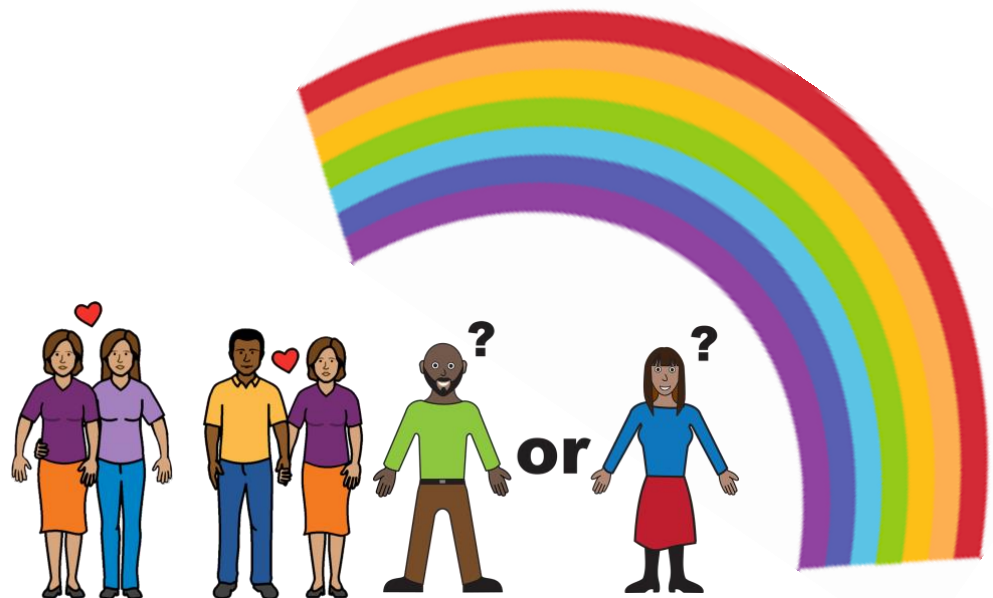


Women with Disabilities Australia



What is LGBTIQA+?



Women
With
Disabilities
Australia
(WWDA)



Women
With
Disabilities
Australia
(WWDA)

We are Women with Disabilities Australia.



This book explains what is LGBTIQA+.



Women with
Disabilities Australia



New words



This book is for women and girls
with **disability**.

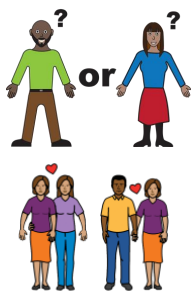
Learn about disability in our book **New Words**.



What is LGBTIQ+?

LGBTIQA+ are letters that mean

- lesbian
- gay
- bisexual
- transgender
- intersex
- queer
- asexual
- other.



LGBTIQA+ also means **diverse sexes, sexualities and genders**



You can **learn** about these words in **this book**.



Sex

Can mean when you have sex with someone.

But it is also about the body you are born with.

The body you are born with is usually seen as



• **male**



• **female**

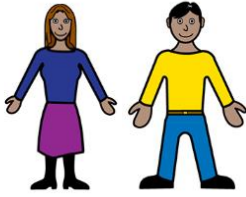
or



• **intersex**

• Intersex can be

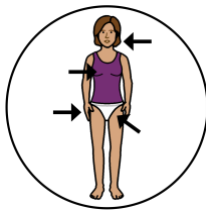
- neither **male nor female**
- both **male and female**
- in between male and female.



Assigned Sex

When people are young they are usually told they are male female or intersex.

The sex people are given is usually based on



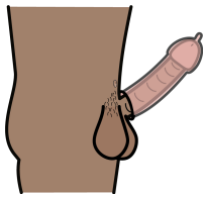
- **Private body parts.**

These are also called genitals.

and

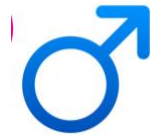


- **hormones.** These are chemicals inside peoples body that are said to be male or female.

