say no to medication you do not want.

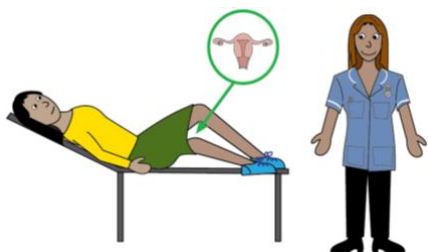


Health services

You have a right to access the healthcare you need. Like



- breast screens and checks



- doctors appointments and pap smears



- hospital stays and surgery.



Right to sex



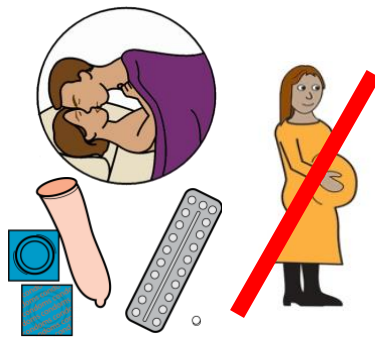
You have a right to choose **who you love**.



You have a right to **have sex**.



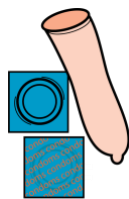
You have a right to say no to sex.



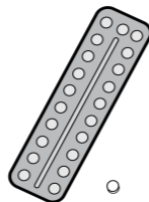
Contraception

Contraception is things you use or do to stop you getting sick or pregnant when you have sex.

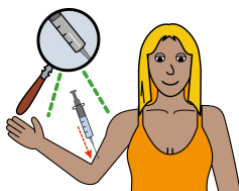
You have a right to **choose** contraception. Like



- condoms



- pills



- an implant with a needle.



You can talk to your doctor about contraception options.



It is **your choice!**



Pregnancy and Choices

If you get pregnant you have a right to **make a choice about what to do.**



You can have the baby and become a parent.



You can have an abortion. This means you stop being pregnant.



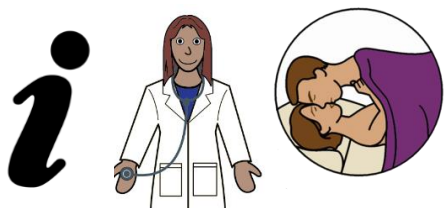
You can have the baby and give it up for adoption. This means you give the baby to another family to look after.



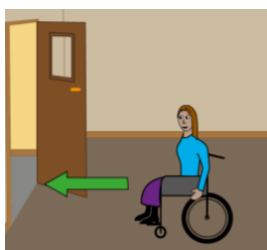
The Australian government must:



- support you to make their own choices about health and sex



- give you information about sex and health.



- make sure you can access the health services you need.



To find out more

You can talk to



- a friend
- a family member



- a doctor



- your local Family Planning service.

Go to

www.familyplanningallianceaustralia.org.au/services

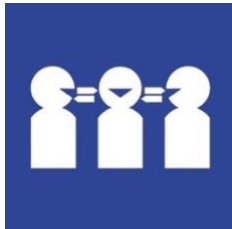


You can use the **National Relay service**

when you call a service

call 1800 555 677

TTY 133 677



Need a translator

Call 131 450



Thank you

Who wrote this book?

Women with Disabilities Australia wrote this book in 2019-2020.

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