

# Natural Being® Skin Care



## Promoting Naturally Clear and Healthy Skin in Harmony with Our Planet

Once good natural nutrition habits have been established and our body's natural balance has been restored, we begin to feel better. Once we feel better, our energy level improves, and we often even begin to look better...naturally. As a complement to our own AquaSource nutrition products, we also offer the **Natural Being®** skincare line as an effective, easy to use range of skincare products which promote naturally clear, healthy skin.



Aneliya & Ivon Dimitrova

**Natural Being®** is committed to natural ingredients that are both nurturing to our skin and in harmony with our planet.

**Natural Being®** believes that living in harmony with our planet is not only possible, it's absolutely vital, so no harsh chemicals or artificial colours are used - only natural ingredients that are kinder to our skins and the environment. The products are designed for humans, so there is a strong commitment to absolutely no animal testing.

# A Complete Range for All Skin Types

As a complete skincare line, the **Natural Being®** range is designed to cleanse, tone, and moisturise your face as well as improve and maintain the skin of your hands and body. This delicate, but effective range has been formulated to offer benefits to all skin types. The skin type formulation is clearly indicated on all packaging, so it is easy to identify:

- ✓ Oily to normal skin.
- ✓ Normal to dry skin.
- ✓ All skin types.



# Key Ingredients

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A deep respect for nature's wisdom is at the heart of **Natural Being®**. Specially formulated with New Zealand's Manuka Honey and Manuka Oil, **Natural Being®** uses only the purest botanical ingredients.

## Manuka Honey

Manuka Honey is made in New Zealand and derived from bees pollinating the native Manuka (*Leptospermum scoparium*) tree. This precious honey has much higher antibacterial activity than regular honey. The antibacterial properties are due to increased enzyme levels found in the natural formulation. Studies show that natural Manuka Honey offers an excellent combination of cleansing, moisturising and balancing pH levels in the skin, so it is ideally suited to skin care. Manuka Honey for skin care is nature's miracle ingredient and one of the best and healthiest things you can 'feed' to your skin.



## Manuka Oil

Manuka Oil is obtained from sustainably harvesting the leaves from the Manuka trees and extracting the oil through steam distillation. Because it is distilled, Manuka Oil is much more concentrated than Manuka Honey. This incredible oil is an effective topical antibacterial, antifungal, antimicrobial, and anti-inflammatory ingredient.

## Vitamin E (Tocopherol)

Tocopherol is a specific form of Vitamin E that is ideally suited to skin care. It is usually derived from vegetable oils. Vitamin E is well-known as a strong antioxidant to help fight free radicals, which can contribute to ageing skin. Tocopherol also helps moisturise and absorb UV rays from the sun, which can damage your skin.

# The Natural Being® Skincare Line

The **Natural Being®** skincare line consists of 9 products packaged in easy to use tubes, which offer an affordable, simple, and effective natural beauty regimen. All products are light and easily absorbed into the skin.



Step 1

Cleanse

## Manuka Cleanser

For oily to normal skin - 100ml

This mild foaming gel cleans and purifies deep down, without stripping your skin's natural moisture. Formulated with Active Manuka Honey and the unique antimicrobial qualities of Manuka Oil, to leave pores looking more refined, and skin perfectly soft and balanced.

**For optimum results:**

Morning and evening, lather a little in your palms with water, gently massaging into your skin for a few seconds. Rinse thoroughly with tepid water and repeat if needed. Follow with Manuka Toning Gel.



Step 1

Cleanse

## Manuka Cleanser

For normal to dry skin - 100ml

This gentle creamy cleanser leaves skin clear and refreshed without feeling tight or dehydrated. Active Manuka Honey soothes and maintains moisture while Manuka Oil ensures skin is purified and smooth.



### For optimum results:

Morning and evening, simply apply a small amount to your face and gently massage into damp skin for a few seconds. Rinse well with tepid water or remove with a warm, damp cotton pad and follow with Manuka Toning Gel.

Step 2

Tone

## Manuka Toning Gel

For all skin types - 100ml

Tone and refresh cleansed skin with soothing, Active Manuka Honey and the extraordinary antimicrobial properties of Manuka Oil. This light, non-drying toner is beautifully balanced to refine pores and encourage radiant, healthy skin.



### For optimum results:

Morning and evening after cleansing, apply to your face and neck avoiding the eye area. You'll notice a subtle toning effect. Allow to dry for 30 seconds before applying your Manuka Honey Day or Night Cream as usual.





**Step 3**

**Eye Care**

### **Manuka Honey Eye Cream** For all skin types - 10ml

The skin and tissue around your eyes are delicate and complex. As such, it is often your eyes that show the first signs of ageing. By using this light, soothing cream with Active Manuka Honey and potent antioxidant Tocopherol, you can help delay the appearance of fine lines and increase skin's elasticity around this delicate area.

**For optimum results:**

Every morning and evening pat a small amount gently around the eye area with your ring fingers, working towards your nose.



**Step 4**

**Moisturise**

### **Manuka Honey Day Cream** For oily to normal skin - 50ml

Light and easily absorbed, this balancing cream softens skin and maintains optimum hydration levels without feeling greasy. Skin is restored and protected with an effective blend of Active Manuka Honey, Manuka Oil, potent antioxidant Tocopherol and pure botanicals, to improve elasticity and fight free radical damage to hold the first signs of ageing at bay.