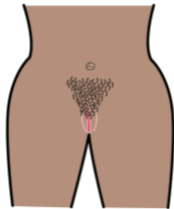


People who are told they are male usually have

- **penis**
- **testicles** or balls



- higher amounts of the hormone testosterone

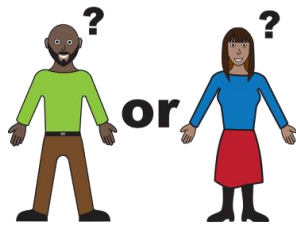


Female bodies usually have

- a **vagina**
- a **vulva**



- higher amounts of the hormones
 - estrogen and
 - progesterone.



Gender

Gender is not the same as sex. It is about how you see yourself or how you identify.

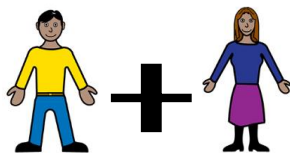
Like you can see yourself as



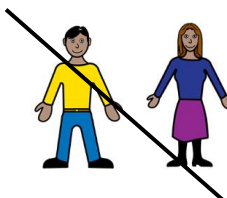
- a woman



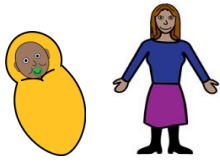
- a man



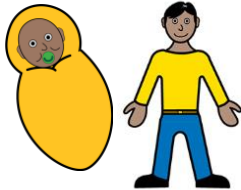
- between a woman and a man



- not a woman or a man

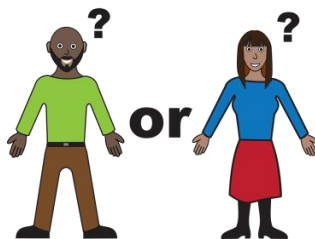


People who are women are usually born with female private parts. This is called being **assigned female at birth.**

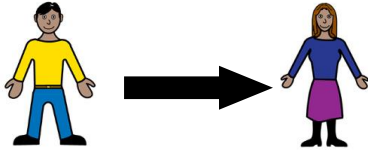


People who are men are usually born with male private parts.

This is called being **assigned male at birth.**



But this is not **always** the case!



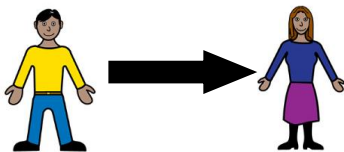
Transgender



Some people who are **assigned male at birth** are **women**.

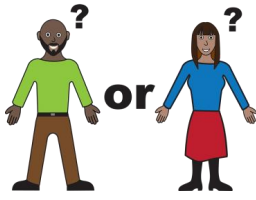


Some people who are **assigned female at birth** are **men**.



Some people are **neither men nor women**.

This is called **transgender**.



You can let other people know their **gender** with things like



- your name



- words you use about yourself. Like

- he and him

- she and her

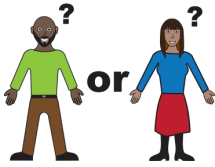
or

- they and them.



These words are called **pronouns**.

Sexuality



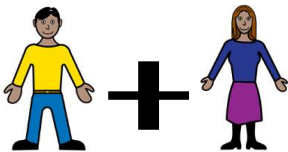
Sexuality is about the people you love or have romantic feelings for. You can love



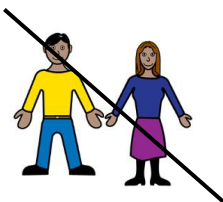
- women



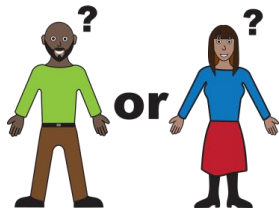
- men



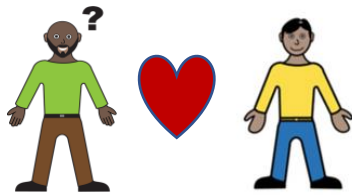
- all genders



- no one.

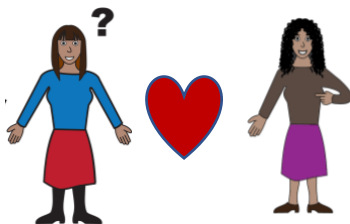


You may hear people use different words for **sexuality** based on gender. Like



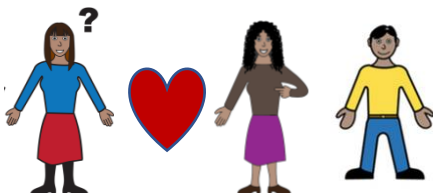
A man that loves a man can be called

Gay or Homosexual.

