

May 18, 2017

The Antidote to Boredom! Community360 Day Program

The new Community360 Day Program is perfect for those who love being active and want to learn new things. The program is chalked full of activities and meaningful ways for participants to choose to spend their day.

Samantha, a new participant, will tell anybody, **"If you know someone with a disability, like me, come on over and be a part of the program!"**



Samantha enjoys learning on the iPad

Samantha, diagnosed with Hydrocephalus and Dandy Walker Syndrome, moved to Berwyn last August from Chicago, where she was very active in her community. She participated in theatre, sang in a chorus and even worked part time at the park district.

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CSS News

Beat the Odds a Success!



Thank you to everyone who helped make this year's Beat the Odds event a success. CSS received cash and gifts in-kind contributions from 400 individuals and businesses to make the event successful. A new video was shown at the event that featured the heartwarming stories of our five male residents in the Lyons Group Home. The video inspired our largest Paddle Raise in the event's history. Overall, the event raised \$101,000 in gross revenue; \$67,000 (net.) The date for next year has been set for Friday April 20, 2018. To see the video click [here](#). Photos from the evening are located on our home page.

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Although she was active, she was not getting the supportive services she needed. Samantha's mom was pleasantly surprised that within three months of moving to Berwyn, she was receiving services from CSS.

Samantha enjoys her time at the Community360 Day Program. She is immersed in theme-based learning where she and her classmates choose a new country each month and experience its culture in a hands-on way. They learn to cook a native dish and create art specific to the culture. This program has helped Samantha's social skills and daily living skills.

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Danielle learns about Africa through art

Community360 is available for adults with intellectual/developmental disabilities (I/DD) weekdays from 9:00 a.m.-3:00 p.m. There is an option for full or part time schedules and most importantly the focus is on **choice**.

Activities include: structured volunteer work; creative classes in art, music and dance; activities of daily living; health and wellness classes; group exercise; classes structured around developing job skills and job searching; etc.

CSS' Family Support Center (FSC) is located in Cicero and the group visits various community locations each week. The FSC is an intimate setting perfect for individuals who benefit from smaller groups, with more individualized attention and/or those with specific behavioral needs. There are also English and Spanish speaking staff to communicate with parents/guardians whose first language is Spanish. Interested in learning more? This is not a drop in program. Participation must be scheduled in advance.

For more information on the Community360 Day Program, visit: <http://cssservices.org/family-support-center>



OUR MISSION

CSS is a private nonprofit agency that initiates, provides and promotes services for people with intellectual/developmental disabilities and their families, within their communities, in order to strengthen their independence, self-esteem and ability to participate in and contribute to community life.

Illinois' largest Respite Provider

Each year, more than 377,890 hours of service are provided by our dedicated staff. We serve 814 individuals and their families throughout 51 communities in Chicago's western suburbs.

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