**For optimum results:**

Every morning after applying Manuka Toning Gel, smooth a pearl-sized amount onto your face and neck.



Step 4

Moisturise

## Manuka Honey Day Cream

For normal to dry skin - 50ml

With nature's miraculous Active Manuka Honey, this rich, nourishing cream prevents dehydration and roughness, while enhancing suppleness and clarity. A highly effective blend of botanical oils and Tocopherol gently enriches your skin and fights free radical damage to hold the first signs of ageing at bay.

**For optimum results:**

Every morning after cleansing and toning, massage generously onto your face and neck.



Step 4

Moisturise

## Manuka Honey Night Cream

For oily to normal skin - 50ml

This lightweight non-oily cream works wonders overnight to restore a perfect moisture balance to your skin. A combination of Active Manuka Honey and the unique antimicrobial properties of Manuka Oil leave skin clear, smooth, and radiant.

**For optimum results:**

Every evening after applying Manuka Toning Gel, smooth a pearl-sized amount onto your face and neck.



Step 4

Moisturise

## Manuka Honey Night Cream

For normal to dry skin - 50ml

This deeply nourishing cream replenishes moisture lost during the day. Enriched with Active Manuka Honey, antimicrobial Manuka Oil, and botanical emollients, it works to improve suppleness and help your skin repair and renew itself, while you sleep. Manuka Honey for skin care is nature's miracle ingredient and one of the best and healthiest things you can 'feed' to your skin.

### For optimum results:

Every evening after cleansing and toning, smooth a little onto your face and neck.



Step 4

Moisturise

## Manuka Hand & Body Cream

For all skin types - 100ml

Your skin will easily absorb the uniquely antimicrobial Manuka Oil and botanical ingredients in this rich and soothing body treat - which will leave it soft and beautifully protected.

### For optimum results:

Apply to the hands and body after showering, paying particular attention to elbows and heels.





# Using Natural Being® Skin Care

## First Time Users

It is important to note that the skin can go through a settling-in period when changing to a natural product range. This imbalance is usually caused by prior use of products containing a high quantity of mineral oils or synthetic chemicals, or the skin's natural response to the new stimulation. The skin may take up to 4 weeks to balance.



Natural products have far better penetration into the lower layers of the skin than synthetic chemical-based products and therefore offer a different skin feel, as the product does not simply 'sit' on top of the skin, but is absorbed effectively, offering optimum skin benefits.



## Patch Testing

Although **Natural Being®** is compatible with most skin types, we still recommend patch testing prior to use.

- ✔ Start by applying a small amount of the cleanser to the inner arm area for 2 - 3 days.
- ✔ If the skin is clear, wash the area under the chin with the cleanser (twice daily) for 2 - 3 days, while applying the toning gel to the inner arm for 2 - 3 days.
- ✔ If the skin is compliant, continue the rotation by using the cleanser on the entire face, applying a little toning gel under the chin, and introducing the day cream to the inner arm for 2 - 3 days.
- ✔ Continue this rolling product introduction, adding one additional product to the arm, then chin, then face every 2 - 3 days until the full range is being used.
- ✔ This process will ensure the skin slowly gets used to the new ingredient activity, ensuring improved skin results quicker.

### Product care

**Natural Being®** products contain no synthetic preservatives and have a 2-year best before date from manufacture. Keep out of direct sunlight in a cool place. A 'best before' date is different from 'expiring' and being unsuitable for use - rather, it represents the optimum shelf life of the product.



## Key Advantages

- ✓ Delicate, but reliable and effective care.
  - ✓ Helps restore health, balance & radiance.
  - ✓ Balances moisture and oil.
  - ✓ Light and easily absorbed.
- ✓ Simple 4-step regimen.
  - ✓ Can be used by women of all ages, including teens.
  - ✓ Environmentally friendly products & packaging.

## Compliance & Certifications



### Certified Natural by BDIH -

The BDIH is an independent control body for natural skincare, based in Europe.



### Certified Cruelty Free -

Absolutely no animal testing or animal ingredients.



### INCI Labelling Compliance -

Ensuring that customers can recognise an ingredient, no matter what country they are from or what language they speak.



### Certified Halal -

Demonstrates rigorous requirements undertaken to formulate, manufacture, and package the certified natural skincare range, as well as verifying the naturalness, sustainability, and ethics of the company.

## Summary

As a complement to our own AquaSource nutrition products, we also offer the **Natural Being®** skincare line as an effective, easy to use range of skincare products which promote naturally clear, healthy skin. Just as important, **Natural Being®** is committed to natural ingredients that are both kind to our skin and in harmony with our planet.

The **Natural Being®** skincare line consists of 9 products packaged in easy to use tubes, which offer an affordable, simple, and effective natural beauty regimen. All products are light and easily absorbed into the skin.

**Natural Being®** believes that living in harmony with our planet is not only possible, it's absolutely vital, so no harsh chemicals or artificial colours are used - only natural ingredients that are kinder to our skins and the environment. Each product meets **INCI Labelling Compliance**, and is **BDIH Certified Natural**, **Certified Cruelty Free** and **Certified Halal**.

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For full nutritional information on all AquaSource products (ingredients, directions, allergens and any warnings, if applicable), please see our website [www.aquasource.net](http://www.aquasource.net).

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