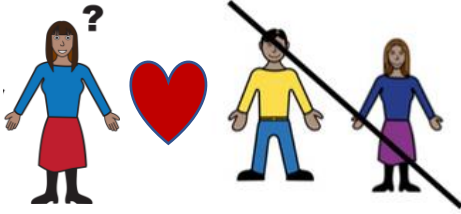


A Woman that loves a woman can be called

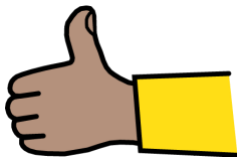
Lesbian or Homosexual.



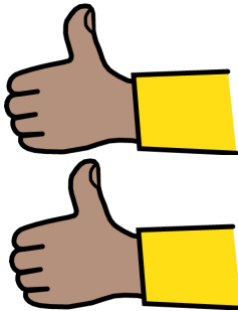
A person that loves people of more than one gender can be called Bi-sexual.



Some people do **not** have any sexual feelings for anyone, but may have romantic feelings. This is called Asexual.



This is **ok!**



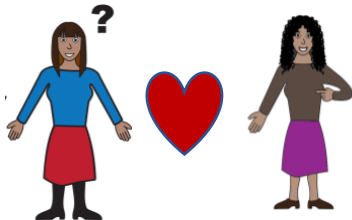
All sexualities and genders are ok!



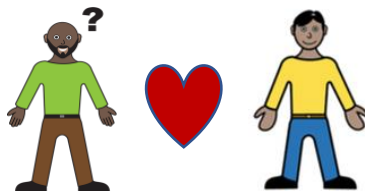
LGBTIQ+ Words

LGBTIQA+ means diverse sexuality or gender

Here are some words to help you remember.



Lesbian - a woman has romantic feelings for other women.



Gay - a man has romantic feelings for other men.



Bisexual – a person has romantic feelings for more than one gender.



Transgender – a person who's gender does not match the sex they were given at birth.



Intersex

A person whose body is not **male** or **female**.



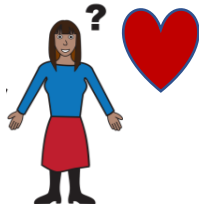
Cisgender

A person who has a gender identity that matches sex they were assigned at birth.



Queer

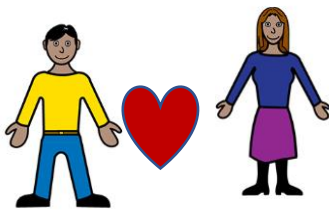
Another word used to talk about the LGBTIQ+ community.



Questioning

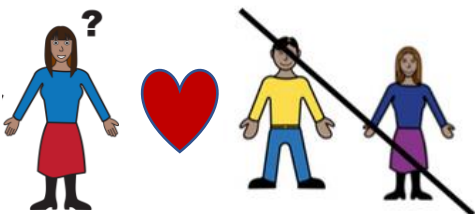
A person who is

- **not** sure **or**
- trying to work out their sexuality or gender.



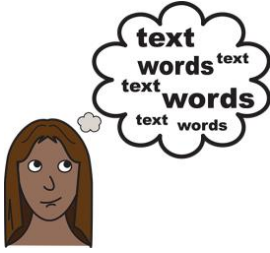
Straight

A person has sexy or romantic feelings for someone that has a different gender to them. It is also called heterosexual.



Asexual

A person that does **not** have any sexual feelings for other people. They may have romantic feelings.



Pronouns

These are the words like

- him
- her
- they.

These words are used by a person to help show their gender identity.



Remember

It is ok to be different.

Everyone must respect other people.



Find out more?

Talk to someone you trust. Like



- a friend
- a family member

or



- a support worker

or



you can go to the **LGBTI Health Alliance**
website at

<https://lgbtihealth.org.au/communities/>



Thank you

Who wrote this book?

Women with Disabilities Australia wrote this book in 2019-2020.

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